

STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA CENTERS FOR REHABILITATION

keystone

2010



One day.



So many ways to make a difference.



CENTERS FOR REHABILITATION

Words of Thanks

Casa Colina was founded in the 1930s, during a time of great economic crisis. Yet the people who worked with Frances Eleanor Smith to create this institution were not deterred because they knew they were doing something that would positively affect the lives of many people. It turned out to be more than 196,000 individuals since the first patient in 1938.



Our motivation and our goals remain remarkably the same today as we address the changing needs of our patients and challenges from the healthcare marketplace and the economy. Like our patients, we need to embrace change and find new ways to fulfill our mission while we prepare our organization for the patients who will need us in the future.

We've restructured our Board of Directors to help meet these challenges. The purpose of this reformulation is to ensure that all board members have the same in-depth information, which will help us attract and retain the most highly qualified and effective directors. In addition, we have authorized Casa Colina's President and CEO to continue to explore financing options and planning for a 31-bed addition to Casa Colina Hospital and a medical office building. These two projects will be critical for the continued clinical and economic success of Casa Colina for decades to come.

But even as we look ahead and work to make ourselves more efficient as an organization, there is one aspect of Casa Colina that is even more important: the individual patients that are being treated here today and tomorrow. For these people, we rely on our staff of professionals and support people – the front-line troops who do such remarkable work every day. We can never say enough to thank them for their magnificent contributions to the health and well-being of our community and beyond. With your continued support, we will maintain the excellence of the services we provide in the years ahead.

Samuel P. Crowe, Esq.
Chairman, Board of Directors, Casa Colina, Inc.

Board of Directors Casa Colina, Inc. and Affiliates

Our Board of Directors provides a special kind of leadership. Their responsible oversight coupled with their forward thinking has enabled Casa Colina to continue to grow in infinite ways and evolve into one of the country's top rehabilitation facilities. They are comprised of physicians, community leaders and previous patients.

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Medical and Rehabilitation Services of Casa Colina

Programs and services for the treatment of conditions that include:

- ◆ Amputation
- ◆ Arthritis
- ◆ Audiology & Hearing Disorders
- ◆ Autism Spectrum Related Disorders
- ◆ Brain Injury
- ◆ Burns
- ◆ Congenital Deformity
- ◆ Developmental Delay
- ◆ Fibromyalgia
- ◆ Geriatric Assessment
- ◆ Hand Injury
- ◆ Headaches
- ◆ Infectious Disease
- ◆ Lymphedema
- ◆ Movement Disorders
- ◆ Multiple Sclerosis
- ◆ Multiple Trauma
- ◆ Neurological Disease
- ◆ Orthopedic Injury
- ◆ Osteoporosis
- ◆ Pain
- ◆ Parkinson's Disease
- ◆ Plastic & Reconstructive Surgery
- ◆ Podiatry
- ◆ Pulmonary Disease
- ◆ Sleep Disorders
- ◆ Spasticity
- ◆ Spinal Cord Injury
- ◆ Spine/Back Care
- ◆ Sports Injury
- ◆ Stroke
- ◆ Urinary Dysfunction
- ◆ Vestibular & Balance Disorders
- ◆ Work-related Injury
- ◆ Wounds

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IN MEMORIAM

Casa Colina extends its warmest thoughts and condolences to the families and friends of these cherished supporters who passed away in the last year. Their spirit, community involvement, and compassion for the needs of others will be remembered as a tribute to their lives and an example for us all.



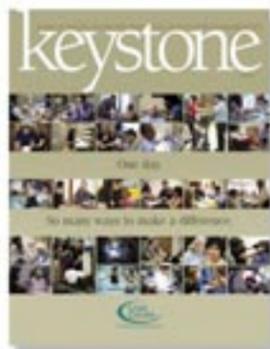
Sam Maloof, a premier craftsman and friend of Casa Colina, in his shop in 2004, with a table made for Edward Eckenhoff, honoree of Casa Colina's Tribute to Courage that year. The caring, warmth and integrity Maloof invested in the furniture he made was equaled by his concern and commitment for the welfare of other people and charitable organizations in our community.



Dr. Herbert Johnson was the medical director of Casa Colina through the 1970's. Respected as a physical medicine and rehabilitation specialist, he was honored by Casa Colina with a Lifetime Achievement Award in 1996. He will be remembered for his grace, spirit, intellectual curiosity, community involvement and compassion.



Cameron Nelson was always ready for the next exciting adventure, extending a helping hand to countless people in our community. He became a great supporter of Casa Colina and was the driving force behind Casa Colina's highly successful Thunder in the House annual fundraiser.



About the Cover:

In May 2009, a professional photographer visited the Casa Colina campus in Pomona, CA. In one day, he captured Casa Colina's medical and rehabilitation staff as they provided care and therapy to patients of all ages and diagnostic groups. These images offer an inside glimpse of Casa Colina's continuum of care.



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Letter from the President & CEO

People who visit Casa Colina frequently tell me that this is a house of miracles.

We know the results that people achieve in treatment here are not miracles, but the product of hard work by patients and their families, clinical team coordination and the expertise of highly qualified professionals and support staff.

What is extraordinary is the environment we've created that consistently brings this level of care to so many people – now more than 10,000 patients a year.

The bedrock is the leadership of our medical staff, which has increased by 255% in the last decade. These physicians are critical because of their clinical expertise and the support they offer within this professional

community. Working with them, we have attracted a therapy and support staff of more than 600 people, each person chosen for the skill and dedication they bring. These are gifted therapists, nurses, aides and technicians who work one-on-one with patients every day, using evidence-based clinical pathways to guide patients toward practical results that literally change lives.

But that is not all we have done in the last decade. We have also created the structures that will take this Center of Excellence forward: the Physician Clinics, Azusa Center, Kittell Imaging Center, Outpatient Services, Transitional Living Center, Casa Colina Hospital and so much more. These medical and rehabilitation facilities have succeeded beyond our expectations, and we are now planning the final stage of construction on the Pomona Campus: an additional 31 beds for Casa Colina Hospital, with complete operating facilities and a medical office building.

Casa Colina has also taken a leadership role by working with other institutions and educating our legislators about rehabilitation and the needs of persons with disabilities. We have had some notable successes that have enabled us to serve more people. And it appears that the time is right in Washington and across the country for healthcare reform to come to the United States.

Whatever the outcome of reform, Casa Colina will continue to take responsibility for the care it provides to its patients. Your commitment to the idea that our community needs access to excellence in rehabilitation services has been the support of Casa Colina since its founding. What we have accomplished is a uniquely effective and stable organization. With your support, we will be able to address the challenges many of our patients face now and in the future.



Felice L. Loverso, Ph.D.
President & CEO, Casa Colina, Inc.

Casa Colina Hospital — A Rare Example in California

Casa Colina Hospital has a long-standing reputation of providing exceptional acute rehabilitation services for more than 70 years. Today, it is the last independent, freestanding, not-for-profit rehabilitation hospital remaining in California and one of only seven left in the country.



In fact, there are only 224 acute rehabilitation hospitals in the United States, including just six remaining in California.

Yet most of these facilities are for-profit or part of a healthcare or hospital group. Because Casa Colina is unwavering in its commitment to patient care, it remains a non-profit, independent organization governed by a Board that resides locally. So there is always a strong focus on what the community needs – the highest level of rehabilitation care possible after unexpected injuries and illnesses.

They can happen to anyone at anytime. They may be complex in nature such as a brain injury, spinal cord injury, stroke, or amputation – and can severely limit one's mobility and independence. Patients with these injuries require inpatient rehabilitation.



At Casa Colina Hospital, patients receive medical care that is supervised by a physician who is board-certified in physical medicine and rehabilitation.

They lead a multi-disciplinary team of licensed nurses, physical, occupational and speech therapists, psychologists, neuropsychologists, and case managers who follow their patients' progress closely to improve outcomes.

Unlike skilled nursing facilities, long-term or transitional care units, Casa Colina provides round-the-clock physician and nursing care, and three hours of intensive therapy at least five days a week. It also uses proven clinical pathways for its renowned stroke, spinal cord injury, brain injury, and orthopedic programs.



It may sound like too much for people who have experienced these serious injuries or illnesses. However, research shows that this type of aggressive intervention is exactly what patients need to return home again and achieve maximum function and independence.

At Casa Colina, patients have access to state-of-the-art therapeutic exercise facilities. Licensed therapists utilize



orthopedic, neurological, and sports gyms as well as aquatic therapy pools. They also use innovative new technologies found



at only a handful of facilities in the country, such as Bioness™ technology to improve mobility, and Neurocom™ equipment to improve balance.

What makes Casa Colina such an ideal environment for recovery is the fact it offers a comprehensive continuum of care on its 20-acre campus. This means a wide range of hospital-based programs for inpatient and outpatient care that are accredited by the Joint Commission



under a rehabilitation hospital license. This also means highly specialized physician's clinics, laboratory, diagnostic imaging, outpatient surgery, and sleep disorders evaluation and treatment.

After being discharged from the hospital, some individuals may require more therapy before returning home. So, Casa Colina offers the Transitional Living Center, a CARF-accredited facility, where individuals can continue their progress with six hours of

individual and group therapy each day. A day treatment and home and community programs are also offered.

The doctors, staff, and therapists are not only dedicated to their patients, but the patients' families and loved ones as well. So a case manager works closely with a patient's caregivers to coordinate a timely and successful discharge, including follow-up care and home modifications, if necessary. They are also a tremendous resource for education and referrals to community agencies for additional support.

It's no wonder that Casa Colina Hospital has been recognized on regional and national television news programs for its advanced therapies, evidence-based techniques,



leading-edge technologies and rehabilitation research. All are carefully implemented to get people of all walks of life back to their families, communities, work, school and play.

In a world where acute rehabilitation is becoming increasingly rare, Casa Colina continues to deliver this specialized level of care with exceptional results.



