



# From the Chairman

As Chairman of the Board, it is a gift to be able to see up close and personal the difference Casa Colina has made throughout the years and continues to make daily in the lives of those severely impacted by devastating injuries. My family and



I are among the many individuals Casa Colina has helped. Both my sister-in-law Amy and my mother were treated at Casa Colina. While this was a difficult time for my family, we were comforted in knowing that both of them would receive the highest level of care. I would never expect anyone to entrust a loved one to this place for care if I did not feel comfortable sending my own family here.

The fact that we not only felt comfortable but also truly empowered to bring our loved ones to Casa Colina speaks volumes of our respect for this organization. Casa Colina was a godsend and answer to our prayers just as it has been for other families. This experience has brought me closer to this wonderful institution. I am humbled and honored to serve as its Board Chairman.

There are so many stories at Casa Colina just like mine. Simply put, Casa Colina helps rebuild lives. Since 1938, it has upheld a consistent reputation as a world-class leader in medical recovery and rehabilitation care by helping people regain their independence and achieve their highest levels of function after a catastrophic injury or debilitating illness. With our extensive continuum of care, Casa Colina has been the only non-profit, free-standing rehabilitation hospital in California, and it continues to expand its continuum of care to meet the growing needs of the community.

Casa Colina's success and impact are largely due to its extraordinary staff and leadership who deliver the highest quality of care to patients and families, as well as your continued support of their efforts. I thank each of you for your unwavering commitment to this organization. I would like to personally thank Casa Colina for making such a big difference in the lives of thousands of families, including my own.

*Steve Norin*

Steve Norin  
Chairman, Board of Directors

### Our Mission

Casa Colina will provide individuals the opportunity to maximize their medical recovery and rehabilitation potential efficiently in an environment that recognizes their uniqueness, dignity and self-esteem.

### Our Vision

Leading and continuously redefining a patient-centered approach for those requiring highly specialized, medically driven levels of care.

### Our Values

It is our commitment to enhance the dignity and quality of life of every person we serve.

## Board of Directors Casa Colina, Inc. and Affiliates

### LEADERS AND VISIONARIES

Our Board of Directors provides a special kind of leadership. Their responsible oversight coupled with their forward thinking has enabled Casa Colina to continue to grow in dynamic ways and set the stage to evolve into one of the country's top medical and rehabilitation facilities. They are comprised of physicians, community leaders and previous patients.

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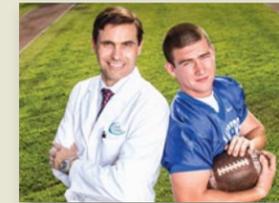
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# Message from the CEO

I have shared with you many historic and significant days at Casa Colina as President and CEO during the last 16 years. January 1, 2015 was another momentous day when Casa Colina changed its name to



Casa Colina Hospital and Centers for Healthcare. Our new name is indicative of Casa Colina's broad continuum of care as well as the many types of healthcare services that we now provide – ranging from medical imaging to autism programs for children to outdoor adventures to the latest robotic surgery. The new name helps to distinguish that change.

The day when the first patient is seen in our new medical/surgical facility in 2015 will be another true milestone.

From that moment on, an additional

1,400 people will have a new opportunity to address their specialized surgical and medical needs right here on our 20-acre campus.

The addition will also allow Casa Colina to care for patients at earlier stages of their acute illnesses or injuries, which will lead to better patient outcomes with the same standard set by Casa Colina for its rehabilitation services.

In support of the new Medical/Surgical Hospital, Casa Colina will also implement its first Electronic Health Record system, which will be a major technical and cultural achievement. The individualized care by top practitioners along with the implementation of new technology will be the guarantors of our continued ability to fulfill our mission of providing individuals the best opportunity to maximize their medical recovery and rehabilitation potential.

Rehabilitation will always be important to Casa Colina and it is why we started treating children with polio more than 75 years ago. It is one of my greatest joys to serve as steward for arguably one of the jewels of the Pacific Rim in treating patients who have sustained catastrophic injuries. Serving nearly 11,000 patients per year, Casa Colina continues to expand its national footprint in rehabilitation care. When patients are faced with a disabling disease or devastating injury, whether it be on the east coast, west coast or anywhere in the nation, Casa Colina remains one of the top choices, and, for many, it is the only choice for their rehabilitation needs. On behalf of our staff of nearly 800 committed individuals, I thank you for taking this journey with us as we continue to define the future and legacy of our esteemed organization and the way in which we serve both patients and communities alike for many years to come.

Felice L. Loverso, Ph.D.  
President and CEO, Casa Colina Inc.



## A Better Way of Operating

**T**his year marks a major milestone for Casa Colina as we prepare to open a state-of-the-art Medical/Surgical Hospital adjacent to the existing rehabilitation facility. Its completion is a testament to Casa Colina's President and Chief Executive Officer, Dr. Felice Loverso, and its Board of Directors, who had the vision to bring the highest quality medical and surgical care available on the West Coast to its Pomona campus, coupled with the already established rehabilitation centers.

It is the culmination of thousands of thoughtful details inspired by Casa Colina's physician specialists and surgeons, who have practiced at top hospitals throughout the country. They were given a mission to seek out the most advanced technology and surgical equipment available to help them perform at their best for their patients.

"Casa Colina is a physician-led facility, so naturally, we relied heavily on our doctors' opinions," stated Casa Colina's Medical Director and orthopedic surgeon, Christopher Chalian, M.D. "Their input was essential to create a truly innovative environment for advanced surgical procedures." They collaborated with Casa Colina's lead nurses, architects, builders, top medical equipment and technology companies, and UCLA's Department of Neurosurgery to design a facility that promotes safety, comfort and efficiency

throughout every phase of a patient's surgery and recovery – from pre-admission to discharge and, if needed, post-operative rehabilitation.

What is the consensus among everyone involved in the Medical/Surgical Hospital planning? The way to help patients and their loved ones feel better and heal faster is to make certain this facility feels better than any other of its kind, from the moment they enter its doors.

### Private rooms and personal care

Patients will be able to recuperate in the hospital's six-bed surgical intensive care unit on the first floor with vital-sign monitors and critical-care beds. The second floor offers 25 private patient rooms. Each room is fully appointed with its own bathroom, complete with toilet, sink, full bath and shower. Plus, there is ample space for family and loved ones to visit. It is also equipped with a ceiling-mounted patient lift system to allow staff to safely and gently transfer patients from the bed to a wheelchair or bathroom facilities, if assistance is needed.

Each room is designed with advanced telemetry to ensure that physicians, nurses and staff can closely monitor patients. A built-in computer system also allows these medical professionals to access and update their patients' electronic medical records at the bedside.

For added peace of mind while they are recuperating, patients will be able to see and communicate with the nursing

station at any time via a 42" television monitor. Casa Colina will be investing heavily in recruiting top nurses from around the country to ensure its patients receive the highest levels of care. The quality of its nursing staff is what will truly make this beautiful place stand out, just as much as its personal amenities and state-of-the-art equipment.

With Wi-Fi access in each room, patients will be welcome to use their personal smartphones, tablets or computers to stay in touch with their friends and loved ones. Every room will also have its own television featuring DirecTV® programming.

Just down the hall, patients and their families will enjoy a peaceful courtyard garden, beautiful landscaping and a soothing fountain with ample seating. The second-floor patio offers beautiful views of the mountains nearby. The setting, both inside and out, complements Casa Colina's Spanish architectural design. The waiting room in the main lobby features beautiful vaulted ceilings and comfortable seating.

From an operational standpoint, "waiting time" will be kept to an absolute minimum since the Medical/Surgical Hospital will not have the customary disruptions that can affect patient care in an emergency room setting. In fact, it will not offer traditional emergency services, so operating room schedules will not be affected by unplanned cases.

The new hospital will also offer Casa Colina's acute rehabilitation patients urgent medical services, if needed, in most cases eliminating the need to be transported to another facility for stabilization.



