



CENTERS FOR REHABILITATION



American Physical Therapy Association  
*The Science of Healing. The Art of Caring.™*

CREDENTIALLED RESIDENCY PROGRAM

## **CASA COLINA CENTERS FOR REHABILITATION ORTHOPAEDIC PHYSICAL THERAPY RESIDENCY PROGRAM CURRICULUM AND FACULTY**

Casa Colina started an orthopedic residency program in January of 2008. We are an APTA Credentialed Residency Program. 1-2 residents are enrolled annually. The program runs from January to December.

### **Curriculum**

- 850 hours of clinical practice (17 hours per week)
- 150 hours of one to one mentoring (3 hours per week)
- 240 hours of didactic/lab instruction (Kaiser Orthopedic Residency Education)
- 260 hours of resident directed learning activities

The content of the didactic/lab and clinical practice in this residency encompass the following areas:

- Clinical Reasoning
- Lower Quadrant Physical Examination and Manual Treatment Procedures
- Lower Quadrant Biomechanical Examination and Treatment
- Clinical Research
- Interviewing and Communication Skills
- Upper Quadrant Physical Examination and Manual Treatment Procedures
- Upper Quadrant Biomechanical Examination and Treatment
- Scientific Basis of Orthopedic PT Clinical Practice

### **Casa Colina Orthopedic Residency Faculty**

#### Program Directors

Stephanie Kaplan, PT, DPT, ATP	skaplan@casacolina.org
Phil Putignano, PT, DPT, OCS, CSCS	pputignano@casacolina.org

#### Mentors

Andrea Haston PT, DPT, ATC, OCS	Tom Ponce, PT, OCS
Barb Johannsen, PT, OCS, ATC	Patty Roney, PT, DPT, OCS

***For more information contact one of the program directors***