How Could She Live Without Her Hands and Feet? Beautifully



In the summer of 2008, Tanesha Jones from Ontario, California, came down with a bad case of food poisoning. The campylobacter gastroenteritis caused by undercooked chicken left her so ill that she was hospitalized for three weeks. This second-grade teacher at Montera Elementary School hoped she would never feel that sick again. Six months later, on January 20, 2009, she felt under the weather. At first, she thought she was just worn out from a full day of teaching the little ones.

Instead of cooking that night, she decided to take her four-year old son out to dinner. They went to the mall and ate at the food court. By the time she was ready for bed that evening, Tanesha assumed she had contracted another case of food poisoning. Her symptoms were eerily familiar. She was violently ill. She had a high fever and high heart rate.

Her husband, Rodney, noticed the similarities as well and said, “Babe, you know these seem like the same symptoms you had before. Do you want me to take you to the emergency room?” The thought of dragging her four-year old son and husband off to the hospital to wait for several hours in the middle of the night

didn’t appeal to her. She was beyond exhausted and assumed a good night’s rest wouldn’t hurt her. “No, I just want to sleep it off. We can go first thing in the morning if I don’t feel any better,” Tanesha told her concerned husband.

When she awoke the next morning, she could barely move her limbs. She just wanted to roll over and go back to sleep. Her husband pleaded with her, “Babe, come on, we’ve

got to get going. I’ve got to get you to the emergency room.” Tanesha tried to get up. When she sat up at the edge of the bed, her world went dark. “I can’t see. I can’t see,” she said. “What do you mean you can’t see?” he replied. “I can’t see anything!” she explained. Gradually, her vision returned, but it flickered in and out like a power outage or a worn fuse.

Rodney acted quickly. He dressed Tanesha and carried her out to the car. When her vision blurred again, he said,

“That’s it. I’m calling an ambulance.” The paramedics on the scene discovered her blood sugar was very low. They gave her two pints of sugar as they rushed her to San Antonio Community Hospital in nearby Upland.

“Most people would have been crushed by just the emotional weight of what had happened. She was an inspiration to everyone involved in her care,” stated Dr. James Lilly.

Unraveling the mystery of her illness.

In the emergency room, doctors and nurses acted quickly to set up an IV and perform tests. They realized she had a medical history of campylobacter gastroenteritis six months earlier.

There was an added sense of urgency when Tanesha’s breathing became rapid. She explained to the medical team, “I can’t catch my breath! I can’t catch my breath!” They put her on supplemental oxygen and scrambled to find out why this otherwise healthy young woman’s vital signs were deteriorating so quickly. They continued to treat her, giving her a cocktail of strong antibiotics intravenously and blood transfusions.

Tanesha’s mother, a registered nurse, rushed to the ER to be by her side. Her daughter told her, “I just don’t want to die. Whatever happens, I don’t want to die. Promise me, they won’t let me die.”

The doctors performed exploratory surgery to see if the food she ate the night before had caused an infection in her intestines, but discovered this was not the source of what made her so terribly ill. Like the common cold, she picked up this infection from being out in public. They had found her immune system was weak and certain “bugs” had the opportunity to get through its natural defenses.

Her illness triggered sepsis – a serious medical condition where the whole body enters an inflammatory state due to the presence of an infection derived from the pneumococcal pneumonia family. Published studies have documented that for every hour delay in the administration of appropriate antibiotic therapy for sepsis, there is an associated 7% rise in mortality.

Tanesha’s internal organs were shutting down. She was suddenly at death’s door. Her heart stopped working efficiently. She could no longer breathe on her own. They had to intubate her and put her on a ventilator. Her kidneys shut down. They put her on dialysis. Her lungs filled with fluids from the pneumonia. Tanesha slipped into a coma.

Then the doctors noticed something they rarely see in young adults. Her limbs were not getting an adequate supply of blood – a sign that the tissue was dying off and gangrene began to set in. Over the next two weeks, the gangrene spread throughout her hands and feet.

“Her hands and feet became more mummified as each day passed. She was too sick to do any more surgery right away,” Dr. James Lilly, an orthopedic surgeon from Garey Orthopedic Medical Group in Pomona explained, “We made lots of calls to colleagues and mentors to see if there was anything more we could do to save what was partially living on her hands and feet.”

The consensus was that the doctors had to wait for her to improve and gain strength because it would have been

gravely life-threatening to proceed with surgery. Every day they wondered if she would survive.

Twenty-one long days passed before she turned the corner. Her heart got a little stronger. Her lungs got a little stronger. After a few weeks, she emerged from the coma. Though she wasn’t able to speak or write, she could express herself with gestures and grimaces. Tanesha later described how she felt, “My hands looked like they had been scorched or burned. My fingers started to crumble.” She recalled, “I did have pain. It was a muscular pain. The palms of my hands were dark and it felt like a bruise.”

Prepping her for surgery.

Dr. Lilley recalled, “Although the rest of her body got healthier over time, her hands and feet didn’t. They acted like a drag on the rest of her and she started to get sick again. If we didn’t act now, she simply wasn’t going to make it. And there were still no guarantees, even then, that she would.”

Tanesha was prepared for surgery. Her family prayed and waited.

In order to save her life, the doctors had to cut away any tissue that was obviously dead or might be a source of infection later. They amputated her hands and lower legs. The procedure took four hours.

In the recovery room, Tanesha vividly recalled waking up from the surgery and being hit by the stark reality of not having any hands or lower legs. She said, “My first thought was ‘Oh my God, how am I supposed to function?’” Her mind raced as she thought of all those everyday tasks that would be difficult, if not impossible.

How would she help her young son? How would she live a normal functioning life with her husband? How would she write? How would she drive? She would have to learn. And she was ready.

This will to overcome her new challenges is why her doctors felt so strongly that she would benefit from the intensive rehabilitation available at Casa Colina Hospital rather than a nursing home.

They wondered if she would be strong enough to tolerate it in her frail medical condition. Dr. David Patterson, Casa Colina’s Medical Director, visited her at San Antonio Community Hospital upon her doctors’ request. He followed her care for a week, and determined that she was indeed strong enough to receive intensive acute rehabilitation.



Tanesha Jones at Casa Colina Hospital, pictured with President and CEO, Felice L. Loverso, Ph.D.

☞ Preparing her for a new life.

On March 31st, she was admitted to Casa Colina Hospital where she received continuous medical and nursing care as well as three hours of occupational and physical therapy nearly every day. Dr. Patterson directed the clinical team that took care of Tanesha 24 hours a day, 7 days a week.

As a result of the amputations, her arms were initially very swollen and tender. Casa Colina nurses used ice baths to reduce the pain and irritation. Her physical therapist, Christine Rossi, rubbed different materials on them, such as a terry cloth towel or cotton, to help make them less sensitive to touch. This was essential in order to get her ready to wear prosthetics.

At her bedside, Christine used a sliding board to help Tanesha practice the transferring skills she needed to get in and out of her bed, wheelchair or the bathroom. She worked

One month after her surgery, her wounds had healed well with the help of Casa Colina's wound care team. However, she had a tender lump of nerves on her left arm that was quite painful. Doctors performed an additional operation at the Casa Colina Surgery Center to tie a thread around the nerve to make it numb and stop the pain.

Her family and her spirituality helped her get past a lot of difficult things. Dr. Patterson noted, "She's a very motivated patient. She was constantly wondering 'When can I get back home to my family? When can I get back to my classroom?'" Nothing holds her back. The first time Tanesha put those artificial devices on her legs, she simply stood up and took her first steps. I'm still amazed at how she handled it so well," he explained.

Her physical therapist, Christine, recalled, "She could walk with her arms on her hips right away. She walked 500

☞ Getting back to being a wife and mom again.

On May 29th, just over five months after her emergency visit to San Antonio Community Hospital and after two months of acute rehabilitation, Tanesha was discharged from Casa Colina Hospital to return home to her family. She continued to receive physical and occupational therapy at Casa Colina's Tamkin Outpatient Center for three months.

Her parents, in-laws, and husband took turns driving her to Casa Colina for therapy appointments. Here she worked hard to master the use of her prosthetics.

Her occupational therapist, Joe Ponce, used a number of creative ways to help Tanesha, including martial arts, soccer, and even the limbo dance under a pole. These exercises gave her more awareness about how her body moved and helped protect her from falling if someone bumped her in the

Rodney is doing the lion's share of the cooking and cleaning, while Tanesha takes on more and more each day.

"I'm not going to sugarcoat it. I still need a lot of assistance right now, but I know that will improve by practicing what I learned at Casa Colina." Indeed, it has with each passing week. Joe taught her how to approach things differently and improved her problem-solving abilities. He explained to her, "You can still do things. You just have to do them differently. There are no boundaries." So instead of worrying about whether she can crack an egg, she buys a carton of Eggbeaters. She squeezes the toothpaste into her mouth because it's too difficult to squeeze onto the toothbrush. These simple tips have made her feel less frustrated and more empowered.

The strides she made at Casa Colina were remarkable. She walked with her prosthetics up a mat diagonally and



From left to right: Tanesha visited with a friend in one of Casa Colina's several garden courtyards; Occupational therapy with Joseph Ponce, OT and Guadalupe Garcia, OT student from USC, which strengthened her core muscles and helped her develop a better sense of body awareness

From left to right: Tanesha worked hard on adjusting to her new prosthetics; Regaining mobility and balance during physical therapy with George Kopiloff, PT and Doyle Lee, PT student from USC; Loara Paik, OT and Lisa Ewan, PTA, planned a trip to Tanesha's home to practice the "real life" skills she needed before being discharged from the hospital

on the flexibility of Tanesha's hips to make it easier for her to walk with prosthetics.

In the therapy gym, Tanesha learned how to maneuver on the floor with her knees and elbows, a skill she would use a lot when playing with her son later. She learned how to get up from the floor into a wheelchair. She practiced turning her arms in (pronate) and out (suponate) with devices, so she could learn to feed and dress herself. In fact, her occupational therapist, Loara Paik, stated, "I instructed her to *not* allow the nurses to help her get dressed."