**Top-notch facilities for the area's most skilled surgeons**

The new Medical/Surgical Hospital will be the preferred surgical facility for physicians who specialize in a wide range of procedures from orthopedic and neurosurgery to gastroenterology, urology, and more. It will feature three state-of-the-art surgical suites for minimally invasive surgery with the most advanced equipment available from Karl Storz Endoscopy. This is an upgraded version of what is currently relied upon with great success by surgeons at the Ronald Reagan UCLA Medical Center. A fully integrated lab will also be available in the new unit.

As a result, surgeons will have access to advanced minimally invasive techniques using computerized surgical tools and robotic equipment that have proven to help shorten

hospital stays, reduce trauma and promote patient healing and satisfaction.

Advanced technology will help surgeons make more responsive and sound medical decisions. They will have instant, secure access to each patient's digital medical records, charts, diagnostic imaging, laboratory results, medications, and bedside monitoring equipment, which will be securely archived within Casa Colina's new Electronic Medical Record (EMR) system.



Surgeons will also have an unparalleled view of patients'

internal anatomy while they work with visual enhancement tools. Tiny cameras will shed light on dark areas of the body and reduce the brightness of others without changing the natural color of the image. They will be able to closely examine structures and surfaces with razor-sharp clarity.

Ceiling-mounted booms will hold surgical equipment, allowing staff to easily move and adjust devices during procedures, increasing accessibility and decreasing surgical time. The surgical suites are also designed with six wall-mounted screens and two portable screens ranging from 42" to 52" to allow the operating room team to display vital signs, radiological views, lab values, pertinent patient data, and images projected through endoscopic cameras.

The surgical suites are also equipped with ceiling-mounted and in-light cameras, allowing the surgeon to use

telemedicine to share the procedure with off-site surgeons in real-time. Our surgeons will be able to seek other expert advice from their colleagues practicing around the country during complex procedures, if needed.

The surgical suites will also offer the "Clean Suite" Airflow System, which will provide purified air during procedures and greatly reduce the spread of infection.

In addition to inpatient services, the Medical/Surgical Hospital will offer a blood bank, an expanded hospital laboratory with microbiology and pathology services, diagnostic imaging services, and a complete continuum of therapies.

When the new hospital opens its doors, it will result in Casa Colina caring for approximately 1,400 more people each year and creating nearly 150 new job opportunities for people in the community, of which more than 100 will be nurses.

# With his football career on the line, he was in very good hands



Left to right:  
James Lilley, M.D.,  
and Leland Orrin

“I like seeing how all the moving parts work together,” stated James Lilley, M.D., in a manner that hinted at his warmth, precision, and passion for treating hand injuries. If he hadn’t gone into medicine, he probably would have been very content working as a watchmaker. Fortunately, for the patients who seek his care after sudden accidents at home, the workplace, or participating in sports, he became a very talented hand surgeon instead.

For the past 15 years, Dr. Lilley, a board-certified orthopedic surgeon, has seen patients at Garey Orthopedic Medical Group. Yet his work often takes him directly across the street to Casa Colina where he consults with physiatrists and other specialists at Casa Colina to improve the hand and arm function of neurologic and orthopedic patients. He performs many of his intricate outpatient surgeries at the Casa Colina Outpatient Surgery Center. He refers his patients for X-rays, CT scans and MRIs to the Casa Colina Diagnostic Imaging Center. And to ensure his patients have an optimal recovery, he refers them for rehabilitation by certified hand therapists at the Casa Colina Outpatient Center.

Dr. Lilley explained, “When there is a fracture or tendon injury with the hand, the therapist’s knowledge of how to work with the injury and the healing process is a major part of a patient’s complete recovery.

“It’s critical to a good outcome to help patients find the middle road between taking it easy and letting them run with it. Otherwise, I may have to go back in and perform another surgery,” he added.

A fine example of this difficult balance came when he treated Leland Orrin, a talented young high-school linebacker from Covina who played for Lutheran High School in La Verne. Leland had his eyes set on playing in a big bowl game some day. The college scouts had their eyes on him, too. He was invited to three exclusive college camps his sophomore and junior year because he was among the top 15% of high-school players in the nation.

The fact that he even made it to those camps was a testament to Leland’s perseverance and the care he received by Dr. Lilley and Casa Colina. His medical file could rival any stuntman’s. His freshman year, he broke his arm during practice. His sophomore year, he was tackled and broke his leg. Then, in a fluke accident in July 2012, while working in the kitchen trying to pry two frozen hamburgers apart with a knife, he severed the flexor tendon in his left index finger.

Dr. Lilley could clearly see that Leland needed surgery. “If he had any weakness in his hand, there was concern that it would affect his ability to get a scholarship,” he stated. He had his surgery on August 1 and began rehabilitation with Casa Colina’s certified hand therapist, Aaron Miller, just four days later.

Leland was fitted with a custom splint that could be removed during therapy sessions. Aaron gently cleaned and massaged the scar the first two weeks. He performed range

of motion exercises to increase mobility. He worked on strengthening exercises and took measures to reduce pain. For added comfort at night, he created a pad to reduce the swelling, which Leland could insert before bedtime. He also gave Leland “Theraputty®” to practice resistance exercises at home. Aaron met with him twice a week for two months to bring his index finger back to full function.

More than anything, Leland wanted to play for his team and impress the college recruiters. A complete recovery from his hand injury was critical. He took his rehab as seriously as any workout. “I knew he would stretch my instructions. As an athlete, he was very motivated. He would overdo it and

I would have to encourage him to do less,” Aaron explained.

Leland liked his therapy so much that he even volunteered at Casa Colina in the afternoons after his sessions were over. He donated more than 100 hours of his time, helping Aaron and other therapists in the rehab gyms.

In his junior year, he transferred to Western Christian High School in

Upland to improve his chances of playing college ball. Then, in his last game of his senior year, he jammed his thumb going up for a ball. After everything he’d been through, he couldn’t let this injury stop his dreams of playing college ball.

On December 13, 2013, Dr. Lilley performed another surgery, this time to repair the ligament of Leland’s thumb so that he could grasp and grip again. A month later, he had healed enough to begin another series of hand therapy sessions with Aaron for seven weeks. By March, he was finally back to his old form. He accepted an athletic and scholastic scholarship to Trinity International University in Illinois. Now he asks his college football coach the same question he asked Dr. Lilley over and over again, “Can I play now?”



Dr. Lilley looks forward to performing more complex inpatient surgeries at Casa Colina’s new Medical/Surgical Hospital in 2015. He anticipates using its state-of-the-art endoscopic surgical tools and enhanced imaging, video and camera equipment during the procedures, which may include thumb, finger, elbow and shoulder joint replacements.



# She regained her ability to walk and her love of cooking



Left to right: Yara Roufail and Ramin AmirNovin, M.D.

In the wee hours of the night, surrounded by a half dozen members of his surgical team, Ramin AmirNovin, M.D., a board-certified, fellowship trained neurosurgeon, performed a complex emergency operation on Yara Roufail. She had a fast-growing tumor that would have left her a paraplegic in as little as 48 hours if not removed. Like a sculptor, he chiseled it away from her spine. It was a process he described as “a delicate dance” as he spent six hours dissecting the tumor while fighting to save her life.

**D**r. AmirNovin has treated patients at the Inland Neurosurgery Institute (INI) on Casa Colina’s campus for the past seven years. While he performs many scheduled operations at the Casa Colina Outpatient Surgery Center, he is frequently “on call” to see emergency patients at hospitals throughout the Inland Empire and L.A. County.

Yara was brought to San Antonio Community Hospital’s Emergency Room by her husband, Ashraf, on August 5, 2013, after her leg gave out from under her and she fell on a staircase. This wife and mother of two daughters is originally from Egypt and emigrated from Saudi Arabia in 2007. So when she arrived at the hospital, she not only struggled with the pain but the language barrier as well.

