



Community Benefit Report

**Annual Report and Plan for Community Benefit
Casa Colina Hospital and Centers for Healthcare
Fiscal Year 2025 (April 1, 2024 - March 31, 2025)
HCAI Hospital ID: 106190137**

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California

Table of Contents

About Casa Colina Hospital and Centers for Healthcare	3
Mission, Vision, and Values	4
Awards and Recognitions	4
Inpatient Hospital Services	5
Outpatient and Other Services	6
Governance	10
Caring for Our Community	11
Community Health Needs Assessment Summary	14
Community Benefit Activities to Address Priority Health Needs.....	16
Other Community Benefit Programs	22
Financial Summary of Community Benefit	26
Community Benefit Plan.....	28
Significant Health Needs the Hospital Intends to Address	28
Evaluation of the Plan's Effectiveness	30
Needs the Hospital Will Not Address.....	31
Contact Information	31
Appendix 1: Categorization of Community Benefit Programs.....	32
Appendix 2: Community Stakeholders	33

About Casa Colina Hospital and Centers for Healthcare

Casa Colina is a nonprofit, freestanding, community-governed organization based in Pomona, California. Since its founding in 1936—originally focused on helping children recover from polio—Casa Colina has been dedicated to helping individuals rebuild their lives after illness or injury. Today, that mission continues through a comprehensive network of services that promote optimal medical recovery and rehabilitation outcomes in an environment that values dignity, diversity, and individuality.

At the heart of this network is Casa Colina Hospital, part of Casa Colina Hospital and Centers for Healthcare, operating under the corporate umbrella of Casa Colina, Inc. The hospital is situated on a 20-acre, state-of-the-art campus and is supported by satellite locations that expand access to care across the region. Casa Colina's integrated continuum of care allows patients to move seamlessly through different levels of rehabilitation, supported by a collaborative culture where medical leaders and rehabilitation specialists work together to ensure individualized, high-quality care.

Casa Colina's hospital services include acute rehabilitation, medical-surgical care, an intensive care unit, surgical suites, outpatient therapy, physician specialty clinics, and a pediatric outpatient center. Beyond the hospital, Casa Colina offers a wide range of programs that continue the recovery process, such as the Transitional Living Center (TLC), day treatment programs, long-term residential care facilities in Apple Valley and Lucerne Valley, a diagnostic imaging center, and an adaptive recreation and wheelchair sports program.

Casa Colina specializes in the treatment of individuals recovering from brain injury, stroke, spinal cord injury, and complex orthopedic and neurological conditions. Its comprehensive model allows patients to receive care tailored to their changing medical and rehabilitative needs across every stage of recovery. Specialized clinical teams—including rehabilitation physicians, certified nurses, physical, occupational, and speech therapists, and neuropsychologists—work in concert to guide patients and families through recovery and support a successful transition back into the community.

In addition, Casa Colina is advancing clinical excellence through research that extends across the continuum of care. Patients with traumatic brain injury, spinal cord injury, and stroke have the opportunity to participate in cutting-edge clinical trials and access novel therapies that meet the highest standards of care. This commitment to innovation ensures that patients benefit not only from compassionate, coordinated rehabilitation but also from the most current, evidence-based treatments available.

Mission, Vision, and Values

Mission

Optimize medical recovery and rehabilitation outcomes for all patients in a safe environment that respects their dignity, diversity, and individuality.

Vision

Leading and defining excellence in specialized medical, surgical, and rehabilitative care.

Values

Apply clinical excellence, education, and research to enhance quality of life in the communities we serve, with a commitment to compassion, collaboration, and integrity.

Awards and Recognitions

Casa Colina was the recipient of awards and accolades in FY25.