She worked on becoming as independent as possible. In occupational therapy, she practiced daily living skills. Loara gave Tanesha specially fitted cuffs for different activities that she could slip around her arm by herself. She had a cuff with a toothbrush attached for brushing her teeth. She had a cuff with a pen attached to practice her handwriting. "She has beautiful handwriting," Loara commented, "She just needs to use smaller arm movements to make the print smaller, which will come with practice."

to 600 feet with a front-wheel walker and 200 feet without a walker. It was amazing."

Every step of the way, Tanesha's family was by her side offering moral support. In the physical therapy sessions, you could hear her husband, Rodney, in the background cheering her on, "Keep trying. I love you. You can do it!" On the weekends, her parents parked their motor home in the hospital parking lot and served barbecue dinners to Tanesha and the staff.

Tanesha with visiting parents, Harold and Joan Tucker



hallway at school or the mall. Joe explained, "We had to integrate what she needed clinically – the cardio, the endurance, and the pain management – with the real-life issues that she faced away from Casa Colina."

At home, her son tried to feed her himself. Tanesha explained to her little helper, "I know you want to help feed mommy, but this is something mommy needs to learn how to do herself with the prosthetics." There were other times when she gladly accepted his assistance. "When I'm trying to get up on the bed, he'll try to push me up so I can get up and sit on top of it. He's been a good guy and pretty understanding," she stated.

Her husband, Rodney, added, "To him it doesn't matter as long as mommy is at home. That's all he cares about. He doesn't really look at her without hands and feet. He still says, 'Come on, mommy. Let's play trucks. Let's go swimming.' To him it's almost like business as usual."

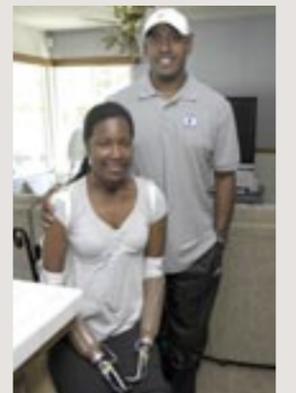
At home, this happily married couple is forging ahead and learning to share more of the household duties.

vertically. She walked up stairs and sideways on a balance beam. She developed greater balance through the use of foam mats and Neurocom equipment. All of this practice made her capable of doing more at home.

Her entire family is grateful for the care Tanesha received, from the emergency room to her inpatient and outpatient rehabilitation at Casa Colina.

"We had, and still have, a great crew," Rodney noted, "They still keep in contact with her and visit. Some call just because they want to see how she's doing."

Her physicians, nurses and therapists have no doubt that Tanesha will return to the classroom where she will give her students the ultimate gift – the lesson that it's possible to persevere through anything.



Tanesha back home in Ontario with husband, Rodney

A Team Stands Behind Every Spinal Cord Injury Patient



Lives can be forever altered in an instant. For Craig Dembo, it was Christmas Eve, 2005. A drunk driver ran a red light and slammed into his car, leaving him a quadriplegic.

When spinal cord injury patients like Craig are transferred to Casa Colina Hospital, they receive top-notch care guided by a proven clinical pathway – the rehabilitation equivalent of the yellow brick road.

A physician specializing in physical medicine and rehabilitation oversees Casa Colina's Spinal Cord Injury Program and directs a team of spinal cord injury specialists. It's an impressive display of teamwork. Doctors, licensed



Clinical pathways are followed closely at Casa Colina Hospital to ensure optimum patient outcomes

nurses, neuropsychologists, physical therapists, occupational therapists, respiratory therapists, speech pathologists, dietitians, and other specialists work together with one goal in mind – to help each patient achieve the best possible outcome.

Many patients begin their journey with inpatient rehabilitation at Casa Colina Hospital to take advantage of that early window of opportunity for recovery. This means round-the-clock medical care by doctors and licensed nurses, and at least three hours of therapy, five days or more a week.

It's a testament to the human spirit to see these patients work with therapists to regain their strength, balance, and

motor function in state-of-the-art rehabilitation facilities designed especially for their neurological disabilities. These include indoor and outdoor therapy gymnasiums with wheelchair-accessible equipment, electrical-stimulation cycles, treadmills designed to support people with little to no mobility, parallel bars, tilt tables, upper-body weight machines, activities-of-daily-living suites, assistive technology center, stairs, ramps, and aquatic therapy pools.



Therapy at the Transitional Living Center may include community outings to practice mobility and daily living skills

The healing process may be long for people with spinal cord injuries. Even after weeks of acute rehabilitation, some patients may not be ready to safely return to their homes or maneuver around in their normal work, school or community settings. Their loved ones often need to make adjustments to their living environments, organize a support system, and learn how to help – without doing too much.

So after being discharged from the inpatient hospital, some patients may benefit from Casa Colina's innovative Transitional Living Center (TLC), located on the Casa Colina

Pomona campus directly across from the hospital. Though it feels more like a home, the patients work hard here to achieve even more amazing progress. They receive up to six hours of individual and group therapy from a team of licensed therapy specialists, six days a week.

Other individuals may progress well with the new Home & Community Program, where Casa Colina therapists make house calls. The goal is to help individuals feel more confident in their everyday surroundings by practicing real-life tasks.

Casa Colina's Spinal Cord Injury Program is completely customized to the individual's lifestyle, priorities and goals. While some patients benefit from all the spinal cord injury services that Casa Colina has to offer, others don't require an inpatient stay at all.



Craig Dembo, a spinal cord injury patient from Rancho Cucamonga, enrolled in Casa Colina's Neuro Fitness program and works out regularly in addition to his scheduled outpatient therapy sessions.

Craig Dembo, for example, started his therapy at Casa Colina's Tamkin Outpatient Center after being discharged from Loma Linda University Medical Center. "When I started out, I couldn't feel my legs, my hands, or anything," he recalled. He worked with physical therapist Erin Yamazaki, physical therapy assistant Ruben Sanchez and occupational therapist Joe Ponce for two hours, three times a week. Then he worked out another two hours a day when he didn't have therapy by enrolling in Casa Colina's Neuro Fitness program, designed specifically for individuals with neurological disabilities.

Craig was a man on a mission. Or perhaps we should say, a best man on a mission. "My friend's fiancé has been putting the pressure on me because he said he wouldn't get married until I could walk down the aisle," he admitted with a chuckle, "She kept saying 'You're doing it in July!'" He knew they were counting on him, so four or five days a week, Craig practiced walking with his leg braces (also known as

"KAFOs" or knee ankle foot orthosis) from the Tamkin Outpatient Center up the walkway to Casa Colina's dining hall. He used to take three or four breaks between steps. Now he only needs one.

On July 11, 2009, Craig kept his promise. His friends witnessed him walk down the aisle. And he witnessed them take their vows. Now Craig is back at Casa Colina, working out in the indoor and outdoor gyms almost every day. His next goal is to stand up on his own and walk without leg braces. His therapists, Erin, Ruben, and Joe, will be standing by him every step of the way.

Casa Colina's Spinal Cord Injury Program

How do you help someone who has suffered from a spinal cord injury? You offer them anything that might help them regain their mobility, function and independence. This is why Casa Colina offers such a wide range of specialized care, services and equipment. to its patients with spinal cord injuries, including:

- ◆ Inpatient, transitional living, outpatient and home and community care
- ◆ Physicians and licensed nurses specializing in rehabilitation
- ◆ Physical and occupational therapy
- ◆ Aquatic therapy
- ◆ Neuropsychology
- ◆ Physician specialty clinics
- ◆ Diagnostic imaging and laboratory services
- ◆ Indoor and outdoor therapy gymnasiums
- ◆ RTI "E-Stim" exercise cycles
- ◆ Assistive technology center
- ◆ Adaptive driving program
- ◆ Wheelchair and seating evaluation
- ◆ Dedicated Neuro Fitness program at Casa Colina
- ◆ Direct access to SCI health and wellness program at the Claremont Club, in collaboration with Casa Colina
- ◆ Education and support groups
- ◆ Outdoor recreation program
- ◆ Outpatient surgery



SPORTS MEDICINE CENTER COVERS ALL THE BASES



Most professional athletes do everything they can to prepare themselves for competition. They understand that taking a break from competitive play helps to facilitate better recovery. And they incorporate cross training, stretching, and strengthening into their workouts to prevent injuries and improve performance.

The medical and rehabilitation professionals at Casa Colina's Sports Medicine Center believe all athletes would



Athletes regain strength and mobility at Casa Colina's outdoor running track, batting cage, and all-purpose practice net

benefit from this approach. As a certified athletic trainer and exercise physiologist for more than twenty-five years, Brian Roberts, the Manager of Athletic Programs at Casa Colina, has noted an upward trend in injuries in young athletes in particular. "One of the luxuries of Southern California is the ability to participate in year-round athletics. As a result, we're seeing overuse-related injuries that were commonplace with professional players ten years ago."

Though the Sports Medicine Center sees many scholar athletes, it attracts athletes of all ages and levels of play – from weekend warriors to elite competitors. It offers a full scope of services tailored for athletes that includes medical care, diagnostic imaging, injury rehabilitation, injury prevention, performance improvement, and even outpatient surgery when necessary. "We have a completely different orientation clinically," explained Dr. Christopher Chalian, board-certified orthopedic surgeon and the program's medical director, "What I love is the one-on-one treatment that the patients get here. The therapists and athletic trainers are the secret to our success. They look at the whole person in order to help the athlete perform a specific sport well."

GAME COVERAGE

For many athletes, getting the right treatment means getting it right on the field. So Casa Colina contracts with local high schools, colleges, universities, and club sports teams in the area to have its staff go to their games and tend to their athletes on the sidelines and in the locker rooms. They also attend martial arts events and boxing matches in the community.

"Athletes are very good actors and will brush off an injury just to get back in the game," stated Roberts, "In some instances, it could be at the risk of the athlete's career, teammates, or even his or her life."

