

keystone

2008

FACES OF TRIUMPH



STORIES OF HOPE



CENTERS FOR REHABILITATION

Words of Thanks

Seventy-one years ago, twelve people gathered in the Mayor of Claremont's office to hear Mrs. Frances Eleanor Smith explain a need and propose a solution. Since the invention of the iron lung, hundreds of children were surviving polio but had no way of preparing for the rest of their lives. The solution was



clear: organize a facility where these children could rehabilitate their bodies and spirits using the most advanced techniques. Out of that meeting and that need, Casa Colina was born and local people rallied to its support.

Today, Casa Colina has grown to serve more than 8,500 adults and children every year. We are

still driven by the real needs of people, and we are still governed and supported by community members who understand the profound value that rehabilitation can have on individuals.

But our recognition and the people we serve are much more than local. For many years patients have come from distant states and countries. In the last few years, returning personnel from Iraq and Afghanistan have overwhelmed the military's capacity to provide

rehabilitation for traumatic brain injury, a signature wound of the war. Casa Colina offered its expertise in this area and, working with the VA and the Department of Defense, has had both discharged and active duty military personnel as patients. These young people put themselves in harm's way with the noble purpose of defending their country and fellow citizens, and we at Casa Colina have no better way to show our respect than to do for them what we do for every patient: give them the opportunity to reach their highest rehabilitation potential. To us, this is normal. However, to some it is considered extraordinary. The rehabilitation we have been privileged to provide to several of these men has been featured nationwide on television news broadcasts on CBS, NBC, CNN and locally on ABC.

About nine years ago the Board gave its new CEO a mandate: build a Center of Excellence for rehabilitation care. As this national recognition shows, with your help we are achieving that goal.

Samuel P. Crowe, Esq.
Chairman, Board of Directors, Casa Colina, Inc.

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Medical and Rehabilitation Services of Casa Colina

Hospital-based programs for the treatment of conditions that include

- ◆ Amputation
- ◆ Arthritis
- ◆ Audiology/Hearing Disorders
- ◆ Autism Spectrum Related Disorders (ASRD)
- ◆ Balance Disorders
- ◆ Brain Injury
- ◆ Burns
- ◆ Congenital Deformity
- ◆ Developmental Delay
- ◆ Fibromyalgia
- ◆ Geriatric Assessment
- ◆ Hand Injury
- ◆ Infectious Disease
- ◆ Lymphedema
- ◆ Movement Disorders
- ◆ Multiple Sclerosis
- ◆ Multiple Trauma
- ◆ Neurological Disease
- ◆ Orthopedic Injury
- ◆ Osteoporosis
- ◆ Parkinson's Disease
- ◆ Pulmonary Disease
- ◆ Spasticity
- ◆ Spinal Cord Injury
- ◆ Sports Injury
- ◆ Stroke
- ◆ Urinary Dysfunction
- ◆ Work-related Injury
- ◆ Wounds

Casa Colina Centers for Rehabilitation includes

- ◆ Casa Colina Hospital/Inpatient Services
- ◆ Dr. S. Jerome & Judith D. Tamkin Outpatient Center
- ◆ Laband Transitional Living Center
- ◆ A. Gary Anderson Family Children's Services Center
- ◆ Helen A. Kellner Adult Day Health Care Center
- ◆ Kittell Imaging Center
- ◆ Casa Colina at Rancho Piño Verde
- ◆ Casa Colina at Apple Valley
- ◆ Padua Village
- ◆ Outdoor Adventures

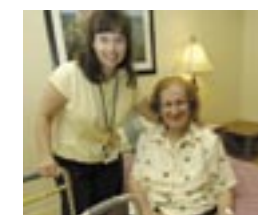
Also located on the Casa Colina campus

- ◆ Casa Colina Surgery Center
- ◆ LDR Neurosurgery Group

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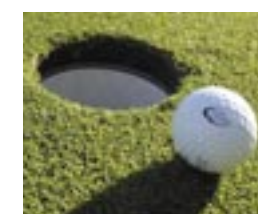
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255 East Bonita Avenue, P.O. Box 6001, Pomona, CA 91769-6001
e-mail: rehab@casacolina.org • www.casacolina.org
909/596-7733 or toll-free 800/926-5462 • TDD-TTY-Q 909/596-3646

A Message from the CEO

Last year was a banner year for Casa Colina. We provided more services for more patients in more ways than ever before. We also maintained positive financial results from operations for the eighth straight year. Most of all, we kept our focus on the key priority of all our activities: working with each patient, one by one, to achieve the best possible outcome.

Yet we are very aware that the rehabilitation services that have provided benefit to so many thousands cannot be taken for granted. We have worked with rehabilitation hospitals across the nation to mitigate the effects of Medicare's "75% Rule" that had effectively forced Casa Colina Hospital to deny rehabilitation services to people with certain diagnoses such as cardiac, orthopedic and arthritis. We have worked with our colleagues at the Veterans Administration and the Department of Defense to make



available the best opportunities for rehabilitation for courageous young people who have returned from Afghanistan and Iraq tragically wounded. We have maintained our free care fund that is frequently used to extend a patient's care so his or her potential can truly be reached, and we have supplemented unreimbursed services, such as on-site housing for families of some patients, when that is a critical factor in recovery. This attention to the needs of individual patients provides the extra element of care that truly brings the "opportunity to achieve maximum potential," the definition of our mission.

There is a common, simple idea behind all these efforts – to think first about what's best for the individual patient. It is an idea that holds great force when it is carried out. Your conviction to help us "do the right thing" over many years has made this new Casa Colina possible. On behalf of the patients we work with every day, and those we will work with in the future, please accept our recognition and sincere thanks for your support.

Felice L. Loverso, Ph.D.
President & CEO
Casa Colina Centers for Rehabilitation

Everyone Answered the Call to Help This Fallen Firefighter.

There are two qualities that stand out about Larry Davis. He loves his wife Denise and their four daughters. He loves working with his hands.

This 45-year old firefighter has been with the Apple Valley Fire District since 1984. From the age of 21, he worked as a plumber and a firefighter. Through the years, he was promoted from on-call firefighter to full-time engineer and then Captain of Station 4.

On the morning of October 9, 2006, his station was dispatched to a structure fire a few blocks away. He looked out and could see the dark smoke billowing up in the sky.

Back at home, his wife heard the call come over

the scanner. Instincts told her to get dressed quickly. She felt an uneasy sense of urgency.

When Larry pulled up, he could see the house had an addition that was under construction in the back. This is where a handyman plumber had been welding pipes and accidentally started a fire in the attic. Since this area had no drywall installed yet, the framing ignited quickly like kindling.

Larry Davis did a walkaround inspection of the exterior of the building first, while another firefighter pulled a fire hose to the front door. Since both heat and smoke rise, they entered the structure together, crawling on their hands and knees. After entering the residence

and making their way down the hallway, they observed dangerous conditions. "You could see waves of flames mixed in the smoke that surrounded us," Larry recalled. "Which meant that the house could ignite into a ball of fire at any time. So I instructed my firefighter to exit. He went first."

They were crawling out on their hands and knees. The situation became more dire by the minute. Unknown to them, the carpet had melted from the extreme heat. It was like lava. Though their training taught them to stay together, it was difficult in the pitch-black conditions. So, Larry tried to stay within an arm's reach of the firefighter's pant leg, but he lost contact with him.



Casa Colina provided the care – and the lift – Captain Larry Davis needed after being severely burned while battling a house fire. Pictured at Casa Colina's Hyperbaric Medicine Center: First row, Larry Davis, Casa Colina patient. Second row, left to right: Felice L. Loverso, Ph.D., President & CEO of Casa Colina; Aaron Miller, Certified Hand Therapist; Kerry Gott, M.D., Program Medical Director of Casa Colina Wound Care Center and Casa Colina Hyperbaric Medicine Center; David Patterson, M.D., Casa Colina Hospital Medical Director. Third row, left to right: Stephanie Comstock, Hand Therapist; Jaimie Aguirre, Physical Therapist; Ken Albee, Certified Hyperbaric Technician. Fourth row, left to right: Amador Banuelos, R.N.; Mary Bradshaw, R.N.

