



Su Casa

November 2011



Now That's A Good Catch

Congratulations to our employee safety Good Catch winners for 3rd quarter 2011!

Each winner was presented with a balloon bouquet and a \$250 visa gift card in recognition of their safety suggestion!!! It's easy to enter and win; submit a good catch to your local ASR or Human Resources. Remember the goal of the Good Catch program is to prevent employee accidents by identifying hazards *before* an injury occurs. Our next winners will be chosen in December, 2011, so keep your eyes out and prevent safety hazards. Pictures of the winners along with their good catch summary are on display on the bulletin board located in the main hospital. Next quarter could be YOU! And don't forget the patient safety good catch program!



Virginia Rivera – Medical Records



Suzanne Goya – Senior OT in TLC



Raquel Sanchez – Patient Accounting

Super Stars in the High Desert

Rancho Pino Verde in Lucerne Valley achieved a significant milestone by achieving 365 (and counting) injury-free days. This is quite an achievement accomplished through teamwork and attention to detail. Employees were recently recognized by a surprise party and other incentives.



Additionally, The Apple Valley program continues to provide many community activities including a deep sea fishing trip out of Newport; LA County Fair; Pirates themed dinner theatre in Buena Park; as well as the standing trips to the movies, restaurants, Starbucks, etc. Both programs are at 100% capacity, providing 24/7 care to 28+ clients.

Safety Pays By Being Accident Free!

We are pleased to announce that Children's Services is the winner of the 3rd quarter, 2011 accident free prize. Because of this accomplishment, CSC was awarded with a Pizza Party. Congratulations Children's Services!!!



We would also like to congratulate the other departments that had zero injuries for the 3rd quarter.

Keep up the good work!

WELCOME

Elizabeth	Arboleda	Residential Caregiver, Woodbend Home
Robyn	Buckner	Physical Therapist, Out-Patient Therapy
Yoojin	Byun	Registered Nurse, Casa Colina Hospital
Gabriela	Cardenas	Residential Aide, Apple Valley
Joshua	Francel	Residential Aide, Apple Valley
Nicole	Henderson	SLPA, Children's Center
Sarah	Kavanagh	Registered Nurse, Casa Colina Hospital
Jenna	Mcnair	COTA, In-Patient Therapy

Holiday Fun in the Inland Empire – What to do!

1. Free Christmas Light Tour in Alta Loma

You can tour blocks of homes decorated with lights and a wide variety of Yard Holiday Ornaments in Alta Loma off of the corner of Carnelian and Thoroughbred Lane. If you are able to find street parking, you can stroll the sidewalks as you enjoy the lights. If not, you are free to do a 'drive-by' to enjoy the Christmas Scenery in the warmth of your car. Be prepared for a parade of cars lined up to see the lights.

2. Free Photograph with Santa Underwater

As part of the Spark of Love Toy Drive, Sport Chalet (12449 Foothill Blvd, Rancho Cucamonga) is offering a free photo opportunity with Santa underwater on December 15th from 10AM-5PM. Just bring an unwrapped toy to the store, your bathing suit and towel. Toys will be going to the less fortunate children of the community through a toy drive conducted by the Rancho Cucamonga Fire Department.

3. Free Candy Canes at the Ho-Ho Parade

The Rancho Cucamonga Police Department (909-477-2828) is escorting Santa Claus on December 21 throughout the City of Rancho Cucamonga starting at 5PM. If you happen to catch him on your street, say "hello." Santa will be giving away free candy canes.

4. Free Festival of Lights

From 5th St. to 10th St. in Riverside, a free festival of Christmas Lights will be displayed. Free holiday entertainment will also be available. You can participate in a carriage ride or by skating for a small fee.

5. Free Breakfasts at Daily Misa de Gallo at Sacred Heart Catholic Parish

Starting December 17th-22nd, parishioners of Sacred Heart Catholic Parish (12704 Foothill Blvd, Rancho Cucamonga) will be hosting a week long free breakfast for those attending the early morning masses or Misa de Gallo (a Filipino Custom to celebrate Christmas) at 5:30AM.