INJURY PREVENTION

This is exactly why Casa Colina's Sports Medicine Center has instituted a groundbreaking new concussion management program called ImpACT, a tool developed to help protect athletes. This simple 20-minute online screening tool is used as a baseline to measure athletes' neurocognitive skills and reaction time in the pre-season. Then, if an athlete suffers a blow to the head during play, a follow-up comparative test can be administered so doctors can assess the level of head injury and offer the most appropriate medical treatment.

ImpACT is currently being used by the National Football League, Major League Baseball, National Hockey League, US Soccer Federation, and many other national athletic organizations.



"What I love is the one-on-one treatment that the patients get here. The therapists and athletic trainers are the secret to our success."

– Dr. Christopher Chalian, board-certified orthopedic surgeon and Program Medical Director

In addition, the Sports Medicine Center has initiated two other injury prevention programs. "We're very excited about the Knee Injury Prevention Program and Overhead Throwing Program," explained Phil Putignano, DPT, OCS, CSCS and the Clinical Director of Outpatient Physical Therapy, "If we can point out any weaknesses or flaws in their form, we can prevent a lot of injuries, medical expenses, and downtime in their training."



Casa Colina has also brought in legendary baseball great, Tommy Davis, as a hitting coach. Players can have private and semi-private sessions at Casa Colina with the former Dodger to develop a smoother and more powerful swing. These sessions, which may be videotaped, are done in conjunction with a physical therapist and athletic trainer, who then recommend the appropriate strengthening and stretching exercises to help avoid injury.



DIAGNOSIS & INJURY TREATMENT

The Sports Medicine Center provides a wide range of on-site diagnostic services and medical and rehabilitation treatment. A board certified orthopedic surgeon may use injections or medication for pain, aspiration to relieve swelling caused by excess fluids, and cast or splint to stabilize an injury and prevent further damage. Licensed physical therapists, orthopedic clinical specialists and certified athletic trainers provide innovative therapy programs designed for optimum recovery and performance after an injury. State-of-the-art equipment is used as needed, and includes electrical stimulation, ultrasound and laser / light therapy. Here you'll find every tool available to discover the source of athletic injury and to promote healing and recovery.

"I love working with athletes," stated Dr. Chalian, "We like fixing them without having to do surgery whenever we can." In cases where surgery is required, the Casa Colina Surgery Center is conveniently located on the Pomona campus.

RETURN-TO-PLAY

Another component of Casa Colina's Sports Medicine Center involves Return-to-Play, an affordable program that allows patients to continue with the progress they've made in therapy after their medical coverage has reached its limit.

Some athletes simply need more time to work on the weaknesses that have resulted from their injuries before they can compete again. "We work so hard to get the athletes healthy again. We understand what they need to return to their sport and prevent further injury better than anyone," stated Roberts.

The Return-to-Play Program pushes athletes to continue

improvement. A video system is used to accurately assess how they're doing and spot any weaknesses or changes in form that could result in another injury. They are given rehabilitation exercises and sent home with pictures to remind them how to do their workouts correctly. And when they're ready to return to play, a performance video may be sent to their team's medical director or coach.

HOW TO REACH US

Pomona Campus – 909/596-7733, ext. 3500

Free Sports Injury Screenings every Sunday from 9 am to noon

Azusa Center – 626/334-8735

Free Sports Injury Screenings every Wednesday from 4 to 6 pm

Casa Colina's Sports Medicine facilities offer a wide variety of state-of-the-art cardiovascular, strength and rehabilitation equipment, including:

- ◆ Golf and soccer practice nets
- ◆ Batting cage
- ◆ Portable pitching mound
- ◆ Outdoor practice track
- ◆ Two indoor aquatic therapy pools
- ◆ Indoor and outdoor therapy gyms
- ◆ Power Plate vibration technology
- ◆ Elliptical cross trainers
- ◆ Treadmills
- ◆ Stationary upright bikes
- ◆ Recumbent bikes
- ◆ NeuroCom® Balance Master
- ◆ Pilates Studio Reformer
- ◆ Plyometrics
- ◆ FreeMotion and Life Fitness equipment
- ◆ Free weights, Swiss, Bosu and medicine balls



Donor Charity leads to Patient Dignity

When you make a contribution to Casa Colina Foundation, you may not realize just how significant an impact your money will make on patients' lives. They are people like you who are coping with an unexpected catastrophic injury or illness.

They turn to Casa Colina to find new strength, stamina, and balance in life. More than anything, they want to regain their sense of independence. They want to return to a normal life – enjoying their loved ones, interacting in the community, and earning a living. A lot of the simple things we often take for granted are made possible again with your donation.

Katherine Wolf, a 27-year-old wife and mother, experienced a major Arterio Venous Malformation (AVM) rupture that caused complications similar to a stroke and left her unable to eat for several months. After being admitted to Casa Colina's Transitional Living Center, she recalled, "On March 25, I passed my swallowing test. It is a major accomplishment to be able to eat by mouth without a feeding tube."



When **Carmen Mexia** was admitted to Casa Colina Hospital with a spinal cord injury, she was completely paralyzed. After two months of intensive rehabilitation therapy, this mother of five children was able to walk with the use of a cane. She happily reported, "I was able to walk on my second honeymoon in New York."



Brett Graham landed head first off a jump while snowboarding with his big brother. The teenager couldn't move when he was admitted to Casa Colina Hospital with a traumatic brain injury. Brett said, "The doctors saved my life. Casa Colina gave me a life after my brain injury. They never gave up on me." Today, Brett is working and raising a young daughter with his wife.



For so many patients and their loved ones, Casa Colina represents the next step in recovery. Thank you for the support you show by sponsoring or attending a fundraising event, making a direct gift or planned gift arrangement, or by responding to one of Casa Colina's direct mail campaigns. The support of donors like you is critical for the Casa Colina patients we see now, and the thousands we will serve in the future.

Grants for Research Deliver Impressive Results

Below are four major grant projects now underway at Casa Colina to test innovative programs or provide support for ongoing rehabilitation activities. In each case, the evaluation and research has revealed important information about effectiveness and outcomes of these new services.

Casa Colina Physician Clinics

"Specialist Physicians in the Rehabilitation Continuum," a grant from the UniHealth Foundation, continues to investigate the effectiveness of the physician specialty clinics at Casa Colina. Preliminary data shows that for those patients who saw their physician in the community clinic, only 31% completed their recommended therapy sessions while, for patients who saw their physician at Casa Colina under the same roof as outpatient therapy services, 79% completed their prescribed course of therapy.



Teenagers with Autism

The "Teen Autism Spectrum Disorders Program" grant from the Henry L. Guenther Foundation is also continuing at Casa Colina's Children's Services. Known as "Teen Scene," the goal of the program is for participants to improve their ability to be more independent with social skills. In the first two sessions, there was a 31.4% overall improvement in participants achieving their behavior goals and some participants saw up to a 79% improvement.



Survive & Thrive Veterans & Families Project

The McCormick Foundation, which had previously made a grant of \$100,000 to support Casa Colina's work with armed services members with traumatic brain injury (TBI), made a second grant of \$250,000 for what is now called the "Survive & Thrive Veterans & Families Project." Working with Casa Colina's Outdoor Adventures, physicians and neuropsychologists, 12 families will be invited for a four-day getaway, with the goals of helping them find ways to solve the problems of living with TBI, establishing a network of other families for mutual support, and reaffirming hope that family life can work to embrace a TBI survivor. The first session is scheduled for October 2009 with additional sessions for more families scheduled for Spring and Autumn, 2010.



Promoting Healthy Aging

The UniHealth Foundation-funded project, "Healthy Aging with an Intellectual/Developmental Disability" is now in its second year. It continues to collect data from participants across Los Angeles County as well as support the targeted health promotion initiatives at Casa Colina's Padua Village Homes.



The Casa Colina Legacy Leadership Society

A New Way to Show Commitment to the Mission of Casa Colina

Many people support Casa Colina's mission through a planned gift or bequest. It is a powerful way to help ensure that we deliver excellence in rehabilitation for years to come. On the next pages, we gratefully recognize a few of the people who have made such donations. On behalf of the patients who will benefit from these gifts, we thank these generous individuals



Casa Colina Founder Frances Eleanor Smith and actor Henry Fonda in the early 1940's

and their families for sharing their legacies with Casa Colina.

Sometimes, we at Casa Colina Foundation are completely surprised by these wonderful gestures of support. We would like to be able to thank all people who make these heartfelt decisions and recognize their intentions to support Casa Colina.

For this reason, we are pleased to introduce the Casa Colina Legacy Leadership Society. This is a voluntary group of people who intend to support Casa Colina through a bequest in a will or a planned gift, and wish to make that gesture public. By joining our new society, you help us in three ways. First, it enables us to project our services into the future and, second, your membership allows us to make your intentions known, and thereby encourage more people to make similar decisions. Most importantly, you give us an opportunity to recognize your intention and thank you for it.

There are no obligations to become a member of the Legacy Leadership Society and you do not need to state the amount of your intended gift.

If you would like more information about the Legacy Leadership Society or Commemorative Bricks,

please contact the Casa Colina Foundation by using the return envelope on this page, visiting our Foundation web page at www.casacolina.org, or calling the Foundation Office at 909/596 7733, ext. 2222.

COMMEMORATIVE BRICKS

Another enduring way to demonstrate your support of Casa Colina and help build its future is through a Commemorative Brick purchase.



These Bricks are a thoughtful way to acknowledge special occasions and honor family members and friends with the inscription of your choice professionally engraved on each brick and placed in one of Casa Colina's many beautiful pathways. Your custom brick will be a testament of how much you care and/or honor those you love. It will not only be a permanent tribute on the Casa Colina campus, it will also help us continue to provide the best rehabilitation possible for patients now and in the future. The contribution for each brick is \$250 which can be paid at one time or installments.

