Mark Your Calendar

2005/2006

Friday, October 14, 2005
Casa Colina Hospital
Grand Opening Celebration

Monday, November 14, 2005
26th Annual Casa Colina
Golf Classic

Saturday, February 18, 2006
Tribute to Courage

Saturday & Sunday,
March 11-12, 2006
5th Annual Casa Colina
Trends in Autism Conference

Monday, April 24, 2006
24th Annual Casa Colina
Padua Village Golf Classic

Tuesday-Friday,
August 8-11, 2006
Land Meets Sea Sports Camp

How to Reach Us

Casa Colina
Centers for Rehabilitation
255 East Bonita Avenue
P.O. Box 6001
Pomona, CA  91769-6001
909/596-7733 or toll-free 800/926-5462

Corporate Offices – Ext. 2300
Foundation – Ext. 2209
Human Resources – Ext. 2150
Occupational Health – Ext. 3800
Outdoor Adventures – Ext. 2216
Outpatient Services – Ext. 3500
Padua Village – Ext. 4400
Transitional Living – Ext. 4100

Rancho Pino Verde
11981 Midway Avenue
Lucerne Valley, CA  92356
760/248-6245

Casa Colina at Apple Valley
22200 Highway 18
Apple Valley, CA  92307
760/247-7711

MILESTONE

The new Casa Colina Hospital. A place to discover what is possible.
Dear Supporters of Casa Colina:

Since my letter to you in the last Keystone, the dream of the new Casa Colina Hospital has become a reality, with the Kittell Imaging Center and the Casa Colina Surgery Center next door. The campus is almost complete. There are patients in therapy gyms and in the beds. Physicians, nurses and therapists work with them and their families in a daily round of activities and consultations. And we are nearly at full capacity of 100% occupancy every day. The building and its surroundings provide us with a beautiful, working rehabilitation campus.

As a former patient with a life-threatening illness, my personal antennae are finely tuned when I walk into any health care facility. As soon as I walk into this new hospital, I sense calm, order and a sense that a patient and his family members will be treated with respect and dignity. Perhaps it has to do with the fact that there is not a jumble of medical equipment carts in the hallways on the patient units. Perhaps it has to do with the spaciousness and layout of the patient rooms. Perhaps it has to do with the internal garden courtyards and the great courtyard facing the cafeteria with its murmuring fountain. Perhaps it has to do with the warmth of the wood and the colors of the walls and the floors.

So many elements contribute to the success of this building, yet I think that what we have witnessed in the move to the new hospital is not change, but enhancement — a very considerable enhancement, to be sure. The same

Robert E. Duncan
Chairman, Board of Directors, Casa Colina, Inc.

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Casa Colina has come a very long way in the last five years. Our wonderful new hospital is, of course, the most visible product of those years. But most importantly, we are providing care to our patients at a new standard of excellence. The community response from physicians, payers, and from individuals who need rehabilitation is a clear indication that this is true. When we opened our new hospital on March 5, 2005, we essentially doubled our acute service beds. Within days the hospital was operating at capacity.

There are many factors that contribute to this “overnight” success. Our physicians, nurses, therapists and support staff are a team of outstanding individuals each contributing their talents and knowledge to the care of each patient, day by day, year after year. They are also part of the constant refining process that goes by many names, such as Performance Improvement (PI) and Continual Quality Improvement (CQI). By whatever name, it is a key to bottom-up management decisions that are driven by the real needs of real patients and their families. It comes from focusing on taking care of each patient to the absolute best of our abilities, one at a time.

The health care environment presents challenges. Other hospitals in our region are experiencing difficult financial times. We have found that when we do the right thing by our patients and their families, the financial outcomes seem to take care of themselves, with a bit of oversight and vigilance. We have had 27 consecutive quarters of positive net in our operations. We have increased the number of physicians on our staff by 118% in the last six years. We have added 12 physician-specialty clinics to our continuum of care in the last three years. We have built a state-of-the-art imaging and diagnostic center and an outpatient surgery center to better meet the needs of our physicians and their patients. We have rebuilt the entire Pomona campus. But, most of all, we have provided services to more than 7,000 children and adults each year.

Every day at Casa Colina, we need to prove ourselves worthy of physicians sending their patients to us. We need to earn the right to have people put themselves in our hands for their care at an incredibly difficult and vulnerable time in their lives. The vote of confidence is represented in our full hospital, our busy outpatient services, our thriving children’s services, our full-capacity residential programs – and in our community’s financial and volunteer support that helps all of this happen. On behalf of all the patients we serve, I would like to express my deep appreciation for that support.

There are big challenges in the road ahead. Changes in Medicare may have a serious impact on the ability of appropriate patients to have access to services at Casa Colina and other rehabilitation providers. Yet our community demands good care and we are committed to finding ways to provide that care. We have exciting plans for more buildings and expanded services. Yet our dedication will remain on treating each patient who allows us that privilege, to the best of our ability, one at a time.

With our warmest regards,

Felice L. Lovenso, Ph.D.
President & CEO of Casa Colina and President of the American Rehabilitation Providers Association
Casa Colina has a long-standing tradition of raising the quality of rehabilitative care in this country. On March 5, 2005, the bar was raised even higher with the opening of its $26.6 million, 78,000 square-foot, 68-bed acute rehabilitation hospital. This new state-of-the-art facility has not only elevated the level of physician-directed care available at Casa Colina 24/7, it has opened new doors for breakthrough medical and surgical services.

The first day of admitting was a festive one. Patients were transferred from the previous facility with its 5-bed suites that were originally designed for children with polio in the 1950s, to their own private and semi-private rooms.

Five years of intricate planning and construction were punctuated by one powerful moment of instant gratification – seeing the delighted faces of these patients on this momentous day. And that’s just how GKK Architects, Casa Colina’s Board of Directors, Casa Colina’s President and CEO, physicians, nurses, therapists and staff, have always wanted it.

Embarking on a new era in hospital design.

When Casa Colina’s Board of Directors met in 2000 to authorize the building of this new hospital and a number of other essential renovations and new construction on the 20-acre campus, they focused entirely on the needs of patients and families. Their foremost goal was to provide a secure setting that offers comfort, dignity and convenient access to a full continuum of rehabilitative services as well as highly specialized medical care.

With that in mind, the new hospital structure became one of the first and only rehabilitation facilities in the region that meets requirements of the Hospital Facilities Seismic Safety Act (SB 1953).

Its overall strength is also exhibited by an authentic mission-style design that blends early Spanish architecture with Italian influences. Three towers are illuminated at night and adorn the entrance to the hospital and the adjoining Casa Colina Surgery Center and Kittell Imaging Center, offering a reassuring welcome. Its serene beauty is heightened by the landscaping surrounding the building, where walkways are lined by numerous palms, citrus trees, flowering Chinese flame trees, rose gardens, and a large 2-tier fountain. There are also six different open courtyards and an outdoor eating piazza where patients can visit with their families.

