

STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA CENTERS FOR REHABILITATION

# keystone

FALL/WINTER 2005-2006



## MILESTONE

*The new Casa Colina Hospital. A place to discover what is possible.*



CENTERS FOR REHABILITATION

# Dear Supporters of Casa Colina:

Since my letter to you in the last Keystone, the dream of the new Casa Colina Hospital has become a reality, with the Kittell Imaging Center and the Casa Colina Surgery Center next door. The campus is almost complete. There are patients in therapy gyms and in the beds. Physicians, nurses and therapists work with them and their families in a daily round of activities and consultations.

And we are nearly at full capacity of 100% occupancy every day. The building and its surroundings provide us with a beautiful, working rehabilitation campus.

As a former patient with a life-threatening illness, my personal antennae are finely tuned when I walk into any health care facility. As soon as I walk into this new hospital, I sense calm, order and a sense that a patient

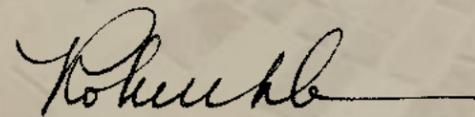
will be treated with respect and dignity. Perhaps it has to do with the fact that there is not a jumble of medical equipment carts in the hallways on the patient units. Perhaps it has to do with the spaciousness and layout of the patient rooms. Perhaps it has to do with the internal garden courtyards and the great courtyard facing the cafeteria with its murmuring fountain. Perhaps it has to do with the warmth of the wood and the colors of the walls and the floors.

So many elements contribute to the success of this building, yet I think that what we have witnessed in the move to the new hospital is not change, but enhancement – a very considerable enhancement, to be sure. The same

physicians, nurses and therapists who worked in the old hospital and made their miracles there, are the same people working in the new hospital. The progress and comfort of patients are incredibly enhanced by the new surroundings, but the work of physicians, nurses and therapists, with each patient, one by one, is always the bedrock of making that rehabilitation progress happen.

People have told me, “This doesn’t look like any hospital I’ve ever seen.” People have told me that it is unusual for a hospital to be so welcoming, so conscious of the needs of its patients and their family members. My response is why should we expect any less of any health care facility? These comments confirm the mandate that we on the Board of Directors gave to our Chief Executive Officer, Dr. Loverso, some five years ago. We said, “Create a Center of Excellence for rehabilitative care.” That has been done. Thank you, Dr. Loverso.

Casa Colina has raised the standard for health care in our community, and has made it very easy for me to encourage you to support Casa Colina and the patients it serves. I am proud to be associated with an organization that has such impact on the lives of so many people, while pushing forward the standard of health care for all of us. With my best wishes for your health and well-being,



Robert E. Duncan  
Chairman, Board of Directors, Casa Colina, Inc.

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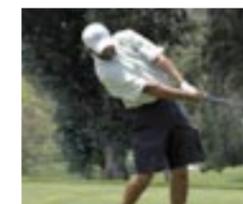
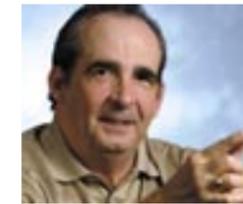
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## Medical and Rehabilitation Services of Casa Colina

*Hospital-based programs  
for the treatment of  
conditions that include*

- Amputation
- Arthritis
- Audiology/Hearing Disorders
- Autism Spectrum Related Disorders (ASRD)
- Balance Disorders
- Brain Injury
- Burns
- Congenital Deformity
- Developmental Delay
- Fibromyalgia
- Hand Injury
- Infectious Disease
- Movement Disorders
- Multiple Sclerosis
- Multiple Trauma
- Neurological Disease
- Orthopedic Injury
- Parkinson's Disease
- Pulmonary Disease
- Spasticity
- Spinal Cord Injury
- Stroke
- Urinary Dysfunction
- Work-related Injury
- Wounds

*Casa Colina Centers for  
Rehabilitation includes*

- Casa Colina  
Hospital/Inpatient Services
- Dr. S. Jerome & Judith D.  
Tamkin Outpatient Center
- Laband Transitional  
Living Center
- A. Gary Anderson Family  
Children's Services Center
- Helen A. Kellner Adult Day  
Health Care Center
- Outdoor Adventures
- Rancho Pino Verde
- Casa Colina at Apple Valley
- Padua Village

*Also located on the  
Casa Colina campus*

Kittell Imaging Center  
at Casa Colina

Casa Colina Surgery Center

# The Road Ahead

A message from the CEO



Casa Colina has come a very long way in the last five years. Our wonderful new hospital is, of course, the most visible product of those years. But most importantly, we are providing care to our patients at a new standard of excellence. The community response from physicians, payers, and from individuals who need rehabilitation is a clear indication that this is true. When we opened our new hospital on March 5, 2005, we essentially doubled our acute service beds. Within days the hospital was operating at capacity.

There are many factors that contribute to this “overnight” success. Our physicians, nurses, therapists and support staff are a team of outstanding individuals each contributing their talents and knowledge to the care of each patient, day by day,

year after year. They are also part of the constant refining process that goes by many names, such as Performance Improvement (PI) and Continual Quality Improvement (CQI). By whatever name, it is a key to bottom-up management decisions that are driven by the real needs of real patients and their families. It comes from focusing on taking care of each patient to the absolute best of our abilities, one at a time.

The health care environment presents challenges. Other hospitals in our region are experiencing difficult financial times. We have found that when we do the right thing by our patients and their families, the financial outcomes seem to take care

of themselves, with a bit of oversight and vigilance. We have had 27 consecutive quarters of positive nets in our operations. We have increased the number of



Photo courtesy of Inland Valley News

physicians on our staff by 118% in the last six years. We have added 12 physician-specialty clinics to our continuum of care in the last three years. We have built a state-of-the-art imaging and diagnostic center and an outpatient surgery center to better meet the needs of our physicians and their patients. We have rebuilt the entire Pomona campus. But, most of all, we have provided services to more than 7,000 children and adults each year.

Every day at Casa Colina, we need to prove ourselves worthy of physicians sending their patients to us. We need to earn the right to have people put themselves in our hands for their care at an incredibly difficult and vulnerable time in their lives. The vote of confidence is represented in our full hospital, our busy outpatient services, our thriving children's services, our full-to-capacity residential programs – and in our community's financial and volunteer support that helps all of this to happen. On behalf of all the patients we serve, I would

like to express my deep appreciation for that support.

There are big challenges in the road ahead. Changes in Medicare may have a serious impact on the ability of appropriate patients to have access to services at Casa Colina and other rehabilitation providers. Yet our community demands good care and we are committed to finding ways to provide that care. We have exciting plans for more buildings and expanded services. Yet our dedication will remain on treating each patient who allows us that privilege, to the best of our ability, one at a time.

With our warmest regards,

Felice L. Loverso, Ph.D.  
President & CEO of Casa Colina and President of  
the American Rehabilitation Providers Association



# New hospital providing patients with a whole new standard of care.

Casa Colina has a long-standing tradition of raising the quality of rehabilitative care in this country. On March 5, 2005, the bar was raised even higher with the opening of its \$26.6 million, 78,000 square-foot, 68-bed acute rehabilitation hospital. This new state-of-the-art facility has not only elevated the level of physician-directed care available at Casa Colina 24/7, it has opened new doors for breakthrough medical and surgical services.

The first day of admitting was a festive one. Patients were transferred from the previous facility with its 5-bed suites that were originally designed for children with polio in the 1950s, to their own private and semi-private rooms.

*"I couldn't have asked for a better place to stay," stated patient Joan Jordan, "It's like a spa vacation. Everyone here is so pleasant."*

Five years of intricate planning and construction were punctuated by one powerful moment of instant gratification – seeing the delighted faces of these patients on this momentous day. And that's just how GKK Architects, Casa Colina's Board of Directors, Casa Colina's President and CEO, physicians, nurses, therapists and staff, have always wanted it.

### Embarking on a new era in hospital design.

When Casa Colina's Board of Directors met in 2000 to authorize the building of this new hospital and a number of other essential renovations and new construction on the 20-acre campus, they focused entirely on the needs of patients and families. Their foremost goal was to

provide a secure setting that offers comfort, dignity and convenient access to a full continuum of rehabilitative services as well as highly specialized medical care.

With that in mind, the new hospital structure became one of the first and only rehabilitation facilities in the region that meets requirements of the Hospital Facilities Seismic Safety Act (SB 1953).

Its overall strength is also exhibited by an authentic mission-style design that blends early Spanish architecture



with Italian influences. Three towers are illuminated at night and adorn the entrance to the hospital and the adjoining Casa Colina Surgery Center and Kittell Imaging Center, offering a reassuring welcome. Its serene beauty is heightened by the landscaping surrounding the building, where walkways are lined by numerous palms, citrus trees, flowering Chinese flame trees, rose gardens, and a large 2-tier fountain. There are also six

different open courtyards and an outdoor eating piazza where patients can visit with their families.

And to help bring the outdoors in, every patient room has a garden view right outside each window and some have picturesque mountain views in the distance. Wooden plantation shutters give each room a home-like feeling.

