STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA CENTERS FOR REHABILITATION

keystone

2007
Dear Supporters of Casa Colina

It has been my pleasure to support Casa Colina and serve on the Board of Directors for many years. I join our management and staff in feeling pride in our new campus with its state-of-the-art hospital, medical, imaging and therapy facilities. I am even more proud of Casa Colina’s continued success in maintaining and improving the quality of its specialty medical rehabilitation services in all areas of its continuum of care.

This will be my second stint as Chairman of the Board of Directors. I take this post with humility because I recognize how great the effort has been by so many people over decades—and especially over the last six years. They are the reason why Casa Colina is now able to help so many people in such a wonderful environment. They have ensured that our community receives the kind and care and compassion that yields positive results.

Along the way, we have had extraordinary leadership, a flexible and dedicated staff, a visionary Board, and a sharp focus on getting the job done. We have earned the confidence of our medical community, which is evident in the sharp focus on getting the job done. We have earned the confidence of our medical community, which is evident in the rapid growth in membership in our staff and clinics.

We have received recognition from so many in the business and political worlds. And we have had support from you as well as other individuals in our community.

Yet our job is not done. Individuals will continue to have health and rehabilitation needs. The demand for Casa Colina to fulfill these needs will increase and health care in our country will continue to change. Although these are all great challenges, the permanence of your support will help us remain steadfast in meeting them. With you on our team, we will keep this Center of Excellence thriving and serving the people of our community.

On behalf of the Board of Directors, please accept my thanks and gratitude. The fact that you value the rehabilitation that Casa Colina provides, and understand how important it can be to the life of a child, a mother, a father, or any loved one faced with an injury or disability, means so much. This is what guides us in the task of developing a new Casa Colina to serve us all in this next century.

Samuel P. Crowe, Esq.
Chairman, Board of Directors, Casa Colina, Inc.

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Cover photo: The Behee Family reflects on a proud moment after Jarod was awarded the Purple Heart in a formal military ceremony at Casa Colina in November 2005.

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Medical and Rehabilitation Services of Casa Colina

Hospital-based programs for the treatment of conditions that include:
- Amputation
- Arthritis
- Audiology/Hearing Disorders
- Autism Spectrum Related Disorders (ASRD)
- Balance Disorders
- Brain Injury
- Burns
- Congenital Deformity
- Developmental Delay
- Fibromyalgia
- Hand Injury
- Infectious Disease
- Lymphedema
- Movement Disorders
- Multiple Sclerosis
- Multiple Trauma
- Neurological Disease
- Orthopaedic Injury
- Osteoporosis
- Parkinson’s Disease
- Pulmonary Disease
- Spasms
- Spinal Cord Injury
- Stroke
- Urinary Dysfunction
- Work-related Injury
- Wounds

Casa Colina Centers for Rehabilitation includes:
- Casa Colina Hospital/Inpatient Services
- Dr. S. Jerome & Judith D. Tamlin Outpatient Center
- Laband Transitional Living Center
- A. Gary Anderson Family Children’s Services Center
- Helen A. Kellner Adult Day Health Care Center
- Rancho Pitsa Verde
- Casa Colina at Apple Valley
- Padua Village
- Outdoor Adventures

Also located on the Casa Colina campus:
- Kimball Imaging Center
- Casa Colina Surgery Center
- LDR Neurosurgery Group
A message from the CEO

The first priority at Casa Colina is our patients.

It is for the patients we are treating now – and those who will come to Casa Colina in the future – that we have built a new hospital and a new campus. They are why we have gathered a staff of outstanding therapists, nurses and physicians to sit knee-to-knee with the person in need who may one day be your mother, father, spouse, grandparent, son or daughter.

We understand the power of medical rehabilitation to make people’s lives better, whether it’s helping a 70-year-old grandparent or a 20-year-old Iraqi War veteran return to home and family and begin living again after a brain injury, stroke, or spinal cord injury; or a teenage athlete recovering from a sports injury so that he can safely continue with his favorite sport; or a person with MS making the best use of her energy and strength.

These are examples of what rehabilitation is about. It is a special task that Casa Colina has taken on as its mission.

On behalf of the thousands of patients we serve, and myself personally, we all have a great appreciation for the value that you have for our efforts to help so many people. Your support has nourished the mission of Casa Colina since it began in 1936. It has allowed us to meet challenges head on and keep the quality of care to our patients as our first priority.

The health care environment has been in a constant state of change for several decades and there is a tremendous upsurge of new health care needs headed our way as baby boomers reach the ages of higher medical and rehabilitation demands. As an independent, non-profit organization, we cannot control those outside forces. Yet we can control the 20 acres of our Pomona campus and our other sites across Southern California. In those places, we can maintain the quality of care, individualized attention and rehabilitation expertise that makes Casa Colina truly unique. With your continued support, we are committed to do just that and more.

Felice L. Loverso, Ph.D.
President & CEO
Casa Colina Centers for Rehabilitation

For the past five years, Casa Colina’s Board of Directors and staff couldn’t wait to show the world their new 68-bed rehabilitation hospital and 20-acre renovated campus. On the evening of October 14, 2005, they finally had that chance with a grand opening celebrating the hospital’s completion. As the invited guests drove up the new palm tree-lined driveway, they could see how Casa Colina had been completely transformed, not only for this special night, but for years to come.

Casa Colina rolled out the red carpet for the 1,600 attendees in every possible way – as staff members, jugglers, magicians, a stilt walker and a live band greeted the guests. The carefully orchestrated grand opening commenced with a social hour when everyone had the opportunity to mingle, sample gourmet hors d’oeuvres, and take a tour of the new hospital. Adding to the excitement, a large white tent loomed in the background as a hint of the catered buffet to come.