She was frightened. She didn’t understand everything spoken in English. And she didn’t understand why she was suffering the past three months from severe back pain. It was so bad that it had kept her from the activities she loved most – preparing her family’s favorite home-cooked meals and shopping with her girls. Her primary care physician had repeatedly told her that it was merely sciatica – a compressed nerve. He had prescribed muscle relaxants.

Dr. AmirNovin could see on the MRI he had ordered that a 2-inch tumor had replaced the bone in her back and was compressing her spinal cord. This cord compression was causing the right leg weakness and numbness in her left leg. What’s more, it created dangerous swelling that was reducing the blood flow to her spinal cord, putting her at grave risk for permanent paralysis if she didn’t have surgery right away.

“This is something that can go from bad to horrible very quickly. Once you are a paraplegic from this condition, it can’t be reversed,” Dr. AmirNovin explained. “That’s why the surgery is considered an emergency.”

Though her husband was understandably worried, he consented to the surgery two days later. Traditionally, she would have had a lengthier surgery that would have required opening her chest. However, in this case, Dr. AmirNovin used an innovative technique to sneak between two nerves with a device to reach from the back to the front of the spine, where he replaced the tumor and the vertebra it had destroyed with a cylindrical titanium spacer. This spacer filled the gap to



permanently hold her body weight and posture. He then continued to stabilize her spine with eight screws and two rods.

She was discharged and transferred to Casa Colina’s Rehabilitation Unit five days later on August 12, where she arrived by ambulance on a gurney with a cast from her shoulders to her waist. Since Yara is an Orthodox Christian, this date also marked the beginning of a two-week period of fasting without meat or dairy in honor of St. Mary. However, her physicians insisted she have protein to keep her strength up for her intensive therapy each day. So Casa Colina’s

chefs prepared seafood for each of her meals.

In the gym, her physical therapists helped her regain her strength and endurance while working on safe ambulation and mobility. Her occupational therapists focused on safely rebuilding her upper body strength as well as her ability to care for herself. Upon learning that she loved cooking, they conducted many therapy sessions in the Activities of Daily Living room, where they taught her how to prepare meals safely without stressing her back.

Just like the other 90% of Casa Colina’s spinal cord injury patients, Yara returned home instead of being discharged to a skilled nursing facility after only two weeks, which far exceeds national and regional averages for her diagnosis (compared to 72% national and 81% regional discharges home). She continued to receive outpatient therapy at Casa Colina for six weeks. Dr. AmirNovin removed her cast in January, confident that her back and spine were fully healed. She quickly felt right at home without it – especially in the kitchen.

**“We’re planning to show that we can be great surgeons in**



**a highly personalized setting,” said Dr. AmirNovin. “With Casa Colina’s new Medical/Surgical Hospital, we’ll be providing world-class, innovative surgical care without needing to send patients elsewhere.”**

# The toughest game of his life was off the field



Left to right:  
Ann Vasile, M.D.  
and William Truong

“The human spirit is amazing. Especially when you see people take on difficult things like recovering from a spinal cord injury and how they mature through it,” stated Ann Vasile, M.D., a board-certified physiatrist at Casa Colina who is also certified in Spinal Cord Injury Medicine. This is what she witnesses every day with her patients as they give it their all in therapy sessions. She added, “Some days are hard, but it is so uplifting to go back and review the stories of our patients and what they’ve achieved.”

William Truong is certainly one of them. This 6’2”, 260-pound young man was a star athlete at Esperanza High School in Anaheim. He made the All-League Offensive and Defensive Line in football and was named his team’s Most Valuable Player. He was the back-to-back winner of the Orange County Track & Field Championships and Century League Finals for shot put. He also placed third at the CIF State Track Meet.

During the last week of his senior year, Will wanted to try something that reflected how he felt about life in that moment – a backflip. After all, he had a lot to celebrate. His future was bright. He was about to don his cap and gown for his graduation. He was about to go to the prestigious West Point University on a football scholarship.

“Senior Week” was a time to play. On his way to a beach outing on June 9, 2014, he stopped by a gymnast friend’s home to try that back flip on her trampoline. “I didn’t tuck my knees enough and landed on my neck in a place where the trampoline didn’t have a lot of give,” Will said. “I heard a crunch sound, and I knew my dream at West Point was over. I messed up. It was a heartbreaking moment.”

Will was rushed to Western Medical Center in Santa Ana. He had seriously injured his fifth and sixth cervical bones, which caused bruising and bleeding into the spinal cord. The next day, he had his first surgery. On June 12, the day of his graduation, he had his second surgery. After spending time with Will at the hospital, his 16-year old sister, Amanda, walked down the aisle to receive his diploma. She was greeted by a stirring standing ovation from his classmates, teachers, and coaches. They let her know Will was in their thoughts as they cheered, whistled, and clapped for two straight minutes.

It was a moment she would never forget. She couldn’t wait to share it with her brother back at the hospital, where he had learned that he might never walk again. She wanted anything that would lift his spirits. She was also devastated to learn that it was difficult for her big brother to swallow, his arms were weak, and he could no longer control his bowel or bladder.

Those nine days at Western Medical Center were an introspective time for Will. What would become of him? “Before this accident, I thought if anything like this happened, I wouldn’t want to live,” he explained, “But now I know that’s not true. You have to be able to live with yourself no matter what – and be positive.”

When he arrived at Casa Colina’s Rehabilitation Unit on June 18, he came with his “game face on.” He was determined to regain his strength and mobility – and return to doing the things he loved.

Dr. Vasile’s upbeat bedside manner at Casa Colina certainly helped keep him in the right mindset. Like a good coach, she described exactly how he could tackle this challenge. “There are two different aspects involved in spinal cord recovery. One is neurological – it involves the nerves getting better. We don’t have any control of that other than reducing inflammation around the injury. It’s a wait-and-see game,” explained Dr. Vasile, “The other is functional, to compensate for disabilities. The earlier patients have that intervention, the better the chance for a recovery.”

During those first few days, it was difficult for Will to stand up without a physical therapist’s support. His physical and occupational therapists used Bioness™ equipment to help stimulate the nerve impulses and retrain his muscles to help him walk and move his arms.

While his therapists challenged him, he returned the favor. They often had to make up exercises for him to do on the spot because they didn’t expect him to improve so much from one day to the next.

His final therapy sessions “looked like something you’d see at a sports training camp,” Dr. Vasile confessed. The day before he left Casa Colina, he was ecstatic to regain control of his bladder and bowel. After 27 days, he made gains in Functional Independence Measures for motor skills that far exceeded the national average of 13.9 points (or a 50% increase). He improved by 55 points – a 300% gain since his admission.

He will continue to receive outpatient therapy at Casa Colina while he takes classes at a local community college. He wants to keep his mind sharp and pursue a career in physical therapy. His future is still very bright.

“I’m not sure if he should ever play contact sports again; that’s up to his surgeon,” Dr. Vasile stated. “But if there’s a way for him to go to West Point, I will drive him there.”

“Casa Colina is unique in that it has all of these resources



available for its rehabilitation patients that you just won’t find at other therapy facilities,” explained Dr. Vasile.

“We have everything patients need right here.” Her goal is to expand Casa Colina’s national reputation for

excellence while ensuring no one ever again feels the need to leave the state of California for rehabilitation care.



## Make Your Mark on Casa Colina with a Commemorative Brick

Are you looking for a unique way to recognize a loved one? Would you like to find a birthday, anniversary or graduation gift that will truly be remembered for years? Or would you like to help your business make a lasting impression in the community?

With the construction of Casa Colina's new Medical/Surgical Hospital, there is once again a limited opportunity to purchase commemorative bricks with personalized inscriptions.

These new bricks will not only pave the way for better health care, but they will also offer patients an uplifting display of community support when they visit the beautifully landscaped gardens during their recovery.