And to help bring the outdoors in, every patient room has a garden view right outside each window and some have picturesque mountain views in the distance. Wooden plantation shutters give each room a home-like feeling.

In fact, virtually every single detail within this new hospital was designed to provide patients and their families with a comforting and environmentally pleasing atmosphere. This is evident with your first stroll down the south wing past the History of Excellence Wall that
contains an inspiring photo gallery of our doctors and therapists working with their patients. The lighting is warm, the hallways are wide, and the ceilings are raised to add an air of openness, while tile starbursts embedded in the flooring at key intersections help visitors navigate to their destinations. A well-appointed cafeteria and gift shop also create a sense of hospitality without being the least bit "hospital-like."

Delivering a new level of comfort.

When patients are admitted to the new hospital, they often comment that it feels more like they “checked in.” Spinal cord injury patient Carmen Mexia stated, “This room is beautiful. The colors are very calming. We have our own bathroom. It’s more private and you feel like you’re in a resort.”

Each private and semi-private room features the comforts of home: a private television, personal cabinetry, and a desk with Internet access for laptop computers.

Yet these rooms also feature the most sophisticated medical equipment available. With the hospital’s advanced patient communication system, a nurse will appear right on screen to speak with a patient, so he or she will never feel isolated or alone when in need of assistance.

What’s more, each room is equipped with a hydraulic patient lift system that enables a nurse to easily lift and transport a patient weighing up to 500 pounds by simply pressing a button. Patient Diane Conn, who was not able to walk on her own, remarked, “It’s so wonderful. Before, we had gone through so much just to get me from the chair to the bed and to the bathroom. It’s great on my back. . just amazing.”

The rooms are also equipped with oxygen and well stocked with other medical supplies. And all patients wear a Wanderguard wristband for added security.

Of course, most patients are encouraged to get up and around as much as possible as part of their rehabilitation. Which is why there are lounge rooms down the hall where patients can spend time with their families and friends or watch TV with other patients and their visitors. And there’s also a patient library where they can learn more about their medical condition or borrow other reading materials so they can read between therapy sessions.

Adjoining the new hospital, patients have convenient access to the new Kittell Imaging Center and Casa Colina Surgery Center, operating under separate licenses.

The opening of the new hospital also brought a greater focus on acute rehabilitation. As a result, on March 12th, Casa Colina closed its Skilled Nursing Unit and hired more clinical staff in order to fully concentrate its resources on the needs of patients receiving three hours of intensive rehabilitation therapy, a minimum of five days per week. With a 5-to-1 patient/nurse ratio, each patient is assured more than 6-1/2 hours of licensed nursing each and every day.

Striving for an infection-free environment.

Perhaps the most innovative feature of the entire hospital is the way it was designed to help eliminate the spread of infection. Casa Colina’s infectious disease specialists collaborated with the architects and builders to make every effort to maintain an infection-free environment.

This includes special isolation rooms with vacuum-sealed doors for those patients most prone to infection. These rooms are capable of regulating the direction of airflow depending on the needs of the patient. For example, patients with Tuberculosis or Chicken Pox would require negative pressure in order to prevent microorganisms from escaping to the rest of the hospital. Whereas patients undergoing a bone marrow transplant would require positive pressure to reduce the risk of exposure to outside germs. Casa Colina Hospital’s Chief of Staff, Daniel Gluckstein, M.D., who is board-certified in Internal Medicine with a sub-specialty in Infectious Disease, has played a key role in developing the infection control standards of the new hospital. He stated, “We strove to create an environment and policies that met or exceeded current national standards in preventing infections while allowing patients full participation in their rehabilitation program.”

Creating a new outlook on what is possible.

It’s difficult for anyone familiar with Casa Colina not to look at the new hospital with the same wide-eyed enthusiasm as a New York tourist. Its sweeping archways, perfectly manicured landscaping, and immaculate rooms are truly uplifting to behold.

Yet the improvements that come with the new hospital represent so much more than just superficial changes. These new facilities also represent new treatments, better methodologies, and easier access to care. All leading to countless new ways Casa Colina Hospital’s over 200 physicians and nearly 400 employees will be able to make a tremendous difference in patients’ lives.

And the new hospital means the continuation of a legacy that began nearly 70 years ago – to provide the optimum rehabilitation and medical care for those in our community and beyond.

“It’s not our new facility that I’m most proud of, it’s our people,” stated Casa Colina’s President and CEO, Dr. Felice Lovero.
It is often said that a picture is worth a thousand words. But when the picture can immediately detect a broken bone, tumor, foreign object or serious blockage, it’s worth so much more. Which is why Casa Colina is pleased to welcome the Kittell Imaging Center, established jointly between Casa Colina Centers for Rehabilitation and two of the area’s leading radiologists and supported with a gift from Warren and Barbara Kittell.

This new state-of-the-art diagnostic imaging facility, adjacent to Casa Colina Hospital, operates under a separate licensure and offers inpatients and outpatients convenient access to the most advanced imaging equipment available. Equipped with the latest technology and overseen by board-certified radiologists, Dr. Akemi Chang and Dr. Gary Jensen, the Kittell Imaging Center delivers same-day results to its patients’ physicians on all tests performed before 3:00 p.m.

The Kittell Imaging Center’s staff realizes that it’s often a stressful time for patients (and their loved ones) to undergo diagnostic tests and interventional procedures. Everyone takes special care to make certain that safe practices are implemented to ensure patient comfort, efficient procedures and accurate results.

This was also kept in mind with the design of the building, where patients are provided with private dressing rooms and private waiting areas for greater modesty and confidentiality.

The new center offers $4.1 million in the latest digital imaging equipment, including a Siemens 1.5T Magnet MRI; Siemens SOMATOM Sensation 16-slice Scanner CT; Siemens/Acuson & Sequoia 512 Ultrasound System; Siemens Digital Multi-purpose AXIOM C-arm System for special procedures; Norland Total Body Scanner for bone density tests; Picture Archival and Communication System (PACS); and Conventional Radiology (X-Ray).

This long list of equipment translates into more options for physicians to detect, diagnose and treat illnesses and injuries with fewer repeated tests. “Our equipment is wonderful. These images are the best we’ve ever seen,” Dr. Chang confirmed. And since this department uses a digital plate rather than film, tests can be quickly ‘flagged’ and printed, placed online, or on film or CD for physicians to view.