Just before dusk, the formal dedication and ribbon-cutting ceremony took place with numerous dignitaries in the audience – state and local government representatives, local, regional and nationally-renowned physicians, rehabilitation professionals, and a variety of hospital and rehabilitation association executives. Casa Colina’s donors, neighbors and supporters, as well as the vendors involved in the new hospital’s architectural design and building process, were also in attendance.

The audience was also filled with many inspiring individuals who overcame injuries and other debilitating conditions through weeks and months of inpatient and outpatient medical and rehabilitative care at Casa Colina. Seeing their faces in the crowd served as a reminder of what a difference care, compassion and perseverance can make.
very night on the news we hear of U.S. soldiers injured in Iraq. They are the brief sound bites that fail to tell the pain and sacrifices that these brave men and women make each day, thousands of miles away.

Staff Sergeant Jarod Behee from San Dimas is one of them. On his first tour in February 2003, he went with the Army’s V Corps into Baghdad. A soldier through and through, he volunteered for his second tour of duty in Iraq with the Army National Guard in November 2004, leaving his wife Marissa and young daughter Madison behind.

It was his nature to volunteer. So, on the morning of May 25, 2005, he offered to join a lieutenant colonel’s personal security detail in Bayji.

When they arrived, Jarod was assigned to take a position on the roof of the police station to provide maximum security for the lieutenant colonel and the building.

A quiet morning of small talk was suddenly interrupted by a crack of gunfire. Jarod was hit in the head by a bullet. Though he was wearing a Kevlar helmet that no doubt saved his life, the bullet’s impact crushed his skull, causing an immediate stroke. Miraculously, the bullet entered the helmet’s right side and exited the left side without penetrating his head.

Another soldier rushed to his aid with a medical bag. Despite the chaos of battle, his comrades responded like a well-oiled machine. By the time another soldier ran up two flights of stairs with a stretcher, the other had quickly bandaged his wounds. Medics had been alerted.

“Every member of our team that could be spared was on the roof,” a fellow soldier recalls, “I remember providing security as they moved him downstairs and into the back of a humvee. Initially Jarod was unconscious, but he awoke while we moved him. The ride back was very hectic and wild. My roommate, who was gunning the humvee, held his hand the entire time, telling him to hang on and to squeeze his hand. After all that happened, he responded to commands. We took Staff Sergeant Behee directly to the medics, who had just enough time to change his dressings before the helicopter came.”

He was airlifted to a hospital at Camp Speicher, 42 miles north of Baghdad where doctors repaired a blood clot in his head. Then he was transferred to another military hospital at Camp Anaconda, 60 miles north near Tal rit, where he received an emergency surgery on his skull (a left craniotomy), before being transferred to Landstuhl Regional Medical Center in Germany.

Marissa made the difficult decision to stay stateside and wait for her husband’s return. “We called every three hours to check on him,” she recalls. His doctors had to perform another craniotomy on his right side to remove a large piece of bone because of the swelling of his brain. After five days, he was stabilized and ready to return on a Medi-vac flight to Walter Reed Army Medical Center in Washington, D.C.

Back on American soil.

Army doctors assessed his injuries and determined them to be too severe to treat at their facility. So, after a few hours, Jarod Behee was transferred to his fifth hospital in a week – the National Naval Medical Center in Maryland because it was better equipped for head injuries. When Marissa finally saw Jarod again, she found he was severely disfigured by his injuries.
He was placed on a respirator to help him breathe and given medication to stabilize him. They put him in a medically induced coma for five weeks in order to give his body and brain a chance to heal.

After seven weeks, he was transferred to a VA hospital in Palo Alto, California. “We were six hours away from home. I was living out of a hotel. Our daughter was living with my parents,” his wife recounts. “He was in rough shape,” Marissa recalls, “He couldn’t walk. He couldn’t talk. He couldn’t even hold his head up. He was almost completely paralyzed on his left side.”

Three months passed and his condition was slowly improving. However, the VA doctors thought he would never walk again, unless perhaps with the use of a walker. “He was on his way to a nursing facility,” recalls Marissa. “I knew it could turn into a permanent situation because there was no chance to improve in that environment. I couldn’t let that happen.”

There were many people in Jarod’s surrounding communities who were also pulling for him. One of Madison’s preschool teachers enlisted 200 volunteers at three fundraising car washes in Covina, San Dimas and Azusa. Despite drizzly weather, they earned $6,000. Her efforts inspired the National Insurance Crime Bureau in Glendora to raise $8,000 through a golf tournament. At Glendora High School, where Jarod and Marissa met, students put on a fashion show called “Runway to Recovery.” Their daughter’s preschool, Sonrise Christian School, offered them free tuition for a year.

Marissa created a web site to keep their loved ones, friends and soldiers up-to-date about Jarod. She posted, ‘If anybody can give us any information about a good rehab facility to help him, please let us know.’ She received numerous responses from friends in the area, suggesting they look at Casa Colina. “It just gave us a light at the end of the tunnel – a sense that there was a chance of recovery.”

His hard work in the military prepared him well for long days of therapy. His daily schedule at Casa Colina Hospital included the following:

- 7:00 a.m. Physical therapy for transfers training, standing, and ambulation
- 8:00 a.m. Activity with family – activities given by therapist to work on during family visits
- 9:00 a.m. Activity with family – activities given by therapist to work on during family visits
- 10:00 a.m. Occupational therapy for dressing, bathing, self-feeding, and more
- 11:00 a.m. Rest
- Noon Lunch in room, garden courtyard or day room
- 1:00 p.m. Rest
- 2:00 p.m. Speech therapy
- 3:00 p.m. Family time
- 5:00 p.m. Dinner

Three hours of therapy six days a week, and seven hours of nursing each day made an enormous difference. “Here we had improvements in the first week. There was such an effort to help Jarod get better. Just the caring and the passion that all the nurses and therapists have,” Marissa fondly recalls. “It was such a breath of fresh air.”