We are so grateful to everyone who already made a gift to Casa Colina by purchasing a brick. You have clearly shown you play integral role in helping us serve our patients. You have also

demonstrated your commitment to helping Casa Colina remain on course to meet the challenges of the future while nourishing the traditional values of personal attention, hard work and high expectations for our patients. These are the key characteristics that have distinguished Casa Colina as a Center of Excellence and trusted leader in rehabilitation and medicine.

Previously, more than 200 individuals and businesses purchased paving bricks and became forever linked to the history and growth of Casa Colina.

Now, you may also order a commemorative brick that will be a permanent and personal addition to the Casa Colina campus. They are available in two sizes: 4" x 8" for \$250 (space for up to three lines) or 12" x 12" for \$2,500 (space for up to 5 lines). These costs are 100% tax deductible, and all proceeds are used to support Casa Colina's free and uncompensated care fund.



For more information or to place an order, please see the return envelope on this page or visit [www.casacolina.org](http://www.casacolina.org) or contact the Foundation Office at 909/596-7733, ext. 2222.

## Her Last Wish Was a Gift to Comfort Other Patients

It can be so gratifying to hear patients reminisce about what specifically helped them through their rehabilitation. Quite often, it's the way they were treated by Casa Colina's staff – their physicians, nurses, and therapists. But on other occasions, they'll mention the little things that were very big things during a difficult time of recovery and rehabilitation – a wonderful meal on a tray, a walk in a beautiful garden, or the way the morning light crept in through their hospital room shutters.

One of our past patients particularly enjoyed spending each night, without fail, sitting by our outdoor fireplace where she could reflect on her family, friends and many loved ones. She found such sweet solace in that courtyard garden. She also felt a genuine connection to Casa Colina and those who cared for her here each day.

In her mind, this gem of a place was just about perfect. There was only one thing she wanted to change, and she was determined to do it. So one quiet evening, she approached Dr. Felice Loverso, CEO and President of Casa Colina and asked,

"May I give you some constructive criticism?" "Why certainly," he replied. Then, after much praise for this institution and its staff, she mentioned that she didn't believe the prefabricated fireplace fit with the rest of the campus' authentic charm.

He took her criticism seriously but never imagined what would happen next. She was discharged, and much later, he received a thoughtful note from her husband and two daughters, thanking Casa Colina for taking such good care of their wife and mother who had recently passed away from a serious illness. It was enclosed with a check and a special request to replace that fireplace in her name – Amy Gusman Miller.

Ever humbled, Dr. Loverso honored her wish.

"Now when I look out my office window each night and see the magnificent fireplace this family so graciously donated to Casa Colina and see so many other patients and families enjoying this very special place on campus, I think of this young woman," Dr. Loverso explained. "I think of her courage and spirit, which in many ways typifies all of the patients that we serve."



The Casa Colina family extends its warmest thoughts and condolences to the families and friends of these cherished supporters who passed away in the last year:

**Dorothy Decker ♦ Cecily Hageman ♦ Richard A. Quinn**

Their efforts on behalf of the patients of Casa Colina have helped make it possible for us to provide care to thousands of people. Their spirit, community involvement and compassion for the needs of others will be remembered as a tribute to their own lives and an example for us all.

### MARK YOUR CALENDAR

For a listing of Casa Colina's fundraising events, please visit [www.casacolina.org/Giving-Support/Events.aspx](http://www.casacolina.org/Giving-Support/Events.aspx)

# Helping to Improve the Lives of Patients, One Grant at a Time



This was a stellar year for grants at Casa Colina. Four grants were generously awarded in support of the new 31-Bed Medical/Surgical Hospital: the **Ralph M. Parsons Foundation** awarded Casa Colina \$500,000; **The Ahmanson Foundation** awarded \$400,000; **San Manuel Band of Mission Indians** awarded \$100,000; and the **Henry L. Guenther Foundation** donated \$50,000, bringing the total amount raised for the capital project to \$1,050,000.

A grant of \$100,000 was made by the **Thomas and Dorothy Leavey Foundation** to help bring Electronic Medical Records to Casa Colina. This grant will assist in the implementation of a comprehensive EMR system that will allow for a more seamless flow of information before, during, and after a patient's care. The EMR is scheduled to start the "Go Live" process in January 2015 with full deployment by March 2015.

The **Craig H. Neilsen Foundation** approved Casa Colina's grant request to create a system to assist individuals with spinal cord injury to be more successful after they have completed their acute rehabilitation. The grant was approved for \$124,939 and will have a one-year duration. It will enroll approximately 30 patients upon discharge over six months and follow each person for an additional six months. A social worker, known as the "Patient Navigator," will interact via phone, Skype or personal contact with each participant at least twice each month. These contacts will focus on problem identification and resolution, monitoring adherence to health practices, reintegration progress, assisting with local services in the community, and listening for red flags that might need referral and/or intervention.

A new grantor for Casa Colina, the **Los Angeles Lakers Youth Foundation** kindly donated \$3,000 to the Outdoor Adventures Land Meets Sea Sports Camp, an annual event held each August at the Long Beach Marine Stadium. **The Pittsburgh Foundation** also showed its support to campers by donating \$5,000 to Outdoor Adventures. Land Meets Sea exposes individuals with disabilities to physical and mental challenges in a natural outdoor environment away from the clinical setting, providing a unique opportunity for participants to enjoy a variety of stimulating adaptive water, land, recreation and competitive sports activities over a three-day period. The activities offered to participants are intentionally designed to bring individuals with disabilities an opportunity to take on a challenge that goes well beyond their perceived boundaries with support and guidance by experienced professionals.

Children's Services received two grants – the **Kenneth T. and Eileen L. Norris Foundation** for \$20,000 and the **Carl E. Wynn Foundation** for \$4,000 – to be used for general operating expenses. Insurance reimbursements for treatment sessions for children continue to decline, requiring a subsidy of approximately \$24.32 per patient – a total of about \$273,000 a year.

Casa Colina is exceedingly grateful to these funders that have awarded grants this past year. Within the last 35 years, it has received more than \$16,000,000 in grants that have been earmarked for a variety of services and groundbreaking programs. This support has allowed Casa Colina to continue expanding its continuum of care and provide the highest level of medical and rehabilitation services to each and every patient it serves.

## New Tool Reduces Falls at Hospitals Nationwide

Casa Colina has a 76-year history of developing rehabilitation protocols that not only benefit its own patients but also others across the country. This tradition began with innovative treatments to help children with polio in the 1930's. Today, Casa Colina researchers discovered a systematic way to reduce unintentional falls, which account for 70% of all hospital accidents.

The team began researching the risk of falls within a rehabilitation population a few years ago. They were frustrated with previous assessment tools used that determined that 100% of patients were at risk for falls but offered no insight with regards to which patients might be more vulnerable to accidental falls than others. These dedicated researchers believed that if falls could be more predictable, they could be preventable.

They were on a mission to develop a more accurate assessment tool to identify the risk factors for falls that could be used in any Inpatient Rehabilitation Facility (IRF) similar to Casa Colina Hospital. The result? Their new Casa Colina Fall Risk Assessment Scale (CCFRAS) identified 20-30% of its patients at a high risk for falls instead of nearly 100% that the old tools identified. The researchers' new tool predicted nearly 90% of patient falls.

Of course, they did much more than just predict these falls. These high-risk patients received a yellow armband and special symbol on their doors to remind all hospital workers to be extra vigilant while monitoring them. They were

checked hourly by nurses who made sure that the the patients' tables, call lights, and phones were all within reach. Bed and wheelchair alarms were used. As a result, the fall rate dropped nearly 40% compared to the previous year.