There is also an advanced Special Procedures Suite, where all interventional radiology procedures are performed including angiograms, myelograms, arthrograms, dialysis shunts, medi ports and many more. When you’re on pins and needles waiting for test results, you don’t want anything to delay them unnecessarily. This is why the Kittell Imaging Center adopted voice-activated transcription, thereby maintaining accuracy while eliminating many of the steps traditionally required in the reporting process. So, in most instances, your test results reach your doctor’s office by the time you’ve arrived home or soon after you’re back in your hospital bed.

The Kittell Imaging Center is open from 8:00 a.m. to 5:00 p.m., Monday through Friday, and available 24/7 for inpatient emergency examinations.
This new $7.5 million facility, adjacent to the new Casa Colina Hospital, not only signifies the near completion of Casa Colina’s renovation and expansion, but also a significant expansion of medical services provided on the campus.

Much care went into the design and planning of this facility to ensure that it was equipped for a broad range of surgical procedures – from orthopedic and neurosurgery to gastroenterology, general surgery and pain management.

The Casa Colina Surgery Center building, scheduled to open this summer, is owned by Casa Colina Centers for Rehabilitation. And it is leased to many of the region’s prominent surgeons who operate the facility and own its equipment.

“We are so pleased with the state-of-the-art equipment that we have at this facility,” stated John Sasaki, M.D., a partner in the center. “The new X-ray fluoroscopy allows us to obtain real-time digital imaging during surgery. The neurosurgical microscope allows neurosurgeons to perform microsurgery on an outpatient basis.”

In addition to its three large operating rooms, the Casa Colina Surgery Center has two specialty procedure rooms with a GI laboratory and 16 beds for pre-op and post-op recovery. The beds are in an area designed with natural lighting for a more relaxing experience before undergoing surgery and upon regaining consciousness after an operation.

An experienced clinical staff of surgeons, operating room nurses, peri-anesthesia nurses, and surgical technicians work to ensure the safety and comfort of patients. Depending on the procedure, patients are either given general or local anesthesia, or conscious sedation, which is sometimes referred to as “twilight” sleep.

Operations may last from 30 minutes up to several hours, depending on the type of surgery required. Outpatient surgery enables patients to be admitted and released on the same day.

The Casa Colina Surgery Center is open from 6:00 a.m. to 5:00 p.m., Monday through Friday. For more information, call 909/993-3550.

“Is my mother really doing?” “Is it still okay for my father to drive?” “Is it wrong to put my parent in a nursing care facility?”

These are the questions that families struggle with as their loved ones approach their later years.

Fortunately, Casa Colina’s Senior Evaluation Program can help provide the answers for patients 65 or older. It is the only inpatient medical program of its kind in the region that offers a comprehensive assessment of one’s overall health and ability to carry out activities of daily living.

“Eighty-five percent of the time, we recommend patients remain at home where they’ll be watched more closely. After all, there’s no place like home,” acknowledged Program Medical Director, Dr. Harvey Cohen, a board-certified geriatrician. “Our goal is to find ways to improve their quality of life while they remain independent and reduce the risk of injury.”

Over the course of a few days, a patient will stay in Casa Colina’s new hospital where he or she will be seen by Dr. Cohen, a pharmacist, a physiatrist, a social worker, a physical therapist, an occupational therapist, a speech therapist, a dietician and a registered nurse case manager.

A complete battery of tests will be performed to determine his or her health risks, functional activity, mental status, nutrition, balance and gait, and more.

“Once everyone has conducted his or her own medical specialty-specific evaluation, the clinical team meets to brainstorm and carefully consider all the things that could happen without the proper intervention.

“Everyone has something to offer. The dynamics of the team are very powerful,” Dr. Cohen added. “We pick up things that could be easily missed or passed up. It feels good to know that we make decisions that are going to have a great affect on this person.”

For example, by collaborating with a patient’s primary care physician, the team is often able to reduce the number of medications and side effects. A perceived case of dementia could be fixed with a hearing aid. The team can also arrange for help in the home or meals delivered through Meals-on-Wheels.

Simple steps can do wonders to not only help the patient, but also reduce the incidence of caretaker burnout among family members who are trying so hard to do it all on their own.

The Senior Evaluation Program offers a thorough and compassionate way to determine the appropriate level of care required for each individual, and subsequently helps improve their family’s relationships.

For more information, call 909/596-7733, ext. 3900.
NASCAR drivers have a crew working for them in the pit. Baseball players have an entire staff helping them out in the dugout. Boxers have a corner team backing them in the ring. There’s no doubt about it, athletes need a tremendous amount of support to excel and compete. This is especially true when athletes suffer from an injury or undergo surgery.

Now these athletes have a very special place to turn to – Casa Colina’s Sports Medicine Center with its world-class sports complex. Dr. Christopher Chalian, a board-certified orthopedic surgeon who has worked with the team physicians and athletes from the Chicago Bears, Bulls, and Cubs, medically oversees this progressive program designed for athletes of all ages and levels of play.

“The advantage you have with this sports medicine program is that you not only have the physician, but the athletic trainer and physical therapist meeting with the patient at the same time,” explained Dr. Chalian. “So everyone understands the diagnosis and the treatment plan. There’s no room for misinterpretation.”

“I’m very proud of our Athletic Trainer Supervisor, David Salaiz, ATC. You see, the treatment isn’t just the surgical aspect, it’s the therapy,” Dr. Chalian modestly explained. “David’s talent is not only in giving good care, but making sure it’s consistent across the board.” As a result, everyone at the Sports Medicine Center possesses a keen understanding of athletes and the physical demands of their respective sports. Each day they work to keep the lines of communication open with their patients to ensure the proper amount of exertion and an efficient recovery.

The Sports Medicine Center’s team of experts also includes board-certified specialists in orthopedic physical therapy, an athletic trainer supervisor, a certified aquatic therapist and certified Pilates instructor, certified strength and conditioning specialists as well as physical therapists and athletic trainers.

“My goal is to treat the source of the mechanical dysfunction and to effectively and efficiently return my patients to their sport. I also educate them on how to elevate their game with a sport-specific training program geared to the individual athlete’s needs and allows a return to peak performance,” stated Phil Putignano, DPT, OCS, CSCS and Program Director of Casa Colina’s Sports Medicine Center.

Since athletes aren’t particularly fond of sitting on the bench, the Sports Medicine Center was designed with an outdoor batting cage, golf and soccer net, portable pitching mound, weight room and a practice track to help simulate their normal workouts. Plus, there are two indoor aquatic therapy pools to help reduce pain while building up muscle strength and cardiovascular fitness.

With the recent opening of the Kittell Imaging Center and Casa Colina Surgery Center (opening later in 2005), athletes can also have diagnostic tests and outpatient surgery performed on Casa Colina’s campus.