In fact, virtually every single detail within this new hospital was designed to provide patients and their families with a comforting and environmentally pleasing atmosphere. This is evident with your first stroll down the south wing past the History of Excellence Wall that



The new Casa Colina Hospital features an expansive fountain courtyard, spacious lobby, indoor and outdoor dining areas, and a patient library with Internet access.

contains an inspiring photo gallery of our doctors and therapists working with their patients. The lighting is warm, the hallways are wide, and the ceilings are raised to add an air of openness, while tile starbursts embedded in the flooring at key intersections help visitors navigate to their destinations. A well-appointed cafeteria and gift shop also create a sense of hospitality without being the least bit “hospital-like.”



### Delivering a new level of comfort.

When patients are admitted to the new hospital, they often comment that it feels more like they “checked in.” Spinal cord injury patient Carmen Mexia stated, “This room is beautiful. The colors are very calming. We have our own bathroom. It’s more private and you feel like you’re in a resort.”

Each private and semi-private room features the comforts of home: a private television, personal cabinetry, and a desk with Internet access for laptop computers.

Yet these rooms also feature the most sophisticated medical equipment available. With the hospital’s advanced patient communication system, a nurse will appear right on screen to speak with a patient, so he or she will never feel isolated or alone when in need of assistance.

What’s more, each room is equipped with a hydraulic patient lift system that enables a nurse to easily lift and transport a patient weighing up to 500 pounds by simply pressing a button. Patient Diane Conn, who



was not able to walk on her own, remarked, “It’s so wonderful. Before, we had gone through so much just to get me from the chair to the bed and to the bathroom. It’s great on my back...just amazing.”

The rooms are also equipped with oxygen and well stocked with other medical supplies. And all patients wear a Wanderguard wristband for added security.

Of course, most patients are encouraged to get up and around as much as possible as part of their rehabilitation. Which is why there are lounge rooms down the hall where patients can spend time with their families and friends or watch TV with other patients and their visitors. And there’s also a patient library where they can learn more about their medical condition or borrow other reading materials so they can read between therapy sessions.

Adjoining the new hospital, patients have convenient access to the new Kittell Imaging Center and Casa Colina Surgery Center, operating under separate licensures.

The opening of the new hospital also brought a greater focus on acute rehabilitation. As a result, on March 12th, Casa Colina closed its Skilled Nursing Unit and hired more clinical staff in order to fully concentrate its resources on the needs of patients receiving three hours of intensive rehabilitation therapy, a minimum of five days per week. With a 5-to-1 patient/nurse ratio, each patient is assured more than 6-1/2 hours of licensed nursing each and every day.

### Striving for an infection-free environment.

Perhaps the most innovative feature of the entire hospital is the way it was designed to help eliminate the spread of infection. Casa Colina’s infectious disease specialists collaborated with the architects and builders to make every effort to maintain an infection-free environment.

This includes special isolation rooms with vacuum-sealed doors for those patients most prone to infection.



These rooms are capable of regulating the direction of airflow depending on the needs of the patient. For example, patients with Tuberculosis or Chicken Pox would require negative pressure in order

*“The nurses, in their own way, are just like angels. A volunteer brings us magazines. And the therapists challenge you. It touches you how people reach out to you,” remarked patient, Carmen Mexia.*

to prevent microorganisms from escaping to the rest of the hospital. Whereas patients undergoing a bone marrow transplant would require positive pressure to reduce the risk of exposure to outside germs. Casa Colina Hospital’s

Chief of Staff, Daniel Gluckstein, M.D., who is board-certified in Internal Medicine with a sub-specialty in Infectious Disease, has played a key role in developing the infection control standards of the new hospital. He stated, “We strove to create an environment and policies that met or exceeded current national standards in preventing infections while allowing patients full participation in their rehabilitation program.”

### Creating a new outlook on what is possible.

It’s difficult for anyone familiar with Casa Colina not to look at the new hospital with the same wide-eyed enthusiasm as a New York tourist. Its sweeping archways, perfectly manicured landscaping, and immaculate rooms are truly uplifting to behold.

Yet the improvements that come with the new hospital represent so much more than just superficial changes. These new facilities also



represent new treatments, better methodologies, and easier access to care. All leading to countless new ways Casa Colina Hospital’s over 200 physicians and nearly 400 employees will be able to make a tremendous difference in patients’ lives.

And the new hospital means the continuation of a legacy that began nearly

70 years ago – to provide the optimum rehabilitation and medical care for those in our community and beyond.

“It’s not our new facility that I’m most proud of, it’s our people.” stated Casa Colina’s President and CEO, Dr. Felice Loverso.

### The new hospital features:

- ◆ 68 acute rehabilitation beds in private and semi-private rooms
- ◆ Two hyperbaric chambers to promote and accelerate healing
- ◆ Onsite laboratory for convenient and timely results
- ◆ Onsite pharmacy for quick and convenient access to all prescriptions
- ◆ Two nursing stations with advanced communications equipment to patient rooms
- ◆ Two group activity rooms for recreational therapy
- ◆ Specialty gym designed specifically for patients with spinal cord injuries
- ◆ General rehabilitation gym for physical and occupational therapy
- ◆ Outdoor therapy garden to practice maneuvering on different surfaces such as gravel, sand, brick, and stones, and for negotiating curbs, ramps and stairs
- ◆ Activities-of-daily-living suite to practice routine activities such as cooking, grooming, and getting around at home
- ◆ Neuropsychology room
- ◆ Respiratory therapy room
- ◆ Speech/language pathology suites
- ◆ Patient education library/ computer room
- ◆ Indoor/outdoor dining area
- ◆ Access to an aquatic therapy gym, with warm and cool therapy pools
- ◆ Infrastructure of kitchen and support services designed to accommodate 31 additional beds

# New Kittell Imaging Center Delivers Results in a Flash.

It is often said that a picture is worth a thousand words. But when the picture can immediately detect a broken bone, tumor, foreign object or serious blockage, it's worth so much more. Which is why Casa Colina is pleased to welcome the Kittell Imaging Center, established jointly between Casa Colina Centers for Rehabilitation and two of the area's leading radiologists and supported with a gift from Warren and Barbara Kittell.

This new state-of-the-art diagnostic imaging facility, adjacent to Casa Colina Hospital, operates under a separate licensure and offers inpatients and outpatients



convenient access to the most advanced imaging equipment available. Equipped with the latest technology and overseen by board-certified radiologists



Dr. Akemi Chang and Dr. Gary Jensen, the Kittell Imaging Center delivers same-day results to its patients' physicians on all tests performed before 3:00 p.m.

The Kittell Imaging Center's staff realizes that it's often a stressful time for patients (and their loved ones) to undergo diagnostic tests and interventional procedures. Everyone takes special care to make certain that safe practices are implemented to ensure patient comfort, efficient procedures and accurate results.

This was also kept in mind with the design of the building, where patients are provided with private dressing rooms and private waiting areas for greater modesty and confidentiality.

The new center offers \$4.1 million in the latest digital imaging equipment, including a Siemens 1.5T Magnet MRI; Siemens SOMATOM Sensation 16-slice Scanner CT; Siemens/Acuson & Sequoia 512 Ultrasound System; Siemens Digital Multi-purpose AXIOM C-arm

System for special procedures; Norland Total Body Scanner for bone density tests; Picture Archival and Communication System (PACS); and Conventional Radiology (X-Ray).

This long list of equipment translates into more options for physicians to detect, diagnose and treat illnesses and injuries with fewer repeated tests. "Our equipment is wonderful. These images are the best we've ever seen," Dr. Chang confirmed. And since this department uses a digital plate rather than film, tests can be quickly "flagged" and printed, placed online, or on film or CD for physicians to view.

There is also an advanced Special Procedures Suite, where all interventional radiology procedures are performed including angiograms, myelograms, arthrograms, dialysis shunts, medi ports and many more.

When you're on pins and needles waiting for test results, you don't want anything to delay them unnecessarily. This is why the Kittell Imaging Center adopted voice-activated transcription, thereby maintaining accuracy while eliminating many of the steps traditionally required in the reporting process. So, in most instances, your test results reach your doctor's office by the time you've arrived home or soon after you're back in your hospital bed.

The Kittell Imaging Center is open from 8:00 a.m. to 5:00 p.m., Monday through Friday, and available 24/7 for inpatient emergency examinations.



The new Kittell Imaging Center at Casa Colina is designed to make the testing process faster and easier for both patients and referring physicians. It offers convenient access to a broad scope of innovative examinations and interventional procedures in an attractive environment designed for the comfort of patients.

This new \$7.5 million facility, adjacent to the new Casa Colina Hospital, not only signifies the near completion of Casa Colina's renovation and expansion, but also a significant expansion of medical services provided on the campus.

Much care went into the design and planning of this facility



In addition to its three large operating rooms, the Casa Colina Surgery Center has two specialty procedure rooms with a GI laboratory and 16 beds for pre-op and post-op recovery. The beds are in an area designed with natural lighting for a more relaxing experience before undergoing surgery

## Casa Colina Completes State-of-the-Art Surgery Center.

to ensure that it was equipped for a broad range of surgical procedures – from orthopedic and neurosurgery to gastroenterology, general surgery and pain management.