Now the CCFRAS tool is being evaluated for its effectiveness at several inpatient rehabilitation facilities nationwide, including Cottage Rehabilitation Hospital in California, Integris Jim Thorpe Rehabilitation in Oklahoma, Sunnyview Rehabilitation Hospital in New York, and Bayhealth Rehabilitation in Delaware. The tool continues to receive praise for its continually high specificity. It has helped reduce fall rates by an average of 25% in these facilities.

With falls during hospitalization producing an estimated \$28 billion in annual costs – a number expected to increase to \$54.9 billion by 2020 – the CCFRAS tool will not only benefit patients' medical health but our nation's fiscal health as well.



# Your Support Means More Than You Know

In our last issue of *Keystone*, we reported on the number of ways Casa Colina Foundation provided meaningful Community Benefits through highly subsidized medical and rehabilitation care, education, research, disease prevention and more. The unreimbursed cost of these efforts was \$3.9 million\* – made possible in part by donations from individuals like you. This year, we wanted to give you an opportunity to see some of the people behind those numbers. They are so grateful and we are so humbled by your gifts.

*\*The complete text of the Casa Colina Community Benefits Report for 2014 is available on Casa Colina's website at <http://www.casacolina.org/Community-Benefits-Report.aspx>*



**Edna Huerta** was rear-ended in a car accident on February 12, 2014 in Anaheim. She was diagnosed with T2 incomplete spinal cord injury with paraplegia. After the accident, she lost her job. With no income or insurance benefits, she could not support herself or pay her medical expenses. Yet, in her condition, Edna

desperately needed to receive care. She never felt so vulnerable.

A Casa Colina social worker diligently worked to supply Edna with vital medical equipment and medicine at no charge before her rehabilitation treatment even began. She later qualified for Casa Colina's free patient care program. Finally, she was able to affordably lease one of the Casa Colina homes made available for patients and/or their families. Now she is able to focus on her outpatient therapy and reclaim her independence.

*Edna is one of the 6,717 individuals who received free or subsidized care from Casa Colina for its wide range of services.*



On November 14, 2011, **Noah Blanton** was cruising down the 865 Highway in El Centro on his motorcycle when the driver of an 18-wheeler truck failed to yield. He was dragged several feet under the vehicle. Noah was airlifted to UC San Diego Medical Center where he spent six weeks recovering from a traumatic brain injury, a below-the-knee amputation, and the loss of a finger.

Noah came to Casa Colina's Transitional Living Center on February 2, 2012. In a month, he made great strides in his mobility. He continues to receive care at Casa Colina's Outpatient Center. Noah regularly attends the brain injury support group and finds the meetings to be very comforting and empowering on his long journey to recovery.

*Noah is one of the 200 individuals who relied on Casa Colina's ten Support Groups to help him recover and prepare for life's challenges after an injury or illness.*



On Memorial Day weekend of 2013, nine-year-old **Bradley Fox** was drying off after just getting out of his grandparents' pool when suddenly he collapsed in front of his mother and father. They rushed him to the nearest hospital after his mother, Nina, noticed that one side of his face began to droop. Bradley suffered a stroke that baffled his physicians since he had no major health issues.

After learning of Casa Colina's Children's Services and its Clinical Program specifically designed to help children with a range of genetic and acquired disorders, Nina decided this was the place for all of his rehabilitation needs. With a year of extensive therapy, Bradley's life has steadily returned to normal.

*Bradley is one of the 1,016 children – from infants to teens – who received subsidized care at Children's Services for their orthopedic injuries, learning disabilities, and congenital conditions.*



Ten years ago, **LaVerne Olin's** office chair suddenly slipped forward, quickly sending her to the floor and causing a severe back injury. A short time later, she required knee replacement surgery, too. "Pain was my middle name," she recalled. LaVerne found exercise to be very challenging. Her doctor

suggested she try aquatic therapy at Casa Colina.

Though she had not been very active prior to her injuries, she found aquatic exercise easy to adopt. After she finished her rehabilitation program at Casa Colina, she visited the pool every Monday, Wednesday and Friday for more than a decade for its Community Aquatic Exercise Program. During this time, she established great friendships with many of the women in her class. Her pool therapy has not only helped her heal physically, but with the bonds she has established with her new Casa Colina family, emotionally as well.

*LaVerne is one of the more than 120 individuals who logged 9,880 workouts last year in the Community Aquatic Exercise Program.*



**Steve Campbell** was always drawn to adventurous sports, such as dirt bike racing, surfing, and wake boarding. On August 14, 2010, this husband of four took a bad fall while riding his BMX bike. He landed on his head, which severely damaged his C5/6 vertebrae and left him

paralyzed from the chest down.

Steve was transported to Casa Colina for inpatient rehabilitation in mid-September. Seven weeks later, he was ready for Casa Colina's Transitional Living Center and its intensive residential rehabilitation program. This is where he learned about Casa Colina's Outdoor Adventures. During its Land Meets Sea Sports Camp in 2014, he waterskied and once again experienced that rush of adrenaline that he never thought he'd have again. It was an important step on the road back to reclaiming his life.

*Steve is one of the 160 individuals with disabilities who participated in 15 challenging Outdoor Adventures' excursions last year, all of which were subsidized by Casa Colina Foundation.*



When **Matt Genovese** suffered a spinal cord injury from an automobile accident in July 2014, his family flew out from New Jersey to be by his side while he received care at Casa Colina's Transitional Living Center.

His mother, a retired nurse, was determined to help Matt make a full recovery, even if it meant a two- or three-hour commute each day in traffic from Matt's home in Costa Mesa. But she discovered that the long, tiring drive wasn't necessary; the family was able to stay in one of the Casa Colina family homes near campus while Matt had four months of residential and outpatient treatment.

"Casa Colina was a godsend for us," stated his mother Debra. "To have this quality program for our son and stay nearby to support him during his treatment meant the world to all of us."

*Matt and his loved ones were among the 21 families who resided at little or no cost in six family homes adjacent to the campus and owned by Casa Colina.*



When nine-year-old **Emma Hartman** moved to California from Alabama in March 2014, she lost one of her hearing aids and soon

after lost the other while swimming. Her father, Kevin, didn't know what to do without her medical records. He was frantic. A speech therapist at Emma's elementary school recommended Casa Colina's Audiology Center for help.

He immediately scheduled an appointment for a free hearing screening that reconfirmed permanent hearing loss in both ears caused by a genetic condition. She was fitted with new hearing aids, and now Emma is able to communicate more easily. She is also doing much better in school. Kevin stated, "Casa Colina was very professional and supportive. They helped me understand everything that Emma needs. This is the only place for us."

*Emma is one of the 401 individuals – from infants to seniors – who received a free hearing screening from Casa Colina's Audiology Center to help her improve her ability to hear and communicate.*

# Donors Make Casa Colina Strong



Casa Colina Foundation is grateful to the individuals, families, foundations, and corporations who understand our mission and have chosen to support the needs of our patients and help give them the opportunity to receive rehabilitative care. Some donate time to help bring a more personal touch to the challenges of rehabilitation. In the last year, 417 volunteers contributed nearly 25,000 hours of service to Casa Colina's programs. Many others have made financial contributions. Through these cumulative gifts of \$100 or more received between April 2013 and March 2014, you have shown that Casa Colina has a dynamic support system to meet its commitment to excellence for our community's present and future medical and rehabilitation needs. Your generosity has helped us expand our services, pursue innovative treatments, continue signature programs and provide charity care. Thank you for your caring and support.