Donors Make Casa Colina Strong

Casa Colina Foundation is grateful to the individuals, families, foundations, and corporations who understand our mission and have chosen to support the needs of our patients and help give them the opportunity to receive rehabilitative care. Some donate time to help bring a more personal touch to the challenges of rehabilitation. In the last year, 664 volunteers contributed more than 27,700 hours of service to Casa Colina's programs. Many others have made financial contributions. Through these gifts received between April 2008 and March 2009, you have shown that Casa Colina has a dynamic support system to meet its commitment to excellence for our community's present and future rehabilitation needs. Your generosity has helped us expand our services, pursue innovative treatments, continue signature programs and provide charity care. Thank you for your caring and support.

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Casa Colina appreciates every gift, large or small. The following individuals made donations of \$25 or more in the year April 2008 to March 2009. More than 600 others participated by purchasing raffle tickets or making donations of less than \$25.

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Lloyd and Margaret Fox

Lloyd and Margaret Fox lived modestly, but liked to travel – especially to Las Vegas. Lloyd was a chemist-bacteriologist and a graduate of Eureka College in Illinois. He and Margaret were married in 1941. After moving to California, he worked for Sunkist. They made their home first in Pomona, and then moved to Oceanside. Although they had no children, they enjoyed their nieces and nephews as well as their five beagles. They always did good things for others. Lloyd retired early, in 1972, for health reasons that eventually brought him to Casa Colina. Motivated by the quality of the treatment he received, they included Casa Colina in a Family Trust in 1989 that benefitted them at the time, and has now provided a wonderful donation to Casa Colina.



**Elfrieda and
Peter Nardulli**

Starting off just after they were married in 1938 as the “youngest merchants on the northwest side” of Chicago with the A.B.C. Window Shade and Venetian Blind Co. and Gift Shop, the young couple closed their successful business when Peter joined the war effort, serving in California. After the war they settled in Pomona, where Peter was involved in manufacturing companies and Elfrieda was employed in schools. They later moved to Claremont. They were both very active in community, religious, political and fraternal organizations, from working with the Lumi Indians on merchandising their beautiful fabrics to serving on many boards of directors. Their home was always full of activity, projects and friends. During their busy lives they made a place for many charitable causes – the children served by Casa Colina was one of them and, with a Planned Gift, their generosity will help more patients for many years to come.



**Alvin and
Gertrude Levine**

After returning home from his service in WWII where he participated in D-Day and flew missions over Europe, Alvin Levine teamed up with his father to sell war surplus truck and auto parts. The father-and-son business grew into Freeway Truck Parts, with several locations across southern California, and it became a very successful enterprise. Alvin married Gertrude and raised two children. They were involved with a variety of charities and causes from the very beginning. Their philanthropy grew and, later in life, Alvin and Gertrude looked at planned giving opportunities as a way to continue their charitable interests while also reducing their taxes. Since Alvin’s father suffered a stroke, they had a special interest in research, education, and assistance to the families and caregivers of those who have had a stroke. They chose Casa Colina to receive a distribution from their Trust because they knew of the excellence of its stroke program, and that patients and families would benefit directly from their philanthropy.

People Who Made a Difference

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Linda Woodlums
Mitchell Wright
Janet Wu
Eugenia Yesthal
Gregory Young
Mr. and Mrs. James E. Zavadi
Paula Zeidman
Eric Zywicki

Frances Eleanor Smith Circle of Friends

Ken Albee
Teresa Andres
Frederick D. Aronow
Judith Attaway
Mary Lynn Barber
Regna Barrett
Lydia Bonson
Rodger Brasier
Jessica Burchett
Leonard Carreathers
Barbara Clark
Sunil Doshi
Laura Espinoza
Celina Gillette
Charlotte Gowland
Jaynell Haywood
Jacob Hazen
Thuy Huynh
Katheryn Jann
Anne Johnson
Dolly Jordan
Steve Kingston
Ross Lesins
Jodi L. Martin
Christine Maxwell
Becky Moore
Rebecca Moore
Mireya Munoz
Beth Nunn
Eileen Ormston
Lisa Oropeza
Rodney Peek
John Perrine
Trenia Piceno
Jennyfer Poduska
Rose Prieto
Harlan Ray
Patricia Reetz
David Salaiz
Andrea Saldana
Cindy Sendor
Trenia L. Stayer
Krista Struve
Sylvia Swager
Vanita Tolia
Adriane Upton
Marylyn Valdez
Valerie Villa
Nelly Warden
Dianne Whiting
Judy Williams

Gift-in-Kind from Organizations

A Grape Escape Balloon
Adventure
Advanced Bodyworks
Anheuser-Busch
Anheuser-Busch Sales WDC
Aquarium of the Pacific
Arizona Ice Tea
Armstrong Garden Centers, Inc.
Ben Bollinger’s Candlelight
Pavilion
Bradford Renaissance Portraits
Bubba Gump
Callaway Vineyard & Winery
Candlelight Pavilion
Carmma Community
Casa 425
Casino Morango
Cookie Lee Jewlery

Covina Valley Playhouse
Creator’s Touch
David & Margaret Youth
& Family Services
Double Tree Hotel
Eclipse Salon
Eclipse-Aveda Concept Salon
Fairplex
Fashion Handbags
Fiji Water
Gamble House
Glendale Center Theater
Griffith Observatory
Haaker Equipment Company
Hanger 18 Climbing Gym
Haute Creations
Henry’s Market
Hollywood Wax Museum
Huntington Library
International Golf
Islands Restaurant
J. Paul Getty Museum
Juice It Up!
Kern River Outfitters
LA Arboretum
LA County Museum of Art
LA Sports & Entertainment
Commission
LA Zoo
Laemmle Claremont #5
LAFD
Lawry’s Restaurants, Inc.
Lexus Champions For Charity
London Hotel West Hollywood
Los Angeles Zoo
Los Serranos Country Club
Mad Hatters
MetDESK
Morongo Casino, Resort & Spa
Museum of Contemporary Art
of Los Angeles
My Gym
Natural History Museum of
Los Angeles County
Neurofeedback Centers
for Success
New World International
Wine Competition
Nichols’ Enterprises
Nickent Golf
Nordstrom at South Coast Plaza
North Woods Inn
Oakley
Pacific Palms Conference Resort
Pacific Pediatric Supply
Pala Casino Spa Resort
Pantages Theater
Pasadena Playhouse
Pasadena Police Department
Pet Heads
Rancho Leonero Resort
Red Hill Country Club
Rowley Portraiture
Russo’s Pet Experience
Santa Anita Park
Shelton’s Poultry, Inc.
South Coast Winery
South Hills Country Club
Southern California Credit Union
Southern California Edison
International
Staples
Sweetheart Sales
Target (Montclair)
Thornton Winery
Three Forks Chop House
Togo’s

People Who Made a Difference

Trendsetters
Twin Palms Pasadena
Unisource
Via Verde Golf Course
Wilson Creek Winery & Vineyard
Wine Country Gift Baskets
Wine Styles
Yard House
ZJ Boarding House

Gift-in-Kind from Individuals

Mike Allison
Larry Beard
Dannon Berk
Sean Boal
Steven Brouman
Richard Carr
Sandra Chapman
Samuel Crowe
Tommy Davis
Carolyne De Fazio
Judy Dille
Melissa Driftmier
William Dwyre
Ruth Erwin
Robert Floyd
Jane Goodfellow
Nancy Harkey
Richard Hunter
Jesse Huston
Michelle Islas
Mike Jack
Erik Johnson
George Keel
John Landherr
Martin Levitt
Terry Majer
Regina McDonald
Larry Minoske
Richard Monson
Mr. and Ms. Sebastian Nola
Steve Norin
Lorraine Palmer
Rick and Judy Pedevill
Mike Petti
Jerry Perry
Dan Pohl
John Rountree
Bonnie Scudder
Brent Segorski
Susan Stanley
Sandra Stowell
Irvin Strub
Bud Swope
Chad Theil
Anthony Thomas
Roxanne Vaniman
Stephen Wierzbinski
Diane Wilkinson
Nancy Young
James Zavadi

Memorials

Ted Arquer
Janice Arquer

Dennis Bardell
John McGrane and
Lovaun Stuhlman
Sharon Blackman

Bianca Comino
John Comino
Anita Derby
John Rountree

Scott Diedrick
Geraldine Diedrick

Robert Franke
Georgia George
William Steurer

Sister Mary Grace Ginger
of the Dominican Sisters
James and Tina Cheng

Ella Gullock
Jack and Barbara Gullock

William Kitching
Gary Phillips

Catherine Lomoro
Judy Briggs
Mary Lou Jensen

Frank Loverso
Fred and Harriet Aronow

Maggie McKernan
William McKernan

Elfrieda Nardulli
Ronald Biewener
LaVerne Cartwright
Shirley Johnston
Marion Kramer
Gale Ortega
L. D. and Gladys Overall
James Williams
Joseph Yotti

Donny O’ Connell
Donny O’ Connell Foundation

Ronald Leslie Plate
Jacqueline Carlson
Richard Carlson
Leah Huisken

David and Geneva Obermeyer
Beverly Page
June Plate
Jean Rosnagle
Thelma Rhyner
Smyser & Associates

Theresa Josephine Principi
LBS Investments
Marjie Shahani

Anthony Resca
Kurt and Mary Bender

Fred Schlosser
Mr. and Mrs. Angelo Antonelli

Dorothy Schulte
Richard and Josephine Johnson

Dorothy Von Heydenreich
Oskar Von Heydenreich

Jacob Zeidman
Paula Zeidman

Tributes

In honor of the staff who
helped Rodrigo Alverenga
Gregory Wiener and
Tina R. Taylor-Wiener

Dr. Mel & Nora Butler
Doug Betts

Martie G. Chito’s Birthday
Melvin Hornbaker

Don Driftmier
Henry Anchondo
Carrie Wheeler

In honor of the Driftmier family
Jan Wood

In honor of Friendship
to Jess Evans
Sharon Garrett

In honor of Samantha
Garcia-Salas
Mr. and Mrs. Miguel Garcia-Salas

In honor of Mr. & Mrs Josh
Gonzales parents of
Marcellus Gonzales
Jose and Zita Montenegro
Maria Morales

Leo Greer
Adriana Colback

Robert Gough
Katherine Gough

John & Kim Harrell
Jim and Stacey Harrell

Kathy Hornbaker’s Birthday
Mom and Dad

Warren and Barbara Kittell
B.J. Barnes

Barbara & Lorne’s
40th Wedding Anniversary
Francine Aron

Felice L. Loverso,
President and CEO
of Casa Colina
Mel Butler, M.D.