6. Free Dinner & Show at St Peter & St Paul Simbang Gabi Kick-off

St. Peter & St. Paul Catholic Church (9135 Banyan St, Alta Loma) is the first church in the San Bernardino Diocese to conduct the first Simbang Gabi of the 2007 season on December 16th at 5:30PM. After mass, free dinner will be served in the hall and a show of talent will be performed by local residents from nearby parishes. The show includes vocal soloists, the Sacred Heart Choral Group Isang Himig, the Filipino Cursillo of San Bernardino's 4th Day Band, and more.

7. Free Nightly "Snow" at Victoria Gardens with other holiday activities. From now until December 23, Victoria Gardens (12505 North Mainstreet, Rancho Cucamonga) has nightly snow falls in the center courtyard around the Christmas Tree. Take the kids and watch the amazement in their faces as the "snow" falls from the sky.

See the Anaheim Ducks Live!

Casa Colina has secured discounted tickets to the following games:

- Ducks vs. Ottawa Senators ~ Sat. 1/21/12 1:05 pm
- Ducks vs. Columbus Blue Jackets ~ Fri. 2/3/12 7:05 pm
- Ducks vs. Calgary Flames ~ Fri. 3/2/12 7:05 pm
- Ducks vs. LA Kings ~ Fri. 3/16/12 7:05 pm

Simply enter the link below and purchase your tickets!

<https://oss.ticketmaster.com/html/go.html?l=EN&t=ducks&o=1970202&g=506>

Promo Code: **Ducks**

Mark your calendar for Casa Colina's Signature gala, Tribute to Courage Saturday, February 25, 2012, Pacific Palms Hotel & Conference Center, Industry Hills, CA

Casa Colina's Tribute to Courage is a black-tie gala that celebrates the success of rehabilitation. With the help of film actress and television personality, Bonnie Hunt, we will be telling the amazing story of former patient Katherine Wolf, and the journey she and her family took on her road to recovery (see 2011 Keystone for more information on Katherine Wolf). The evening provides a way of educating people about the rehabilitation process and what it can mean to someone whose life "completely changes in an instant." The proceeds of this event help fund Casa Colina's ability to provide free or uncompensated care to patients in need, as well as to ensure ongoing excellence in rehabilitation services.

Don't forget to RSVP to the...

The Casa Colina Annual Employee Recognition and Holiday Party

Saturday, December 10, 2011

Holiday Pavilion at the Fairplex (building 8)

(601 West McKinley Avenue in Pomona)

6:00 pm - Hors d'oeuvres & social hour

7:00 pm – 11:00 pm - Dinner, prizes & entertainment

Full-time and part-time employees, per diem employees being recognized for their years of service, Casa Colina Medical Directors and members of the Board of Directors are invited to attend with one guest at no cost. Per diem individuals who are not being recognized for their years of service or working on a contract basis are invited to attend with one guest at a charge of \$90 per person. For more information or to RSVP please contact the Casa Colina Foundation at ext. 2223 or at events@casacolina.org.

Ask Bugsy



Dear Bugsy, Is it true if you get the flu, you can't get it again during the flu season? From: Already Had the Flu

Dear Already Had the Flu,

Many people assume that if they've had the flu recently, they can't get it again -- and thus don't need to get the vaccine. That's not the case because flu infection can happen from more than one strain of virus.

In any flu season, there's usually both Type A and Type B influenza in circulation. Both can cause the flu. It's quite possible that you could get infected with one type and then the other.

So if you've already had the flu, you should still get the vaccine. Otherwise, you could be sick and unhappy twice.

So, Duck the Flu. Get the flu shot.

Have a question for Bugsy? You may contact her via e-mail (infectioncontrol@casacolina.org) or at extension 3207.