Yet this is not the only place where you’ll find the Sports Medicine Center’s athletic trainers and therapists. These professionals regularly meet with local college and high-school athletic trainers to help them transfer the same level of care to these athletes at their local institution.

“I love it when I’m the one standing on the sidelines, and our patients are back in the game,” remarked David Salaiz, Casa Colina’s Athletic Trainer Supervisor.

Casa Colina’s Tamkin Outpatient Center offers a wide variety of medical and rehabilitation programs:

- Arthritis/Tendinitis – Eugene Boling, M.D., board-certified Internal Medicine with sub-specialty in Rheumatology; Antony Hou, M.D., board-certified Internal Medicine
- Audiologist/Hearing – Roger E. Murken, M.D., board-certified Otolaryngology
- Foot & Ankle – Michelle Ward, M.D., board-certified Orthopedic Surgery
- General Rehabilitation – Shashank Arya, M.D., board-eligible Physical Medicine and Rehabilitation; David Patterson, M.D., board-certified Physical Medicine and Rehabilitation; Yong I. Lee, M.D., board-certified Physical Medicine and Rehabilitation
- Infectious Disease – Dan Gluckstein, M.D., board-certified Internal Medicine with sub-specialty in Infectious Disease; Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease
- Movement Disorders – Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; Jai-Hyon Rho, M.D., board-eligible Neurologist
- Multiple Sclerosis – Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; Jai-Hyon Rho, M.D., board-eligible Neurologist
- Neuro-Orthopedics & Pain – Vincent M. Fortanasce, M.D., board-certified Neurologist
- Pain Management – John Sasaki, M.D., board-certified Anesthesiologist with sub-specialty in Pain Management
- Pulmonary Rehabilitation – Rohinder K. Sandhu, M.D., board-certified Internal Medicine with sub-specialty in Pulmonology
- Sports Medicine – Christopher Chalian, M.D., board-certified Orthopedic Surgery
- Urinary Dysfunction – Aaron Nguyen, M.D., board-certified Urology and Elmer Pinella, M.D., board-certified Urology
- Vestibular & Balance Disorders – Lucy Shih, M.D. board-certified Otolaryngology
- Wound Care/Hyperbaric Medicine – Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease
She’s part of the new Casa Colina.

Upon relocating to Southern California from the Midwest, I noticed some distinct differences in the way we live. I’m still getting used to stepping out the door without the need for a coat, and seeing people put salsa on everything. But one thing that hasn’t changed is that people value the best possible health care for their loved ones. It’s a common thread that unites us all in this country. Yet for many, affordable health care is simply out of reach.

Which is why I’m so excited to be a part of the Casa Colina Foundation, a nonprofit organization that raises funds to support Casa Colina’s many programs and services, while giving more than $500,000 annually in free care to individuals. After meeting with Dr. Felice Loverso, President and CEO, it was clear that his visionary leadership has taken Casa Colina to new heights. This is a place that provides exceptional health care to those in need of rehabilitation and specialized medical care. It is my goal to bring strong leadership and vision to further the mission of Casa Colina, the Children’s Services Center in Rancho Cucamonga.

With the near completion of Casa Colina’s campus renovation project that includes a new state-of-the-art 68-bed rehabilitation hospital, imaging center and outpatient surgery center, the Foundation’s focus will be on creating gifting opportunities with the naming of specific buildings and treatment areas. We want to make enough gifting opportunities available so that every member of the community has an opportunity to be part of Casa Colina’s future. As we meet people in this area, we are also mindful of improving community awareness of the Foundation’s purpose and providing information about giving options. We also look forward to the creation of a new web site, which will offer complete information about supporting Casa Colina as well as the distribution of a bi-annual newsletter dedicated to our supporters. This is how we plan to keep our donors up-to-date about Casa Colina Foundation’s goals and achievements. And through the coordination of our special events – Tribute to Courage, Padua Village Golf Classic, Trends in Autism Conference, Luau for Casa’s Kids, and Casa Colina Golf Classic – we will continue to increase solicitation of corporate and foundation support for program expansion and capital needs.

It’s not just the change in the weather that’s giving me a brighter outlook. It’s a wonderful feeling to see how our efforts can have a tremendous impact on others’ lives. Yours truly.

Gina Johnson
Executive Director, Casa Colina Foundation

Gifts with unexpected returns.

When you think of the words “gifts” and “returns,” it conjures up thoughts of long lines at the mall after the holidays with everyone exchanging their unwanted sweaters, perfumes and ties. All proof to the adage that “it’s better to give than to receive.”

But many people might beg to differ. For example, on October 1, 2004, one wonderful couple in our area made a significant charitable gift in trust to Casa Colina Centers for Rehabilitation. In exchange for their generosity, they will receive a substantial annual income from their gifted assets for the remainder of their lifetime. (This income is based on the value of the assets gifted, and overseen by a financial professional of their choice.) Upon their passing, the assets of this trust will be distributed to Casa Colina.

In addition to generating a fixed return to suit their personal needs, this husband and wife also received a significant charitable income tax deduction. And they avoided all the administrative hassles of owning property and estate tax advantages.

It was a gift that not only made sense to them financially, but emotionally too, since this couple first learned of the good work Casa Colina had done for the sick and injured during their childhood when they first met Frances Eleanor Smith, the founder of Casa Colina.

In those days, the donations consisted of milk, fruits and vegetables from local farmers. Today, this legacy of community support continues through much-needed financial support – gifts of cash, appreciated assets, bequests, charitable gift annuities, and charitable remainder trusts.

Like other philanthropic leaders in Casa Colina’s history, these individuals stepped forward to discuss how they could help. If you’d like to learn more about how you can make a gift to Casa Colina that’s designed just for you, call the Casa Colina Foundation at 909/596-7733, ext. 2208.
When you’re lying in a hospital bed unable to move, it’s only natural for people to ask, “What happened to you?” This was the predicament that Frank Glankler, a successful businessman, found himself in after a freak accident in his home. “Most people in the hospital had pretty good stories – motorcycle wrecks, car accidents, gunshot wounds,” he recounted with a charming Memphis drawl, “I started to tell people this happened while I was trying to combine bungee jumping and sky diving over Peru.” It was a lot more fun for Frank to tell this tall tale than admit the truth.

Ironically, he always used to say, “One of these days I’m going to break my neck on this baby gate.” And that’s exactly what happened as he went back to grab a bottle of water from his kitchen while preparing to leave for the airport on the morning of February 29, 2004. He tripped over the baby gate that kept his Italian greyhound puppy in the utility room when he and his wife weren’t able to watch him. “It wasn’t the dog’s fault,” he said very matter-of-factly, “As I tripped, the gate came down between my legs so I couldn’t get my balance. I looked back as I was falling, hit the countertop and broke my neck. What can you do?”