They said, ‘He can’t do this now, but he will be able to later,’ instead of ‘He can’t do this, he can’t do that…’

In November, Dr. Felice Loverso, President and CEO of Casa Colina, arranged for Marissa and her daughter to move into one of Casa Colina’s wheelchair-accessible homes located right next to the campus, so they could be closer to Jarod during his treatment and reconnect as a family during this challenging time. “He felt it was important for the family to stay together,” Marissa recounts. “Once Jarod was cleared from the hospital for

Home sweet home.

When Jarod first arrived at Casa Colina Hospital in October 2005, there was a huge welcoming committee of young children from his daughter’s preschool. They organized a welcome reception with a large sign painted by the children.

It was a big day. During Jarod’s first evaluation, his occupational therapist realized there was active movement in his arm. “It was weak, but it was there,” Marissa recalls. “It just gave us a light at the end of the tunnel – a sense that there was a chance of recovery.”

Jarod’s hard work in the military prepared him well for long days of therapy. His daily schedule at Casa Colina Hospital included the following:

- 7:00 a.m. Occupational therapy for dressing, bathing, self-feeding, and more
- 8:00 a.m. Rest, medicine, and other nursing care
- 9:00 a.m. Activity with family – activities given by therapist to work on during family visits
- 10:00 a.m. Physical therapy for transfers training, standing, and ambulation
- 11:00 a.m. Rest
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The long-awaited Purple Heart Ceremony with Color Guard at Casa Colina in November 2005

President & CEO, Jarod with ceremony.

Reflecting upon the Purple Heart.

Aguirre, as Sgt. by his physical attention, assisted Jarod standing at Board of Directors.

of the Casa Colina and Samuel Crowe, Annette Crowe, April Morris, Board member Casa Colina Left to right: and family.

The care he needed.

In December, Jarod was transferred to Casa Colina’s Transitional Living Center (TLC) for five to six hours of intensive therapy each day to improve his physical, occupational (activities of daily living) and language skills — many of the simple tasks we take for granted that can be so difficult to re-learn after a severe head injury.

His physical therapy focused on his balance, coordination and ability to move around a home environment and eventually the Casa Colina campus. Speech therapy worked on his ability to concentrate and communicate with others, as well as his logic and reasoning skills. Occupational therapy addressed his fine motor and cognitive skills and his ability to be more independent. With each session and each passing day at TLC, Jarod made remarkable progress. Yet, he was only on the brink of a major breakthrough.

Jarod was due for his seventh surgery, a cranioplasty that used two acrylic plates to repair the shape of his head, in January 2006. “At the VA hospital, the doctors thought this would just be a cosmetic surgery," Marissa recalls, “Dr. Patterson (Casa Colina Hospital’s Medical Director) said most people make a big leap in their recovery after that surgery. So that’s what we were banking on.”

The operation was a complete success. Before his surgery, he could walk with quite a bit of assistance and had very little movement in his left arm. When he was in the Intensive Care Unit after his surgery, they put a tray table over him that had a little drawer. Much to Marissa’s amazement, he reached over with his left arm and opened it. “It was the first time in seven months that I saw him use his left arm and hand or move his arm at all,” she recalls, “That was quite amazing.” Within two weeks of the surgery, Jarod met one of his biggest goals by walking without any assistance.

In May, Jarod continued his therapy sessions at Casa Colina’s Tamkin Outpatient Center. He received more occupational, physical and speech therapy two or three days each week. Many of these sessions were designed to help prepare him for life in the military or civilian world again — working on a computer, using hand-eye coordination, making financial transactions, and much to Marissa’s delight, even cooking.

Since he no longer needed a wheelchair, the Behee family moved into another Casa Colina home near campus, so the wheelchair-accessible home could be occupied by another family that needed it.

So he can help others.

They were also thinking of important ways they could help others in their situation. “We’re starting a foundation called ‘Heroes with Head Injuries’ for head-injured soldiers and their families,” Marissa explains, “According to studies done at Walter Reed Army Medical Center in Washington, D.C., 67% of injuries coming out of Iraq right now have some degree of head injury. So where are they going? What are they doing with them? Most of them are pretty severe because of the type of warfare going on in Iraq that involves Improvised Explosive Devices. That’s why we’re setting up this foundation to offer any kind of financial, educational support or resources we can provide. We’ve been down that path. We know what worked for us.”

“I tell every family member of an injured soldier I see to check out Casa Colina. These are people that want to help you be your best. You don’t find that in very many places,” Marissa explains, “For everything that Casa Colina offers, there is a place out there that cares.”

Today, Jarod continues to make progress on his own by working out at Casa Colina’s gyms and participating in additional cognitive programs to help his recovery. In recent tests, he’s completely normal in three areas of cognition, and doctors remain optimistic that he’ll make even more progress in the months to come. He would like to be a soldier again. He would like to go snowboarding again. One thing is certain: he is getting back to his old self again.

Though he’s a man of few words right now, he didn’t hesitate to say, “The miracle continues and it always will as long as there’s a place like Casa Colina.”

Casa Colina is privileged to provide medical and rehabilitation services to active military personnel injured in Iraq and Afghanistan as well as retired military personnel from all over the United States.
CASA COLINA'S PHYSICIAN SPECIALTY CENTERS ARE SHAPING THE FUTURE OF HEALTHCARE IN THE U.S.

In 2001, Casa Colina opened the first of many physician specialty centers – the Arthritis Center. It became the blueprint for an innovative new model of care for patients, physicians and hospitals.

Now, there was a physician specialist, rehabilitation staff and many healthcare resources devoted just to patients diagnosed with this disabling disease. Now, there was a team that understood the complexities of arthritis, fibromyalgia and other rheumatologic disorders, and every treatment option available that might help.

Patients and their loved ones would no longer have to drive to Los Angeles or San Diego to receive the specialized care they needed. They could find the answers to their questions about this disease – and the appropriate course of treatment – right here on Casa Colina's 20-acre Pomona campus. More importantly, they could have hope because they found a physician-led team with the expertise to treat their disease.