The Casa Colina Surgery Center building, scheduled to open this summer, is owned by Casa Colina Centers for Rehabilitation. And it is leased to many of the region's prominent surgeons who operate the facility and own its equipment.

"We are so pleased with the state-of-the-art equipment that we have at this facility," stated John Sasaki, M.D., a partner in the center. "The new X-ray fluoroscopy allows us to obtain real-time digital imaging during surgery. The neurosurgical microscope allows neurosurgeons to perform microsurgery on an outpatient basis."



From top to bottom:  
A large and comfortable waiting area for family and friends of patients; 16 beds for pre-and post-operative surgical care.

and upon regaining consciousness after an operation.

An experienced clinical staff of surgeons, operating room nurses, peri-anesthesia nurses, and surgical technicians work to ensure the safety and comfort of patients.

Depending on the procedure, patients are either given general or local anesthesia, or conscious sedation, which is sometimes referred to as "twilight" sleep.

Operations may last from 30 minutes up to several hours, depending on the type of surgery required. Outpatient surgery enables patients to be admitted and released on the same day.

The Casa Colina Surgery Center is open from 6:00 a.m. to 5:00 p.m., Monday through Friday. For more information, call 909/593-3550.

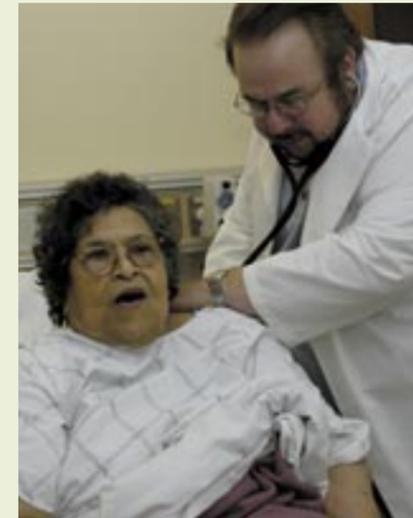
## A New Way to Gauge the Aging Process.

"How's my mother really doing?" "Is it still okay for my father to drive?" "Is it wrong to put my parent in a nursing care facility?" These are the questions that families struggle with as their loved ones approach their later years.

Fortunately, Casa Colina's Senior Evaluation Program can help provide the answers for patients 65 or older. It is the only inpatient medical program of its kind in the region that offers a comprehensive assessment of one's overall health and ability to carry out activities of daily living.

"Eighty-five percent of the time, we recommend patients remain at home where they'll be watched more closely. After all, there's no place like home," acknowledged Program Medical Director, Dr. Harvey Cohen, a board-certified geriatrician, "Our goal is to find ways to improve their quality of life while they remain independent and reduce the risk of injury."

Over the course of a few days, a patient will stay in Casa Colina's new hospital where he or she will be seen by Dr. Cohen, a pharmacist, a psychiatrist, a social worker, a physical therapist, an occupational therapist, a speech therapist, a dietitian and a registered nurse case manager. A complete battery of tests will determine his or her health risks, functional activity, mental status, nutrition, balance and gait, and more.



From top to bottom: Patient Hortencia Del Rio, a resident of Rancho Cucamonga, and Harvey Cohen, M.D., Senior Evaluation Program Medical Director; Finding safer ways to get around in the activities-of-daily-living suite; Consulting with a physical therapist; Practicing on a variety of surfaces in the Outdoor Therapy Garden; Assessing balance and gait.

Once everyone has conducted his or her own medical specialty-specific evaluation, the clinical team meets to brainstorm and carefully consider all the things that could happen without the proper intervention.

"Everyone has something to offer. The dynamics of the team are very powerful," Dr. Cohen added, "We pick up things that could be easily missed or passed up. It feels good to know that we make decisions that are going to have a great affect on this person."

For example, by collaborating with a patient's primary care physician, the team is often able to reduce the number of medications and side effects. A perceived case of dementia could be fixed with a hearing aid. The team can also arrange for help in the home or meals delivered through Meals-on-Wheels.

Simple steps can do wonders to not only help the patient, but also reduce the incidence of caretaker burnout among family members who are trying so hard to do it all on their own.

The Senior Evaluation Program offers a thorough and compassionate way to determine the appropriate level of care required for each individual, and subsequently, helps improve their family's relationships. For more information, call 909/596-7733, ext. 3900.

# Sports Medicine Center Teams Up for Athletes.

NASCAR drivers have a crew working for them in the pit. Baseball players have an entire staff helping them out in the dugout. Boxers have a corner team backing them in the ring. There's no doubt about it, athletes need a tremendous amount of support to excel and compete.

This is especially true when athletes suffer from an injury or undergo surgery.

Now these athletes have a very special place to turn to – Casa Colina's Sports Medicine Center with its world-class sports complex.

Dr. Christopher Chalian, a board-certified orthopedic surgeon who has worked with the team physicians and athletes from the Chicago Bears, Bulls, and Cubs, medically

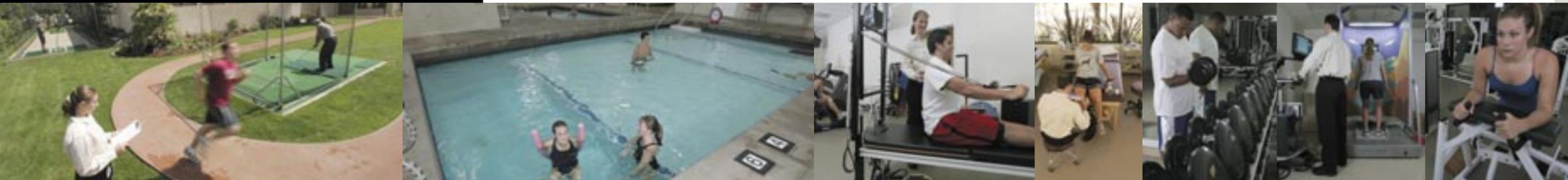


*Dr. Christopher Chalian and David Salaiz, ATC, evaluate a young athlete.*

The Sports Medicine Center's team of experts also includes board-certified specialists in orthopedic physical therapy, an athletic trainer supervisor, a certified aquatic therapist and certified Pilates instructor, certified strength and conditioning specialists as well as physical therapists and athletic trainers.

"My goal is to treat the source of the mechanical dysfunction and to effectively and efficiently return my patients to their sport. I also educate them on how to elevate their game with a sport-specific training program geared to the individual athlete's needs and allows a return to peak performance," stated Phil Putignano, DPT, OCS, CSCS and Program Director of Casa Colina's Sports Medicine Center.

Since athletes aren't particularly fond of sitting on the bench, the Sport Medicine Center was designed with an outdoor batting cage, golf and soccer net, portable pitching mound, weight room and a practice track to help simulate



oversees this progressive program designed for athletes of all ages and levels of play.

"The advantage you have with this sports medicine program is that you not only have the physician, but the athletic trainer and physical therapist meeting with the patient at the same time," explained Dr. Chalian, "So everyone understands the diagnosis and the treatment plan. There's no room for misinterpretation."

"I'm very proud of our Athletic Trainer Supervisor, David Salaiz, ATC. You see, the real treatment isn't the surgical aspect, it's the therapy," Dr. Chalian modestly explained, "David's talent is not only in giving good care, but making sure it's consistent across the board." As a result, everyone at the Sports Medicine Center possesses a keen understanding of athletes and the physical demands of their respective sports. Each day they work to keep the lines of communication open with their patients to ensure the proper amount of exertion and an efficient recovery.



their normal workouts. Plus, there are two indoor aquatic therapy pools to help reduce pain while building up muscle strength and cardiovascular fitness.

With the recent opening of the Kittell Imaging Center and Casa Colina Surgery Center (opening later in 2005), athletes can also have diagnostic tests and outpatient surgery performed on Casa Colina's campus.

Yet this is not the only place where you'll find the Sports Medicine Center's athletic trainers and therapists.

These professionals regularly meet with local college and high-school athletic trainers to help them transfer the same level of care to these athletes at their local institution.

"I love it when I'm the one standing on the sidelines, and our patients are back in the game," remarked David Salaiz, Casa Colina's Athletic Trainer Supervisor.