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Fareed Rahaman  
Miguel Ramirez  
Donald Redd  
Roger Redhead  
Robin Reese  
Elizabeth Reeves  
Elaine and Mark Regus  
Yairelis Restituyo  
Elizabeth Richard  
Patricia Rodriguez  
Rogers and Cornish Rogers  
Katie Rojek  
Dr. Emily Rosario and Nick Terry  
Michelle and Eddie Rosas  
Robert Rountree  
Gina Ruiz  
Graciela Ruiz  
Cynthia Rullo  
Christina Russi  
Dr. Gurbinder and Brijinder Sadana  
Marykay and Ken Saltgaver  
Albert Sandoval  
Kathy SanMartino  
Thanakor Sathienkijwanit  
Arlene and David Saucedo  
Rachel Saucedo  
Lillian and Cameron Saylor  
Carole and Joseph Scafidi  
Karen and Gale Scalzi  
Lyman Scheel  
Maria Schneider  
Rachel L. Schreiber  
Kimberly Schrepfer  
JoAnn and Thomas Schultz  
Melody and William Schwartz  
Linda and Michael Sears  
Steve Sebastian  
Yessenia Serrano  
Jennifer Shakarian  
Evelyn and Jack Sherman  
Mary Shiffermiller  
Tyson Shih, M.D.  
Betty and Billy Shirey  
Daniel Simpson  
Janie and Larry Sims  
Patricia Sloman  
Debbie and Chuck Sousamian  
Suzanne and Dennis Spahr  
William Spellman  
David St. Bonore  
Patricia and Joseph Steimel  
Martha Stoddard  
Michelle Stoddard  
Jeanne and John Stratford  
Susan Stroebel  
Michael Strub  
Stephanie and Kaoruhiko Suzuki  
Samuel Taggart  
Ruth Takamoto  
Karli Tanner  
Rose and Thomas Taquino  
June Teitsworth  
Randy Terich  
Kevin Terry  
Peter Thornton  
William Thorpe  
George Tierney  
Fiona Tindall  
Richard Tindall  
John Tivnan  
Kyle Tivnan

**SUSTAINING MEMBERS OF FRANCES ELEANOR SMITH CIRCLE OF GIVING**

Lena Abasta  
Michele L. Alaniz  
Kayode P. Alawode  
Ken Albee  
Teresa Andres  
Francine Aron

Frederick D. M. Aronow  
Mara Arredondo  
Judith M. Attaway  
Raha Azadianghomi  
Maria Banuelos  
Mary Lyn Barber  
Regna Barrett  
Stephanie Bradhurst  
Rodger Brasier  
Jessica Burchett  
Maria C. Candelario  
Greg Vetter  
Louise Chamberlin  
Deborah Cheben  
Barbara Clark  
Charles Dean  
Manuel Delgadillo  
Sunil P. Doshi  
Karen E. DuPont  
Patricia Eaton  
Sean Elmslie-Britt  
Laura Espinoza  
Lisa Ewan  
Adriane Garbayo  
Gumercinda Garcia  
Celina Gillette  
Patrick Githens  
Daniela Gonzales  
Swana Hafoka  
Veronica Hazen  
Rachel Hill  
Mireya Holguin  
Kristin M. Horn  
Melissa Howard  
Thuy Huynh  
Elizabeth Janairo  
Katheryn Jann  
Kathy S. Jenson  
Alba M. Jimenez  
Barbara Johannsen  
Kathryn Johnson  
Jessica Jones  
Dolores Jordan  
Stephanie Kaplan  
Alan Karlin  
Gisela Lakkees  
Melanie Lane  
Ross A. Lesins  
Rosalinda R. Leyva  
Sandra Lopez  
Carolina Loya  
Lisa Ly  
Jodi L. Martin  
Sheila Mendon  
Lydea Millet  
Rebecca Moore  
Daniela Morais  
Daniel Moreno  
Elia Muneton  
Patrick Munoz  
Thanh Toby Nguyen  
Winston M. Offill  
Eileen Ormston  
Lisa Oropeza-Villar  
Rodney Peek  
Lourdes Peralta  
Lourdes Perez  
Evelyn Perrine  
Jennyfer Poduska  
Joseph T. Ponce  
Curtis Powell  
Leticia Preciado

**MEMORIALS**

Shirley Abler  
Stephan O. Sage  
Henry Brand and Kathryn Thomas  
Kenneth H. Thomas  
Won-Man Chang  
Cammay Chow  
John Kwok  
Elsa Tsukahara  
Yoong Wong Yang  
John K. Yeung  
Cecelia Feghali  
Leesa A. Novack  
Paula M. Zeidman  
Amy Gusman Miller  
Robert C. Gusman Trustee  
Maurice Johnson  
Paul R. Gardner  
Jensen Family Trust  
Richard Leman  
Nancy Muller  
Annette Liles  
Edla Becker  
Eleanor A. Chaney  
Virginia H. Fossum  
Frances Gilfry  
William R. Granewich

Elizabeth Grindle  
John S. Malcom  
Elementary School  
Joy Matsumoto  
Mt. San Antonio Gardens  
Marian Nichols  
Dottie Rountree  
James E. Zavadil  
William Norin  
Jack Doyle  
David W. Mitchell  
Donald Shafer  
Connie Scudder  
Frederick D. M. Aronow  
Tributes/Honors  
Don Driftmier  
Frederik N. Latuperissa  
Roberta Sloan  
Melvin Hornbaker  
Vona Ventura  
Melvin Hornbaker  
Dianne Whiting and Patty Roney  
Cheryl A. Clark  
GIFTS-IN-KIND  
Individuals  
Lori Arias  
Bob Baiz  
Tim Berryman  
Rita Bonson  
Martha Borunda-Newman  
Ron Buckles  
Ruth Basler Burr  
John Dawson  
Don Gale  
Minoru "Ike" Ikeda  
Karen Jones  
Penelope Krebs  
Christel Lane  
Martin Leavitt  
Elaine Matthews  
Peggy Nelson  
Mary Ortega  
John Dawson  
Elizabeth Shafer  
Lynn Tanner  
Ana Vargas  
K. Yonesato  
Organizations  
AIM Group (Tutti Mangia/ Eddie's New York Pizzeria)  
Allure  
Babouch Moroccan Restaurant  
Bighorn Golf Club  
Body Rituals  
Buca Di Beppo  
Buckboard BBQ & Catering  
Burr Studio  
Candlelight Pavilion  
Carrow's  
Classic Club  
Dave & Buster's  
Debbie Corr Designs  
Double Eagle Resort & Spa  
Dr. Phil Show  
Dr. Grubb's  
Golf N' Stuff  
Gourmet Gourmet Catering

**MEMORIALS**

Graber Olive House  
Halper Fine Art Photography  
Hearst Castle  
High Sierra Jeep Adventures  
Houdini, Inc./Wine Country  
Gift Baskets  
The Huntington Library  
Ice House Comedy Club  
Indian Wells Golf Resort  
Jasmine Boutique  
Laser Island  
Last Drop Cafe  
Lewis Family Playhouse  
Lucille's Smokehouse Bar-B-Que  
Mad Hatters of Glenkirk Church  
Massage Envy Spa  
Morongo Golf Course  
at Tukwet Canyon  
PGA West  
Roclord Studio  
The Rustic Loaf  
Sergio Lub  
Silver Rock Resort  
Some Crust Bakery  
Sweet Factory 226A  
Tabecca Bay  
Tahquitz Creek  
Terra Lago  
The Westin Mission Hills  
Resort and Spa  
Westin Desert Willow Resort

*We strive to keep accurate records. If there is an error or omission, please contact the Foundation office at 909/596-7733, ext. 2222.*

**Casa Colina Golf Invitational Supporting Padua Village**

April 28, 2014  
Sponsors  
Hidden Villa Ranch  
The Robert and Beverly Lewis Family Foundation  
Dottie Rountree  
Dr. Wing and Ellen Tam

**Land Meets Sea Sports Camp**

August 6-8, 2014  
Sponsors  
Baker Foundation  
Coloplast  
Rudolph & Daphne Munzer Foundation

**Padua Village Art Auction**

October 5, 2014  
Sponsors  
John Bunkers, DDS  
William and Jill Dwyre  
Brad Kofford  
Dottie Rountree  
Stephen Wierzbinski, M.D.