Escaping with only minor burns, the first firefighter called out, “Captain Davis is still inside! Captain Davis is still inside!” to firefighters Rob Quall and other members of the Rapid Intervention Team from Station 6, a group that was there specifically to assist the firemen that were attacking the fire inside.

The men quickly put on their air masks, and gathered their tools to go inside. “I’ve been in a lot of fires, but nothing in my training prepared me for this...I couldn’t see my flashlight which was mounted on my jacket,” Quall recounted. “All I could hear was Captain Davis yelling for help.”

Larry was wearing a breathing apparatus mask that had been completely coated with smoke as thick as tar, blinding his field of vision. “I remember sitting there on my knees, trying to cool my hands under my arms, and my eyes were closed,” Larry softly recalled. “I heard a voice say, ‘Open your eyes.’ It was God. I opened my eyes and saw a light that only He could have created. I got up and moved toward what turned out to be a window.”

Larry broke the window with his elbow. Firefighters grabbed him from the outside. It only took three to four minutes for him to get out, but it felt like an eternity while he waited there in the 1200-degree temperature.

The paramedic on the scene worked on Larry right away. His hands were swelling. The paramedics tried to cut off his wedding ring, but Larry stopped them and said, “No, no, don’t cut it. Pull it off.” An American Medical Response ambulance transported him to a helicopter-landing pad, where Mercy Air airlifted him to Arrowhead Regional Medical Center in San Bernardino for a trauma evaluation.

Back at home, his wife received the call from a close friend, Sheriff Randy Gualtney. “I want you to know he’s okay, but he’s hurt pretty seriously. I’ll pick you up in 10 minutes.” She was taken to the trauma center by

Firefighter James Lyons and Captain Rich Unferdofer in an Apple Valley Fire District vehicle.

When she arrived at Arrowhead, she saw the extent of her husband’s injuries. He had been badly burned on his hands, legs, face, neck and scalp. “Whatever damage was done,” Denise said, “I could handle it, just knowing that he was still here.”

Larry was alert and in pain. He requested to be taken to the Grossman Burn Center in Sherman Oaks right away – the preference of all Southern California-area firefighters. With Denise by his side, AMR transported them to the Grossman Burn Center. His father flew out from Illinois to be by his side.

When Larry arrived, Dr. Richard Grossman took him into a hydrotherapy room to treat his burns. His son and fellow physician, Dr. Peter Grossman, Dr. Peter Miao, a physician’s assistant, and three nurses accompanied him. They assessed his injuries, monitored his IV fluids, and administered pain medication. They determined that 43% of his body was covered in third- and second-degree burns. Of particular concern were the wounds that surrounded his hands. “All that swelling was cutting off the circulation and we couldn’t get a pulse there,” explained Dr. Grossman. He performed an escharotomy, which is an emergency procedure to relieve pressure underneath the skin, thereby restoring the blood supply needed for the digits to survive.

It was the first of 16 different surgeries that Larry Davis had while he was treated at Grossman Burn Center. He received debridement surgeries to remove the dead skin and a number of skin grafts to replace it with healthier skin. Unfortunately, Larry contracted Methicillin-Resistant Staphylococcus Aureus (MRSA) infection, which is common for burn survivors, and can be fatal if not treated properly. Dr. Grossman put him in an isolation room and placed him on strong medication to combat it.



Wife Denise feeding Larry after his burns left him without the use of his hands.



Lex Reddy, President and CEO of Sherman Oaks Hospital, with Larry during the early days of his stay at Grossman Burn Center. Larry was later transferred to Casa Colina for his rehabilitation.

As a result of this infection, Dr. Grossman was forced to amputate Larry’s fifth (pinkie) finger on each hand and portions of each remaining finger at the joints. Hyperbaric oxygen therapy helped speed the healing process.

Denise wore his wedding ring around a strand of baby pearls. While Larry was at the Grossman Burn Center, she rarely left his side. This was made possible in large part by Lex Reddy, the President and CEO of Sherman Oaks Hospital, where Grossman Burn Center is located. He made arrangements for her to stay in an apartment across the street from the hospital. “I took a special interest in this case because they were so far from home. Apple Valley is 92 miles away,” Mr. Reddy explained. “It was what they needed.”

The local Professional Firefighters’ Association (PFA) also sent a liaison to provide comfort and support to Denise and Larry. “I really appreciated that so much, especially early on when it was so scary,” she recalled,

“It was like having another family member there.”

Back home, the Davis girls – Brooke (age 23), Aubrey (age 22), Shannon (age 21), and Hannah (age 14) – received lots of support, too. The Apple Valley Fire District’s PFA supplied gift cards to buy groceries and meals. They also checked in on the daughters regularly to see if they needed anything. “They’re strong girls,” Denise said. “They remind me of four pillars of a structure. They were such a source of support for us.”

Two months later, when Larry was medically stable, he was ready to be discharged from acute care at Grossman Burn Center. Dr. Grossman wanted to ensure that he received the same level of care in a rehabilitation hospital – a place where he would have access to board-certified physicians and licensed nurses specializing in rehabilitation around the clock, plus at least three hours of therapy each day. This is why Dr. Grossman chose Casa Colina to help Larry with the next phase of his recovery.

“Casa Colina is the best place I’ve seen,” said Dr. Grossman. “That’s why he’s there.”

Before Larry was transferred on December 14, 2006, Dr. Grossman consulted with Dr. David Patterson, Medical Director of Casa Colina Hospital, and Dr. Kerry Gott, Medical Director of Casa Colina’s Wound Care Center as well as its Hyperbaric Medicine Center. They collaborated on the best way to approach Larry’s care – how to promote the healing of his infections, how to treat his pain, and how to begin occupational therapy on his hands which had delicate skin grafts that had not fully healed. “We had to know where he could be touched, and where he couldn’t be touched,” recalled Dr. Patterson.

“The Grossman Burn Center is a center of excellence for burns. Casa Colina is a center of excellence for rehabilitation,” Patterson explained, “It was a good fit because burn victims need good rehabilitation to prevent contracture formations that hinder movement.”

When Larry first arrived at Casa Colina Hospital late Thursday evening, Dr. Patterson placed him in a specially constructed isolation room due to his MRSA infection. Anyone who entered this room had to wear a mask, gown, and gloves.

Right away, Casa Colina's rehabilitation team looked at how they could free up the movement of his hands and fingers, which felt bound. Skin grafts have a tendency to shrink and restrict mobility.

“His arms are strong. His legs are strong. His mind is fine. But his hand function was severely limited, as if he was living with mittens on,” stated Dr. Gott.

Hyperbaric oxygen therapy played a major role in his recovery at Casa Colina Hospital. Each day he spent nearly two hours in a hyperbaric oxygen therapy chamber to ensure that enough oxygen reached the skin to prevent the vein grafts from failing.

“We watched him very carefully and treated him very conservatively for a long time because he was at risk for a relapse or breakdown of those graft sites,” Dr. Gott explained. “He received hyperbaric therapy every day as an inpatient and later as an outpatient.”

Aaron Miller, an occupational therapist and certified hand therapist at Casa Colina's Hand Therapy Center, worked with Larry in his isolation room. “At first, he didn't tolerate touch very well, especially the first two weeks,” Miller recounted.

While Denise returned home to her role as a mom, Larry began the process of re-learning how to take care of himself again – eating, shaving, brushing his teeth, dressing, writing, and using the TV's remote – at Casa Colina Hospital.

“The nurses, the doctors, and the therapists were all very personable and down-to-earth at Casa Colina. I can't say enough about them,” Larry Davis recalled. “They don't just do their job. They make you feel at home.”