## Physicians Oversee Specialty Programs at Tamkin Outpatient Center.

Casa Colina's Tamkin Outpatient Center offers a wide variety of medical and rehabilitation programs:

**Arthritis/Fibromyalgia** – Eugene Boling, M.D., board-certified Internal Medicine with sub-specialty in Rheumatology; Antony Hou, M.D., board-certified Internal Medicine

**Audiology/Hearing** – Roger E. Murken, M.D., board-certified Otolaryngology

**Foot & Ankle** – Michelle Ward, M.D., board-certified Orthopedic Surgery

**General Rehabilitation** – Shashank Arya, M.D., board-eligible Physical Medicine and Rehabilitation; David Patterson, M.D., board-certified Physical Medicine and Rehabilitation; Yong I. Lee, M.D., board-certified Physical Medicine and Rehabilitation

**Infectious Disease** – Dan Gluckstein, M.D., board-certified Internal Medicine with sub-specialty in Infectious Disease; Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease

**Movement Disorders** – Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; Jai-Hyon Rho, M.D., board-eligible Neurologist

**Multiple Sclerosis** – Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; Jai-Hyon Rho, M.D., board-eligible Neurologist

**Neuro-Orthopedics & Pain** – Vincent M. Fortanasce, M.D., board-certified Neurologist

**Pain Management** – John Sasaki, M.D., board-certified Anesthesiologist with sub-specialty in Pain Management

**Pulmonary Rehabilitation** – Rohinder K. Sandhu, M.D., board-certified Internal Medicine with sub-specialty in Pulmonology

**Sports Medicine** – Christopher Chalian, M.D., board-certified Orthopedic Surgery

**Urinary Dysfunction** – Aaron Nguyen, M.D., board-certified Urology and Elmer Pineda, M.D., board-certified Urology

**Vestibular & Balance Disorders** – Lucy Shih, M.D., board-certified Otolaryngology

**Wound Care/Hyperbaric Medicine** – Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease

# She's part of the new Casa Colina.

Upon relocating to Southern California from the Midwest, I noticed some distinct differences in the way we live. I'm still getting used to stepping out the door without the need for a coat, and seeing people put salsa on everything. But one thing that hasn't changed is that people want the best possible health care for their loved ones. It's a common thread that unites us all in



this country. Yet for many, affordable health care is simply out of reach.

Which is why I'm so excited to be a part of the Casa Colina Foundation, a nonprofit organization that raises funds to support Casa Colina's many

programs and services, while giving more than \$500,000 annually in free care to individuals. After meeting with Dr. Felice Loverso, President and CEO, it was clear that his visionary leadership has taken Casa Colina to new heights. This is a place that provides exceptional health care to those in need of rehabilitation and specialized medical care. It is my goal to bring strong leadership and vision to further the mission of Casa Colina by enhancing the Foundation's work. I want to consistently motivate people to meet tough challenges and achieve extraordinary results. Every gift is a gift to be cherished. I plan to develop new community partnerships and rekindle past relationships to not only enhance the Foundation's major gifts program, but also recognize all donors.

With the near completion of Casa Colina's campus renovation project that includes a new state-of-the-art 68-bed rehabilitation hospital, imaging center and outpatient surgery center, the Foundation's focus will be on creating gifting opportunities with the naming of specific buildings and treatment areas. We want to make enough gifting opportunities available so that every member of the community has an opportunity to be part of Casa Colina's future. As we meet people in this area, we are also mindful of improving community awareness of the Foundation's purpose and providing information about giving options. We also look forward to the creation of a new web site, which will offer complete information about supporting Casa Colina as well as the distribution of a bi-annual newsletter dedicated to our supporters. This is how we plan to keep our donors up-to-date about Casa Colina Foundation's goals and achievements. And through the coordination of our special events – Tribute to Courage, Padua Village Golf Classic, Trends in Autism Conference, Luau for Casa's Kids, and Casa Colina Golf Classic – we will continue to increase solicitation of corporate and foundation support for program expansion and capital needs.

It's not just the change in the weather that's giving me a brighter outlook. It's a wonderful feeling to see how our efforts can have a tremendous impact on others' lives.

Yours truly,

Gina Johnson, MPA  
Executive Director, Casa Colina Foundation

# Gifts with unexpected returns.

When you think of the words "gifts" and "returns," it conjures up thoughts of long lines at the mall after the holidays with everyone exchanging their unwanted sweaters, perfumes and ties. All proof to the adage that "it's better to give than to receive."

But many people might beg to differ. For example, on October 1, 2004, one wonderful couple in our area made a significant charitable gift in trust to Casa Colina Centers for Rehabilitation. In exchange for their generosity, they will receive a substantial annual income from their gifted assets for the remainder of their lifetime. (This income is based on the value of the assets gifted, and overseen by a financial professional of their choice.) Upon their passing, the assets of this trust will be distributed to Casa Colina.

In addition to generating a fixed return to suit their personal needs, this husband and wife also received a significant charitable income tax deduction. And they avoided all the tax on this long-term gain when their gifted assets were sold.

Consequently, they were able to take highly appreciated assets, which were paying them a low rate of return, and use their planned gifts to reposition these assets and significantly increase their annual income. Plus, this charitable remainder trust provides both gift

and estate tax advantages.

It was a gift that not only made sense to them financially, but emotionally too, since this couple first learned of the good work Casa Colina had done for the sick and injured during their childhood when they first met Frances Eleanor Smith, the founder of Casa Colina.



In those days, the donations consisted of milk, fruits and vegetables from local farmers. Today, this legacy of community support continues through much-needed financial support – gifts of cash, appreciated assets, bequests, charitable gift annuities, and charitable remainder trusts.

Like other philanthropic leaders in Casa Colina's history, these individuals stepped forward to discuss how they could help. If you'd like to learn more about how you can make a gift to Casa Colina that's designed just for you, call the Casa Colina Foundation at 909/596-7733, ext. 2208.

## MEMORIALS within the last year

*Casa Colina would like to recognize the following individuals for their many years of service. We are forever indebted to them for their tireless efforts, enthusiasm, and wonderful ideas that helped make this place what it is today.*

**Lois Flanagan** – She was the loving mother of Lori Barragar, who currently serves as Secretary on the Casa Colina Foundation's Board of Directors.

**Beth Hall** – She worked on staff for the Casa Colina Foundation from September 1997 through July 1999. Upon her retirement, she continued to work part-time for Casa Colina as a volunteer.

**Gerald B. "Pete" McCormick** – He sat on the Casa Colina Foundation Board of Directors. Mr. McCormick also acted as a member of the Padua Golf Committee and supported Casa Colina for many years.

**Doris Tinsley** – She served as co-chair of the Casa Colina Children's Services Committee. A special plaque was placed in the Children's Services Center in her memory, inscribed with a poignant quote by John W. Whitehead, "Children are the living messages we send to a time we will not see."



When you're lying in a hospital bed unable to move, it's only natural for people to ask, "What happened to you?" This was the predicament that Frank Glankler, a successful businessman, found himself in after a freak accident in his home. "Most people in the hospital had pretty good stories – motorcycle wrecks, car accidents, gunshot wounds," he recounted with a charming Memphis drawl, "I started to tell people this happened while I was trying to combine bungee jumping and sky diving over Peru." It was a lot more fun for Frank to tell this tall tale than admit the truth.

Ironically, he always used to say, "One of these days I'm going to break my neck on this baby gate." And that's exactly what happened as he went back to grab a bottle of water from his kitchen while preparing to leave for the airport on the morning of February 29, 2004. He tripped over the baby gate that kept his Italian greyhound puppy in the utility room when he and his wife weren't able to watch him. "It wasn't the dog's fault," he said very matter-of-factly, "As I tripped, the gate came down between my legs so I couldn't get my balance. I looked back as I was falling, hit the countertop and broke my neck. What can you do?"

Instantly, he was paralyzed. The countertop also left a gaping hole in his forehead. He couldn't feel his body. Frank added, "It's a sensation you can't explain because it would be like trying to explain how a banana tastes if you've never had one."

His wife, Angel, immediately called 911. Frank was rushed to a nearby hospital in Scottsdale, Arizona. His surgeon's prognosis wasn't optimistic. In his estimation, Frank would be a quadriplegic for the rest of his life. Never one to give up, Frank instructed his surgeon,

# He overcame unimaginable obstacles.

"You take your best shot. Let's see if we can't improve this thing." His surgeon replied, "You know it could get worse." Frank answered with a chuckle, "No, it really can't."

At 10:30 p.m. that evening, his doctor performed six hours of complex surgery on his neck and spinal cord, as Frank said, "putting Humpty Dumpty back together again." Though the surgery was successful, his doctor felt it was unlikely that his condition would improve.

He spent the next four days on a respirator. Unable to speak with a tube down his throat, he and his wife devised a code where he'd blink and she'd call out letters. "The problem was neither of us was too skilled at it, so it

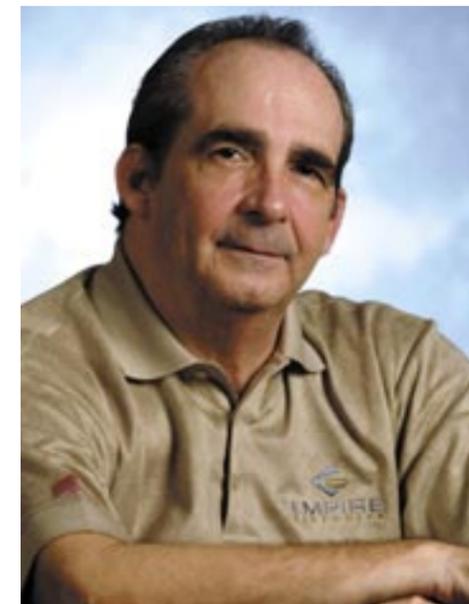
resulted in an awful lot of mistakes. It's extraordinarily frustrating when you're in that position," Frank recalled.

It was one of many unfamiliar challenges he'd face. After all, the only other times he'd been in a hospital before were to drop off flowers and pick up his newborn children. He wasn't used to being a patient – or being patient. He had always been a driven man of action. He was definitely not one to settle without a fight.