**An Evening in Casablanca**

October 10, 2014  
Sponsors  
Advanced Electrical Technologies, Inc.  
Barney & Barney  
Karl Storz Endoscopy  
Dr. Felice and Mrs. Denise Loverso  
The Pat and Mark Warren Family Foundation  
SEI Investments  
Showcase Concrete Corp.  
Tovey Shultz Construction, Inc.  
Vanguard Tool & Manufacturing Co., Inc.

**35th Annual Casa Colina Golf Classic Bill Haaker Memorial**

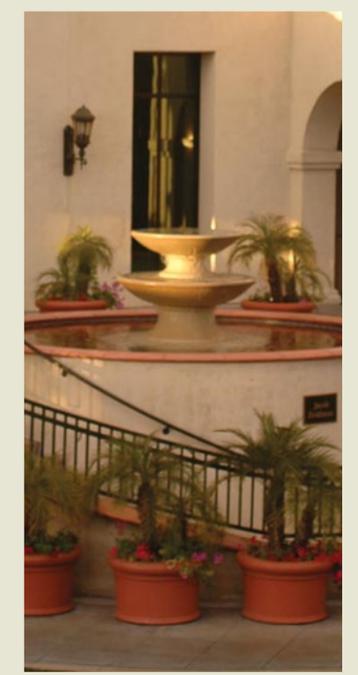
October 20, 2014  
Sponsors  
American Business Bank  
Haaker Equipment Company  
PerTronix  
SEI Investments  
Tovey Shultz Construction, Inc.

**Harvest Festival for Casa's Kids**

October 23, 2014  
Sponsor  
IBEW Local #47

A special thanks to the following community partners who held fundraising events in support of Casa Colina's programs and services:

IBEW Local #47  
Pappas Artisanal  
Comedy for Causes  
Uplanders Women's Club  
Sport Clips, LaVerne



### Medical/Surgical Hospital – Opening 2015

- Construction is underway to open our new 31-bed Medical/Surgical Hospital adjacent to the existing Inpatient Rehabilitation Unit.
- A new, carefully selected team has been added to our leadership staff, and they are working to prepare for the opening by establishing protocols, developing policies and procedures, selecting equipment, and **recruiting and hiring nearly 150 additional hospital employees**, including more than 100 nurses.
- **State-of-the-art operating room integration systems** for performing minimally invasive surgical procedures will be featured in each of the three state-of-the-art surgical suites.



Casa Colina's Medical/Surgical Hospital will offer a 31-bed Joint Commission-accredited facility designed to serve individuals in need of acute medical and/or surgical care. The new facility is scheduled to open in 2015. See pages 2-5 for a detailed update.

### Inpatient Rehabilitation Unit

- Casa Colina will be the first facility in California to install the **Bioness Vector Gait and Safety System** for use in a hospital setting. This state-of-the-art technology is already being used by our Transitional Living Center (see next page for details).
- An **electronic scheduling system** was implemented to ensure improved communication of therapy schedules between patients, their families and our staff. Large 50-inch monitors in the nursing stations, hallways and therapy gym display daily patient schedules for added convenience.
- **Personal televisions complete with DirecTV®** were upgraded in all patient rooms.
- **More board-certified physiatrists** have been added to our rehabilitation team to meet Casa Colina's stringent standards and protocols for care.
- A **patient satisfaction survey** of the inpatient rehabilitation care at Casa Colina revealed that 99.12% of our patients said they would recommend our services to others. (Based on a 12-month survey of 773 hospital patients between 4/8/13 and 5/8/14. eRehabData)



Casa Colina's Rehabilitation Unit is a 68-bed Joint Commission-accredited facility that serves individuals who can benefit from an intensive program of three hours or more of therapy daily, five days or more per week.

### Outpatient Center & Physician Clinics

- A **Cardiology Clinic** led by a board-certified cardiologist now provides preventative and diagnostic care as well as the treatment patients need for the heart, circulation, and pulmonary systems.
- A **Spasticity Clinic** led by a board-certified physical medicine and rehabilitation physician now provides care for patients who suffer from involuntary movements, overactive reflexes or permanent contractures. The latest medical treatment and rehabilitative options are offered.
- The Technology Center recently acquired three innovative, new devices. The **Driving Simulator** is used by an occupational therapist with certified driving rehabilitation credentials to help identify and treat cognitive and visual impairments in patients who have had a traumatic brain injury, stroke, or decline in cognitive and/or visual function due to age. A **Reaction Timer and Steering Device** was also added for the Adaptive Driver Program. The **Humphrey's Visual Field Analyzer** identifies exact visual field deficits in patients with stroke, traumatic brain injuries, glaucoma, macular degeneration, diabetes, and other neurological deficits.
- The **Neurocom® Smart BalanceMaster System** was upgraded and features new technology that includes the SMART EquiTest® and inVision™ Systems. This helps to assess and assist patients with balance problems resulting from neurological impairments, low vision, orthopedic and vestibular problems, and more.
- The Gait & Balance Program added a **Rifton Tram**, which is a patient lift system that makes it easier for patients of varying abilities to undergo gait training, sit-to-stand transfers, and seated transfers safely.
- The Low Vision Program added a **DaVinci HD All-in-One Magnification Device** that not only enlarges text but also reads printed text aloud.
- The Audiology Center added **Videonystagmography (VNG) equipment** to help determine the cause of dizziness and balance problems.



The Outpatient Center serves individuals who have the potential to overcome or better manage physical injuries or illnesses by receiving specialized medical care and/or rehabilitation services. Located in the Dr. S. Jerome and Judith D. Tamkin Building.

### Children's Services Center

- A new **Kids Crew Group** was added to help pre-teens ages 9 to 11 focus on their communication and social skills.
- In collaboration with the City of La Verne, Parent's Place, and San Gabriel Pomona Regional Center, special needs children have benefitted from programs designed to **improve social skills and sensory development**.
- A **Feeding Program and Fitness/Weight Management Program** have been developed to educate our youngsters about better nutrition and self-care.
- The **"Trends in Autism" Conference** transformed from a one-day annual event to a series of four seminars throughout each year.



Children's Services provides outpatient rehabilitation care to infants and children with a wide range of physical and developmental disabilities. It is highly regarded for its comprehensive program for children with autism. Located in the A. Gary Anderson Family Building.

### Diagnostic Imaging Center

- A **64-slice Siemens CT Scanner** with new 3D software was added for faster testing and results. It may also be used for cardiac imaging as well as colon and lung cancer screenings.
- A **Siemens 3 Tesla MRI** with 32 channels and dedicated multi-channel coils for each of the major joints was installed. The higher field strength provides greater signal and resolution with particular improvement to imaging of the musculoskeletal system and brain. It may also be used for high-quality breast and heart imaging.
- **Two iU22 Philips Ultrasound Machines** were added, producing higher quality imaging and allowing the ability to use ultrasound elastography for tissue characterization.
- **Mobile PET/CT** for oncology imaging is now available one day per week or more as needed.
- **Full digital radiography** was installed to improve image quality, reduce patient exposure by over 35%, and process X-ray images faster.
- **Full-field digital mammography** with CAD evaluation, digital radiography, DEXA bone density evaluation, fluoroscopy, and interventional radiology is also offered.



The Casa Colina Diagnostic Imaging Center is a full-service facility that provides the community with timely, high-quality diagnostic imaging services. Located in the Kittell Building.