“There was really no part of his therapy that was comfortable for him,” Miller explained. “I had to manipulate his hands in the same manner as modeling clay to reshape the scar tissue that became thick and uncomfortable. It involved a lot of soft tissue



Members of the Apple Valley Fire Department visit Captain Davis at Grossman Burn Center.



Larry and wife Denise visit with Casa Colina staff just before a therapy session at the Casa Colina Hand Therapy Center.



Left: Certified Hand Therapist Aaron Miller providing therapy during an outpatient visit.

Right: Working out after therapy at Casa Colina's Tamkin Outpatient Center.

mobilization and myofascial release (a therapeutic massage) to make the scar tissue more flexible.”

“Every week, there was more and more improvement and that was very encouraging to me,” said Larry Davis.

Davis had rehabilitation before for a ruptured bicep tendon back in his hometown. “The other rehab I had wasn't a positive experience, but when I came to Casa Colina, it gave me hope,” Larry stated. “In my opinion, there's a big difference between rehab and Casa Colina's rehab.”

Though he was not ready to be released from Casa Colina Hospital yet, Workman's Compensation and Casa Colina made special arrangements so that he could go home for Christmas Eve and Christmas. Before they headed home to Apple Valley for the holidays, physical therapist Jaime Aguirre showed Denise how to change Larry's dressings.

“That meant the world to us,” Denise recalled. “Our future sons-in-law helped us bring in a big Christmas tree. The girls made a sign for him and put up all the decorations. When Larry walked in the house, it was all we could do to hold back the tears – and our brown labs, Coco and Lambert were so excited to see him again.”

Larry was discharged from Casa Colina Hospital on January 10, 2007. It was an emotional ride home. When he pulled into Apple Valley, firefighters waited to escort him home with a fire engine. Along the route, firemen from the surrounding stations pulled out their engines, flashed their lights and sounded their sirens in honor of the much-anticipated return of Captain Davis.

Larry continued to receive outpatient therapy from the same occupational therapist, Aaron Miller, at Casa Colina every weekday for several months. Workman's Compensation provided his transportation, which was an hour or more each way. He was also given a variety of adaptive equipment to help make daily life simpler – from a special writing pad and pen to jot down notes, to items that made it easier to get dressed, eat, and hold objects. In addition, Workman's Compensation arranged to have all the knobs in his house replaced with handles.

On June 26, 2007, Dr. Grossman arranged for Larry

to receive plastic surgery on his palms and fingers by Dr. David Kulber at Cedars-Sinai Hospital. This procedure helped restore the elasticity of his skin and open up the web spacing between his thumb and finger, so his hands would have more mobility. Larry is expected to have at least four more surgeries. This will be followed by more outpatient therapy at Casa Colina.

In between surgeries and therapy sessions, Larry has kept himself busy by participating in The Firefighters Quest for Burns Survivors. He visited 25 firehouses to raise money for other burn victims. He also does yard work and other honey-dos around the house. “He does more than I expected. There are times when I have to bite my lip and not sound overprotective,” Denise said. “Part of the rehabilitation is letting him find out what he can do on his own. Sometimes it takes him all day to do something that would previously take him an hour or two.”

“I love being outdoors,” Larry admits. “I always enjoyed hunting and fishing. I'm looking forward to playing golf later.”

In the next year, he also plans to walk three of his girls down the aisle for their weddings.

He also hopes to return to work as a firefighter training and safety officer at the Apple Valley Fire District. More than anything, this is what he wants – to be back with his firefighter brothers and provide for his wife and family again.

“Now, when we look at those little cut marks on his wedding ring, it is a reminder of everything we've been through,” Denise warmly stated. “We're still whole, and we're stronger people. It didn't break us.”



Attending his niece's wedding in April 2007, at the Montage Hotel in Laguna Beach. From left to right – daughters Brooke and Hannah, wife Denise, Larry, daughters Aubrey and Shannon.

Casa Colina Teams with Other Healthcare Providers

Casa Colina has always been highly regarded for its commitment to quality rehabilitation. In recent years, many healthcare leaders from around the country have viewed it as a model of how rehabilitative care should be provided to patients.

It became apparent in recent years that Casa Colina had the clinical and managerial expertise to help other healthcare providers implement this same level of care – particularly in areas that lacked the infrastructure to offer highly specialized rehabilitation services.

In early 2004, Casa Colina entered into its first management contract with San Antonio Community Hospital (SACH) located in Upland, one of



the area's leading hospitals. This first collaboration proved to be a win-win situation for both hospitals. It began with the two healthcare providers collaborating to renovate SACH's Rancho Rehabilitation Center in

Rancho Cucamonga, and expand its services. Their partnership has since grown into Casa Colina managing rehabilitation services for all of SACH's inpatients and outpatients.

This includes the development of a brand new outpatient rehabilitation department at SACH and plans for developing rehabilitation services at its new Sierra San Antonio Medical Plaza in Fontana.



With its comprehensive infrastructure, Casa Colina is prepared to help other facilities expand their rehabilitation services more efficiently in the areas of building or renovating a rehabilitation facility, program development, staffing, patient accounting, quality control, corporate compliance and improving the overall clinical product.

Casa Colina is now investigating opening its own satellite rehabilitation centers as well as creating other joint ventures with acute hospitals and other freestanding inpatient rehabilitation facilities. This will allow Casa Colina to provide its innovative therapy services to more people in more places.

Physician specialists set standard of care

Casa Colina has attracted a roster of physician specialists – leaders in their fields – from all over Southern California. This has enabled us to better meet the needs of patients in our community. These doctors oversee innovative outpatient medical programs that include:

Arthritis & Fibromyalgia

Antony Hou, M.D.; Thang Le, M.D.

EMG – Shashank Arya, M.D.; David Patterson, M.D.

Ear, Nose & Throat – Tyson Shih, M.D.

Foot & Ankle – Michelle Ward, M.D.

Hand – James Lilley, M.D.

Infectious Disease – Dan Gluckstein, M.D.; Kerry Gott, M.D.; Luong (Mike) Ly, M.D.; John Mourani, M.D.

Kidney Disease & Hypertension Michael Bien, M.D.

Neurology

Movement Disorders, Parkinson's Disease & Multiple Sclerosis Richard Shubin, M.D.; Faisal Qazi, M.D.

Orthopedics & Pain

Vincent M. Fortanasce, M.D.

Pain Management

John Sasaki, M.D.

Physical Medicine & Rehabilitation

Shashank Arya, M.D.; Kevin Lawrence, M.D.; Yong Il (Luke) Lee, M.D.; David Patterson, M.D.

Plastic & Reconstructive Surgery

Devdas Wali, M.D.

Pulmonary Rehabilitation

Joseph Hourany, M.D.; Rohinder K. Sandhu, M.D.

Sports Medicine

Christopher Chalian, M.D.; Michael Marger, M.D.

Urinary Dysfunction

Aaron Nguyen, M.D.; Elmer Pineda, M.D.

Vestibular & Balance Disorders

Lucy Shih, M.D.

Wound Care & Hyperbaric Medicine

Kerry Gott, M.D.

National Media Puts the Spotlight on Casa's Care

In recent months, Casa Colina has enjoyed extensive coverage by national, regional and local media.

Much of this attention has been fueled by an interest in helping soldiers who have returned from the Iraq War with traumatic brain injuries (TBI) – a signature injury that has affected many of those brave men and women wounded in battle.

This television coverage included investigative pieces on the care offered at four VA hospitals nationwide that treat traumatic brain injury as well as the private care available at rehabilitation hospitals such as Casa Colina. These stories aired on CNN's "Paula Zahn Now"; "CBS Evening News" with Katie Couric; NBC's "Today Show"; KABC-Channel 7, a Los Angeles ABC affiliate; and KELO, a Sioux Falls CBS affiliate.

Casa Colina also received front-page coverage in the *New York Times* with the article, "For War's Gravely Injured – A Challenge to Find Care."