Instantly, he was paralyzed. The countertop also left a gaping hole in his forehead. He couldn’t feel his body. Frank added, “It’s a sensation you can’t explain because it would be like trying to explain how a banana tastes if you’ve never had one.”

His wife, Angel, immediately called 911. Frank was rushed to a nearby hospital in Scottsdale, Arizona. His surgeon’s prognosis wasn’t optimistic. In his estimation, Frank would be a quadriplegic for the rest of his life. Never one to give up, Frank instructed his surgeon, “You take your best shot. Let’s see if we can’t improve this thing.” His surgeon replied, “You know it could get worse.” Frank answered with a chuckle, “No, it really can’t.” At 10:30 p.m. that evening, his doctor performed six hours of complex surgery on his neck and spinal cord, as Frank said, “putting Humpty Dumpty back together again.” Though the surgery was successful, his doctor felt it was unlikely that his condition would improve.

He spent the next four days on a respirator. Unable to speak with a tube down his throat, he and his wife devised a code where he’d blink and she’d call out letters. “The problem was neither of us was too skilled at it, so it resulted in an awful lot of mistakes. It’s extraordinarily frustrating when you’re in that position,” Frank recalled.

It was one of many unfamiliar challenges he’d face. After all, the only other times he’d been in a hospital before were to drop off flowers and pick up his newborn children. He wasn’t used to being a patient – or being patient. He had always been a driven man of action. He was definitely not one to settle without a fight.

“Socks were the death of me. This nice woman was determined to spend hours showing me how to put on my socks,” he recounted, “I realized in that moment that we wanted different things from rehabilitation. They wanted me to learn how to live with my disability. I wanted to learn how to overcome it.”

While he harbored no ill will toward this hospital, he decided to ask his wife to look into other rehab hospitals. She did her research on the Internet. She visited five other facilities across the country. And she spoke to her trusted friends and advisors. Casa Colina came highly recommended.
Frank recalled, “When I saw patients give up, I noticed they didn’t have that kind of encouragement. All I can say is if you don’t have that emotional support to draw upon, look for it from other sources — your own inner strength, the staff, even books or movies. The time you have at Casa Colina is a precious window of opportunity. Do everything that you can to make the most of it.”

A true workaholic, he pushed himself hard. He put in three long hours of therapy each day, and he continued to run his Ontario-based company from the hospital. He was given access to satellite TV to keep track of the financial markets, high-speed Internet to communicate with his business and a conference room to hold meetings. He often held his staff meetings from 3:30 to 6:30 p.m. in the outdoor courtyard.

He acknowledged, “It was important to me to have a win every day. To accomplish something new that wasn’t impossible. These wins spur you on to the next one and the next one and the next one. And that’s what this rehab did for me. It kept me going in a positive direction.”

He made remarkable progress in a short period of time. When he left Arizona, he couldn’t walk and he could barely move one hand. Even sitting up made him feel dizzy. But he was motivated to speak at a conference and the next day. “I’ll beat that,” said Frank. They helped each other keep their focus on what they could do.

It also occurred to Frank that he would need to be able to get around on his own once he got back home. He was concerned that he wouldn’t be able to get off the floor. “If I’m down, I’m down. The muscles weren’t strong enough for me to stand up on my own. We came up with a creative solution. We bought some Styrofoam and cut it up in pieces. We discovered I could raise myself up a little bit by sticking a piece under me. And then another and another,” he explained. “It might sound silly, but if you’ve been paralyzed and you can’t get up and are by yourself, it’s like Hallelujah!”

Little things made a huge difference. He commended Dr. lover for taking the time to stop by and speak with the patients each day. “All that showed a commitment on the part of the organization for people in that spot. And that’s what people in that spot need,” he affirmed.

“We don’t want pity. Cheer us on and help us figure out how to do it ourselves.”

He was determined to walk, too. “One thing about me is I never accept my limitations,” he said. “Frank replied. “I can beat that,” said Frank. They helped each other keep their focus on what they could do.

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“We don’t want pity. Cheer us on and help us figure out how to do it ourselves.”

Frank said that he was never a person to accept his lot in life, ever. And he never expected that his greatest obstacle would be the result of a two-foot tall baby gate. Yet he proved once again that he’s always up for a challenge. “I liked my life before, but there’s another side of me that realizes just how tough and resilient we all can be when faced with a challenge if we have the support of our family and friends. If you truly want to help yourself,” he said emphatically, “you’re in the right spot at Casa Colina.”
A renowned novelist, Stephen King, is accustomed to taking people to dark, unimaginable places and keeping them on the edge of their seat. When he hosted Casa Colina’s Tribute to Courage event on July 24, 2004, at The Ritz-Carlton Huntington Hotel & Spa in Pasadena, CA, he succeeded once again in stirring his audience.

But this time it was not with some fictional characters conjured up in his head. Instead, he described in great detail the incredible story of how Edward Eckenhoff, the recipient of Casa Colina’s “Tribute to Courage” award, transformed his life and the field of rehabilitation after suffering a spinal cord injury in 1963. And he spoke of how he reclaimed his own life after a catastrophic accident in 1999. The true stories that in similar ways forever changed both of their lives.

Edward Eckenhoff was a 20-year-old college freshman in the prime of his life—a kid who loved being active. He was a football player and track star in high school. He celebrated his final day of classes with one last drive in his roommate’s MG convertible. It ended in a tragic accident. His roommate did not survive. Ed was the lucky one.

Stephen King was delighted to have his grown children and grandchild home for a summer visit at his home in western Maine. He planned to take his wife and kids to a movie that evening. But first he set out for his usual walk at four o’clock in the afternoon. He was hit head-on by a van and suffered multiple leg fractures, hip, and back injuries.

The events that followed each of their unexpected encounters with fate were eerily similar. “We’ve all seen ‘ER’ and reality TV. We can all imagine the flashing lights, the hurried but competent ministrations of the paramedics, and the rush through the emergency room. These are modern miracles of technology and organization—without which neither I nor Ed Eckenhoff would be here tonight,” recounted King.

What these men have done with their second chance at life is nothing short of remarkable.

After several months in a rehabilitation hospital, Ed returned to Transylvania University in Kentucky as a paraplegic to complete his undergraduate degree. Then he earned a master’s degree in education and counseling and another in healthcare administration. He completed his residency at the McGraw Medical Center of Northwestern University in Chicago and joined the Rehabilitation Institute of Chicago in 1974. He was also a tireless advocate for those with disabilities.

