

## Outdoor Adventures Trip Medications Sheet 2020

Name \_\_\_\_\_



- For your safety, anyone who takes medication must complete this sheet in order to attend Outdoor Adventures trips.
- All information is strictly confidential and is used by trip staff to create a safe and enjoyable environment for all involved.
- For those needing assistance with medications: Over-the-counter medications must be brought in their original containers. Prescriptive medications must be brought in pharmacy issued bottles with enough doses for double the trip length. Only what your doctor prescribes will be poured. Please be sensitive to the size of the bottle(s) you bring; storage space is always limited.
- Complete and return this form to the address below. Please call 909/596-7733, ext. 4131 if you have any questions. Thank You!

Medication Name	Dosage	Time(s) Taken	Reason Taken (mandatory)
Example - Dilantin	500mg	8 a.m. Noon 8 p.m.	Seizure Control
1.			
2.			
3.			
4.			
5.			
6.			

Outdoor Adventures Staff  
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Pomona, CA 91767

Phone 909/596-7733, ext. 4131  
Fax 909/450-0312  
adventure@casacolina.org

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Medication Name	Dosage	Time(s) Taken	Reason Taken (mandatory)
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			

Completed by: \_\_\_\_\_

Date: \_\_\_\_\_