Rehabilitation professionals were able to read about the successful care that Casa Colina provided to an injured soldier, Jarod Behee, in *American Medical Rehabilitation Providers Association Magazine*.

The media also focused on other ways that Casa Colina provides rehabilitation services. The trade publication, *Rehab Management Magazine*, featured a cover story on Casa Colina's innovative Wheelchair and Seating Program, which helps customize equipment to meet the needs of individuals' activity level, comfort, environment, and more.

High adventure for people with disabilities was the highlight of a KABC-Channel 7 news segment on Casa Colina's 13th Annual Land Meets Sea Sports Camp in Long Beach. It was an inspiring story that followed several Casa Colina clients, staff members and volunteers during the week-long event.

Another news story by the same television station covered the use of an innovative new medical device called the Bioness NESS L300™, which helps stroke patients and others who experience foot drop regain their mobility and restore their normal walking and gait. Casa Colina is the first facility on the west coast and among the first in the country to offer this new technology to its patients.

The *Los Angeles Times* featured a front page story about Casa Colina patient Samantha Palumbo, who suffered a tragic auto accident near her home in San Dimas in 2005. And Casa Colina's local community papers continue to regularly report on its news and activities.

This media coverage has created more awareness about Casa Colina and has helped demonstrate to our community and those outside this area, the difference that quality rehabilitation can make in people's lives.



Real Hope After a Stroke



Three hours of therapy each day at Casa Colina got Rose walking again.

Rose Mitchell is a fun, active and independent 87-year-old woman. On June 23, 2007, she suddenly couldn't feel the left side of her body, and fell to the floor.

She was immediately rushed from her home in Glendora to Citrus Valley Medical Center's Inter-Community Campus. An MRI and CT scan revealed she had a stroke.

According to the National Stroke Association, approximately 750,000 Americans suffer a stroke each year. After this "brain attack" it is quite common to be left with some type of disability. In addition to weakness or partial paralysis, a stroke can affect one's senses, coordination, and ability to speak. These impairments can be moderate or serious, depending on the severity of the stroke.

Fortunately, as Rose Mitchell and many other Casa Colina patients have learned firsthand, much can be done shortly after a stroke to minimize the long-term

effects of physical, cognitive and emotional setbacks.

Rose asked to be transferred to Casa Colina Hospital upon her discharge from Inter-Community because she was familiar with its reputation for quality rehabilitation.

"I had heard such good things about Casa Colina. And now I know that they're all true," Rose stated.

What sets Casa Colina's Stroke Center apart?

The inpatient rehabilitation regimen is part of an innovative physician-directed program that helps stroke survivors through each phase of their recovery.

A board-certified physician who specializes in physical medicine and rehabilitation directs a team of stroke specialists. Together, they work closely with referring doctors, patients and their families to bring about as much progress as possible after a stroke.

Patients who may benefit from inpatient rehabilitation receive the therapy and medical treatment they need to help return to the highest level of function possible. Casa Colina has built an infrastructure unlike any other in the region to care for stroke patients. This includes physicians and licensed nurses who specialize in stroke and rehabilitative care, a state-of-the-art patient monitoring and call system, and advanced diagnostics including MRI and CT scan. From the hospital rooms to the well-equipped therapy gyms, doctors, nurses and therapists rely on the most innovative techniques to reduce the long-term effects of a stroke. It is an approach to care that is recognized by the National Stroke Association.



Proven clinical pathways are used to ensure that all clinicians implement best practices. To help achieve optimal progress, the stroke team holds weekly conferences to discuss each patient's progress.

Then, when stroke patients are ready to be discharged, they may continue their rehabilitation through Casa Colina's continuum of care.

Care to match the severity of the stroke.

Of course, not all stroke survivors require inpatient rehabilitation. Casa Colina has many other services available on its 20-acre medical and rehabilitation campus that may be tailored to each person's needs.

The Casa Colina Transitional Living Center offers a short term residential setting where patients benefit from up to six hours of individual and group therapy, six days a week. A day treatment program is also available there. Others may require Casa Colina's outpatient care where



they can access a wide variety of services that include aquatic therapy, innovative Bioness equipment to improve mobility, as well as physical, occupational and speech therapy.

For those individuals who may require ongoing support and care, Casa Colina's Helen A. Kellner Adult Day Health Care Center provides daily support, activities, and meals.

Rose's road to recovery.

When she was admitted to Casa Colina on June 29, 2007, Rose had no idea that she would soon be on her way back to the self-sufficient lifestyle she had enjoyed before her stroke. While in the hospital, she had access to physicians and licensed nurses around the clock. In turn, those doctors and nurses benefited from Rose's cheerful personality. They nicknamed her "Smiley."

Rose was happy to interact with Casa Colina's licensed therapists, too. Her physical therapist helped her develop her strength and balance while her occupational therapist worked with her on the activities of daily living needed to regain her independence and return home again. Other stroke patients may require

Casa Colina's speech therapy or laboratory and diagnostic imaging services.

After the first week, Rose was able to walk 20 feet without assistance. On Sunday, she attended Casa Colina's church services. "I have God on my side," she said. By the end of the following week, she could walk 110 feet on her own – upholding the motto "The Miracle Continues" which is displayed on a banner in the Hospital's cafeteria.

On July 18, 2007, Rose left Casa Colina Hospital and returned to her own home – the place where she has lived for more than 36 years. During those first few weeks at home, she continued her therapy sessions successfully at Casa Colina's Outpatient Center.



Occupational therapy in the Activities-of-Daily-Living Suite prepared Rose for getting around in her own home safely.

A recent study confirmed most patients who receive inpatient rehabilitation right after a stroke experience better outcomes compared to other levels of care.*

*Post-Stroke Rehabilitation: Outcomes and Reimbursement of Inpatient Rehabilitation Facilities and Subacute Rehabilitation Programs presented at the State of the Science Conference in Washington D.C., February 2007.

Making a Case for Inpatient Rehabilitation

	INPATIENT REHABILITATION HOSPITALS AND UNITS	NURSING HOMES
Close Medical Supervision By a Physician With Specialized Training	YES	NOT REQUIRED
24-Hour Rehabilitation Nursing	YES	NOT REQUIRED
Multidisciplinary Team Approach	YES	NOT REQUIRED
Three Hours of Intensive Therapy Daily	YES	NOT REQUIRED

Dear Friends of Casa Colina,

It is my great pleasure to serve, with my fellow Foundation Board members, as your representative in guiding the work of supporting all of the parts of Casa Colina as they pursue the Mission we have in common. The tens of thousands of people whose lives have been made better by the medical and rehabilitation care provided by Casa Colina over 70 years are a testament to you and so many others who have personally decided to support this institution. We have grown and matured in the last decade to take our place as an outstanding Center of Excellence. The buildings, grounds and facilities, combined



with the quality of programs and staff, create a unique combination for healing and recovery.

Out of all the elements in Casa Colina's Continuum of Care, there are three Signature Programs to which the Foundation's Board has made a particular commitment: Children's Services, Outdoor Adventures and the Padua Village Homes. These programs speak to the heart of Casa Colina's culture. Our founding legacy is to the importance of helping children

with disabilities and their families. Our abiding belief is in the ability of people to conquer challenges and benefit from stretching their expectations. And our recognition is clear that the life-long nature of disability deserves our attention and care. These programs are set apart from Casa Colina's other services for another reason: they face the challenge that there is either no outside funding to support them, or that the available outside funding is not enough to provide the intensity or quality of service that is appropriate and effective. In spite of this, the Boards of Casa Colina have decided that these programs have such an extraordinary value that they deserve to be supported by direct subsidy. You, the people of the Casa Colina community, have confirmed that decision by showing your support in multiple ways, including your participation in annual events that raise funds to offset that subsidy – all of which continue to grow and surpass expectations.