- Healthgrades 100 Best Hospitals
 - Spine Surgery - four consecutive years (2021-2024)
 - Healthgrades Top 10% in the nation
 - Outstanding Patient Experience - three consecutive years (2023-2025)
 - Spine Surgery - three consecutive years (2022-2024)
 - Healthgrades Five-Star Recipient
 - Spinal Fusion Surgery - four consecutive years (2021-2024)
 - Total Knee Replacement - six consecutive years (2019-2024)
 - Healthgrades Excellence Award
 - Spinal Surgery - three consecutive years (2022-2024)
 - Healthgrades Hospital Quality
 - Outstanding Patient Experience Award - six consecutive years (2020-2025)
 - One of only three hospitals in Los Angeles County to achieve the award in 2025
 - One of only two hospitals in Los Angeles County to achieve the award for six consecutive years
 - Commission on Accreditation of Rehabilitation Facilities (CARF) Accreditations for Brain Injury, Spinal Cord Injury, and Stroke Programs
-

- Ehlers-Danlos Society's Centers & Networks of Excellence (CNE)
- Centers for Medicare & Medicaid Services (CMS) 5-Star rating for cleanliness
- Designated Blue Distinction Center+ for Knee and Hip Replacement
- *Inland Valley Daily Bulletin* Readers' Choice Awards for "Best Knee Center" and "Best Physical Therapy Center" and "Best Hospital Group"
- Four Stars from the Centers for Medicare & Medicaid Services (CMS) for Overall Hospital Quality

Inpatient Hospital Services

Casa Colina's specialized inpatient rehabilitation programs have earned national recognition for excellence in addressing neurological and orthopedic conditions, with a continuum of medical and rehabilitative care for patients recovering from brain injury, stroke, spinal cord injury, and orthopedic injury and disease. With experienced, multidisciplinary care teams, we tailor each rehabilitation program to the unique needs of the patient.

Acute Rehabilitation Unit

Casa Colina provides inpatient rehabilitation services in a 68-bed Acute Rehabilitation Wing, treating a range of neurological and orthopedic conditions including brain injury, spinal cord injury, stroke, respiratory disorders, multiple traumas, wounds, and burns. Patient care is supervised by a physician specializing in physical medicine and rehabilitation. The rehabilitation services offer innovative technology, novel research-based treatment approaches, and high-tech equipment. It also includes therapy gyms, outdoor therapy gardens, and activity of daily living room.

Medical-Surgical Unit and ICU

Casa Colina Hospital provides a range of inpatient medical-surgical services and has three spacious surgical suites with the most advanced surgical technology, a multi-modality procedure room, a six-bed Intensive Care Unit, and 25 private medical-surgical telemetry beds. Some of the region's top surgeons perform surgical procedures, in some cases using robotic technology for minimally invasive procedures.

Outpatient and Other Services

Casa Colina Outpatient Center

Casa Colina's physician-directed Outpatient Services treat patients with diverse orthopedic, neurologic and medical conditions. Our multidisciplinary team of licensed therapists includes physical, occupational, and speech-language therapy and neuropsychology. These clinical staff use innovative methods and state-of-the-art technology to help patients return to their daily routines. Many of our therapists also hold specialty certifications in neurology, orthopedics, hand therapy, pediatrics, and other specialized care.

Casa Colina offers specialty programs for spine and back pain, hand therapy, sports medicine, adaptive driver training, exoskeleton/robotic-assistive technology, lymphedema, hand therapy, and pelvic floor treatment, among other things.

Casa Colina Azusa Center

This satellite location in Azusa, California is a hospital-based outpatient facility treating patients with orthopedic and neurological conditions. Azusa Center offers physical and occupational therapies, speech-language pathology, certified hand therapy, and sports medicine.

Children's Services Center

Casa Colina offers programs for children, ages one month to 23 years, with various disabilities or developmental disorders. Overseen by a board-certified neurologist. Physical, occupational, and speech therapists and early intervention specialists offer services in key areas of development: gross motor skills, fine motor skills, expressive language skills, receptive language, cognitive skills, socialization, and self-help.

Casa Colina Imaging Center

Our imaging center offers convenient, on-site radiology services, providing access to a broad scope of innovative examinations and equipment for efficient diagnostic testing. Staffed by board-certified radiologists, including a specialist in Neuro and Musculoskeletal Radiology, and experienced bilingual professionals, the center ensures timely, convenient appointments and quick result delivery within 24 to 48 hours. Services encompass walk-in X-rays, 3D mammography, MRI, CT scans, and various interventional procedures, with specialized accommodations for patients with limited mobility. The center is accredited by the American College of Radiology for Mammography, Ultrasound, CT, and MRI, and contracts with most insurance providers.