Primary care physicians now had a referral resource they could trust, based on Casa Colina's long-standing reputation for providing rehabilitation services and its ability to attract outstanding physician specialists.

The success of this one physician specialty center soon spread. Within a few months, Casa Colina opened the Movement Disorders Center, the Multiple Sclerosis Center, Wound Care Center, and the Audiology Center.

The physicians and their clinical teams reached out to the community with free health seminars and screenings, raising awareness about a wide variety of diseases and conditions, and in turn, helping more people.

Taking a closer look at this new model of care.

In 2005, UniHealth Foundation awarded Casa Colina a three-year grant titled "Specialist Physicians in the Rehabilitation Continuum" to help it grow its existing physician specialty centers and introduce new centers to the community. It also provided for research support for the University of La Verne’s Center for Health & Aging to evaluate the innovative model of care and how it will impact the hospital physicians and patients.

Why physician specialty centers are needed.

There are so many reasons. People with disabling illnesses or conditions and people at risk of disability often have difficulty getting this type of highly specialized medical care. In some instances, it is a lack of awareness. They may not realize there is a physician who specializes in their condition. In other instances, it is a lack of resources. They may not have access to a specialized physician within their health maintenance organization or insurance company's network of doctors, or they may have to travel great distances to find one.

Another big issue is ensuring the supply of physician specialists. The area surrounding Casa Colina has fewer specialists compared with urban centers, and the number is going down. Research shows that over 25% of physician specialists in our region reported it was "very" or "somewhat" likely that they would leave the geographic region in the next five years, and just over 50% said they would not recommend a new specialist move to this area.

Why do so many physician specialists want to leave our community? Ironically, despite a rapidly growing population, these doctors are often finding it difficult to get enough patient referrals on their own. They also believe the current healthcare environment is interfering with their ability to offer good care. Due to an increase in managed care and contract limitations, they lack the freedom to prescribe medications to meet patients' needs, make clinical decisions, and fully serve patients with disabilities.

Continued next page
Inspiring a better way.

While most healthcare organizations are looking for ways to cut costs, Casa Colina is showing the world it is possible to deliver more specialized services to its patients, especially those at risk for disability, while maintaining financial stability. It is possible to attract top-notch specialists to our non-urban location and provide them both job satisfaction and a steady flow of patients. Casa Colina is proving that a rehabilitation hospital, with its skilled therapists, is an ideal environment for a physician specialist to build a practice and provide good medicine.

Furthermore, it is possible to offer a complete continuum of care without sacrificing quality of care. More importantly, there are plans to demonstrate that this can be done at similar hospital settings virtually anywhere. So, in the next two years, Casa Colina, UniHealth Foundation and the University of LaVerne will continue to look at the overall success of Casa Colina's physician specialty centers and share its good medicine.

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**Baseline** represents the six month average prior to starting the study.

Casa Colina searched the country to find the right Casa Colina's physician specialty centers and share its model with other healthcare providers across the state and the nation. As the graph on this page shows, we – the community, patients, and physicians – have every reason to remain optimistic.

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**Positive Outcomes**

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<th>Number of Patient Visits at Casa Colina’s Physician Specialty Centers</th>
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<td><strong>Baseline</strong></td>
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**A Place Where There’s a Singular Focus on Multiple Sclerosis**

When Montclair resident Kim Davis was diagnosed with multiple sclerosis (MS) in 2004, she needed to find a physician who truly understood this complex disease, which affects the brain and spinal cord. After all, the symptoms of multiple sclerosis vary widely in severity and frequency, depending on the type of MS. She wanted to know more — much more about the disease that would affect the rest of her life.

At Casa Colina’s Multiple Sclerosis Center, she not only benefited from the expertise of Dr. Richard Shubin, a renowned board-certified neurologist who specializes in MS. She soon discovered that everyone at the Multiple Sclerosis Center had specific training in the treatment of MS.

There was no need for Kim to travel far for this highly specialized care. In fact, she didn’t need to go anywhere else — her lab work, physical therapy, and medical consultations were done right at Casa Colina by its MS “Dream Team.”

“Everything is available to me — even help with transportation,” explains patient Kim Davis, “The staff is wonderful about providing what I need.”

Casa Colina searched the country to find the right people for its Multiple Sclerosis Center. It found Dr. Shubin, a USC faculty member and associate professor who has published numerous research articles and been involved in over 30 clinical trials. It also recruited his nurse practitioner Gail Hartley, an MS-certified nurse who helped develop the MS Comprehensive Care Center at USC.

Dr. Shubin is joined by his associate, Dr. June-Chih Liu, a board-certified neurologist who also specializes in the treatment of patients with other movement disorders, such as Parkinson’s disease.

Kathy San Martino, a neuro-certified physical therapist and certified specialist in MS, moved to Southern California from New England to work at Casa Colina. She evaluates patients with the doctors, looking for all the ways they might benefit from Casa Colina’s wide range of medical and rehabilitation services. Once a plan is in place, she may also provide these patients with physical therapy.

Some patients require specialized tests for balance, hearing or diagnostic imaging, while others need wheelchair fitting, physical therapy or occupational therapy. Casa Colina also offers MS patients aquatic therapy in a cool-water pool as well as an adaptive driver program to help ensure they are safe behind the wheel.

There’s even the opportunity for some patients to benefit from the newest breakthroughs in treatments by participating in clinical trials.

In this collaborative environment, Dr. Shubin’s patients have access to many services that may help their condition.

For its other patients. When he is not seeing individuals with MS, he can be found helping Casa Colina patients with traumatic brain injuries, sleep disorders, neuropathy, Parkinson’s disease and spinal cord injuries.