Andrea Lowy’s Birthday
James Leming

Albert C. Lum, Gregory
and Francine Manda
Marjorie F. Lum

Dr. David Patterson
Charles and Norma Martinez

Rick and Judy Pedevill
Denna Bartlett
Gerald Bradley
Christine Bravo

Robert Cash
Danielle Cofer

Norma Gomez
Tiburcio Gomez

Raphael Medvitz
David O’Dell

Brandon and Jessica Pedevillano
Bryon and Yvonne Pedevillano
Kristina Vermeeren

Philip Sousoures
Louise Sousoures

In honor of Kelsey Walker on
the occasion of the marriage of
her mother, Lyn Walker, M.D.,
to Marvin Cooper
Stephanie Harrison
David Rubardt

Dianne Whiting, Suzi Johnson
& Rachel Hill
Cheryl Clark

Nessim Yahya
Fred and Sylvia Nuredidine

*We strive to keep accurate
records. If there is an error
or omission, please contact
the Foundation office at
909/596-7733, ext. 2222.*

Alfred Hartley

Alfred Hartley spent his career as an apparatus manager and a stockbroker. He lived with his wife, Helen, in a world surrounded by the reading, writing and numbers of his profession. A stroke took those abilities from him, but with the help of Casa Colina’s speech therapists he overcame many obstacles. He lived for years after this traumatic experience, but he never forgot how impressed he was not only with the expertise of Casa Colina’s staff, but also how they simply never gave up on him. Alfred named Casa Colina as a beneficiary of an annuity policy that has now provided Casa Colina with a significant gift that helps patients every single day.

Margaret Joy Morris

A kind and gentle person, but a woman of great courage and full of life, Margaret filled her days with nature, music and poetry. She moved to California from Wisconsin over 50 years ago, and built her home in North Pomona. She was a devoted teacher of third and fourth graders in the Pomona Unified School District for 40 years. As a patient in wound care and hyperbarics, she fought a battle for her leg and saw how Casa Colina touched her life. She wanted to ensure that Casa Colina continues to touch the lives of many others and made a generous bequest to support the work of the hospital’s Hyperbaric Medicine Center and the Wound Care Center. Many patients will benefit from these services because of her gift.





November 10, 2008 at South Hills Country Club in West Covina

Presenting Sponsor

Iris Belding in honor of George W. Belding

Major Sponsors

George and Karen Langley
Haaker Equipment Company
Pertronix
San Manuel Band of Mission Indians
SEI Investments

There were 125 golfers and 175 dinner guests who came out to support Casa Colina and its nationally renowned Outdoor Adventures, a program that focuses on empowering people with disabilities. It provides challenging and exciting experiences in the out-of-doors. By focusing on abilities, not disabilities, the program enables its members to experience success both physically and emotionally.

The tournament and dinner raised everyone's spirits as well as funds to support Outdoor Adventures. Casa Colina is grateful to Committee Chairman Bill Haaker, for making it such a memorable day.



Celebrity guest artist and Casa Colina supporter Tommy Hollenstein pictured with Anne Johnson, Director of Outdoor Adventures



Felice Loverso, Ph.D., President and CEO of Casa Colina, pictured with Bill Haaker, Event Chair



Vice Chairman of the Board Steve Norin, takes a swing on the fairway

EIGHTH ANNUAL Trends in Autism Conference

March 14 & 15, 2009 at Harvey Mudd College in Claremont

Presenting Sponsor

L.A. Care Health Plan

Twelve nationally known autism experts gathered for a weekend in Claremont to discuss the latest research and treatment programs in the field of autism. It gave parents, healthcare professionals and educators an opportunity to learn about the recent clinical developments, new research perspectives, treatments and education interventions.

This year's conference had over 200 attendees and featured 18 exhibitors. It had sessions that focused on the needs of young children and teens, as well as the lifelong challenges of people with autism. Casa Colina Children's Services provides one of the largest autism programs in California and has served hundreds of children on the autism spectrum. In fact, in 2009, Casa Colina Foundation provided a subsidy of \$200,000 to the program through funds raised by a variety of events, donations, and grants.



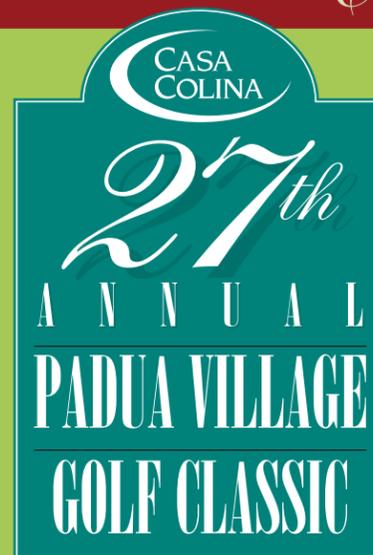
Back row (left to right): Howard Shane, Ph.D.; Margaret Bauman, M.D.; Rosemary White, OTR; Mady Horning, M.A., M.D.; Diane Chugani, Ph.D.; Paul Brown, M.D.; Jerry Newport; Sheldon Wagner, Ph.D.

Front row (left to right): Christopher Angelo, Attorney; Ruth Christ Sullivan, Ph.D.; Patricia Sullivan, M.Ed., M.S.; Kenneth Herman, Ph.D.



Left: Casa Colina's Dr. Margaret Bauman, a world renowned pediatric neurologist specializing in autism, led the panel of speakers

Right: Jerry Newport, author and advocate diagnosed with Asperger's Syndrome



April 27, 2009 at Red Hill Country Club in Rancho Cucamonga

Founding Sponsor

Robert and Beverly Lewis Foundation

Presenting Sponsors

Hidden Villa Ranch
SEI Investments

Major Sponsors

Citizens Business Bank
General Outdoor Advertising
General Pump Co.
Ornest Family Foundation
Response Envelope, Inc.
The Tam Family
Vavrinek, Trine, Day & Co., LLP
Wasserman Foundation

By the time it was in full swing, 145 golfers played in the tournament and 225 enjoyed dinner and evening festivities.

Celebrity guests Terry Donahue, Ben Howland and Rick Neuheisel provided a blend of wisecracks and wisdom. A well-deserved thanks belongs to Committee Co-chairs and Board Members Bill Dwyre and John Rountree. The funds raised by this tournament benefit Padua Village Homes in Claremont where 16 adults with developmental disabilities live in a supervised, structured environment that promotes activity and independence.



Left to right: Terry Donahue, former UCLA football coach and current football sportscaster; Rick Neuheisel, current UCLA football coach; and Bill Dwyre, Casa Colina Board Member and Event Co-Chair



Left to right: Don Lawson, Hidden Villa Ranch CFO; Beverly Lewis, Founding Sponsor from the Robert and Beverly Lewis Foundation; John Rountree, Casa Colina Board Member and Event Co-Chair; Jeff Roche, Director of Client Services, SEI Investments



3rd Annual Walk & Roll For Casa's Kids June 20, 2009 at Casa Colina Children's Services

Major Sponsors

Don & Marilyn Driftmier Pacific Rim Rehabilitation
Oticon Physicians of Casa Colina Surgery Center

This fun celebration brought children served at Casa Colina, their families, neighbors, community businesses and many others together. It was all to support the work of Casa Colina Children's Services.

As the 350 participants walked and strolled outside of the Children's Services building and playground, they had a chance to enjoy 26 vendors and exhibitors, including a "Touch Tank" with star fish and other sea life sponsored by Southern California Edison. Performances were given by the Valverde School of Performing Arts in Rancho Cucamonga and special needs martial arts team from Possibilities Unlimited in Glendora.

The annual "Friend of the Children Award" was presented to

Paul and Emilie Baribault for their enthusiastic and tireless support of Casa Colina Children's Services.



The Rotary Club of Pomona Art Auction



May 9, 2009 at the Fox Theater in Pomona

Platinum Sponsor

Valley Vista Services

Gold Sponsor

Western University of Health Sciences

The Pomona Rotary Foundation hosted their 6th Annual Art Auction, naming Casa Colina and its assistance to Wounded Warriors as the beneficiary of the event for the second year in a row. More than 60 pieces of artwork were donated for the event which raised \$47,846. A live and silent auction took place while guests enjoyed a cocktail reception and dinner. Casa Colina is grateful to this wonderful organization and extends special thanks to Event Chairman, Captain Richard "Rick" Todd for his diligence and hard work.



Felice L. Loverso, Ph.D., President and CEO of Casa Colina, used his welcoming comments to make the first public announcement of Casa Colina's Survive & Thrive Project

Two Grand Openings to Celebrate



Casa Colina Azusa Center

For years, Casa Colina Centers for Rehabilitation has offered its patients the convenience of receiving their medical and rehabilitative care in one place. Now, it offers the same convenience in two places with the opening of the Casa Colina Azusa Center in November, 2008.

This was an occasion that deserved two celebrations. On January 21, 2009, there was a special opening event for over 100 of Casa Colina's board members, physicians, and hospital executives. The catered evening featured live entertainment



Samuel P. Crowe, Chairman, Board of Directors, Casa Colina, Inc. and Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc. cut the ribbon at the Casa Colina Azusa Center's opening celebration.

and tours of the new state-of-the-art facility. The next day, there was a ribbon-cutting ceremony held by the Glendora and Azusa Chambers of Commerce to welcome Casa Colina to the community. After the ribbon-cutting, an open house was held from noon into the evening.

Tours of the expansive 6,000 square-foot outpatient medical and rehabilitation center were given to over 250 community members throughout the day.