"Socks were the death of me. This nice woman was determined to spend hours showing me how

to put on my socks," he recounted, "I realized in that moment that we wanted different things from rehabilitation. They wanted me to learn how to live with my disability. I wanted to learn how to overcome it."

While he harbored no ill will toward this hospital, he decided to ask his wife to look into other rehab hospitals. She did her research on the Internet. She visited five other facilities across the country. And she spoke to her trusted friends and advisors. Casa Colina came highly

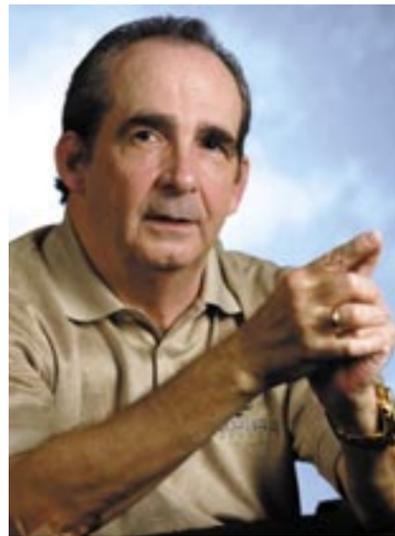


recommended from more than a few. Like her husband, she was not one to settle either. She insisted on meeting with Dr. Felice Loverso, Casa Colina's CEO and President and Dr. David Patterson, Casa Colina Hospital's Medical Director in person before any final decision was made. "They also spoke to my best friend Jim Previti, my CFO and my mother-in-law," Frank added, "Bless them for putting up with that...they all interviewed them."

Naturally, it was Frank who made the final call.

He spoke with Dr. Patterson on the phone. And then Dr. Patterson flew out to Scottsdale to meet with him in person. After examining Frank's x-rays, he said,

"You've got one screwed up neck." Then he added, "Look, no one can predict with any high degree of certainty what level of recovery you can have. But the greater the will, the greater the expertise and commitment from your rehab team along with your willingness to participate, the greater the recovery."

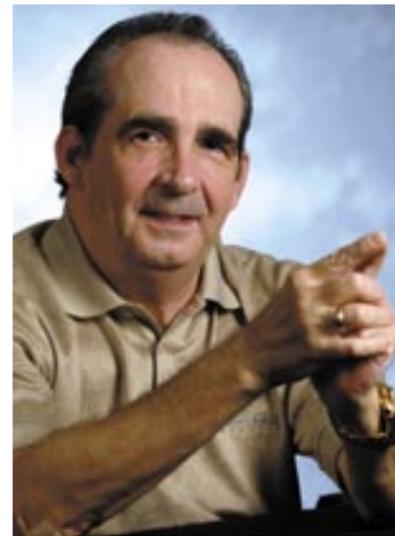


Frank asked, "You think you can help me?" Dr. Patterson, "Yeah, I think we can. You seem kind of strong willed. Casa Colina is a place for people who want to work hard." Frank liked him. He believed in what the doctor said and decided to make the trip to Pomona.

He stayed at Casa Colina for five months, two weeks and three days. It was then that he realized just how essential it was to have the support of your loved ones. His wife, Angel, was by his side every day, all day and all night. When she needed to take a break, his trusted assistant and close family friend, Megan Scanlon, remained with him – keeping him company and cheering him on. He also had many visits from friends like Jim Previti and his Senior Staff. This support system not only moved Frank, it motivated him. He felt like he owed it to them to show a little progress each day because they cared enough to be there each day.

Frank recalled, "When I saw patients give up, I noticed they didn't have that kind of encouragement. All I can say is if you don't have that emotional support to draw upon, look for it from other sources – your own inner strength, the staff, even books or movies. The time you have at Casa Colina is a precious window of opportunity. Do everything that you can to make the most of it."

A true workaholic, he pushed himself hard. He put in three long hours of therapy each day, and he continued to run his Ontario-based company from the hospital. He was given access to satellite TV to keep track of the financial markets, high-speed Internet to communicate with his business and a conference room to hold meetings. He often held his staff meetings from 3:30 to 6:30 p.m. in the outdoor courtyard.



He acknowledged, "It was important to me to have a win every day. To accomplish something new that wasn't impossible. Those wins spur you on to the next one and the next one and the next one. And that's what this rehab did for me. It kept me going in a positive direction."

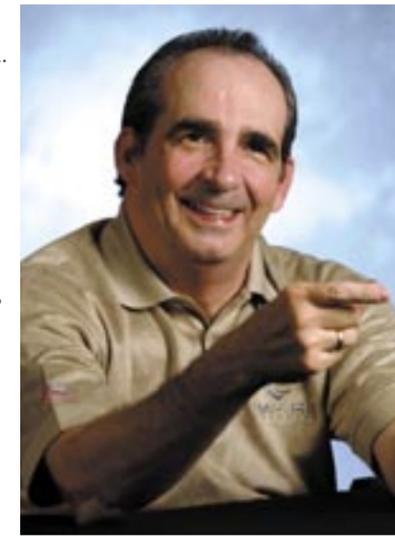
He made remarkable progress in a short period of time. When he left Arizona, he couldn't walk and he could barely move one hand. Even sitting up made him feel dizzy. But he was motivated to speak at a conference just a few weeks after arriving at Casa Colina. "When I told my therapists what I wanted to do, they never said 'No,'" he recalled, "They said, 'Let's try and figure this out.' And they stayed with it until they could get it to work. They were patient about it. That meant the world to me. I can't say enough good things about the staff."

He was determined to walk, too. "One thing about Frank is if he can't do it now, he'll find a way," commented Megan Scanlon. At first he couldn't move his left leg. Dragging his foot created too much resistance for his

weakened hip flexor muscles. In addition to rehab equipment, his therapists, the ultimate problem solvers, tried everything from roller skates to wrapping masking tape and x-ray film around his foot to hooking up batteries with wires, until finally the brain's neurological messengers were able to connect with his leg again.

It was a huge struggle at first. "After the first twenty feet, I'd say 'Mark that. How far did we go? I need to be able to beat that tomorrow by 10%,'" He explained, "Then we'd beat that by 10%."

Once he began walking again, a competitive camaraderie kicked in with another patient, Mike, who had been in a motorcycle accident. He asked, "How far did you go?" "217 feet," Frank replied. "I can beat that," Mike responded. "Well you go ahead, and the next day I'll beat that," said Frank. They helped each other keep their focus on what they could do.



It also occurred to Frank that he would need to be able to get around on his own once he got back home. He was concerned that he wouldn't be able to get off the floor. "If I'm down, I'm down. The muscles weren't strong enough for me to stand up on my own. We came up with a creative solution. We bought some Styrofoam and cut it up in pieces. We discovered I could raise myself up a little bit by sticking a piece under me. And then another and another," he explained, "It might sound silly, but if you've been paralyzed and you can't get up and are by yourself, it's like Hallelujah!"

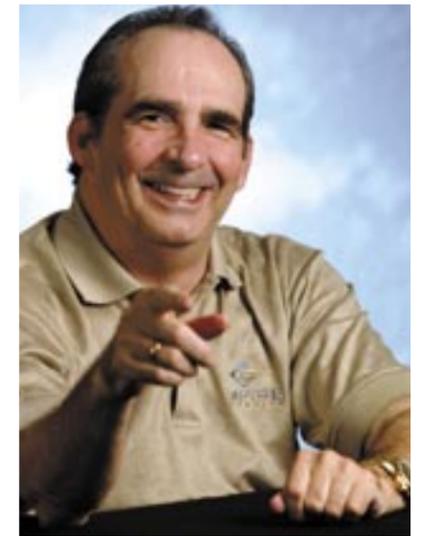
Little things made a huge difference. He commended Dr. Loverso for taking the time to stop by and speak with the patients each day. "All that showed a commitment on the part of the organization for people in that spot. And that's what people in that spot need," he affirmed, "We don't want pity. Cheer us on and help us figure out how to do it ourselves."

Five and half months after his accident, Frank Glankler walked out of Casa Colina. He took the weekend off before returning to work. He was also determined to maintain his second-floor apartment near his office in Ontario, "Even if I had to hoist myself up the stairs with a rope," he said. It may as well have been Mount Everest at the time. His therapists continued to work with him on an outpatient basis. They even accompanied him to his apartment to help him practice walking up those stairs.

Today, he walks up three flights of stairs to his office carrying his brief case to and from work. "Just because I can," he quipped. And he continues to receive outpatient therapy to refine some of his coordination.

"From my perspective, I thought the physicians and the therapists did a wonderful job. I think it's great that they have a new hospital with all that new equipment. But I'm here to tell you that none of that matters...the people are what makes it. All that technology is great. But it's more about figuring stuff out," he said with great certainty, "So when I make donations to this hospital, it'll be for things like cases of duct tape, PVC pipe, and Styrofoam...because the staff made all kinds of things just to help me make things work again."

Frank said that he was never a person to accept his lot in life, ever. And he never expected that his greatest obstacle would be the result of a two-foot tall baby gate. Yet he proved once again that he's always up for a challenge. "I liked my life before, but there's another side of me that realizes just how tough and resilient we all can be when faced with a challenge if we have the support of our family and friends. If you truly want to help yourself," he said emphatically, "you're in the right spot at Casa Colina."