“I came here for the opportunity to work in a unique clinical setting that provides coordinated care for complex patients,” adds Dr. Shubin, “The team approach allows us to tailor care on the spot because we work closely together. This integrated environment really helps us provide better patient care.”

The Multiple Sclerosis Center works closely with the National MS Society. Each week, Jill Jones, a licensed clinical social worker (LCSW) and field program manager for the Inland Empire region, visits Casa Colina to meet with patients and provide information, counseling, and resources.

Both organizations collaborate to provide a 12-week “Living Well Program” at Casa Colina for its patients with MS.

The Multiple Sclerosis Center is just one example of how Casa Colina’s Physician Specialty Centers provide a convenient one-stop resource for medical and rehabilitative care.
GREETINGS FROM THE FOUNDATION BOARD

After two years as the Chairman of the Foundation Board of Directors, I continue to be amazed by the generous gifts of time and resources from Casa Colina’s many friends in the community. Your commitment has enabled us to meet great challenges, grow, and help so many individuals and their families with the rehabilitation services they need to regain independence and build lives after devastating injuries.

The need for rehabilitation services increases daily, while the economic pressures in healthcare continue to demand social services to impact people’s access to life-defining opportunities. You make the difference: Your support – through attending events, making donations, volunteering, remembering Casa Colina in your will, or becoming involved with volunteering, helping with Casa Colina’s programs. Your impact is felt by people whose lives are being made so much better by Casa Colina now and for the future.

Sandra Salgado
devoted her entire career to rehabilitation, which began as an occupational therapy assistant in 1984 at USC University Hospital. She was hired as a licensed vocational therapist as soon as she completed her degree, she joined Casa Colina in 1999 where she demonstrated compassion, empathy and a deep understanding of how to work effectively in a fast-paced, dynamic environment. She gave herself to her work and was a patient advocate, encouraging co-workers by always doing the right thing for patients. Sandra’s relentless spirit and signature salutation of “Hola, amor” will be missed by everyone at Casa Colina.

Dr. Eugene Boling
was the Program Medical Director at Casa Colina’s Arthritis Center since 2004, and new Osteoporosis & Bone Health Program that began in 2006. He distinguished himself as a true innovator, always searching for new ways to help his patients, medical peers and community.

Robert Allen Keith, Ph.D.
joined the faculty of the Claremont Graduate University where his long and productive academic career began in the 1970s. This is when he started volunteering as a clinical psychologist at Casa Colina where it was still located in Chino. His interest soon turned to the organization and effectiveness of rehabilitation. As a result, he became a pioneer in the study of outcomes. In the Research Department he developed at Casa Colina, he mentored generations of graduate students, joining the two focal points of his career. His work will be missed by all who strive to understand the power of rehabilitation and its ability to change lives. In his memory, Casa Colina has dedicated the medical library in its new hospital as the Robert Keith Medical and Research Library.

Robert Lewis
was a successful race horse owner, and one of Casa Colina’s most loyal philanthropists. He helped launch Casa Colina’s Padua Village Golf Classic 24 years ago to help support housing and care for developmentally disabled adults. With his wife and owner of Foothill Brewery, he always came forward to support and attend this event, which continues to experience outstanding growth thanks to his numerous contributions. At this year’s tournament, Casa Colina introduced the Bob Lewis Cup as a way to pay tribute to his lasting memory.

Peter F. Drucker
was born in 1900 in Vienna, Austria. Through a life of study, observation and critical thinking, he was known throughout the world as the “father of modern business management.” After his 90th birthday, he described his life work more simply: “I looked at people, not at machines or buildings.” He was the author of 32 books, consultant to governments and major corporations, and a professor at Claremont Graduate University. The management school is now named after him. He was also a good friend of Casa Colina, lending his notoriety, observations and wit to the keynote speaker at Casa Colina’s Business and Professional Leader’s Forum in 1989, which helped raise funds to support Casa Colina’s programs.

MEMORIALS
within the last year

Casa Colina would like to recognize the following individuals for their many years of service. We are forever indebted to them for their tireless efforts, enthusiasm, and wonderful ideas that helped make this place what it is today.

Sandra Salgado

After two years as the Chairman of the Foundation Board of Directors, I continue to be amazed by the generous gifts of time and resources from Casa Colina’s many friends in the community. Your commitment has enabled us to

Dr. Eugene Boling
was the Program Medical Director at Casa Colina’s Arthritis Center since 2004, and new Osteoporosis & Bone Health Program that began in 2006. He distinguished himself as a true innovator, always searching for new ways to help his patients, medical peers and community.

Robert Allen Keith, Ph.D.
joined the faculty of the Claremont Graduate University where his long and productive academic career began in the 1970s. This is when he started volunteering as a clinical psychologist at Casa Colina where it was still located in Chino. His interest soon turned to the organization and effectiveness of rehabilitation. As a result, he became a pioneer in the study of outcomes. In the Research Department he developed at Casa Colina, he mentored generations of graduate students, joining the two focal points of his career. His work will be missed by all who strive to understand the power of rehabilitation and its ability to change lives. In his memory, Casa Colina has dedicated the medical library in its new hospital as the Robert Keith Medical and Research Library.

Robert Lewis
was a successful race horse owner, and one of Casa Colina’s most loyal philanthropists. He helped launch Casa Colina’s Padua Village Golf Classic 24 years ago to help support housing and care for developmentally disabled adults. With his wife and owner of Foothill Brewery, he always came forward to support and attend this event, which continues to experience outstanding growth thanks to his numerous contributions. At this year’s tournament, Casa Colina introduced the Bob Lewis Cup as a way to pay tribute to his lasting memory.