Dr. Tom Bryan, orthopedic surgeon and Medical Director of the Casa Colina Azusa Center, stated "I have practiced in West Covina for 22 years and am happy to have world class rehabilitation services available for my patients in nearby Azusa," Bryan said. "This is an important development for the people of our area."

Dr. Felice Loverso, President & CEO of Casa Colina stated, "We are proud to open our convenient new outpatient center, and to deliver top quality medical and rehabilitative care to people in Azusa and the surrounding communities."

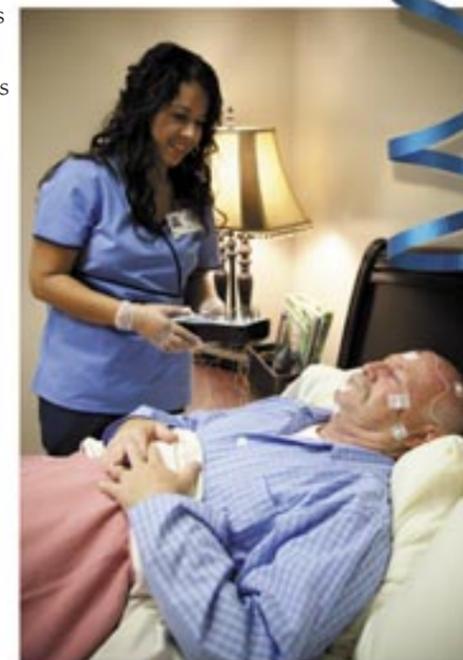
The Azusa Center offers physical and occupational therapy, certified hand therapy and speech pathology services. It also provides physician specialist clinics for orthopedics, back and spine care, and neurosurgery consultations. Athletes are invited for free sports medicine screenings every Wednesday from 4 to 6 p.m.

Casa Colina Sleep Center

Everyone can have a little trouble sleeping from time to time, but for people who have had difficulty for more than two weeks, there is the new Casa Colina Sleep Center in Pomona. This unique program helps individuals of all ages overcome any of the 84 documented sleep disorders which include excessive snoring, sleep apnea, insomnia, and restless leg syndrome. In addition, children may also suffer from bed wetting, night tremors and sleepwalking.

These sleep problems have been linked to depression, diabetes, heart disease, hypertension, obesity, stroke, and other chronic diseases.

The Casa Colina Sleep Center is dedicated to finding the cause of sleep difficulties followed with successful treatment. Here patients stay in a



A luxurious bedroom setting provides patients with the comforts of home.



Licensed sleep technologists conduct studies that are interpreted by physicians who specialize in sleep medicine.

luxurious bedroom setting where overnight state-of-the-art diagnostic testing is conducted by a licensed sleep technologist. Before they go to bed, patients are connected to specialized equipment with painless sensors attached to their body and head to measure brain waves, muscle and eye movements as well as breathing, snoring, heart rate and leg movements. Several types of diagnostic sleep exams are offered, depending on the patient's symptoms.

Once this highly sophisticated data is collected, a physician who specializes in sleep medicine evaluates the patient's test results carefully before recommending treatment for a good night's sleep.

Physician specialists set standard of care

POMONA CAMPUS

Arthritis & Fibromyalgia

Antony Hou, M.D.; Thang Le, M.D.

Diagnostic Imaging – Gary Jensen, M.D.

EMG – Shashank Arya, M.D.; David Patterson, M.D.; Alex Francini, M.D.

Hand – James Lilley, M.D.

Headache – Richard Shubin, M.D.; Faisal Qazi, D.O.

Infectious Disease – Dan Gluckstein, M.D.; Kerry Gott, M.D.; Luong (Mike) Ly, M.D.; John Mourani, M.D.

Kidney Disease & Hypertension

Michael Bien, M.D.

Neurology – Sleep Disorders, Movement Disorders, Parkinson's Disease & Multiple Sclerosis – Richard Shubin, M.D.; Jerome Lisk, M.D.; Gail Hartley, MSN, RNP

Neuro-Optometry – Eric Ikeda, O.D.

Neuro-Orthopedics & Pain

Vincent M. Fortanasce, M.D.

Orthopedics/Sports Medicine

Christopher Chalian, M.D.

Pain Management – John Sasaki, M.D.

Physical Medicine & Rehabilitation

Shashank Arya, M.D.; Alex Francini, M.D.; Yong Il (Luke) Lee, M.D.; David Patterson, M.D.; Dana Landavazo, PA-C

Plastic & Reconstructive Surgery

Devdas Wali, M.D.

Podiatry – Think Le, D.P.M.

Pulmonary Rehabilitation

Joseph Hourany, M.D. Rohinder K. Sandhu, M.D.

Spine – Alexander Francini, M.D.

Urology – Aaron Nguyen, M.D.

Vestibular & Balance Disorders

Tyson Shih, M.D.

Wound Care & Hyperbaric Medicine

Kerry Gott, M.D.

AZUSA CENTER

Neurosurgery – José Rodriguez, M.D.

Orthopedics – Tom Bryan, M.D.

Spine & Physical Medicine & Rehabilitation Shashank Arya, M.D.

Casa Colina Hospital

The hospital has implemented specific clinical pathways for traumatic brain injury, spinal cord injury, stroke, and orthopedic patients with outstanding results. Now, Casa



Colina's medical and rehabilitation teams rely on these proven clinical pathways to ensure that "best practices" for a specific diagnostic group are used throughout a patient's stay. Since the introduction of these clinical pathways, many more patients have been discharged home with little or no need for further assistance.

In an effort to help its inpatients progress as quickly as possible, the hospital has developed a spinal cord injury education course, which includes a peer lead support group, which is taught three days per week. For the past year, Casa Colina Hospital has also been involved in the groundbreaking ICARE study, which compares three different techniques for effective and efficient rehabilitation of the arm after a stroke.

The Speech-Language Program has added state-of-the-art equipment to better evaluate and treat patients with acquired neurological impairments as well as voice and swallowing disorders. The VitalStim equipment helps patients strengthen and re-educate the swallowing muscles through the use of electrical stimulation. These innovative devices are especially helpful for patients with head and neck cancer or feeding tubes. They also provide valuable data to store and measure progress. Casa Colina has Modified Barium Swallow Study (MBSS) and Flexible Endoscopic Evaluation of Swallow equipment to better evaluate patients with dysphagia. MBSS is also offered to pediatric patients.

Inside the hospital, there is a new Assistive Technology Center, offering a wide variety of augmentative and alternative communication equipment to enhance communication and assistive devices to aid mobility and other activities of daily living. These devices may be used in therapy and some are even available on loan to patients.

Residency programs will help the next generation of rehabilitation therapists hone their skills. The Orthopedic Physical Therapy Residency Program is accredited by the American Physical Therapy Association. A Neurologic Physical Therapy Residency Program started this year with one resident. The hospital's rehabilitation staff also developed an 8-week Neurologic Rehab Specialist Continuing Education Program for its physical and occupational therapists, as well as others in the professional rehabilitation community.

Casa Colina Hospital is a fully licensed, Joint Commission accredited 68-bed facility that serves individuals who can benefit from the intensive rehabilitation of three hours or more of therapy a day, five days or more a week.

Dr. S. Jerome and Judith D. Tamkin Outpatient Center

Three new specialized physician's clinics have been added at the Tamkin Outpatient Center. The Headache Center uses a wide range of medical and rehabilitation methods to help individuals prevent or better manage recurring headaches. The Spine Center relies on innovative diagnostic and treatment



options for those with back pain. The Neuro-Optometry Center helps neurological patients with visual and perceptual problems eliminate or reduce double vision, blurry vision, and loss of visual field.

In order to better assist patients who may experience behavioral changes or difficulties, the Outpatient Center has added neuropsychology evaluations and treatment services. Casa Colina's neuropsychologists (clinical psychologists with specialized training in brain functioning and disorders) provide cognitive/behavioral strategy training, supportive psychotherapy, behavioral management, biofeedback, and other types of treatment to help affected people and their families achieve their best potential and quality of life.

The Outpatient Center remains committed to the improvement and advancement of women's health issues with its Women's Program, which involves a wide range of physician specialists. The program continues to grow by providing strategies to overcome or cope with fibromyalgia, lymphedema, edema, osteoporosis, and urinary incontinence.

In order to better meet the needs of patients' busy schedules, the Tamkin Outpatient Center now offers orthopedic physical therapy visits on Saturday mornings and extended weekday hours.

The Tamkin Outpatient Center serves individuals who have the potential to overcome or better manage physical disabilities and injury by receiving specialized medical care or rehabilitation services in an outpatient setting.

Casa Colina Azusa Center

This new outpatient satellite center delivers the same quality medical and rehabilitative care found at Casa Colina's Pomona campus in the foothill area. The Casa Colina Azusa Center



provides physician specialist programs for orthopedics, neurosurgery consultations, and spine care, as well as physical therapy, occupational therapy, certified hand therapy and speech pathology services. It also offers free sports medicine screenings every Wednesday from 4 to 6 pm.

The center is designed to make accessing medical and rehabilitative services more convenient for those who live in the Azusa/Glendora communities. It has become an important resource for the senior population as well as athletes who attend local schools and colleges.

The outpatient medical and rehabilitation center is dedicated to providing specialized physician's clinics and a wide range of physical rehabilitation services to residents in the foothill communities.

Transitional Living Center

For individuals who are recovering from an acquired or traumatic brain injury, spinal cord injury, stroke, progressive neurological disease, amputation or complex orthopedic injury, the transition from a rehabilitation institution back to the home can be a difficult one. Now with the TLC's new



Home & Community Program, Casa Colina therapists make house calls.

This new program helps individuals feel more confident within their everyday surroundings by practicing real-life tasks in their own home environment, with the supervision of a licensed therapist. This may include safely maneuvering around the home, carrying out normal errands or taking public transportation to and from work. Treatment plans are tailored to each individual and his or her loved ones.

The center actively participates in the Brain Injury Outcome System (BIOS), which helps treaters understand whether their efforts are effective. While more facilities outside of Casa Colina contribute to this ongoing study, the Transitional Living Center has played a leading role in this research as an original member since 2000.

