



Su Casa



July 2012



A Physician's Appreciation of Nurses and Therapists

Nurses and therapists see everything on the front line of a patient's care. In the first place, you have so much more exposure to the patient simply in terms of time. And when you add to that your knowledge about the process the patient is going through, your observations become dramatically more valuable. You sift through this information and tell us what we need to know about what's happening with that patient around the clock. As part of the treatment team you have great power not only over the patient, but also over the physicians and our ability to provide the best care. I can't tell you how appreciative we are, and how much your information means to decisions we make about patient care.

Our goal is always to do what is best for each patient. You are an integral part of making that happen every day with every patient, not only as you care for and treat that person directly, but also as you fill your role as a critically important informed communicator to the rest of us. This philosophy and this practice are what cause physicians to refer their patients to Casa Colina, because they know their patients will have the opportunity to achieve that maximum benefit. It is what our Mission is all about. ~Dr. Chalian



Congratulations to our employee safety Good Catch winners for First Quarter 2012!



Supervisor Donna Cyrus and winner Jonathan Gonzalez



Supervisor Dolly Jordan and winner Harlan Ray



Supervisor Frank Perine and winner Raquel Figueroa

Each winner was presented with a \$250 visa gift card in recognition of their safety suggestion!!!

It's easy to enter and win; submit a good catch to your local ASR or Human Resources. Remember, the goal of the Good Catch program is to prevent employee accidents by identifying hazards before and injury occurs.

Our next winners will be chosen in August, 2012, so keep your eyes open and prevent safety hazards. Next quarter could be YOU!

Olympic Focus

This June I was honored to have been selected to the sports medicine staff at the 2012 US Olympic Track and Field Trials. There was a team of 33 PT's, ATC's and M.D.'s who were selected from seven different states. Our responsibilities included emergency medical care, evaluation and treatment of injuries that occurred during the competition. I had the opportunity to work with many of the athletes, that made the team and will travel to London this summer (and some who didn't). It was a truly unique experience that definitely tested the athlete's ability to compete in conditions that they will see in London this August (cold and rainy). My goals are to continue to work with USA track and field with the hopes of being named to an Olympic track and field medical team. I want to say thank you to the administration at Casa Colina for their support during my time at the trials. ~ Sean Gateley, PT, DPT, MS, ATC, CSCS, PES



Our very own Sean Gateley working on Olympic athlete Katie Mackey

Upcoming Events to Benefit Our Children's Center:

Comedy Night
August 26th 6:30-8:30

Evening at Casablanca
October 26th 6:30-10:30



Congratulations!

Amy Shimer & Dan Hsien passed their Neuro Certification Specialty exams.

Mary Nicholson was appointed to CSHA as the SLPA representative for Southern California.



THE FRANCES ELEANOR SMITH CIRCLE OF GIVING

Did you know that Casa Colina has an employee giving program that contributes directly to providing free rehabilitation care to patients in need?

Did you also know that for as little as \$1.00 per paycheck you could help to change someone's life forever?

Frances Eleanor "Mother" Smith opened the doors of Casa Colina Crippled Children's Hospital in 1938 as a direct response to the polio epidemic that was leaving thousands of children with no hope for a productive future. Having significantly improved her own polio diagnosis scientific through a series of vigorous exercises that would now be referred to as "rehabilitation," she was dedicated to providing opportunities for modern, principles to be applied to the treatment of crippling diseases.

The first Casa Colina was a large house in the hills of Chino that was donated to Mother Smith's cause, and she directed its daily operations - without compensation - until her passing in 1952. Some of the first doctors to treat patients were volunteers, and Mother Smith was well known for her relentless fundraising in support of her beloved Casa Colina.

The Circle of Giving fund is what helps Casa Colina continue to uphold the benchmark for patient care set by Mother Smith nearly 75 years ago. Each year Casa grants nearly \$1M in free and subsidized care across our various programs and services. This helps patients to receive the right level of care in our continuum, and discover what is possible for their recovery through our dedicated and highly skilled staff of doctors, nurses and therapists.

There are currently 100 staff members who make bi-monthly donations via payroll deduction to the Circle of Giving - we thank you and appreciate your willingness to go above and beyond for this important cause. Let's keep the numbers growing! Help ensure that Casa can always offer free care when it is needed.

Become a Sustaining Member of the Circle of Giving today!

Contact Joanna Scott in the Foundation
at x2222 or jscott@casacolina.org for information.

Hello, Bugsy:

With summer in full swing, I'm really busy surfing and playing at the beach. Do you have any hot weather safety tips? *Sincerely, Miss Bikini*

Dear Miss Bikini, Excellent question. We all like to have fun in the sun and often share the time with family and friends. Here are some tips to keep your cool in hot weather.