Peter F. Drucker
was born in 1900 in Vienna, Austria. Through a life of study, observation and critical thinking, he was known throughout the world as the “father of modern business management.” After his 90th birthday, he described his life work more simply: “I looked at people, not at machines or buildings.” He was the author of 32 books, consultant to governments and major corporations, and a professor at Claremont Graduate University. The management school is now named after him. He was also a good friend of Casa Colina, lending his notoriety, observations and wit to the keynote speaker at Casa Colina’s Business and Professional Leader’s Forum in 1989, which helped raise funds to support Casa Colina’s programs.
It is said that the heart is happiest when serving others. This is what more than 550 Casa Colina volunteers have already discovered, in more ways than we can count, during the last year. They help brighten many patients’ days. They tackle administrative tasks with a smile. They work tirelessly to assist our medical and rehabilitation professionals.

In fact, last year was the biggest year on record for volunteers at Casa Colina. Altogether, they contributed a total net value of more than $73,175 in services to our patients and their families. The entire Casa Colina campus benefited from their time, energy, and talent, including Casa Colina Hospital, Children’s Services, Adult Day Health Care Center, Outpatient Services, the Transitional Living Center, Casa Colina Foundation, and Outdoor Adventures.

We strive to keep accurate records. If there is an error or omission, please contact the Foundation office at 909/596-7733, ext. 2209.

Gifts of Time and Talent.

Our Mission
Casa Colina will provide individuals the opportunity to maximize their medical recovery and rehabilitation potential efficiently in an environment that recognizes their uniqueness, dignity and self-esteem.

Our Vision
Strategically repositioning ourselves at the forefront of the post-acute continuum by becoming the center of excellence in the provision of services to persons who can benefit from rehabilitation care.

Our Values
It is our commitment to enhance the dignity and quality of life of every person we serve.

Driven by a Promise and a Purpose

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On February 18, 2006, Casa Colina’s Tribute to Courage was held at the Pacific Palms Conference Resort in Industry Hills to honor Frank Glankler’s progress and to feature special guests, author Trisha Meili and actor Gary Busey, who also overcame serious injuries with dignity and determination.

Frank Glankler, a successful businessman, experienced an unimaginable event that changed his life. He tripped over a small gate in his home, fell, and broke his neck. The damage to his spine left him paralyzed.

Through his tireless commitment to rehabilitation, Frank not only learned how to live with his disability, but how to overcome it. Along the way, he inspired many other patients. Now, he walks independently and continues to run a successful company. This is why Mr. Glankler was chosen to receive Casa Colina’s “Tribute to Courage” award.

Trisha Meili wrote of her amazing personal journey of survival and recovery in her best-selling memoir, *I Am the Central Park Jogger: A Story of Hope and Possibility*. Trisha shared her story of how she regained her life and her spirit after this tragic event.

Mr. Busey recovered from a serious head injury after a motorcycle accident, which resulted in the enactment of tougher helmet safety laws. He read a dramatic narration that described Frank Glankler’s personal account of his accident and rehabilitation, while including many of his own similar experiences.

More than 450 guests attended Casa Colina’s Tribute to Courage. Thanks to Platinum Sponsors Empire Companies, James P. Previti Family Foundation and Frontier Homebuilders, Inc., this event raised $282,675 for Casa Colina, which is dedicated to providing care to individuals, regardless of their ability to pay.
Parents, educators, therapists and physicians gathered at the San Gabriel Hilton on March 11 and 12, 2006, to hear about the latest findings regarding autism from experts across the United States, including world-renowned pediatric neurologist Margaret Bauman, M.D., and author Gerald Newport, whose life inspired a new feature film.

In keeping with its goal to educate people about autism and provide help and support for families affected by this condition, this year's event offered CME units for physicians who attended this annual event.

The Padua Village Golf Classic was held on April 24, 2006, at the Pacific Palms Conference Resort in Industry Hills while Red Hill Country Club, the long-time location for this event, underwent renovations. T.J. Simers, David Flores, Jim Hill, Alex O'Brien, T.J. Simers and Alex Solis and 148 players enjoyed a day on the greens to help raise $394,982 for Casa Colina and its Padua Village — special homes for developmentally disabled adults.

Golfers began the day with a special brunch, hosted by T.J. Simers and his daughter Tracy, host of “Simers Says” on XTRA SPORTS 570. After play, golfers were treated to the Armstrong Garden Party. The evening’s events included a tribute to the late Bob Lewis, an introduction of The Bob Lewis Cup, a new award created in his honor, as well as entertaining talk between Bill Drewry (LA Times Sports Editor and Event Co-Chairman), Jim Hill (veteran Channel 2 sportscaster), and Ben Howland (UCLA Bruins Basketball Head Coach).

The success of this tournament was made possible by Founding Sponsors, the Robert and Beverly Lewis Foundation, and Presenting Sponsors, Hidden Villa Ranch and SEI Investments.

The Casa Colina Golf Classic was held on November 14, 2005, at South Hills Country Club in West Covina. The sunny weather set the tone for a great day on the greens for more than 150 golfers. The evening program opened with a personal thank you to Casa Colina and the Outdoor Adventures program by James Brown, “JB,” past anchor of NFL Fox Sports, through a pre-recorded video. This was followed by a live auction with bidding on a football autographed by the entire Fox NFL Sunday crew including James Brown, Terry Bradshaw, Howie Long and Jimmie Johnson. The event raised $264,925 for Casa Colina and its Outdoor Adventures program, which will make activities and trips more affordable for individuals with disabilities. Casa Colina is indebted once again to George Langley and Foxhall Independent Bank for their generous support as the Presenting Sponsor of this tournament.

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On Friday, September 29, 2006, more than 175 people attended Casa Colina’s Denim & Diamonds Country Extravaganza for Casa’s kids at the Puddingstone Hilltop Resort in San Dimas. Where everything about the evening had a country flavor – from the western barbecue dinner to the live music. While some people kicked up their boots line dancing, others tried mechanical bull riding. One lucky winner, Tracey Lynge, received a beautiful white gold diamond pendant from a special drawing.