He had a vision of what rehabilitation could be. Ed recounted, “I had a dream of building what I hoped would become a great national model for rehabilitation care and research.” And so, in 1986, after years of dedicated work for people with disabilities, he became the Co-founder, CEO and President of the National Rehabilitation Hospital in Washington DC, which has evolved into a network of nearly 40 locations and serves thousands of patients with disabilities ranging from spinal cord injuries to traumatic brain injuries to orthopedic and neurological conditions.

In spite of his disability, Ed continues to work 12 to 14 hours a day, using braces and crutches to get around, and always finds time to visit with patients who remind him of why he is there.

In spite of the constant pain, Stephen King continues to entertain people all over the world with his literary work. He recently completed his non-fiction book, On Writing, and co-authored Full Fathom Five, a recount of his beloved Red Sox’ 2004 World Series victory.

This fundraising event raised $195,000 to help replenish the uncompensated care fund created by Casa Colina Foundation. The success of this event would not have been possible without the support of its major sponsors Robert & Beverly Lewis, Creative Artists Agency, Rehabilitation Institute of Chicago, Foothill Independent Bank, Mass General Hospital for Children, LDR Neurosurgery, and the University of Southern California.
Over $1.5 Million in Grants.

Grants are an important part of Casa Colina’s ability to take bold steps into the future by supporting innovative programs, development and research. In the last year, we have been honored to receive significant grants to assist in the construction of the new hospital. The first was from the Weingart Foundation, for $600,000, and the second from the Ahmanson Foundation, for $500,000. This direct funding for the hospital is a major investment in the health care of our community, and recognizes the unique value that Casa Colina Hospital’s service brings to the patients we serve.

In July 2004, the UniHealth Foundation granted $150,000 to Casa Colina for “Improving Rehabilitation Outcomes with the Use of a Therapy Courtyard.”

The project included construction of the therapy courtyard, development of protocols for its use, and an evaluation of its benefit. It was a one-year project and is now in its finishing stages of evaluation.

Casa Colina is indebted to the foundations that have supported innovative programs, development and research. The UniHealth Foundation has made a second grant of $359,027 to Casa Colina that began in July 2005. This will be a three-year project titled, “Specialist Physicians in the Rehabilitation Continuum.” The grant will assist with the development and evaluation of Casa Colina’s innovative Specialty Centers. The goal of the project is first, to show the benefit of specialist physician services to persons with disabilities or at risk of disabilities when those services occur within a rehabilitation setting, and second, to show that this type of service can be economically viable. Finally, the project will establish a model that can be implemented at other locations.

Casa Colina is indebted to the foundations that have made these resources available and appreciates particularly that the board members of these foundations share the vision of the Casa Colina Board and management team – to create a true Center of Excellence in rehabilitation.

A variety of resources made the new therapeutic playground at Children’s Services a reality.

The UniHealth Foundation has made a second grant of $27,300 to Casa Colina that began in July 2005. This grant of $27,300 will be added to $26,434 that was donated by families and individuals, including a $10,000 donation from the Winslow family. The specially designed playground equipment will be installed this summer and will allow therapists a greater range of treatment choices and will accommodate a larger number of children. Advances in equipment design mean that the equipment will also be safer for children to use.

Luau for Casa’s Kids

It was like taking a trip to Hawaii without the jet lag. On Saturday, July 30th, Casa Colina hosted the third annual Luau for Casa’s Kids and its first event ever in the new hospital’s fountain courtyard. Staff and volunteers used their creative flair to transport over 200 guests to the South Pacific. Authentic Hawaiian food, a hula band and hula dancers added to the evening festivities, as well as the exotic flowers donated by Armstrong Garden Centers.

Funds were raised through tickets, a live and silent auction, and from many sponsors that included Big Kahuna- $10,000 sponsor, the A. Gary Anderson Family Foundation, Outrigger- $5,000 sponsors, Donald and Marilyn Driftmier, Promed Health Network of Pomona Valley, and Questar Engineering; and Surfboard-$2,500 sponsors, Armstrong Garden Centers, Atlas Painting Company.

From top to bottom: Supporters of Casa Colina cruise into Bonelli Park to raise funds for patients in need of financial support; “Best Bike” contest winner; The Reno Jones Band donated its time and wonderful talent. Don and Marilyn Driftmier. Rock & Ride for Casa’s Care raised over $7,000 to support Casa Colina’s uncompensated care fund.

From left to right: Cindy Sendor, Director of Children’s Services, pictured with Erin Lastinger, Director of Children’s Services. A Samoan fire dancer entertained over 200 guests.

Concrete Connection, Cumbre, Inc., Estate Strategies, Inc., Endrizzzi Excavating, Kramer’s Masonary & Supply, and Three D Demo. After the event, Jacob and Paula Zeidman made a significant contribution to support Casa’s Kids. This event raised a record $123,000 to support Casa Colina’s Children’s Services.

Sunday, October 24th was a day to go “hog” wild at Bonelli Park in San Dimas. True to its name, Rock & Ride for Casa’s Care featured music by the Reno Jones Band, Creature of Mercy and D.E.A. Band. Over 150 motorcyclists rode in from Pomona Valley Harley-Davidson and Skip Fordyce Harley-Davidson in Riverside, two of the event’s major sponsors.

Once they reached the park, the riders were greeted by a wide variety of vendors and had a chance to participate in a raffle that included a leather jacket and leather chaps donated by Pomona Valley Harley-Davidson. The motorcycle club “Soldiers for Jesus” helped organize the ride routes. They also provided road captains and security.

Casa Colina Foundation thanks key sponsors, Don and Marilyn Driftmier. Rock & Ride for Casa’s Care raised over $7,000 to support Casa Colina’s uncompensated care fund.

THE FOUNDATION FOR OUR SUCCESS

Casa Colina Foundation is dedicated to changing lives through aid, advocacy and awareness. This is made possible through a variety of ways that include several fundraising events and informative seminars that were recently held to support the children and adults who receive care at Casa Colina.
The 25th anniversary of this event was marked by a visit from an Angel and 145 enthusiastic golfers who turned out for a sunny, autumn day of play at South Hills Country Club in West Covina on November 15th. Mike Scioscia, Manager of the Los Angeles Angels, led the spirited evening program with Event Chairman, Bill Haaker. The Casa Colina Foundation is once again indebted to George Langley and Foothill Independent Bank for their generous support as the Presenting Sponsor of this tournament, which raised over $221,000 for Casa Colina’s Outdoor Adventures Program.

This special dedication ceremony brought lots of smiles with Emmy award-winning entertainer Art Linkletter, host of the widely popular television classic, “Kids Say the Darndest Things.” It was held on Sunday, February 22nd, in honor of the new, state-of-the-art Dr. S. Jerome and Judith D. Tamkin Outpatient Center. Nearly 100 guests joined Dr. Jerome and Judith Tamkin for a gourmet brunch with live music and entertainment provided by Mr. Linkletter, a longtime friend of the Tamkins.