# STEPHEN KING TELLS TWO TALES OF SURVIVAL AT TRIBUTE.

Acclaimed novelist, Stephen King, is accustomed to taking people to dark, unimaginable places and keeping them on the edge of their seat. When he hosted Casa Colina's Tribute to Courage event on July 24, 2004, at The Ritz-Carlton Huntington Hotel & Spa in Pasadena, CA, he succeeded once again in stirring his audience.

But this time it was not with some fictional characters conjured up in his head. Instead, he described in great detail the incredible story of how Edward Eckenhoff, the recipient of Casa Colina's "Tribute to Courage" award, transformed his life and the field of rehabilitation after suffering a spinal cord injury in 1963. And he spoke of how he reclaimed his own life after a catastrophic accident in 1999. The true stories that in similar ways forever changed both of their lives.

Edward Eckenhoff was a 20-year-old college freshman in the prime of his life – a kid who loved being active. He was a football player and track star in high school. He celebrated his final day of classes with one last drive in his roommate's MG convertible. It ended in a tragic accident. His roommate did not survive. Ed was the lucky one.

Stephen King was delighted to have his grown children and grandchild home for a summer visit at his home in western Maine. He planned to take his wife and kids to a movie that evening. But first he set out for his usual walk at four o'clock in the afternoon. He was hit head-on by a van and suffered multiple leg fractures, hip, and back injuries.

The events that followed each of their unexpected encounters with fate were eerily similar. "We've all seen "ER" and reality TV. We can all imagine the flashing lights, the hurried but competent ministrations of the paramedics, and the rush through the emergency room. These are modern miracles of technology and organization – without which neither I nor Ed Eckenhoff would be here tonight," recounted King.

What these men have done with their second chance at life is nothing short of remarkable.

After several months in a rehabilitation hospital, Ed returned to Transylvania University in Kentucky as a paraplegic to complete his undergraduate degree. Then he earned a master's degree in education and counseling and another in healthcare administration. He completed his residency at the McGraw Medical

Center of Northwestern University in Chicago and joined the Rehabilitation Institute of Chicago in 1974. He was also a tireless advocate for those with disabilities.

He had a vision of what rehabilitation could be. Ed recounted, "I had a dream of building what I hoped would become a great national model for rehabilitation care and research." And so, in 1986, after years of dedicated work for people with disabilities, he became the Co-founder, CEO and President of the National Rehabilitation Hospital in Washington DC, which has evolved into a network of nearly 40 locations and serves thousands of patients with disabilities ranging from spinal cord injuries to traumatic brain injuries to orthopedic and neurological conditions.

In spite of his disability, Ed continues to work 12 to 14 hours a day, using braces and crutches to get



Stephen King displays the antique paperweight presented to him by Felice L. Loverso, Ph.D., President and CEO of Casa Colina Centers for Rehabilitation.



From left to right: Ed Eckenhoff, recipient of Casa Colina's Tribute to Courage Award, pictured with Kathleen Yosko, Secretary of the American Rehabilitation Providers Association (AMRPA) and Director of Marianjoy; Felice L. Loverso, Ph.D., Chairman of the AMRPA and President and CEO of Casa Colina Centers for Rehabilitation; Denny O'Malley, President of Craig Hospital; and, Bob Main, Immediate Past Chairman of the AMRPA and President and CEO of Siskin Hospital for Rehabilitation.



From top to bottom: The late Doris Tinsley is greeted at guest registration; Actor Robert Guillaume pays special homage to Ed Eckenhoff; Stephen King offers a personal book signing to Tribute to Courage sponsors.

around, and always finds time to visit with patients who remind him of why he is there.

In spite of the constant pain, Stephen King continues to entertain people all over the world with his literary work. He recently completed his non-fiction book, *On Writing*, and co-authored *Faithful*, a recount of his beloved Red Sox' 2004 World Series victory.

This fundraising event raised \$195,000 to help replenish the uncompensated care fund created by Casa Colina Foundation. The success of this event would not have been possible without the support of its major sponsors Robert & Beverly Lewis, Creative Artists Agency, Rehabilitation Institute of Chicago, Foothill Independent Bank, Mass General Hospital for Children, LDR Neurosurgery, and the University of Southern California.

# Over \$1.5 Million in Grants.

Grants are an important part of Casa Colina's ability to take bold steps into the future by supporting innovative programs, development and research. In the last year, we have been honored to receive significant grants to assist in the construction of the new hospital. The first was from the Weingart Foundation, for \$600,000, and the second from the Ahmanson Foundation, for \$500,000. This direct funding for the hospital is a major investment in the health care of our community, and recognizes the unique value that Casa Colina Hospital's service brings to the patients we serve.

In July 2004, the UniHealth Foundation granted \$150,000 to Casa Colina for "Improving Rehabilitation Outcomes with the Use of a Therapy Courtyard."



Patient John Taylor practices on the ramp built especially for Casa Colina's Outdoor Therapy Garden.

The project included construction of the therapy courtyard, development of protocols for its use, and an evaluation of its benefit. It was a one-year project and is now in its finishing stages of evaluation.

In March 2005, the Ludwick Family Foundation added to funds that had already been raised for the new therapeutic mobility area at Children's Services. Its grant of \$27,300 will be added to \$26,434 that was donated by families and individuals, including a

\$10,000 donation from the Winslow family. The specially designed playground equipment will be installed this summer and will allow therapists a greater range of treatment choices and will accommodate a larger number of children. Advances in equipment design mean that the equipment will also be safer for children to use.



A variety of resources made the new therapeutic playground at Children's Services a reality.

The UniHealth Foundation has made a second grant of \$359,027 to Casa Colina that began in July 2005. This will be a three-year project titled, "Specialist Physicians in the Rehabilitation Continuum." The grant will assist with the development and evaluation of Casa Colina's innovative Specialty Centers. The goal of the project is first, to show the benefit of specialist physician services to persons with disabilities or at risk of disabilities when those services occur within a rehabilitation setting, and second, to show that this type of service can be economically viable. Finally, the project will establish a model that can be implemented at other locations.

Casa Colina is indebted to the foundations that have made these resources available and appreciates particularly that the board members of these foundations share the vision of the Casa Colina Board and management team – to create a true Center of Excellence in rehabilitation.

## THE FOUNDATION FOR OUR SUCCESS

Casa Colina Foundation is dedicated to changing lives through aid, advocacy and awareness. This is made possible through a variety of ways that include several fundraising events and informative seminars that were recently held to support the children and adults who receive care at Casa Colina.

### Luau for Casa's Kids

It was like taking a trip to Hawaii without the jet lag. On Saturday, July 30th, Casa Colina hosted the third annual Luau for Casa's Kids and its first event ever in the new hospital's fountain courtyard. Staff and volunteers used their creative flair to transport over 200 guests to the South Pacific. Authentic Hawaiian food, a luau band and hula dancers added to the evening festivities, as well



From left to right: Cindy Sendor, Director of Children's Services, pictured with Erin Lastinger, Recipient of the Friend of the Children Award, and Felice Loverso, Ph.D., President and CEO of Casa Colina; A Samoan fire dancer entertained over 200 guests.

as the exotic flowers donated by Armstrong Garden Centers.

Funds were raised through tickets, a live and silent auction, and from many sponsors that included Big Kahuna-\$10,000 sponsor, the A. Gary Anderson Family Foundation; Outrigger-\$5,000 sponsors, Donald and Marilyn Driftmier, Promed Health Network of Pomona Valley, and Questar Engineering; and Surfboard-\$2,500 sponsors, Armstrong Garden Centers, Atlas Painting Company,

Concrete Connection, Cumbre, Inc., Estate Strategies, Inc., Endrizzi Excavating, Kramer's Masonary & Supply, Inc., and Three D Demo. After the event, Jacob and Paula Zeidman made a significant contribution to support Casa's Kids. This event raised a record \$123,000 to support Casa Colina's Children's Services.

Sunday, October 24th was a day to go "hog" wild at Bonelli Park in San Dimas. True to its name, Rock & Ride



for Casa's Care featured music by the Reno Jones Band, Creature of Mercy and D.E.A. Band. Over 150 motorcyclists rode in from Pomona Valley Harley-Davidson



From top to bottom: Supporters of Casa Colina cruise into Bonelli Park to raise funds for patients in need of financial support; "Best Bike" contest winner; The Reno Jones Band donated its time and wonderful talent.

and Skip Fordyce Harley-Davidson in Riverside, two of the event's major sponsors. Once they reached the park, the riders were greeted by a wide variety of vendors and had a chance to participate in a raffle that included a leather jacket and leather chaps donated by Pomona Valley Harley-Davidson. The motorcycle club "Soldiers for Jesus" helped organize the ride routes. They also provided road captains and security. Casa Colina Foundation thanks key sponsors, Don and Marilyn Driftmier. Rock & Ride for Casa's Care raised over \$7,000 to support Casa Colina's uncompensated care fund.