Funds were raised through ticket, live and silent auctions, and generous contributions by event sponsors, including the Presenting sponsor, Patton Sales Corporation. Gold Rush sponsors included Don and Marilyn Driftmier and San Manuel Band of Mission Indians. Rancher sponsors were American Business Bank, Casa Colina Surgery Center, Morongo Band of Mission Indians, Questar Engineering and Sherron, Bardart & Darras, LLP. Casa Colina Foundation is also very grateful for the donations made by Puddingstone Hilltop Resort and Armstrong Garden Centers.

This event raised $101,000 in support of Casa Colina Children’s Services.

Top, left to right: Dr. Margaret Bauman, recipient of Casa Colina’s first National Ambassador Award, pictured with Felice Laverno, Ph.D., President & CEO of Casa Colina, and Clarissa Winslow, 2006 recipient of the Friend of the Children Award. Middle: A mixture of country and rock entertainment filled the evening. Bottom: Guests enjoyed many “country” festivities including line dancing.
The healing powers of water.

As it turns out, a dip in the pool can do more than just offer relief from a hot summer day. It’s also the ideal environment for rehabilitation. Doctors and therapists have found that aquatic therapy is one of the best ways to regain conditioning after an illness, operation or sports injury, as well as manage the symptoms of rheumatologic disorders, such as arthritis and fibromyalgia.

“All you have to do is participate in Casa Colina’s growing Community Wellness & Education Series. We offer a variety of low-cost or free health seminars, screenings and clinics during the day and evening, based on what we feel is most needed by our community,” states Dianne Whiting, physical therapist and clinical coordinator of the program.

“Future seminars will include topics such as osteoporosis, sports medicine, Alzheimer’s, wound care for diabetics, and pain management. The Community Wellness & Education Series is designed to serve people of all ages and stages of life. For example, Casa Colina offers a Nutrition Basics for Healthy Eating class for weight-conscious adults; a Prenatal Exercise Program for pregnant women; a Knee Injury Prevention Program for athletes; and an After-School Activities Program for children with autism and other related diagnoses.

Community members may also take advantage of free hearing and sports injury screenings, which are held throughout the year. Plus, Casa Colina offers a variety of support groups for people with brain injuries, fibromyalgia, speech difficulties, or those who have loved ones with Alzheimer’s or dementia. All activities are conducted by therapists, physicians, neuropsychologists, and other clinical professionals.

To learn more or request information and a calendar of our upcoming events, call 909/596-7733, Ext. 3008.

The Aquatic Therapy Center offers individualized treatments, group therapy and caregiver training. For more information and a free brochure, call 909/596-7733, Ext. 3500.

The facilities were designed by members of the American Physical Therapy Association. It is the only one of its kind in this area to offer a warm-water (94 degrees) therapeutic pool to promote relaxation and a cool-water (84 degrees) therapeutic pool to prevent overheating, which is particularly important for athletes and patients with MS. The pools are equipped with a hydraulic lift that holds a sling, chair or stretcher to assist anyone who needs help entering or exiting the water. Dressing rooms and showers are located adjacent to the pools.

The aquatic rehabilitation therapists rely on a variety of aquatic weights and exercise aids as they guide their patients through gentle exercises that take advantage of the water’s resistance. In the process, they see remarkable gains in strength, stamina and balance.

“The buoyancy of water is one of the most enjoyable ways to reach your rehabilitation goals,” adds Johnson. “Water is the ultimate anti-stress environment. Many of our patients return for our supervised pool program once they’ve completed their therapy.”

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Casa Colina Hospital

Casa Colina Hospital celebrated its one-year anniversary on March 9, 2006. Dr. Felice Lovero, President & CEO of Casa Colina, marked the occasion by helping to serve free meals and desserts to the staff, patients, patients’ family members, and other visitors on campus.

The hospital also celebrated passing its recent JCAHO survey, a voluntary review by the Joint Commission on Accreditation of Healthcare Organizations that occurs every three years. Casa Colina has a long history of accreditations by this organization that works so hard to ensure all hospitals provide safe, high-quality care and treatment services.

With these goals in mind, Casa Colina Hospital was pleased to open its new medical lab in the fall of 2006. This fully computerized lab provides seamless operation throughout the entire campus, thereby enabling all clinical centers and staff to order tests for patients, and access their test results via computer. It also features state-of-the-art equipment which can perform testing in chemistry, hematology, coagulation, urinalysis, and blood gases. The new lab helps test results so that Casa Colina can deliver optimal care as quickly as possible for all of its inpatients and outpatients.

Tamkin Outpatient Center

Casa Colina’s medical and therapy staff has been working hard to develop many specialized programs unique to the region. As a result, the Tamkin Outpatient Center has added some exciting new services and programs for the community during the past year.

In addition to a wide array of digital imaging equipment, the Casa Colina Surgery Center has met its goals for its first year in operation. The hospital-owned facility, located next to Casa Colina Hospital, has fulfilled its promise to provide a broad range of surgical procedures, including orthopedic and neurosurgery, gastrointestinal, general surgery and pain management. It offers state-of-the-art equipment, three large operating rooms, and two specialty procedure rooms with a GI laboratory. With 16 beds, the pre-op and post-op recovery area features natural lighting and a soothing atmosphere to provide patients with a more relaxing experience.

Helen A. Kellner Adult Day Health Care Center

The Adult Day Health Care Center continues to thrive in its new building. The 11-bed center has brought new, energetic staff members who provide adults requiring extra supervision the chance to develop their cognitive and memory skills, while giving their caregivers the time needed to maintain their jobs and other family members.

Casa Colina at Apple Valley & Rancho Piño Verde

Casa Colina at Apple Valley completed its 11-bed expansion in September 2006. This second phase of construction is architecturally consistent with its early California mission style. Casa Colina at Apple Valley & Rancho Piño Verde added a number of new employees to staff the expansion.