Throughout the morning, guests were invited to tour the new Tamkin Outpatient Center, which provides high-quality medical and rehabilitation services. Casa Colina will be forever thankful to the Tamkins for their $2.5 million contribution to build this state-of-the-art facility.

Dr. S. Jerome and Judith D. Tamkin were honored at a special dedication ceremony with their family and closest friends.

The event brought experts from across the country, including world-renowned pediatric neurologist Margaret Bauman, M.D. and returning speaker Temple Grandin, Ph.D., plus physicians, therapists, educators, and parents. A conference book with paid advertisements was also created for the first time to help subsidize the conference and keep the registration fees low. Over 300 people attended the event, which was at maximum capacity. The 2006 conference will be held at a new location to better accommodate the growing number of participants.

For details about future Casa Colina Foundation events, call 909/596-7733 ext. 2223 or visit www.casacolina.org.
**NEW SF Romney Centers**

with Autism and other disabilities

**sensory stimulation for children**

strength, self-confidence and

monkey bars and swings. The

tunnels, slides, bounce center, music

a corkscrew, climbing wall, bridge,

accessible. Areas to explore include

discover the great outdoors. The

old playground equipment, all

mobility area” and removal of the

of discovery for children. With the

This center has always been a place

fundraiser hosted by the Winslow

made possible by last year’s Luau

$57,000 playground remodel was

specifically for Casa’s kids. This

children, designed the playground

efforts and a grant from the Ludwig

Family Foundation that was initiated

by volunteer, Mike Lancaster.

There’s also a lot more fun and

special education for kids in the

Summer Program, which offers

Writing Workshops, Keyboarding

Lessons, Heads Up: Building

Attention Skills, Friends Clubs:

Building Social Skills, and Summer

Day Camp. Summer sessions are
typically filled to capacity.

**Laband Transitional Living Center**

People have recently traveled from

as far as Alaska, Arizona, Hawaii,

Nevada, Northern California and

Washington – places where there is a

shortage of post-acute rehabilitation therapy – to continue their care at the

innovative Laband Transitional Living Center. This facility offers

short-term residential care and a
day program for individuals with

brain or spinal cord injuries.

In order to meet the growing
demand for its services, 10 more
beds were added to the recently

renovated TLC. The center also

recently welcomed more staff

including a behavior specialist,

two neuropsychologists, two post-
docctoral fellows, a physical therapy

assistant and an occupational therapy assistant.

**Outdoor Adventures**

The Land Meets Sea Sports Camp

celebrated its 10th anniversary last

August, 2004. Nearly 100

children and adult campers

participated in this

fun-filled, 4-day event, which

incorporated water, land,

recreation and competitive sports. They were excited to take part in

water skiing, jet skiing, kayaking,

outrigger canoeing, sailing, deep-sea

fishing and an introduction to scuba
diving. They also enjoyed over-the-

line softball, quad rugby, power

soccer, martial arts, wheelchair

basketball, football, hockey, tennis

and hand cycling. A special one-day

Kids’ Kamp was held for children.

The success of this event was

made possible by Casa Colina’s staff

of Certified Therapeutic Recreational Specialists, volunteers, coaches and

athletes who guided the campers

through all the activities. Key

sponsors included AMed Healthcare;

Inland Valley Daily Bulletin;

Rancho Mobility; Long Beach Park

Recreation & Marine; Kawasaki;

Rusch; PADI; International Sea

Recreation & Marine; Kawasaki;

Rusch; PADI; International Sea

Outing;

Hollister, Mentor Urology

and the United States Sailing Center.

**Rancho Rehabilitation Center**

San Antonio Community Hospital

and Casa Colina Centers for

Rehabilitation have teamed up to

create a comprehensive outpatient

rehabilitation services center for

residents of the Inland Empire.

The result is the newly renovated

Rancho Rehabilitation Center, located

at Rancho San Antonio Medical

Center in Rancho Cucamonga.

What makes this collaboration so

unique is that it is owned by San

Antonio Community Hospital,

while Casa Colina is responsible

for its renovation, staffing, and

new program development.

Under Casa Colina’s management,
the site now enables San Antonio

Community Hospital to offer more

comprehensive rehabilitation services,

such as neurological rehabilitation,

sports medicine, wound care and

hand therapy.

Now the newly remodeled and

upgraded facility offers new

equipment and over 4,400 sq. ft of

treatment space with an orthopedic
gym, neurological gym, seven private

treatment areas, and a specialized area

to practice activities of daily living.

An open house was held on

November 30, 2004 to celebrate

the completion of this new center,

which was attended by area

physicians, community leaders,

members of the Rancho Cucamonga

Chamber of Commerce, and the

general public.

From left to right: John Thompson, former

Interim CEO at San Antonio Community

Hospital; Mary Recina, Clinical

Coordinator of Rancho Rehabilitation

Center; Robyn Ogawa, Director of

Outpatient Rehabilitation Services at

San Antonio Community Hospital; and

Felice Loverso, Ph.D., President & CEO

of Casa Colina Centers for Rehabilitation.

**A. Gary Anderson Family Children’s Services Center**

This center has always been a place

discovery for children. With the

addition of a new “therapeutic mobility area” and removal of the

old playground equipment, all

children have an opportunity to
discover the great outdoors. The

entire structure is wheelchair

accessible. Areas to explore include
coralscrew, climbing wall, bridge,
tunnels, slides, bounce center, music

making center, ladders, turning bars,

monkey bars and swings. The

mobility area was designed to foster

strength, self-confidence and

sensory stimulation for children

with Autism and other disabilities

and challenges.

Gotham Playgrounds, a company

that specializes in creating

playground structures for physically

and developmentally challenged

children, designed the playground

specifically for Casa’s kids. This

$57,000 playground remodel was

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fundraiser hosted by the Winslow

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two neuropsychologists, two post-
docctoral fellows, a physical therapy

assistant and an occupational therapy assistant.

**Helen A. Kellner Adult Day Health Care Center**

This center provides a nurturing,

stimulating environment where adults with varying disabilities

can spend the day. It offers their

caretakers support, understanding and training, while giving clients the

right combination of nursing, social

services, recreational activities and
daily meals. As a way to foster

greater independence and interaction

within the community, teachers

from the Pomona Unified School

District continue to offer outings as

part of their Adult Education

Program. As a result, those enrolled

at Casa Colina’s Adult Day Health

Care Center have an opportunity to

become involved in activities,
such as raising trout and bowling.