From left to right: Warming up before play; Anne Johnson, Director of Outdoor Adventures with Bill Haaker, Event Chairman; George Langley, President of Foothill Independent Bank with a "real" live auction item; Felice Lovero, Ph.D., President & CEO of Casa Colina with special guests Mike Scioscia, Manager of the Los Angeles Angels, and J.A. Adande, reporter with the Los Angeles Times; Mike Finley with Robert Duncan, Casa Colina Inc. Board Chairman.

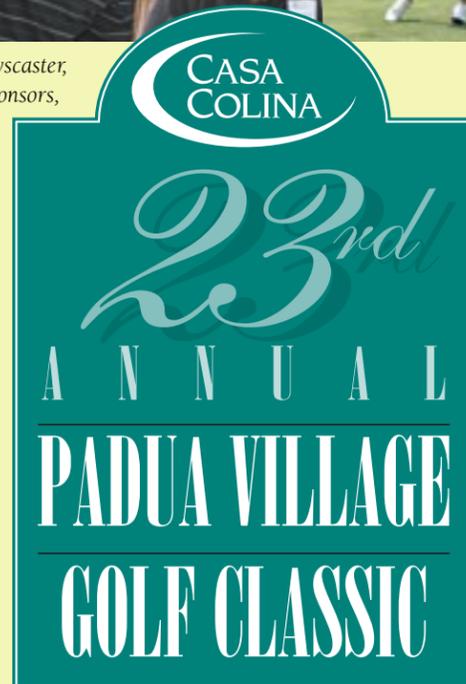


The 25th anniversary of this event was marked by a visit from an Angel and 145 enthusiastic golfers who turned out for a sunny, autumn day of play at South Hills Country Club in West Covina on November 15th. Mike Scioscia, Manager of the Los Angeles Angels, led the spirited evening program with Event Chairman, Bill Haaker. The Casa Colina Foundation is once again indebted to George Langley and Foothill Independent Bank for their generous support as the Presenting Sponsor of this tournament, which raised over \$221,000 for Casa Colina's Outdoor Adventures Program.



From left to right: The tournament once again attracted many notables in the world of sports, including newscaster, Jim Hill, pictured with D. Wayne Lucas, legendary Triple Crown horse trainer; Founding and Presenting Sponsors, Robert and Beverly Lewis with horse jockey Alex Solis; Bill Dwyre, Los Angeles Times Sports Editor and Casa Colina Board Member; Boxer Oscar De la Hoya with Jill Dwyre, tournament committee member.

This event, held on Monday, April 25th, at Red Hill Country Club in Rancho Cucamonga, was the most successful fundraiser ever down the stretch. Thanks to the attendance of legendary Triple Crown horse trainer D. Wayne Lukas, Preakness winning jockey Alex Solis, boxer Oscar De la Hoya, sportscaster Jim Hill, and L.A. Times sports columnist T.J. Simers. The Casa Colina Foundation is particularly grateful to Bob and Beverly Lewis for their continuous support as the Founding and now Presenting Sponsor of this tournament, which raised a phenomenal \$487,530.



## TAMKIN DEDICATION



Dr. S. Jerome and Judith D. Tamkin were honored at a special dedication ceremony with their family and closest friends.

This special dedication ceremony brought lots of smiles with Emmy award-winning entertainer Art Linkletter, host of the widely popular television classic, "Kids Say the Darndest Things." It was held on Sunday, February



From top to bottom; Long-time celebrity Art Linkletter tours Tamkin Outpatient Center; A gourmet lunch was served in the new Tamkin Education Center.

22nd, in honor of the new, state-of-the-art Dr. S. Jerome and Judith D. Tamkin Outpatient Center. Nearly 100 guests joined Dr. Jerome and Judith Tamkin for a gourmet brunch with live music and entertainment provided by Mr. Linkletter, a longtime friend of the Tamkins.

Throughout the morning, guests were invited to tour the new Tamkin Outpatient Center, which provides high-quality medical and rehabilitation services. Casa Colina will be forever thankful to the Tamkins for their \$2.5 million contribution to build this state-of-the-art facility.

## Trends in Autism Conference



Starting top left row: Michael Weiss, Ph.D., Margaret L. Bauman, M.D., Temple Grandin, Ph.D., Eric Courchesne, Ph.D., Suzanne Reyes, Ph.D., Margaret Dunkle, Senior Fellow, Rosemary White, OTRL, Blythe Corbett, Ph.D., Nancy Minshev, M.D.

Casa Colina, a leader in the treatment of Autism, hosted its Fourth Annual Trends in Autism Conference on Saturday, March 5th, and Sunday, March 6th, on the

campus of Claremont McKenna College. The event brought experts from across the country, including world-renowned pediatric neurologist Margaret Bauman, M.D. and returning speaker Temple Grandin, Ph.D., plus physicians, therapists, educators, and parents. A

conference book with paid advertisements was also created for the first time to help subsidize the conference and keep the registration fees low. Over 300 people attended the event, which was at maximum capacity. The 2006 conference will be held at a new location to better accommodate the growing number of participants.



Notable experts in the field of Autism, including Margaret Bauman, M.D., world-renowned pediatric neurologist, attracted over 300 people to the Claremont McKenna College.

For details about future Casa Colina Foundation events, call 909/596-7733 ext. 2223 or visit [www.casacolina.org](http://www.casacolina.org).

## A. Gary Anderson Family Children's Services Center



This center has always been a place of discovery for children. With the addition of a new “therapeutic mobility area” and removal of the old playground equipment, all children have an opportunity to discover the great outdoors. The entire structure is wheelchair accessible. Areas to explore include a corkscrew, climbing wall, bridge, tunnels, slides, bounce center, music making center, ladders, turning bars, monkey bars and swings. The mobility area was designed to foster strength, self-confidence and sensory stimulation for children with Autism and other disabilities and challenges.



Gotham Playgrounds, a company that specializes in creating playground structures for physically and developmentally challenged children, designed the playground specifically for Casa's kids. This \$57,000 playground remodel was made possible by last year's Luau fundraiser hosted by the Winslow

family, community fundraising efforts and a grant from the Ludwick Family Foundation that was initiated by volunteer, Mike Lancaster.

There's also a lot more fun and special education for kids in the Summer Program, which offers Writing Workshops, Keyboarding Lessons, Heads Up: Building Attention Skills, Friends Clubs: Building Social Skills, and Summer Day Camp. Summer sessions are typically filled to capacity.

## Laband Transitional Living Center

People have recently traveled from as far as Alaska, Arizona, Hawaii, Nevada, Northern California and Washington – places where there is a



shortage of post-acute rehabilitation therapy – to continue their care at the innovative Laband Transitional Living Center. This facility offers short-term residential care and a day program for individuals with brain or spinal cord injuries.

In order to meet the growing demand for its services, 10 more beds were added to the recently renovated TLC. The center also recently welcomed more staff including a behavior specialist, two neuropsychologists, two post-doctoral fellows, a physical therapy assistant and an occupational therapy assistant.

## Helen A. Kellner Adult Day Health Care Center



This center provides a nurturing, stimulating environment where adults with varying disabilities can spend the day. It offers their caretakers support, understanding and training, while giving clients the right combination of nursing, social services, recreational activities and daily meals. As a way to foster greater independence and interaction within the community, teachers from the Pomona Unified School District continue to offer outings as part of their Adult Education Program. As a result, those enrolled at Casa Colina's Adult Day Health Care Center have an opportunity to become involved in activities, such as raising trout and bowling.

## Outdoor Adventures

The Land Meets Sea Sports Camp celebrated its 10th anniversary last August, 2004. Nearly 100 children and adult campers participated in this fun-filled, 4-day event, which incorporated water, land,



recreation and competitive sports. They were excited to take part in water skiing, jet skiing, kayaking, outrigger canoeing, sailing, deep-sea fishing and an introduction to scuba diving. They also enjoyed over-the-line softball, quad rugby, power soccer, martial arts, wheelchair basketball, football, hockey, tennis and hand cycling. A special one-day Kids' Kamp was held for children.

The success of this event was made possible by Casa Colina's staff of Certified Therapeutic Recreational Specialists, volunteers, coaches and athletes who guided the campers through all the activities. Key sponsors included AMed Healthcare; Inland Valley Daily Bulletin; Rancho Mobility; Long Beach Park Recreation & Marine; Kawasaki; Rusch; PADI; International Sea Festival; Hollister; Mentor Urology and the United States Sailing Center.

## Rancho Rehabilitation Center

San Antonio Community Hospital and Casa Colina Centers for Rehabilitation have teamed up to create a comprehensive outpatient rehabilitation services center for residents of the Inland Empire. The result is the newly renovated Rancho Rehabilitation Center, located at Rancho San Antonio Medical Center in Rancho Cucamonga. What makes this collaboration so unique is that it is owned by San Antonio Community Hospital, while Casa Colina is responsible for its renovation, staffing, and new program development.

Under Casa Colina's management,

the site now enables San Antonio Community Hospital to offer more comprehensive rehabilitation services, such as neurological rehabilitation, sports medicine, wound care and hand therapy.

Now the newly remodeled and upgraded facility offers new equipment and over 4,400 sq. ft of treatment space with an orthopedic gym, neurological gym, seven private treatment areas, and a specialized area to practice activities of daily living.

An open house was held on November 30, 2004 to celebrate the completion of this new center, which was attended by area physicians, community leaders, members of the Rancho Cucamonga Chamber of Commerce, and the general public.