The Transitional Living Center helps individuals with traumatic brain injuries, spinal cord injuries or other neurological traumas further their rehabilitation goals in a 38-bed, short-term residential setting. Six hours of individual or group therapy are provided 6 days a week. Day treatment and home programs are also offered.

Casa Colina at Rancho Piño Verde & Casa Colina at Apple Valley

Casa Colina's high desert programs provide 76 long-term residential beds for adults with brain injuries with 42 beds at Casa Colina at Apple Valley and 34 beds at at Rancho Piño Verde. Residents enjoy a variety of activities, including excursions to farmer's markets, gyms, local restaurants, movie theatres, shops, Tai Chi, water aerobics classes, and concerts in the park. Some residents also enroll in classes at Victor Valley Community College, and they take trips to many Southern California attractions, including the Aquarium of

the Pacific, the beach, Big Bear Resort, the circus, local baseball games, and county fairs.



The Rancho Piño Verde program welcomed a baby emu, which recently hatched on its 20-acre ranch environment. This is in addition to the horses, llamas, and adult emus

already on the ranch. "The Ranch" once again opened its pool for the summer season with three certified lifeguards on staff. Residents continue to use medical and therapeutic services in the high desert and at the Casa Colina campus in Pomona. These facilities are overseen by a local board-certified physician and continuously operate at 100% occupancy with a wait list to admit new residents.

Both residential programs serve individuals with traumatic brain injuries who require long-term care and supervision in a residential setting.

A. Gary Anderson Family Children's Services Center

Many of the children seen at Casa Colina are not only cognitively challenged, but socially challenged as well. At the request of families with special needs children over the age of 12, the center created "Teen Scene." This new social skills program meets the unique needs of children between 12



and 16 years of age.

Children's Services has reached out to the community in a number of ways, including making services available off-campus and providing rehabilitation expertise to schools. In May 2008, it started offering speech/language pathology services at the LeRoy Haynes Center and has now more than doubled its caseload of children and adolescents. In February 2009, it initiated occupational therapy services after it helped the school put together a functional occupational therapy gym. With this recent success, Children's Services is now pursuing other contracts with private schools in the area.

Casa Colina has collaborated with the City of La Verne and the City of Rancho Cucamonga to offer high quality children's services within those communities.

Early Intervention clients may participate in the Toddler's Together program in La Verne and two other social skills programs, Kids Crew and Teen Scene, meet at the Goldie Lewis Community Center in Rancho Cucamonga. Since Children's Services expanded its programs off campus, it has doubled the size of the Kids Crew program.

Children's Services provides rehabilitation care to infants and children with physical and developmental disabilities up to age 15.

Helen A. Kellner Adult Day Health Care Center

The Adult Day Healthcare Center (ADHC) continues to offer a nurturing, stimulating and supportive environment for adults with cognitive or physical impairments, such as Alzheimers, brain injuries, Cerebral Palsy, dementia, Multiple Sclerosis, Parkinson's, and stroke. Each day, its team of



medical and rehabilitation professionals monitors the health of its clients. The staff also provides nutritious lunches and snacks as well

as a number of recreational and social activities that not only help build friendships, but also keep minds and spirits lively. ADHC provides attentive care and enables home caretakers to work or enjoy more free time for errands, family and social activities.

The Adult Day Health Care Center serves adults with varying disabilities who may require supervised care during the day.

Casa Colina Kittell Imaging Center

With timely scheduling of appointments and rapid same-day results on all tests (except biopsies), The Kittell Imaging Center makes the diagnostic process faster and easier for both patients and referring physicians. This modern facility



provides a broad scope of state-of-the-art examinations and equipment. To make imaging even more convenient for its patients, the center is now open Saturday mornings.

This full-service center was established jointly between Casa Colina and Gary Jensen, M.D., one of the area's leading radiologists. It sets a new standard for medical imaging with an extensive offering of diagnostic exams and interventional procedures. The center is committed to providing the highest quality images, interpretations and service. The Kittell Imaging Center is fully accredited by the American College of Radiology in Magnetic Resonance Imaging (MRI), ultrasound, mammography and Computerized Tomography (CT)

The Kittell Imaging Center serves Casa Colina patients as well as individuals from the local community who are in need of advanced diagnostic imaging services.

Outdoor Adventures

Outdoor Adventures (OA) has introduced two exciting new programs for children – Junior Adventures and Outdoor “Ed”ventures.

Junior Adventures provides therapeutic outdoor recreation outings specifically for children and teens with physical and



cognitive disabilities. Activities may include jet skiing, kayaking, rock climbing, surfing and sailing. This program differs from other OA outings because it provides more opportunities for kids to interact with peers.

The Outdoor Edventures program offers educational and environmental learning experiences such as trips to a recycling center, Body Worlds and Thor's Reptile Exhibit. More sessions will be scheduled annually introducing other educationally and environmentally oriented events to the program.

During the week of August 3-7, 2009, OA facilitated its 15th Anniversary Land Meets Sea Sports Camp attracting 73 participants ages 6 and over, and 85 wonderful volunteers. Opportunities were provided for campers to experience a variety of adaptive sports, Discover Scuba, outrigger canoeing, sailing, and deep sea fishing along with water sports such as water skiing, jet skiing and kayaking. This anniversary year provided new activities such as a mobility course and Resource Fair with exhibits and various vendors.

OA staff is also overseeing a series of four-day getaways for the “Survive & Thrive Veterans & Families Project,” which assists veterans with traumatic brain injury with the transition from a rehabilitation setting back to living at home with their families again.

Outdoor Adventures serves adults and children with a broad range of cognitive and physical disabilities who want to discover their abilities in a challenging and fun recreational environment.

Padua Village Homes

Padua Village continues to participate in the UniHealth Foundation-funded project, “Healthy Aging with an Intellectual/Developmental Disability.” Now in the the second year of this three-year study with Cedars Sinai and L.A. Care Health Plan, researchers continue to collect data from study participants, which include Padua Village residents. The preliminary data from the first year's efforts shows that the project's recommended lifestyle changes made a positive impact on their health and wellness.

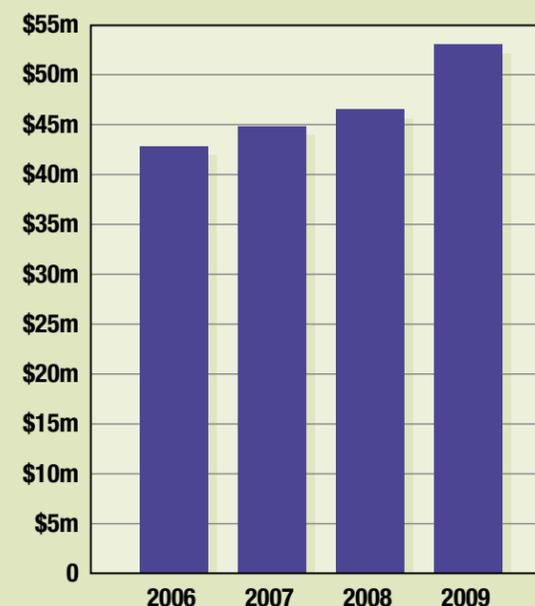
Padua residents strive for greater independence with self-help skills. They participate in various community and Special Olympics events, as well as many Outdoor Adventures program activities.

These residential facilities serve adults with developmental disabilities who require supervised residential living.

Casa Colina's Operational Performance

Net Revenue from Operations

(Excluding Foundation)



Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues	2009	2008
Gross patient and other services	\$75,225,000	\$69,502,000
Other operating revenue	3,426,000	1,953,000
Transfers from Foundation for uncompensated care and community benefits	1,449,000	980,000
Total Revenues	80,100,000	72,435,000
Deductions		
Contractuals	25,822,000	24,700,000
Bad debts	1,261,000	1,212,000
Total Deductions	27,083,000	25,912,000
Revenue Less Deductions	53,017,000	46,523,000
Operating Expenses		
Salaries and benefits	30,911,000	28,980,000
Other expenses	10,385,000	10,605,000
Total Operating Expenses	41,296,000	39,585,000
Net Income from Operations Prior to Depreciation, Interest and Amortization	\$11,721,000	\$6,938,000

Casa Colina Balance Sheets

(Unaudited/Consolidated)

March 31, 2009 and 2008

Assets	2009	2008
Current assets	\$23,762,000	\$17,729,000
Investments	34,827,000	49,478,000
Assets limited as to use	17,705,000	22,183,000
Property and equipment	57,831,000	59,478,000
Other assets	1,505,000	1,786,000
Total Assets	\$135,630,000	\$150,654,000
Liabilities and Net Assets		
Current liabilities	\$11,759,000	\$11,601,000
Long-term debt and other liabilities	48,459,000	50,730,000
Unrestricted and restricted net assets	75,412,000	88,323,000
Total Liabilities and Net Assets	\$135,630,000	\$150,654,000





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◆ Mark Your Calendar ◆

- Casa Colina Golf Classic – Monday, November 9, 2009 ◆ South Hills Country Club
- Tribute to Courage – Saturday, February 20, 2010 ◆ Pacific Palms Conference Resort
- Trends in Autism Conference – Saturday & Sunday, March 13-14, 2010 ◆ Harvey Mudd College
- Padua Village Golf Classic – Monday, April 26, 2010 ◆ Red Hill Country Club
- Walk & Roll for Casa's Kids – Saturday, May 15, 2010 ◆ Casa Colina Children's Services
- Thunder in the House/Ride for Cameron – Saturday, June 19, 2010 ◆ Chino Fairgrounds



◆ Contact Us ◆

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Children's Services – Ext. 4200
Corporate Offices – Ext. 2300
Foundation – Ext. 2222

Human Resources – Ext. 2150
Imaging – Ext. 4541
Job Line – 909/450-0314
Outdoor Adventures – Ext. 2216
Outpatient Rehabilitation – Ext. 3500
Padua Village – Ext. 4400
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