- During the hottest hours of the day, stay inside. The hottest hours of the day are typically from mid morning to mid afternoon.
- Wear loose, lightweight, light-colored clothing and sunscreen.
- When sleeping, use lightweight, breathable covers.
- Drink plenty of water and other fluids. When temperatures climb above 90 degrees, it's important to drink at least a gallon of liquid per day, preferably water.
- Avoid drinking alcohol and beverages that are carbonated or contain caffeine when temperatures are high, as they can lead to dehydration.
- Take cool showers or baths to cool down
- Pace yourself

In addition, here are some new rules for sunscreen:

- Effect this summer, sunscreen manufacturers cannot make claims that their products are "waterproof," "sweatproof," or act as "sunblocks." They cannot claim that the sunscreen provides instant protection, or protection for more than two hours without reapplication.
- Water resistance claims on the product's label must now tell how much time a consumer can use the product with the declared SPF protection while swimming or sweating. The two times permitted on labels will be 40 minutes or 80 minutes.
- Don't forget to protect yourself from potentially harmful exposure. Be sure to use broad spectrum sunscreens with an SPF value of 15 or greater, and reapply as directed.
- For more information on the new FDA regulations, visit fda.gov.


Have a question for Bugsy? You may contact her via e-mail (infectioncontrol@casacolina.org or extension 3207)

July's Construction Update:

You will see more big changes in the Medical Office Building this month as the crews begin framing the towers. After the exterior framing of the building is completed, the exterior walls will have metal lath installed to prep them for plastering and the stucco color coat. Mechanical equipment will be set on the roof, conduit will be run to power the building lighting, and fire sprinklers/alarm systems will be installed in the towers and throughout the building. The interior of the bell tower will require additional work as a sound system will be installed to "ring" the bell that was installed in May.

Inside, the elevator will be installed in mid-July. Meanwhile, the crews will be making progress on the interior work associated with building the MOB's shell including drywall on the inside walls. Much more interior work will come after the tenants have signed leases and their floor plans have been approved by the City of Pomona. Keep watching us and stay safe!

New Employees



Acosta	Lovely	LVN, Inpatient Nursing
Armenta	Abraham	COTA, Inpatient Therapy
Bocalbos	Shannon	RN, Inpatient Nursing
Braucht	Melissa	PHYSICAL THERAPIST, Transitional Living Center
Buys	Leslie	RESIDENTIAL AIDE, Apple Valley
Carrico	Deborah	UNIT SECRETARY, Nursing
Colbert	Dakeemia	C.N.A., Inpatient Nursing
Daniel	Kyle	RESIDENTIAL AIDE, Lucerne Valley
Davis	Adriana	C.N.A., Inpatient Nursing
Dean Iii	Charles	PHYSICAL THERAPY AIDE, O/P Therapy
French	Mark	RESIDENTIAL AIDE, Lucerne Valley
Gunther	Mary	LVN, Inpatient Nursing
Haddad	Angeles	C.N.A., Inpatient Nursing
Hermogino	Julie	MRI TECHNICIAN, Imaging
Huayhua	Norma	UNIT SECRETARY, Nursing
Ingram	Lisa	C.N.A., Inpatient Nursing
Keen	Karen	ADMIN ASSISTANT, O/P Therapy
Kim	Elisabeth	RN, Inpatient Nursing
Kim	Meeran	RN, Inpatient Nursing
Larose	Jalani	C.N.A., Inpatient Nursing
Lenthall	Elisa	RN, Inpatient Nursing
Madrigal	Susan	CASE MANAGER, Inpatient
Merriam	William	RESIDENTIAL AIDE, Apple Valley
Monge	Diana	RESPIRATORY THERAPIST, Inpatient
Mor ony	David	CHIEF FINANCIAL OFFICER, Corp Administration
Oros	Yesenia	RADIOLOGY TECHNICIAN 2, Imaging
Panggabean	Jordan	RESIDENTIAL TECH, Transitional Living Center
Parker	Breanna	RESIDENTIAL AIDE, Apple Valley
Parker	Keandra	RESIDENTIAL AIDE, Apple Valley
Puckett	Falon	C.N.A., Inpatient Nursing
Ruiz	Angela	CLINICAL SUPERVISOR, Inpatient Nursing
Serrano	Yessenia	SCHEDULER/ADMITTING, Imaging
Spease	Maria	RESIDENTIAL TECH, Transitional Living Center
Vega	Michelle	C.N.A., Inpatient Nursing
Velarde	Gloria	RECEPTIONIST, Imaging
Vitola	Inese	RN, Inpatient Nursing
Welk	Stephanie	LVN, Apple Valley
Wong	Kenneth	RESIDENTIAL TECH, Transitional Living Center
Ybarra	Joel	RESIDENTIAL TECH, Transitional Living Center