*From left to right: John Thompson, former Interim CEO at San Antonio Community Hospital; Mary Rozina, Clinical Coordinator of Rancho Rehabilitation Center; Robyn Ogawa, Director of Outpatient Rehabilitation Services at San Antonio Community Hospital; and Felice Loverso, Ph.D., President & CEO of Casa Colina Centers for Rehabilitation.*

## Casa Colina at Apple Valley/Rancho Pino Verde

These facilities in Apple Valley and Lucerne Valley offer long-term residential programs for individuals with brain injuries. Both locations continue to operate at full capacity and offer a wide range of enriching and enjoyable activities for their clients.

In fact, each week the centers take turns hosting social activities



that include backyard barbecues, ice cream socials, holiday parties, games, and pool parties. At the Apple Valley location, many enjoy their weekly Starbucks outings and attend church. At the Lucerne Valley location, they enjoy fishing for large catfish and small mouth bass in the one-acre pond – and throwing the fish back in after they're caught.

Residents are also pursuing their education at Victor Valley College, where some are studying cooking, business administration and English. And to foster greater independence and friendships, many participate in Casa Colina's Outdoor Adventures activities.

## Padua Village

The residents of Padua Village are involved in numerous activities and events throughout the year. The monthly social calendar is filled with community-sponsored concerts in the park as well as outings with Casa Colina's Outdoor Adventure program, which includes the annual Land Meets Sea Sports Camp in Long Beach.

# About Casa Colina's Operational Performance

Casa Colina has enjoyed success and performed extremely well from an operational point of view the past two years. The financial operational performance was due to several factors, including a continuous growth of medical staff and referral sources resulting in near full capacity at Casa Colina Hospital. Also, other operations including outpatient therapies have allowed us to serve many more new patients.

In fact, the organization's financial performance from operations, excluding the Foundation, has exceeded expectations. Casa Colina has been profitable in operations for the prior three years, averaging more than \$3 million excluding depreciation, interest and extraordinary items.

This is also a time of great challenge for Casa Colina. We have embarked on a historic rebuilding program for which we have incurred significant long-term obligations. The construction of the lynchpin of that program, the new hospital, is now completed. In this regard our financial strategy had to accommodate not only repayment of our bonds, but also the expense of ramping up the treatment staff and support elements to actually provide services in the new facilities as they come on line.

In addition, Casa Colina has not cut back but has maintained charity care and community benefits during these years. The continued focus on charity care, even during this period of dynamic growth and change, is evidence of the commitment to think of "patient care first" on the part of the Board of Directors and management.



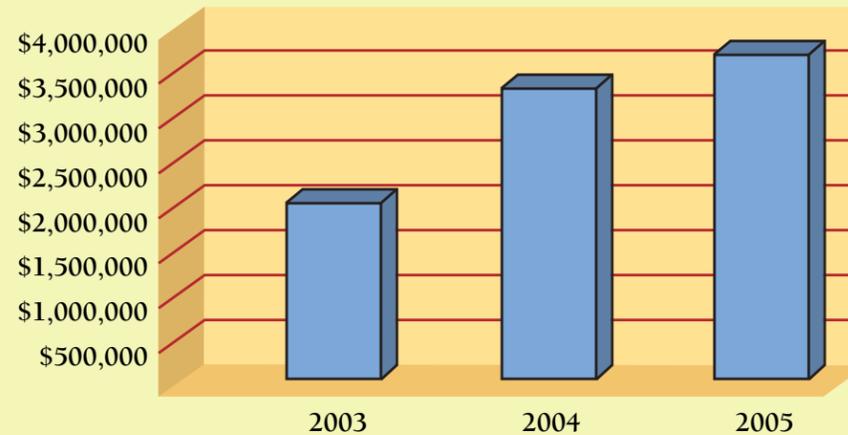
*John S. Cherry,  
Vice President Finance/  
Chief Financial Officer*

Overall, the equity and capital resources remain strong. During 2003, the market results of the Foundation's investment portfolio sustained a significant net write-down of its investments, which was recaptured in 2004 and 2005. This recovery is important because these securities and the Foundation support the campus renovation project, the debt associated with it, and development costs associated with other campus projects.

In summary, Casa Colina is financially strong and has a successful strategy to meet the challenges of the obligations that are a part of rapid development; and is not only holding to but also expanding its commitment to the mission of providing individuals the opportunity to maximize their rehabilitation potential. Casa Colina is pursuing this mission through the development of new programs, focusing on the efficiency and effectiveness of all services, and ensuring access to rehabilitation.

## Earnings from Operations\*

(Excluding Foundation)



\*Earnings before interest, depreciation and extraordinary items

## Casa Colina Balance Sheets (Consolidated)

March 31, 2005 and 2004

Assets	2005	2004
Current assets	\$13,914,000	\$25,529,000
Investments	54,934,000	43,846,000
Assets limited as to use	23,853,000	24,353,000
Property and equipment	59,393,000	35,889,000
Other assets	2,589,000	2,830,000
<b>Total Assets</b>	<b>\$154,683,000</b>	<b>\$132,447,000</b>
<b>Liabilities and Net Assets</b>		
Current liabilities	\$11,876,000	\$7,436,000
Long-term debt and other liabilities	58,743,000	43,265,000
Unrestricted and restricted net assets	84,064,000	81,746,000
<b>Total Liabilities and Net Assets</b>	<b>\$154,683,000</b>	<b>\$132,447,000</b>

## Casa Colina Operating Entities Financial Performance

Revenues	2005	2004
Gross patient and other services	\$49,844,000	\$47,430,000
Other operating revenue and transfers from Foundation	1,859,000	2,045,000
<b>Total Revenues</b>	<b>51,703,000</b>	<b>49,475,000</b>
<b>Deductions</b>		
Contractuals/uncompensated care	16,980,000	16,226,000
Bad debts	238,000	898,000
<b>Total Deductions</b>	<b>17,218,000</b>	<b>17,124,000</b>
<b>Revenue Less Deductions</b>	<b>34,485,000</b>	<b>32,351,000</b>
<b>Operating Expenses</b>		
Salaries and benefits	23,124,000	21,408,000
Other expenses	7,662,000	7,610,000
<b>Total Operating Expenses</b>	<b>30,786,000</b>	<b>29,018,000</b>
<b>Net Income from Operations Prior to Depreciation, Interest and Extraordinary Items</b>	<b>\$3,699,000</b>	<b>\$3,333,000</b>

Note: Interest, depreciation and write-downs of the old hospital building and various other buildings were \$2,793,000 and \$2,155,000 in fiscal years 2005 and 2004, respectively.

## Casa Colina Foundation Changes in Net Assets

Revenues	2005	2004
Investments and other	\$3,737,000	\$5,446,000
Donations and special events	5,108,000	5,217,000
<b>Total Revenues</b>	<b>8,845,000</b>	<b>10,663,000</b>
<b>Expenses and Transfers</b>		
Salaries and benefits	1,466,000	991,000
Other expenses, transfers to affiliates and restricted funds	6,996,000	7,381,000
<b>Total Expenses and Transfers</b>	<b>8,462,000</b>	<b>8,372,000</b>
<b>Foundation Revenues Over Expenses and Transfers</b>	<b>383,000</b>	<b>2,291,000</b>
Net unrealized gains on marketable securities	249,000	10,964,000
Net assets released from restrictions used for capital additions	1,012,000	268,000
<b>Total Change in Net Assets</b>	<b>\$1,644,000</b>	<b>\$13,523,000</b>



## Mark Your Calendar

2005/2006

**Friday, October 14, 2005**  
*Casa Colina Hospital  
Grand Opening Celebration*

**Monday, November 14, 2005**  
*26th Annual Casa Colina  
Golf Classic*

**Saturday, February 18, 2006**  
*Tribute to Courage*

**Saturday & Sunday,  
March 11-12, 2006**  
*5th Annual Casa Colina  
Trends in Autism Conference*

**Monday, April 24, 2006**  
*24th Annual Casa Colina  
Padua Village Golf Classic*

**Tuesday-Friday,  
August 8-11, 2006**  
*Land Meets Sea Sports Camp*

## How to Reach Us

**Casa Colina  
Centers for Rehabilitation**

255 East Bonita Avenue  
P.O. Box 6001  
Pomona, CA 91769-6001  
909/596-7733 or toll-free 800/926-5462

**Acute Hospital – Ext. 3000**

**Adult Day Health Care – Ext. 4400**

**Children's Services – Ext. 4200**

**Corporate Offices – Ext. 2300**

**Foundation – Ext. 2209**

**Human Resources – Ext. 2150**

**Occupational Health – Ext. 3800**

**Outdoor Adventures – Ext. 2216**

**Outpatient Services – Ext. 3500**

**Padua Village – Ext. 4400**

**Transitional Living – Ext. 4100**

**Rancho Pino Verde**

11981 Midway Avenue  
Lucerne Valley, CA 92356  
760/248-6245

**Casa Colina at Apple Valley**

22200 Highway 18  
Apple Valley, CA 92307  
760/247-7711



**keystone**

255 East Bonita Avenue  
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