

Promoting Discharge Success with a Patient Navigation Program

What is the purpose of this free study?

- To improve patient outcomes following discharge, Casa Colina is offering participation in a clinical research project to investigate the role of “patient navigation.”
- Patient navigation is a model of care, where patients are assigned a “navigator” - a social worker or nurse to help you address barriers to care and support, coordination of care among providers, psychosocial support, facilitate communication among patient, family, and health care providers, adherence to treatment, provide education, linking families to community resources, assisting with financial issues such as insurance.
- Casa Colina Assessment of Rehospitalization Risk (CCARR) tool will be used to determine, during inpatient stay, those at high risk for negative health outcomes after discharge.
- To identify the medical needs of each patient as well as the barriers that may lead to a successful transition after discharge.

Who is eligible to participate?

Enrollment Process:

- 1) Meet the criteria with the use of the Casa Colina Assessment of Rehospitalization Risk (CCARR) tool.
- 2.) Referral during inpatient stay at Casa Colina Hospital.
- 3) If criteria is met, they then qualify for interview with social worker and/or nurse patient navigator.

The Benefits of Patient Navigation may include:

- Addressing barriers to care.
- Assist w/ access to community resources.
- Coordination of care among providers.
- Seamless transition from post-acute rehab services back to family and community.
- Psychosocial support.
- Help you navigate the healthcare and social services systems.



Research Institute

Each year, the Casa Colina Research Institute conducts studies to improve the clinical care of people with disabilities, and discover new findings about living with disabilities. These projects support the mission, vision, and values of Casa Colina. Current research studies include outcomes based research projects that aim to measure the impact of medical rehabilitation in patients with disabilities and clinical studies that aim to identify novel interventions for conditions and impairments treated at Casa Colina.

What does participation in the study involve?

- The team—a nurse, social worker, community health worker, and research associates will work directly with the patient and family developing service goals and monitoring progress for a duration of 6 months to a year depending on individual needs.
- Participation in this study is provided at no cost to the patient and family.

For questions, please call or email
Research Department
909/596-7733, ext. 2220
navigator@casacolina.org



Discover what is possible.
www.casacolina.org