Children’s Services has launched a new Social Skills Training program called “Kids Crew” for children 4 to 8 years of age. The 8-week sessions meet on Thursdays from 3 to 5 pm. Kids Crew is also scheduled through the Regional Center.

This new state-of-the-art diagnostic imaging facility, adjacent to Casa Colina Hospital, has continued to thrive since it opened in 2005. Operating under separate licensure, it offers inpatient and outpatients convenient access to the most advanced imaging equipment available with same-day results on all tests performed before 4:00 p.m. Clinical staff has special training and expertise in musculoskeletal imaging.

In addition to a wide array of digital imaging equipment, the Kinet Imaging Center offers a Special Procedures Suite for interventional radiology procedures, such as angiograms, myelograms, arthrograms, dialysis shunts, medi ports and more. As a result, this modern facility offers more options for physicians to detect, diagnose and treat illnesses and injuries with fewer repeated tests.

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The 12th Annual Land Meets Sea Camp was held in Long Beach this past August. Nahu G., a happy camper reported, “When I was out there water-skiing, I forgot that I had a disability!” This is exactly why over 90 participants came from all over the United States to experience a variety of adaptive sport and recreational activities, such as water-skiing, wheelchair basketball, power soccer, jet-skiing, over-the-line softball, hand cycling, wheelchair tennis, quad rugby, sailing, kayaking, deep sea fishing, lencing, and hot-air balloon rides. With the help of over 100 volunteers, this event gave people with disabilities an opportunity to explore their recreational options in a safe and positive atmosphere.

Padua Village

It has been an exciting year of changes at all of the Padua Village homes. After a year of planning, the Hamilton Home has moved from Claremont to the Casa Colina campus, thanks to tremendous efforts by the staff. Padua Village has beautiful murals in the new exercise rooms at the Hillside and Wood Bend homes, which will help motivate the residents in their many athletic endeavors.

Most residents participated in the 2006 Special Olympics throughout the summer, residents enjoyed weekend swimming as well as Outdoor Adventures program activities that included rock climbing, Land Meets Sea Sports Camp, and a trip to Hawaii. With the help of Ability First residents once again look forward to participating in the LA Marathon in March 2007.

Rancho Rehabilitation Center

Rancho Rehabilitation Center has added a certified hand therapist to help patients recover from a variety of hand injuries or diseases. This highly specialized care includes custom splinting, manual therapy techniques and developing therapeutic exercise plans.

Located at Rancho San Antonio Medical Center in Rancho Cucamonga, Rancho Rehabilitation Center offers comprehensive rehabilitation services, such as neurological and orthopedic rehabilitation, sports medicine, industrial medicine, vestibular and balance, wound care and hand therapy for individuals living in the Inland Empire. It is owned by San Antonio Community Hospital and managed by Casa Colina Centers for Rehabilitation, serving as a successful model for what can be achieved when healthcare providers work together to benefit the community.
Casa Colina has once again performed extremely well from an operational standpoint over the past two years. This financial success was due to several factors, including the continued growth of medical staff and referral sources, which, in turn, has led to near full capacity at Casa Colina’s inpatient hospital, outpatient services, and residential programs.

The organization’s financial performance from operations, excluding the Foundation, has exceeded expectations.

Casa Colina’s operations were profitable for four consecutive years, excluding depreciation, interest and extraordinary items. Overall, the equity and capital resources remain strong. During 2006, the financial support received from fundraising efforts was lower than anticipated, especially in the areas of grants and planned giving. This can be attributed to the emphasis placed on the recent campus renovation project.

Yet Casa Colina has continued to maintain important community benefits, including charity care, during this time. The Board of Directors remains steadfast in its desire to put patient care first.

In summary, Casa Colina is financially strong. Its leadership has a sound strategy in place to meet the challenges and obligations that are a part of this organization’s rapid development. Casa Colina is pursuing its mission by developing new programs, focusing on the efficiency and effectiveness of all services, and ensuring more individuals have access to rehabilitation.

The Scope of Casa Colina’s Operational Performance

Earnings from Operations*
(Excluding Foundation)

Revenue Less Deductions

Operating Expenses

Net Income from Operations
Prior to Depreciation, Interest
and Extraordinary Items

Note: Interest, depreciation and write-downs of the old hospital building and various other buildings was $2,793,000 in fiscal year 2005

Casa Colina Foundation and Subsidiary Changes in Net Assets (Unaudited)

Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues

Deductions

Total Revenues

Total Deductions

Total Operating Expenses

Foundation Revenues
Over/Under Expenses and Transfers

Net Income from Operations

Net assets released from restrictions used for capital additions

Total Change in Net Assets

Prior to Depreciation, Interest
and Extraordinary Items

Note: Interest, depreciation and write-downs of the old hospital building and various other buildings was $2,793,000 in fiscal year 2005

Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues

Deductions

Total Revenues

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Casa Colina Foundation and Subsidiary Changes in Net Assets (Unaudited)
Mark Your Calendar

6th Annual Casa Colina Trends in Autism Conference
March 10-11, 2007

25th Annual Casa Colina Padua Village Golf Classic
April 30, 2007

Tribute to Courage
Summer 2007

Land Meets Sea Sports Camp
August 6-10, 2007

28th Annual Casa Colina Golf Classic
November 12, 2007

How to Reach Us

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www.casacolina.org

Acute Hospital – Ext. 3000
Adult Day Health Care – Ext. 4400

Children’s Services – Ext. 4200
Corporate Offices – Ext. 2300
Foundation – Ext. 2209
Human Resources – Ext. 2150
Outdoor Adventures – Ext. 2216
Outpatient Services – Ext. 3500
Padua Village – Ext. 4400
Transitional Living – Ext. 4100

Kittell Imaging Center
909/450-0393

Casa Colina Surgery Center
909/593-3550

LDR Neurosurgery Group
909/450-0369

Rancho Piño Verde
760/248-6245

Casa Colina at Apple Valley
760/247-7711