Casa Colina started an orthopedic residency program in January of 2008. We are an APTA Credentialed Residency Program. 1-2 residents are enrolled annually. The program runs from March through February of the following year.

**Curriculum**

- 850 hours of clinical practice (17 hours per week)
- 150 hours of one to one mentoring (3 hours per week)
- 240 hours of didactic/lab instruction (Kaiser Orthopedic Residency Education)
- 260 hours of resident directed learning activities

The content of the didactic/lab and clinical practice in this residency encompass the following areas:

- Clinical Reasoning
- Lower Quadrant Physical Examination and Manual Treatment Procedures
- Lower Quadrant Biomechanical Examination and Treatment
- Clinical Research
- Interviewing and Communication Skills
- Upper Quadrant Physical Examination and Manual Treatment Procedures
- Upper Quadrant Biomechanical Examination and Treatment
- Scientific Basis of Orthopedic PT Clinical Practice

**Casa Colina Orthopedic Residency Faculty**

**Program Directors**

- Stephanie Kaplan, PT, DPT, ATP  
  skaplan@casacolina.org
- Phil Putignano, PT, DPT, OCS, CSCS  
  pputignano@casacolina.org

**Mentors**

- Andrea Haston PT, DPT, ATC, OCS  
  Tom Ponce, PT, OCS
- Barb Johannsen, PT, OCS, ATC  
  Patty Roney, PT, DPT, OCS

For more information, please contact one of the program directors listed above.