

March 2015

# Su Casa

## Paving Tribute



Casa Colina breaks fundraising records at the 2015 Tribute to Courage event on Saturday February 28<sup>th</sup>.

Hosted by actress and comedian Bonnie Hunt with guest speaker Aron Ralston, author of the book *"Between a Rock and a Hard Place"* and the subject of the academy award nominated film, *"127 Hours"* was held to raise money for our Free Care Fund. Also during this amazing evening we paid tribute to four courageous patients who have conquered the odds and recovered from debilitating injuries with the help of our Casa Colina team of medical professionals



## You Knocked Their Socks Off

Dr. Loverso rewarded employees for another successful Joint Commission Accreditation survey with the hamburger truck from the Habit. Casa Colina Hospital, including Outpatient, Children's Services and Azusa has received another three years accreditation, along with glowing comments from the surveyors. TLC will be having its CARF (Commission on Accredited Rehabilitation Facilities) survey later this year. Both Padua Desert programs, Apple Valley and Lucerne Valley, just recently passed their licensing surveys with zero deficiencies. "I am both humbled by, and very proud of, the work of our clinicians and support staff. Thank you all", stated Dr. Loverso.



# It's Buggy!

Measles is a serious respiratory disease that is spread easily through coughing and sneezing. Measles is a very contagious virus that can spread even if the person with measles is no longer in the room. Measles can also be spread by an infected person even before a rash or any other symptoms appear. According to the Centers for Disease Control and Prevention, 38 percent of children younger than 5 years old who develop measles in the United States had to be treated in the hospital. Although the number of cases in the U.S. is usually low, the outbreak triggered in Disneyland has resulted in over 100 cases spread through several states and seems to still be increasing.

Measles is spread from person to person through the air by infectious droplets. Severe cases of measles can cause pneumonia, convulsions, brain damage, and death. One to three children out of 1,000 in the U.S. who get measles will die from the disease.

Symptoms of measles include: Fever—which can become very high, Runny nose, Cough, Feeling run down, achy (also known as malaise), Red, watery eyes (similar to pink eye), A flat rash that starts on the face and quickly spreads down the body, Tiny white spots with bluish-white centers found inside the mouth (Koplik's spots)

To prevent measles, get vaccinated. The vaccine available for measles is a shot that combines the vaccines for measles, mumps, and rubella (MMR). Two doses of the MMR vaccine is recommended for children, starting between 12 and 15 months. The second dose should be given before the child enters kindergarten (between 4 and 6 years of age). The vaccine protects children by preparing their immune system to fight the measles virus. Almost all children (95 out of 100) who get two doses of MMR vaccine will be protected from measles. If you are not sure about your immunity, talk to your doctor about booster vaccination and get a copy of your vaccine records.

Immunization protects future generations. Vaccines have reduced and, in some cases, eliminated many diseases that killed or severely disabled people just a few generations ago..

# Welcome



Angelica Acosta, C.N.A., Wound Care  
 Chelsea Barnes, Residential Caregiver, Melbourne Home  
 Rosa Casillas- Mondragon, Patient Care Technician, Rehab Nurs  
 Dolores Fernandez, ESD Technician, Housekeeping  
 Jelisa Hyman, Patient Care Technician, Rehab Nursing  
 Leslie Iheaso, Patient Care Technician, Rehab Nursing  
 Janique Johnson, Patient Care Technician, Rehab Nursing  
 Zachary McGill, PT, Clinical Coordinator-Industrial Program  
 Angie Nam, Residential Caregiver, Hillsdale Home  
 Christian Poutsma, Residential Aide, Apple Valley  
 Steven Woodson, Residential Aide, Lucerne Valley



## Did You "Like Us"?

This is a dynamic time in the history of Casa Colina. A great way to stay abreast of the many exciting events and announcements is through our Casa Colina Careers Facebook page!

<http://www.facebook.com/CasaColinaCareers>

In addition to great links and amusing comics, the visitors can read posts on Positive Force employee activities, Foundation events and updates on our patients. Next time you sign-in to Facebook remember to visit our page and "Like Us!"



(Lisa Ewan, Elliot Llarena and Teresa Lo)

### Safety Champions

A safety champion is someone that demonstrates great leadership and is always willing to go out of their way to help others. We are very proud to announce that Lisa Ewan and Elliot Llarena were recognized as "Safety Champions" by their Area Safety Representative (Teresa Lo) & Manager (Cathy Timple). Both of them will proudly display their red "Think Safety" shirt and will continue to be a role model to everyone else in the hospital and in their department. Congratulations and great job!



## Human Resources Week

March 16-22



The week of March 15-21, 2015 has been designated to recognize human resources professionals in hospitals and non-hospital organizations across the nation for the daily issues they face in workforce, compensation and benefits, employee relations health care reform, and wellness- just to name a few.

The Casa Colina HR Department is honored to be part of an organization with so many dedicated employees representing the beset in clinical expertise and devotion to patient care.

You make our job a distinct pleasure!

-Your HR Team

From Left to Right: Gonzalo Najera, Sally Guzman, Karen DuPont, Cassie Shafer and Jessica Burchett

