

Free Community Seminar

Concussion 101

Wednesday, October 4 from 6 to 7:30 p.m.

Casa Colina Hospital and Centers for Healthcare, Loverso Education Center, Building 1E
255 East Bonita Avenue (at Garey), Pomona, CA 91767

PRESENTED BY



Elliott Block, DO
Physical Medicine
& Rehabilitation,
Casa Colina
Concussion Program



Elizabeth Preston Cisneros, PhD
Clinical
Neuropsychologist,
Director, Neuropsychology
and Psychology



Valerie L. Quan, OD, FAAO
Chief of Neuro-Optometric
Rehabilitation, Associate
Professor, Western University
of Health Sciences

Topics of discussion will include:

- Types of concussions, including work- and sports-related, automobile accidents, and more
- Treatment options for concussions
- Symptoms of concussion, including cognitive, mood, and behavioral issues plus headaches, dizziness, and more
- Vision problems following a concussion
- Treatment and school/work accommodations for vision symptoms
- Returning to everyday activities such as school/work after a concussion
- Question and answer session

Refreshments will be served
and space is limited.

Three easy ways to register!

• Call 866/724-4132 • Online at
casacolina.org/communityevents

- Scan the
QR code



www.casacolina.org •