Your participation in these events brings close to one million dollars every year to the direct provision of services. On behalf of the Foundation Board and the patients served by Casa Colina, please know how much your participation and contributions are appreciated.

Steve Norin
Chairman, Board of Directors
Casa Colina Centers for Rehabilitation Foundation

A UNIQUE TAX-SAVING POTENTIAL

For a limited time, donors who meet certain qualifications can use funds from an existing IRA account to make a tax-free, charitable gift to Casa Colina as part of the "Pension Protection Act of 2006." This special provision will expire at the end of 2007.

These gifts can be for any amount up to a total of \$100,000 for the year and can be made by donors who will be 70-1/2 years old or older when they make the gift, on or before December 31, 2007. There are certain qualifications for these gifts. The gifts must be made to a public charity, such as Casa Colina. Some other types of non-profit organizations do not qualify, such as charitable trusts, donor advised funds and supporting organizations. Funds need to be transferred directly from the IRA to the charity organization. In addition, there must be no goods or services provided by the charity to the donor in return for the gift. In the past, donors had to report any withdrawals from their IRAs as taxable income, and then take a charitable deduction for their donations. For many donors, this resulted in higher income taxes. Additionally, these donations were limited to 50% of the donor's adjusted gross income. Fortunately, that limitation does not apply to these special IRA gifts.

It is important to consult with your own tax professional if you are thinking about making a gift under this new law. Your IRA custodian will have the necessary forms to transfer your desired gift amount to Casa Colina. For general information about making gifts to Casa Colina, please contact the Foundation at 909/450-0335.

Supporting Casa Colina's Mission



Since 1936, the support of the community has been critical. It has helped Casa Colina fulfill its commitment to provide healing and restoration to individuals with disabilities.

Frances Eleanor Smith, our Founder, spent two years fundraising to renovate the donated Margaret Fowler mansion in Chino that was the original Casa Colina, and construct an indoor aquatic therapy pool, the first on the west coast. The first patient admitted to Casa Colina, Stanley Root, a youth recovering from polio, is a prime example. His parents did not have funds to pay for his treatment.



Stanley received the care he needed and Casa Colina went on to treat thousands of children, thanks to gifts both large and small, including a basket of figs worth 38 cents.

Our strength today is due, in large part, to the tradition of support that Frances Eleanor Smith, a legendary advocate for rehabilitation, began nurturing more than 70 years ago.

The results of this community support are shown by the thousands of patients who have "graduated" from Casa Colina to lead more productive, and fulfilling lives because of their rehabilitation.

Today, individuals and businesses continue this long-standing tradition of supporting Casa Colina through:

- ◆ **Sponsorship** of and attendance at a range of elegant and casual events.
- ◆ **Donations** through informational mailings, giving programs, and publications (such as this Keystone magazine), or on the web at www.casacolina.org.
- ◆ **Grant-making foundations** that provide major funding for specific projects, such as the UniHealth Foundation, the Weingart Foundation, the Carl E. Wynn Foundation, the Henry Guenther Foundation, the Christopher Reeve Foundation and the Timothy McWilliams Foundation, as well as the many other foundations recognized in the following list of donors.

- ◆ **Estate planning and planned giving** arrangements, such as charitable remainder trusts. For some people, these arrangements can offer considerable tax advantages, while also providing financial benefit to the donor and supporting Casa Colina.
- ◆ **Major donations** given by people who want to associate their gift with a particular building or service of Casa Colina, or participate in special recognitions and naming opportunities.
- ◆ **Volunteer** opportunities to those who want to donate their time and energy directly to the patients and families we serve. Each year, there are more than 550 volunteers working throughout Casa Colina. In total, their work adds a value of more than \$170,000 annually to Casa Colina's ability to provide care for children and adults.

For more information about any of these opportunities, or to answer any questions about how you can support Casa Colina, please call the Casa Colina Foundation at 909/450-0335.



Eugene Bello, in the foreground, is an avid gardener at home. He is pictured with his family, from left to right, daughters Laura and Alice, wife Olga and daughter Lynette. They came to Casa Colina to celebrate the placement of a plaque in the Hospital's East Garden, which is enjoyed by patients and their friends and families. The plaque commemorates the Bello family's generous gift for the garden installation.

Donors Make Casa Colina Strong

Casa Colina Foundation gratefully acknowledges these individuals, families, foundations, and corporations for their support. This year, we have also recognized major donors with bronze plaques that have been prominently displayed in buildings throughout the campus. Their generosity has helped us expand our services, bring innovative treatments to our patients, continue signature programs and provide charity care. Through these gifts received between April 2006 and March 2007, Casa Colina is poised to meet our community's present and future rehabilitation needs.

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A plaque in the lobby of Casa Colina's Adult Day Health Center honors the memory of George Belding, who volunteered countless hours presenting travelogs and spending time with the clients. In June 2007, his wife, Iris Belding, joined by family members and Casa Colina President & CEO Felice Loverso, Ph.D., dedicated the plaque and celebrated the many contributions of this thoughtful and generous couple.

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Peter Park, Ph.D., had a close relationship with his late aunt, Barbara P. Tuck, who was the first family member to come to the United States in the 1960's. Following her wishes, he looked for a secular organization working with disabled people to receive part of her estate. After consultation with the California Community Foundation, he selected Casa Colina. Engraved with a favorite quotation, this plaque recognizes her contributions. It is located in front of a Casa Colina house next to the campus that is used by families of patients.

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Michael Young
Nevis D. Young
Pedro Zamora
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Clyde M. Verrell
Henry Bicknell
Ronald Lasswell
William P. Dwyre
Josephine Binney
Mariana Pilario
Eugene Boling, MD
Robert D. Graber
Mollie Jo Fies
James Bessant
Ellen Gullock
Jack H. Gullock
Thomas A. Hendricksen
Courtney Berry
Johnny Jackson
Gordon L. Anderson
Robert A. Keith's Birthday
Nanette Keith
Frank Loverso
Stuart J. McCord
Edie Mattinson
G. L. Shoemaker
Lettie P. McMuller
Vivian M. Timmons
Virgil Norby
Covina Breakfast Lions Foundation
Donny O'Connell
Donny O'Connell Foundation, Inc.
Karen Saul
Joseph C. Avenatti
Viola Streitel
Alfred R. Wittig

Floyd Sturtevant
Lucille Kilmer
Frank P. Richards
Doris Tinsley
Paul S. Adelson
Sophie Torres
Patton Sales Corporation
Brigitta West
Estate of Ulla Brigitta West

Tributes

Suzi Johnson and Dianne Whiting
Kenneth E. Price
Nan Keith
Jerome Spanier
Warren and Barbara Kittell
Joseph W. Lewis
Gregory Manda
Marjorie F. Lum
Ryan Needham
Shawn D. Firebaugh
Walt Ortiz
Felix Rozuk
Jim Porter / Padua Golf
Irwin J. Wedner
David Rogers
Cornish R. Rogers

We strive to keep accurate records. If there is an error or omission, please contact the Foundation office at 909/596-7733, ext. 2209.



Board member Mary Lou Jensen's donation in memory of her son, Jerry Jay Jensen, is recognized by a plaque in Casa Colina Hospital's West Garden. In April 2007, family members gathered to dedicate the plaque. Pictured from left to right are Jeff Jensen, Karen Jensen, Mary Lou Jensen and Suzanne Jensen.



"Timbo" was the nickname for Tim McWilliams, Jr., who suffered a brain injury, worked through a difficult recovery, and then tragically lost his life in an auto accident. His family and friends created a Foundation (www.timbofund.org) in his memory to assist young people with brain injuries. They chose Casa Colina to receive its first grant. In April 2007, Tim's brother, Michael (left), and his father, Tim McWilliams, Sr. (right), traveled from New Jersey to present the grant award to Felice Loverso, Ph.D., President & CEO of Casa Colina (center). Casa Colina is pleased to recognize the donation by giving the "Timbo" name to a Casa Colina house that is used by families of brain injury patients.





