Free Community Seminar

Non-surgical Options for Treating Arthritis:

From supplements to stem cell therapy







Wednesday, May 16 from 6 to 8 p.m.

Casa Colina Hospital and Centers for Healthcare, William W. Norin Education Center in the Tamkin Room (Building 1D) • 255 East Bonita Avenue (at Garey) in Pomona



Topics of discussion include:

- How health, stress and diet affect joints and arthritis
- Vitamins and supplements that are helpful for arthritis
- Different types of injections for arthritis
- New regenerative options such as PRP therapy, stem cell therapy and amniotic therapy for arthritis

Refreshments will be served.

Seating is limited – please call to reserve your space.

866/724-4132