### Transitional Living Center

- Clients who participated in Casa Colina's two-year **Navigation Study for Traumatic Brain Injury (TBI)** experienced wonderful results. Re-hospitalization rates fell to 0% for participants while the national average for readmission after a TBI remains at 60%. Nearly 90% of TLC clients are living at home up to 3 years following discharge.
- The **Bioness Vector Gait and Safety System** has been installed, which consists of a harness, robotic trolley, wireless software and ceiling-mounted rail. It allows therapists to safely train patients in gait, balance, and a variety of functional activities following neurologic and orthopedic injuries or degenerative conditions.
- The **Neurocom® Smart BalanceMaster System** was added to assess and assist patients with balance problems.
- Site improvements include a **remodeled kitchen and ADL room** in the main residence.
- All clinical staff members received their **Certified Brain Injury Specialist (CBIS) credential**, which is offered by the American Academy of Brain Injury Specialists.
- A **Driving Study** was initiated among clients to better assess the requirements for returning to driving after a brain injury. A **Fall Risk Assessment Study** is also underway.

The Transitional Living Center helps individuals with traumatic brain injuries, spinal cord injuries or other neurological traumas further their rehabilitation goals in a 38-bed, short-term residential setting. Six hours of individual and/or group therapy are provided six days per week. As part of its goal to effectively promote patients' successful re-entry into family and community life, day treatment and home programs are also offered. Located in the Walter and Francine Laband Building.

### Casa Colina at Apple Valley and Casa Colina at Rancho Piño Verde

- The Apple Valley program added **Neuropsychology Clinics** twice per month while both facilities continue regular medical clinics performed by a board-certified medical doctor.
- Both programs maintained their **Home and Community Based Services (HCBS) Waiver Program** status and achieved excellent survey results by regulatory agencies.
- Staffing at both facilities increased to accommodate the **nearly 100% client capacity** this past year. New employees included nurses, clinical nurse case managers, emergency medical technicians, certified administrators, and residential aides.

- Community integration remains a priority** with clients participating in continuing and adult education courses, community volunteer opportunities, restaurant dining, shopping, recreational opportunities, and more.



Casa Colina at Apple Valley and Casa Colina at Rancho Piño Verde provide 76 long-term residential beds for adults with brain injuries. Both programs focus upon a behavioral model that promotes adaptive, pro-social development allowing individuals to function at their maximum levels of independence within the structured environment of the programs.

### Adult Day Health Care Center



- “**Dogs Days**” have been introduced twice per month to give participants an opportunity to interact with therapy dogs that are well-trained and supervised by their owners.

- The **Foster Grandparent/Senior Companion program** was recently introduced. These special volunteers work with individual program participants on a variety of activities throughout the day, including puzzles, crafts, exercises and cognitive activities.
- Participants continue to receive **transportation services** from a variety of providers, including Access Services (Los Angeles County only) and Get About (Pomona, San Dimas, La Verne, Claremont).

The Adult Day Health Care Center provides a nurturing, stimulating and supportive environment for adults with cognitive or physical impairments who cannot be left at home during the day when family members are not present. It is an alternative to institutional placement for adults with these special needs. Located in the Iris and George Belding Building.

### Azusa Center

- A **broad range of rehabilitation services** continue to be offered for patients with orthopedic or neurological deficits, including certified hand therapy, physical and occupational therapy, and speech language pathology.
- An orthopedic doctor evaluates injured athletes at our **Free Sports Medicine Clinic** each Monday from 4 to 6 p.m. (except holidays and some holiday weekends).
- Certified athletic trainers now provide **sports injury coverage** at Nogales High School. Other high schools served include Pomona, Garey, Ganesha, Diamond Ranch and Gladstone.
- A **Golf Fitness Clinic** will begin in 2015 that will include basic swing assessment, functional movement testing, and corrective exercises to improve one’s golf game and help to prevent golf-related injuries.



The Azusa Center brings Casa Colina’s medically-directed outpatient rehabilitation services to residents of the Foothill communities.

### Outdoor Adventures

- The Outdoor Adventures program continues to **empower people with disabilities** through exciting and challenging activities, including two to four trips each month. Up to 90% of its participants are past and current Casa Colina patients.
- The 2014 **Land Meets Sea Sports Camp** had an excellent turnout with 85 registered participants and 56 registered volunteers. The event also garnered media coverage from CBS 2/KCAL 9 Evening News, the *Inland Valley Daily Bulletin* and *Grunion Gazette*. An increase in sponsorships and support from local businesses and the community was humbly reported.



Outdoor Adventures serves adults and children with a broad range of cognitive and physical disabilities who want to discover their abilities in a challenging outdoor recreational environment.

### Padua Village Homes

- A **new van** was purchased to better meet the transportation needs of residents who attend a wide variety of social activities throughout the year, including the L.A. County Fair, Universal Studios, and more.
- A **generous donation of \$10,000** was graciously given by the Community Justice Foundation.



The three Padua Village Homes provide daily supervision to adults with developmental disabilities as well as opportunities for vocational, recreational, social, and health-promotion activities.

# Casa Colina’s Operational Performance

## Net Revenue from Operations

(Excluding Foundation)



## Operating Entities\* Financial Performance (Unaudited)

Revenues	2014	2013
Gross patient and other services	\$91,180,000	\$87,717,000
Other operating revenue	2,557,000	2,619,000
Transfers from Foundation for uncompensated care and community benefits	1,420,000	1,670,000
<b>Total Revenues</b>	<b>95,157,000</b>	<b>92,006,000</b>
<b>Deductions</b>		
Contractuals	28,537,000	28,865,000
Bad debts	953,000	190,000
<b>Total Deductions</b>	<b>29,490,000</b>	<b>29,055,000</b>
<b>Revenue Less Deductions</b>	<b>65,667,000</b>	<b>62,951,000</b>
<b>Operating Expenses</b>		
Salaries and benefits	38,825,000	36,834,000
Other expenses	11,805,000	11,294,000
<b>Total Operating Expenses</b>	<b>50,630,000</b>	<b>48,128,000</b>
<b>Net Income from Operations Prior to Depreciation, Interest and Amortization</b>	<b>\$15,037,000</b>	<b>\$14,823,000</b>

\*Excludes Foundation

## Balance Sheets

(Unaudited/Consolidated)  
March 31, 2014 and 2013

Assets	2014	2013
Current assets	\$16,599,000	\$32,447,000
Investments	84,419,000	72,648,000
Assets limited as to use	17,841,000	19,362,000
Property and equipment, net	69,892,000	62,540,000
Other assets	2,600,000	2,432,000
<b>Total Assets</b>	<b>\$191,351,000</b>	<b>\$189,429,000</b>
<b>Liabilities and Net Assets</b>		
Current liabilities	\$12,848,000	\$10,890,000
Long-term debt and other liabilities	33,752,000	46,499,000
Unrestricted and restricted net assets	144,751,000	132,040,000
<b>Total Liabilities and Net Assets</b>	<b>\$191,351,000</b>	<b>\$189,429,000</b>



255 East Bonita Avenue  
P.O. Box 6001  
Pomona, CA 91769-6001



## ◆ Contact Us ◆

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and Centers for Healthcare  
255 East Bonita Avenue, P.O. Box 6001  
Pomona, CA 91769-6001  
909/596-7733 or toll-free 800/926-5462  
TDD-TTY-Q 909/596-3646  
Email: [care@casacolina.org](mailto:care@casacolina.org)  
[www.casacolina.org](http://www.casacolina.org)

Adult Day Health Care – Ext. 4400  
Casa Colina Hospital – Ext. 3000  
Children's Services – Ext. 4200

Corporate Offices – Ext. 2300  
Diagnostic Imaging – Ext. 4541  
Finance/Patient Accounting – Ext. 5558  
Foundation – Ext. 2222  
Human Resources – Ext. 2150  
Laboratory – Ext. 3150  
Outdoor Adventures – Ext. 2200  
Outpatient Rehabilitation – Ext. 3500  
Padua Village – Ext. 4400  
Physician Clinics – Ext. 3800  
Transitional Living Center – Ext. 4100

Casa Colina Azusa Center  
910 East Alostia Avenue  
Azusa, CA 91702-2709  
626/334-8735

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Lucerne Valley, CA 92356  
760/248-6245

Casa Colina at Apple Valley  
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Apple Valley, CA 92307  
760/247-7711