The 27th annual Casa Colina Golf Classic to benefit Outdoor Adventures took place on November 13, 2006, at South Hills Country Club in West Covina. The event hosted 107 golfers and 147 guests for dinner, including All-Star MVP baseball player and Covina native, Michael Young, who plays for the Texas Rangers. Also in attendance was Henry Alfaro, a television reporter and avid Outdoor Adventures fan who has covered many of the program's annual Land Meets Sea Sports Camps on KABC-Channel 7 News.

After a long day of golf, participants were treated to an entertaining dinner hosted by Mike Terry with the *Los Angeles Times* Sports Department. This enthusiastic audience had the opportunity to bid on autographed Michael Young baseball items and listen to Mr. Terry interview Young about his exciting career in the major leagues.

This year's Casa Colina Golf Classic raised \$193,997 for Casa Colina's Outdoor Adventures program which provides challenging and fun outdoor activities for children and adults with physical and cognitive disabilities.



The support for injured Iraq War soldiers, police officers and firefighters treated at Casa Colina could be heard for miles. More than 870 motorcycle enthusiasts took part in the Ride for Heroes on October 29, 2006, at Casa Colina, a spectacular event co-hosted by the Pomona Valley HOG Chapter.

The day began with a scenic poker ride to Mt. Baldy and three other checkpoints along the way where participants were each dealt a card. At Casa Colina, the final stop, prizes were given for the high poker hand, won by Carolyn M. Jackson, and the low poker

hand, won by Bobby Dominguez. The motorcycle club that had the most representatives at the event ("Chapter Challenge") was won by the Black Hawks Motorcycle Club, which graciously donated the \$300 prize money back to Casa Colina.

Participants also enjoyed live music by the Reno Jones Band, which once again donated their time for this event, plus a beer garden, BBQ lunch, bike show, raffles and a drawing for a 2007 Harley Davidson Street Glide, which was won by Chet Alexander from Apple Valley. Board member Don Driftimer also

brought several classic cars to display. As a salute to the brave soldiers, firemen, policemen and other civil servants receiving care at Casa Colina, there was a speech by Board member Sam Crowe, an Army Field Honor Guard ceremony, and a fly over by a Black Hawk helicopter.

The success of this event, which raised \$72,992, would not have been possible without the generous time and support given by Cameron and Sue Nelson, Event Chairs and many other members of the Pomona Valley HOG Chapter.

SPONSORS

STREET GLIDE

- Asbestos Workers Union Local 5

ROAD KING

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EVENT SUPPORTERS

- Pomona Valley Harley Davidson
- Pomona Valley HOG Chapter



Motorcycle enthusiasts and supporters enjoyed the day on the grounds of Casa Colina's 20-acre campus.

Middle, left to right: Cameron Nelson, Event Chair and Pomona Valley HOG chapter member; Felice L. Loverso, President and CEO of Casa Colina; Marissa Behee and Jarod Behee, a soldier who received a traumatic brain injury in Bayji and then received care at Casa Colina.

Bottom, left to right: Don Driftimer, Board member, with Chairman of the Board, Sam Crowe.

BELOW PAR PLAY, ABOVE PAR EVENTS

While there were plenty of birdies to go around, even those who scored bogies and snowmen enjoyed two great days of golf at the 27th Annual Casa Colina Golf Classic and the 25th Annual Padua Village Golf Classic.



Left to right: Event Chair, Board member and Event Sponsor Bill Haaker with celebrity guests Michael Young and Henry Alfaro.



Left to right: Presenting sponsors George and Karen Langley with Felice Loverso, Ph.D., President and CEO of Casa Colina.



Nearly 150 guests enjoyed cocktail hour and dinner at the South Hills Country Club.



Left to right: Event Co-Chair and Board member John Rountree with celebrity guests Al Michaels, Pat Haden and Event Co-Chair and Board member Bill Dwyre.



Left to right: Supporters included Ron White, Founding Sponsor Beverly Lewis of the Robert and Beverly Lewis Foundation, Jim Basano, Mark Bertone, Russell Fittante and Jeff Lewis.



Left to right: Dinner guests included Norma Hiller, Ralph Hiller, Joanne Floyd, Teresa Floyd and Bob Floyd.

SPONSORS

PRESENTING – George and Karen Langley

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The 25th Annual Padua Village Golf Classic was held on Monday, April 30, 2007, at Red Hill Country Club in Rancho Cucamonga. The tournament hosted 192 golfers and 277 people for dinner in the newly constructed Red Hill Clubhouse.

This event was a resounding success attended by many celebrities including former pro tennis player Jonathan Canter, Australian actor George Lazenby, long-time L.A. television sports anchor Stu Nahan, and former pro tennis player Alex O'Brien. Dinner speakers included Al Michaels, sportscaster; Pat Haden, L.A. sports personality; and Bill Dwyre, *Los Angeles Times* sports columnist.

The evening's festivities also featured a live auction that raised a record \$58,500 for items such as two pairs of USC-Notre Dame game tickets that garnered \$20,000. This event set another record by raising \$478,110 to help Casa Colina's Padua Village residents with special needs.

WALK & ROLL FOR CASA'S KIDS

More than 220 people took part in the first Walk & Roll for Casa's Kids on July 21, 2007. This event raised funds



for the Casa Colina Foundation, which supplements \$250,000 to \$350,000 of rehabilitative care provided by the Children's Service Center each year.

It also raised the spirits of all who attended, including Casa's kids, their families, friends, neighbors and other community members.

The Walk & Roll Children's Parade had 34 organized teams that walked and rolled around Casa Colina's gardens. Then they were treated to a petting zoo, bounce house, live music and family oriented activities.

This event provided the opportunity to recognize two important advocates for children with disabilities: Casa Colina's National Ambassador Award was given to Margaret Dunkle, Senior Fellow with the Center for Health Services Research & Policy at George Washington University in St. Louis, Missouri; and Debbie Doan, a previous patient of Casa Colina Children's Services, received Casa Colina's Friend of the Children Award.

PRESENTING SPONSORS

- ◆ Don and Marilyn Driftmier of West Covina
- ◆ Mary Lou Jensen of Rancho Cucamonga



Left to right: Debbie Doan, recipient of the 2007 Friend of the Children Award with Cindy Sendor, MA, CCC/SLP, Director of Children's Services.



Left to right: Dr. Margaret Bauman, 2006 recipient of Casa Colina's National Ambassador Award, with Felice L. Loverso, Ph.D., President & CEO of Casa Colina and Margaret Dunkle, 2007 recipient of the National Ambassador Award.



Conference presenters included from bottom row, left to right: Barbara Firestone, Ph.D.; Tanyia Khadem, MA, CCC-SLP; James McPortland, Ph.D.; and Dorry Brown, M.Ed. Top row, left to right: Laurie Stephens, Ph.D.; Michele Keilson, OTR/L; Margaret Bauman, M.D.; Stephen Shore, Ed.D.; and Kenneth Sassower, M.D.

Sixth Annual Trends in Autism Conference

More than 200 people attended the Trends in Autism Conference which was held March 10 and 11, 2007, at Harvey Mudd College in Claremont.

Over the course of two days, healthcare and educational professionals, as well as parents, had the opportunity to hear ten autism experts from across the United States speak about the many ways to diagnose, treat and educate children on the autism spectrum.

The conference was organized and facilitated by world-renowned pediatric neurologist Margaret Bauman, M.D., who is the Medical Director of Casa Colina's Autism Program. Among the presenters was Stephen Shore, Ed.D., who was diagnosed with "strong autistic tendencies" at an early age and recommended for institutionalization. He has since completed a doctorate at Boston University, focused on helping people with autism to develop their capacities to the fullest extent possible, and has authored three books on the subject. In addition, Casa Colina's Michele Keilson, OTR/L and Tanyia Khadem, MA, CCC-SLP discussed closing the gap between therapy and home through collaboration. Between sessions, participants had the opportunity to visit a wide variety of exhibitor booths.