**Outdoor Adventures**

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Felice Loverso, Ph.D., President & CEO

of Casa Colina Centers for Rehabilitation.

**Casa Colina at Apple Valley/Rancho Pino Verde**

These facilities in Apple Valley and

Lucerne Valley offer long-term

residential programs for individuals

with brain injuries. Both locations

continue to operate at full capacity

and offer a wide range of enriching

and enjoyable activities for their clients.

In fact, each week the centers

take turns hosting social activities

that include backyard barbecues,

ice cream socials, holiday parties,
games, and pool parties. At the

Apple Valley location, many enjoy

their weekly Starbucks outings and

attend church. At the Lucerne Valley

location, they enjoy fishing for large
catfish and small mouth bass in the

one-acre pond – and throwing the

fish back in after they’re caught.

Residents are also pursuing

their education at Victor Valley

College, where some are studying

cooking, business administration

and English. And to foster greater

independence and friendships,

many participate in Casa Colina’s

Outdoor Adventures activities.

**Padua Village**

The residents of Padua Village

are involved in numerous activities

and events throughout the year.
The monthly social calendar is filled with

community-sponsored concerts in

the park as well as outings with Casa

Colina’s Outdoor Adventure program,

which includes the annual Land Meets

Sea Sports Camp in Long Beach.
In addition, Casa Colina has not cut back but has maintained charity care and community benefits during these years. The continued focus on charity care, even during this period of dynamic growth and change, is evidence of the commitment to think of “patient care first” on the part of the Board of Directors and management. Overall, the equity and capital resources remain strong. During 2003, the market results of the Foundation’s investment portfolio sustained a significant net write-down of its investments, which was recaptured in 2004 and 2005. This recovery is important because these securities and the Foundation support the campus renovation project, the debt associated with it, and development costs associated with other campus projects.

In summary, Casa Colina is financially strong and has a successful strategy to meet the challenges of the obligations that are a part of rapid development; and is not only holding but also expanding its commitment to the mission of providing individuals the opportunity to maximize their rehabilitation potential. Casa Colina is pursuing this mission through the development of new programs, focusing on the efficiency and effectiveness of all services, and ensuring access to rehabilitation.

### Casa Colina Operating Entities

#### Financial Performance

<table>
<thead>
<tr>
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<th>2005</th>
<th>2004</th>
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<tbody>
<tr>
<td>Revenues</td>
<td>$49,844,000</td>
<td>$47,430,000</td>
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<tr>
<td>Gross patient and other services</td>
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<td>2,045,000</td>
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<tr>
<td>Other operating revenue and transfers from Foundation</td>
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<td>49,475,000</td>
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<td>Total Revenues</td>
<td>54,702,000</td>
<td>49,775,000</td>
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<tr>
<td>Deductions</td>
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<tr>
<td>Contractuals/uncompensated care</td>
<td>16,980,000</td>
<td>16,226,000</td>
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<tr>
<td>Bad debts</td>
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<td>898,000</td>
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<td>Total Deductions</td>
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<td>17,124,000</td>
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<td>Revenue Less Deductions</td>
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<td>32,351,000</td>
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<td>Operating Expenses</td>
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<tr>
<td>Salaries and benefits</td>
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<td>21,408,000</td>
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<td>Other expenses</td>
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<td>7,610,000</td>
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<td>Total Operating Expenses</td>
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<td>29,018,000</td>
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<td>Net Income from Operations Prior to Depreciation, Interest and Extraordinary Items</td>
<td>$3,699,000</td>
<td>$3,333,000</td>
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Note: Interest, depreciation and write-downs of the old hospital building and various other buildings were $2,793,000 and $2,155,000 in fiscal years 2003 and 2004, respectively.

### Casa Colina Foundation Changes in Net Assets

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
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<tbody>
<tr>
<td>Revenues</td>
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<td>$5,446,000</td>
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<td>Donations and special events</td>
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<td>Total Revenues</td>
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<td>10,663,000</td>
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<tr>
<td>Expenses and Transfers</td>
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<tr>
<td>Salaries and benefits</td>
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<td>991,000</td>
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<td>Other expenses, transfers to affiliates and restricted funds</td>
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<td>7,381,000</td>
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<td>Total Expenses and Transfers</td>
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<td>8,372,000</td>
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<td>Foundation Revenues Over Expenses and Transfers</td>
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<td>2,291,000</td>
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<tr>
<td>Net unrealized gains on marketable securities</td>
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<td>Net assets released from restrictions used for capital additions</td>
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<td>Total Change in Net Assets</td>
<td>$1,644,000</td>
<td>$13,523,000</td>
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**About Casa Colina’s Operational Performance**

Casa Colina has enjoyed success and performed extremely well from an operational point of view the past two years. The financial operational performance was due to several factors, including a continuous growth of medical staff and referral sources resulting in near full capacity at Casa Colina Hospital. Also, other operations including outpatient therapies have allowed us to serve many more new patients.

In fact, the organization’s financial performance from operations, excluding the Foundation, has exceeded expectations. Casa Colina has been profitable in operations, excluding depreciation, interest and extraordinary items. Earnings before interest, depreciation and extraordinary items averaged more than $3 million the past two years. The financial strategy had to accommodate not only repayment of our bonds, but also the expense of ramping up the treatment staff and support elements to actually provide services in the new facilities as they come on line.

In addition, Casa Colina has not cut back but has maintained charity care and community benefits during these years. The continued focus on charity care, even during this period of dynamic growth and change, is evidence of the commitment to think of “patient care first” on the part of the Board of Directors and management.

Overall, the equity and capital resources remain strong. During 2003, the market results of the Foundation’s investment portfolio sustained a significant net write-down of its investments, which was recaptured in 2004 and 2005. This recovery is important because these securities and the Foundation support the campus renovation project, the debt associated with it, and development costs associated with other campus projects.

In summary, Casa Colina is financially strong and has a successful strategy to meet the challenges of the obligations that are a part of rapid development; and is not only holding but also expanding its commitment to the mission of providing individuals the opportunity to maximize their rehabilitation potential. Casa Colina is pursuing this mission through the development of new programs, focusing on the efficiency and effectiveness of all services, and ensuring access to rehabilitation.
Mark Your Calendar

2005/2006

Friday, October 14, 2005
Casa Colina Hospital
Grand Opening Celebration

Monday, November 14, 2005
26th Annual Casa Colina
Golf Classic

Saturday, February 18, 2006
Tribute to Courage

Saturday & Sunday,
March 11-12, 2006
5th Annual Casa Colina
Trends in Autism Conference

Monday, April 24, 2006
24th Annual Casa Colina
Padua Village Golf Classic

Tuesday-Friday,
August 8-11, 2006
Land Meets Sea Sports Camp