Conference facilitator and organizer Dr. Margaret Bauman, is a world renowned pediatric neurologist and Autism Program Medical Director at Casa Colina Children's Services.



Over 200 people visited exhibitor booths during the two-day conference.

Casa Colina Hospital

First to Offer New Technology on the West Coast.

Casa Colina Hospital is proud to be the first on the west coast to offer a breakthrough therapeutic device offered by Bioness™ – the NESS L300. This innovative equipment was designed for patients with neurological



conditions such as stroke, multiple sclerosis, cerebral palsy, incomplete spinal cord injuries, and traumatic brain injuries, to help regain their mobility after experiencing a common condition called "foot drop." It implements Functional Electrical Stimulation (FES) technology to promote stability and ease of

walking. This state-of-the-art mechanism is soft, lightweight and extremely comfortable to wear.

The NESS L300 is used on an inpatient and outpatient basis. Its use is supervised by a physician and a specially trained licensed physical therapist. Casa Colina Hospital serves as a regional assessment site for patients interested in trying out the new device. Casa Colina Hospital is a fully licensed, Joint Commission accredited 68-bed facility that serves individuals who can benefit from the intensive rehabilitation of three hours or more of therapy a day, five days or more a week.

Helen A. Kellner Adult Day Health Care Center

The Adult Day Health Care Center continues to serve disabled adults from the community. This program provides adults requiring extra supervision the chance to develop their cognitive and memory skills, while giving their caregivers the time needed to maintain their jobs and care for other family members. It offers a combination of nursing, social services, and recreational activities throughout each day.

The Adult Day Health Care Center serves adults with developmental disabilities, brain injuries, Alzheimer's, or dementia who require supervised care during the day.

Tamkin Outpatient Center

New Innovations, More Independence.

The Tamkin Outpatient Center has expanded its services over the past year by adding new physician specialists



and offering exciting new technologies to complement its growing roster of services.

The new Wheelchair & Seating Program provides custom evaluation for individuals requiring the long-term use of a wheelchair and

orthopedic seating, thereby providing greater comfort and relief from pressure ulcers. This program includes evaluation for the IBOT 4000 Mobility System, a state-of-the-art wheelchair that can climb stairs, curbs, and other obstacles as well as elevate the user to enable eye-to-eye conversations and improved reach. Casa Colina is one of the first hospitals in California to offer this incredible equipment.



Individuals with urinary leakage or blocked urine flow will benefit from Casa Colina's introduction of the new Medtronic's G3 Urodynamic System, which works to evaluate urinary dysfunction using advanced computerized technology.

Casa Colina continues to reach out to the community by offering ongoing free services, such as free sports injury screenings and free audiology testing. This summer, free sports physicals were also offered to prepare student athletes for school sports beginning in the new academic year.

The Tamkin Outpatient Center serves individuals who have the potential to overcome or better manage physical disabilities by receiving specialized medical care or rehabilitation services in an outpatient setting.



Casa Colina at Apple Valley & Casa Colina at Rancho Piño Verde

Making Room for More Residents.

Casa Colina at Apple Valley is pleased to announce that it will add another 11 beds to its facility. It will be another welcome addition, as this facility reached full occupancy just three months after it added 11 beds in September 2006. When completed in March 2008, Casa Colina at Apple Valley and Casa Colina at Rancho Piño Verde will have the capacity to provide long-term residential housing to 76 individuals with brain injuries.

Residents at both facilities had an active year with many outings in the community. They had the



opportunity to socialize together, enjoying BBQ's, holiday parties, ice cream socials, swimming, and fishing at the Lucerne Valley facility. Some of the residents are once again attending Victor Valley Community College, while others participate in

specialized day programs. These residential programs play an important role in offering a complete continuum of care at Casa Colina for those with brain injuries.

These residential programs serve individuals with traumatic brain injuries who require long-term care and supervision in a residential setting.

Laband Transitional Living Center

Finding Their Way Home Again.

The goal of the Laband Transitional Living Center (TLC) is to help people with neurological disabilities return to a life of maximum functioning and independence.

A physical medicine and rehabilitation physician

oversees care at TLC. Its clinical team includes occupational therapists, physical therapists, speech pathologists, neuropsychologists, and nursing and residential technicians. TLC is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), which reflects its excellence of service. This program attracts individuals from the Western United States, including Alaska, Arizona, Hawaii, Nevada, Oregon, and Washington, as well as Northern and Southern California.



The Transitional Living Center helps individuals with traumatic brain injuries, spinal cord injuries or other neurological traumas further their rehabilitation goals in a 38-bed, short-term residential setting. Six hours of individual or group therapy are provided 6 days a week. A day treatment program is also available.



Outdoor Adventures

Celebrating 23 Years of Adventures.

Casa Colina's Outdoor Adventures program just had its 23rd birthday. In the past year alone, it has provided nearly 160 exciting days of adventures for hundreds of children and adults with a variety of physical and cognitive disabilities. All of these exciting activities are facilitated by certified therapeutic recreation specialists with the help of an army of volunteers who donate 8,300 hours of time each year. The Casa Colina Foundation and the community at large also support this program.

The 13th Annual Land Meets Sea Camp was held in Long Beach this past August. Over 100 participants came from all over the United States to experience a variety of adaptive sport and recreational activities, such as Discover Scuba, water-skiing, wheelchair basketball and tennis, martial arts, jet-skiing, over-the-line softball, hand cycling, quad rugby, sailing, kayaking, deep sea fishing, fencing, hot-air balloon rides and a luau dinner with Polynesian entertainment. With the help of nearly 100 volunteers, this event gave people with disabilities an opportunity to explore their recreational options in a safe and positive atmosphere.



Outdoor Adventures serves adults and children with a broad range of cognitive and physical disabilities who want to discover their abilities in a challenging and fun environment.



A. Gary Anderson Children's Services Center

Being Treated Like Royalty.

A very special Prince and Princess Pageant of Hope was held at Casa Colina in March 2007. Approximately 20 Children's Services patients and their siblings received "makeovers," presentation coaching, and manicures prior to walking down the "runway" in front of a large audience. Miss Georgia Teen USA and two fellow queens hosted the event with the local coordinators – family and friends of Casa Colina patient Samantha Palumbo, a young teen who survived a serious auto accident. The pageant may very well become an annual event since it was so well received by patients, families and the community.

The Kids Crew program has been successful this past year. Children's Services has added another class for four to five year olds, and will soon have another program geared specifically to teens, ages 12 to 16. Day camps and handwriting workshops were once again held throughout the summer.



Children's Services provides care to infants and children with physical and developmental disabilities up to age 15 who would benefit physically and emotionally by receiving outpatient rehabilitation services.

Kittell Imaging Center

The Kittell Imaging Center offers Casa Colina's inpatients and outpatients convenient access to the most advanced imaging equipment, with same-day results often available.

This state-of-the-art facility has continued to expand its services by adding new GE Lunar Bone Density equipment to help detect osteoporosis. This enhanced form of x-ray technology is called dual-energy x-ray absorptiometry (DXA or DEXA). "Dexa" bone densitometry is today's established standard for measuring bone mineral density. It is a quick, painless procedure for measuring bone loss.

In addition to a wide array of digital imaging equipment, this center offers a Special Procedures Suite for interventional radiology procedures such as angiograms, myelograms, arthrograms, dialysis shunts, medi ports and more. The clinical staff has special training and expertise in musculoskeletal imaging.

The Kittell Imaging Center serves Casa Colina patients as well as individuals from the local community who are in need of advanced diagnostic imaging services.



Padua Village

On June 23, 2007, a celebration was held for the twentieth anniversary of the first Padua Village home, the John Lewis Malmquist Home. The residents were pleased to learn that Dr. Harvey Cohen was appointed



as their Medical Director to oversee and monitor their medical care.

All residents attended the 25th Annual Padua Village Golf Classic in April 2007. At this golf tournament, they were thrilled to receive Sea World season passes, California Exposition and State Fair passes, and In-N-Out gift bags. Throughout the summer, residents enjoyed weekend swimming as well as Outdoor Adventures program activities that included camping, hiking, kayaking, rock climbing, skiing, whale watching as well as a trip to Hawaii and the Grand Canyon.

These residential facilities serve adults with developmental disabilities who require supervised residential living.

Casa Colina Research Center

Laying the Foundation For a National Study.

The Brain Injury Outcome System (BIOS) is a multi-facility study created by five post-acute rehabilitation programs in 2001. The study is led by Casa Colina Centers for Rehabilitation with other participating sites that include Winways, TRS (Long Beach Memorial Medical Center), New Pathways (Daniel Freeman Memorial Hospital), and Northridge Hospital Medical Center. Data is collected by completion of standardized patient and/or family questionnaires upon patient admission, discharge, and again six months later.

The five non-profit programs share a common goal of promoting successful community reintegration for their patients. Measuring the outcomes of this goal, however, presented a dilemma – individually, these programs have very low numbers of patients with high variability. By working together, more data became available with results that could serve as benchmark information on patient mixes and their outcomes in the community.

The concept of BIOS has been extremely successful. Over the past five years, data on over 1,000 combined discharges has been collected and analyzed. These outcomes were presented by Casa Colina staff members for the first time at the American Medical Rehabilitation Providers Association 4th Educational Conference in October 2006.

From the enthusiastic response to this presentation and encouragement from the field, the group decided to launch BIOS on a national level. Due to the complexity of managing this volume, the project is being transferred from Casa Colina to the well-respected IHealthTrack, Inc., which will provide ongoing management and future development so that rehab professionals beyond Southern California may learn from its findings and help to improve patient care everywhere.

The Research Center serves Casa Colina clinical staff and the advancement of medical and rehabilitation care around the world.



Casa Colina Surgery Center

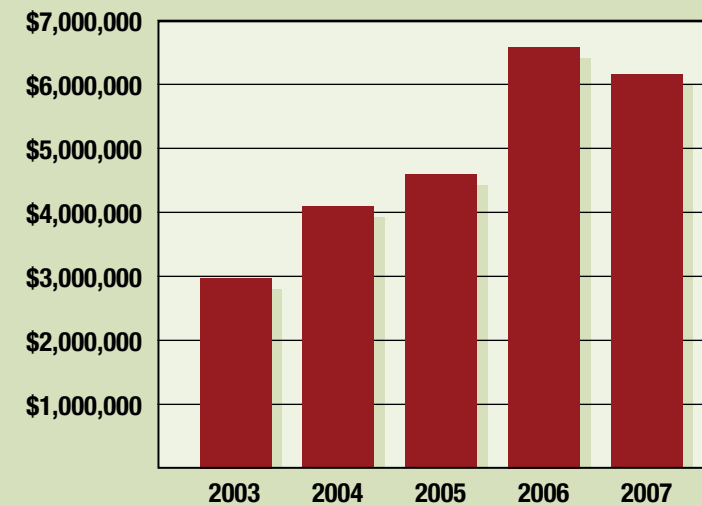
The Casa Colina Surgery Center has met its goals for its second year in operation. This physician-owned practice, located next to Casa Colina Hospital, has fulfilled its promise to provide a broad range of surgical procedures including orthopedic and neurosurgery, gastroenterology, general surgery, urology and pain management. It offers state-of-the-art equipment, three large operating rooms, and two specialty procedure rooms with a GI laboratory. With 16 beds, the pre-op and post-op recovery area features natural lighting and a soothing atmosphere to provide patients with a more relaxing experience.

The Casa Colina Surgery Center serves Casa Colina patients as well as individuals from the local community who require outpatient surgical care.

Casa Colina's Operational Performance

Earnings from Operations*

(Excluding Foundation)



*Earnings before interest, depreciation and extraordinary items

Note: Operational earnings were lower in 2007 due to services rendered which, though previously approved, were later retroactively denied by third party payors for adults with brain injuries treated at Casa Colina's Transitional Living Center. Casa Colina is appealing these denials.

Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues	2007	2006
Gross patient and other services	\$69,421,000	\$65,539,000
Other operating revenue and transfers from Foundation	2,628,000	1,904,000
Total Revenues	72,049,000	67,443,000
Deductions		
Contractuals/uncompensated care	25,391,000	23,910,000
Bad debts	1,035,000	617,000
Total Deductions	26,426,000	24,527,000
Revenue Less Deductions	45,623,000	42,916,000
Operating Expenses		
Salaries and benefits	27,565,000	26,629,000
Other expenses	11,893,000	9,676,000
Total Operating Expenses	39,458,000	36,305,000
Net Income from Operations Prior to Depreciation, Interest and Extraordinary Items	\$6,165,000	\$6,611,000

Casa Colina Balance Sheets

(Unaudited/Consolidated)

March 31, 2007 and 2006

Assets	2007	2006
Current assets	\$12,058,000	\$13,431,000
Investments	57,217,000	59,206,000
Assets limited as to use	24,527,000	24,220,000
Property and equipment	60,445,000	61,264,000
Other assets	1,949,000	2,340,000
Total Assets	\$156,196,000	\$160,461,000
Liabilities and Net Assets		
Current liabilities	\$8,390,000	\$8,192,000
Long-term debt and other liabilities	55,828,000	63,215,000
Unrestricted and restricted net assets	91,978,000	89,054,000
Total Liabilities and Net Assets	\$156,196,000	\$160,461,000

Casa Colina Foundation and Subsidiary Changes in Net Assets (Unaudited)

Revenues	2007	2006
Investments and other	\$6,668,000	\$4,026,000
Donations and special events	1,944,000	2,600,000
Total Revenues	8,612,000	6,626,000
Expenses and Transfers		
Salaries and benefits	1,308,000	1,176,000
Other expenses, transfers to affiliates and restricted funds	5,809,000	6,743,000
Total Expenses and Transfers	7,117,000	7,919,000
Foundation Revenues Over/Under Expenses and Transfers	1,495,000	[1,293,000]
Net unrealized gains on marketable securities	615,000	3,938,000
Total Change in Net Assets	\$2,110,000	\$2,645,000

Mark Your Calendar

Thunder in the House Ride for Heroes

October 28, 2007
at Casa Colina

28th Annual Casa Colina Golf Classic

November 12, 2007
at South Hills
Country Club

Tribute to Courage

February 2, 2008
at Pacific Palms
Conference Resort

7th Annual Trends in Autism Conference

March 15/16, 2008 at
Harvey Mudd College

26th Annual Padua Village Golf Classic

April 28, 2008 at
Red Hill Country Club

Walk & Roll for Casa's Kids

June 21, 2008
at Casa Colina



Contact Us

Casa Colina Centers for Rehabilitation

255 East Bonita Avenue
P.O. Box 6001, Pomona, CA 91769-6001
909/596-7733 or toll-free 800/926-5462
TDD-TTY-Q 909/596-3646
www.casacolina.org

Adult Day Health Care – Ext. 4400

Casa Colina Hospital – Ext. 3000

Children's Services – Ext. 4200

Corporate Offices – Ext. 2300

Foundation – Ext. 2209

Human Resources – Ext. 2150

Imaging Center – Ext. 4541

Outdoor Adventures – Ext. 2216

Outpatient Rehabilitation – Ext. 3500

Padua Village – Ext. 4400

Physician's Clinics – Ext. 3800

Transitional Living – Ext. 4100

Casa Colina Surgery Center
909/593-3550

LDR Neurosurgery Group
909/450-0369

Casa Colina at
Rancho Piño Verde
760/248-6245

Casa Colina at Apple Valley
760/247-7711

Job Line – 909/450-0314



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255 East Bonita Avenue
P.O. Box 6001
Pomona, CA 91769-6001

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