Physician Specialty Clinics

Our specialty clinics feature many medical specialists working in one location. They treat Ehlers-

Danlos Syndromes, general neurology, Parkinson's disease, geriatrics, wound care/ limb preservation, ENT, and more. Our physicians collaborate with experienced therapy teams to treat a range of medical conditions. Our Physical Medicine & Rehabilitation (PM&R) physicians enhance and restore functional ability and quality of life to people with physical impairments and disabilities. Our Infectious Disease specialists treat acute and chronic infections of known and unknown etiologies.

Casa Colina Audiology Center

The Casa Colina Audiology Center provides comprehensive care for adults and children who are experiencing hearing loss for congenital reasons, aging, disease, or environmental factors. The Center is home to some of the most modern equipment available, including three recently renovated, state-of-the-art sound suites.

Hyperbaric and Wound Care/ Limb Preservation Center

Certified wound care specialists take a comprehensive approach to caring for burns, traumatic injuries, ulcers, and other chronic wounds. The Center is home to state of art wound care equipment, including two hyperbaric medicine chambers that provide hyperbaric oxygen therapy (HBOT).

Outdoor Adventures and Wheelchair Sports

The adaptive sports and recreation program, Outdoor Adventures, has expanded its services to include a stronger focus on wheelchair sports in addition to its traditional outdoor recreation activities. Since its inception in 1985, the program provides adaptive recreation experiences and wheelchair sports opportunities to individuals with a wide range of disabilities including day trips and multiday activities like deep sea fishing, camping, wheelchair sports like rugby and basketball, and other recreational adventures like skydiving, horseback riding, and whitewater rafting. This therapeutic program emphasizes ability over disability and encourages participants to experience physical and emotional success.

Annually, Outdoor Adventures hosts "Beat the Heat" a three-day summer sports camp tailored specifically for individuals over the age of 18 with disabilities who are eager to experience the thrill of adaptive sports and recreation in a competitive and inclusive environment. Participants have the opportunity for inclusive group interaction through adaptive activities like sea kayaking, sailing, deep-sea fishing, and hand-cycling, as well as wheelchair sports such as basketball, rugby, pickleball, fencing, and tennis.



Residential Care

Accredited by the Commission on Accreditation of Rehabilitation Facilities, Casa Colina's Transitional Living Center (TLC) is a 58-bed short-term residential rehabilitation facility that offers a bridge between acute rehabilitation and home. Through rigorous daily therapy, TLC residents experience significant gains in physical and cognitive abilities. In addition to residential rehabilitation, the TLC offers a robust day treatment program that can manage up to 50 additional clients per day.

Long-term Residential Care

Casa Colina's satellite locations in Apple Valley and Lucerne Valley offer a total of 85 licensed beds and provide structured and semi-independent living programs tailored to the unique needs of individuals with traumatic brain injury. The Apple Valley site also features a day program that engages residents in meaningful activities designed to enhance their quality of life and promote continued personal growth.

In addition, our Padua Village Residential Program in Claremont offers a supportive home environment with 12 licensed beds for adults with developmental disabilities, providing individualized care in a community-based setting.

Research Institute



A distinction of Casa Colina is the Research Institute, which conducts translational and clinical research to measure the impact of rehabilitation treatments, identify novel interventions, and improve outcomes. Casa Colina collaborates with leading scientists and researchers at academic institutions, including the California Institute of Technology, Harvard Medical School, UCLA, and USC, as well as local universities and innovative technology companies. In addition to conducting dozens of research projects each year, Casa Colina scientists regularly publish their findings in leading, peer-reviewed journals and share their expertise at national and international conferences

Governance

With responsible oversight and forward-thinking leadership, Casa Colina's Board of Directors comprised of physicians and community leaders—enables the organization to grow dynamically and evolve into one of the country's top rehabilitation facilities. The Board is also instrumental in both developing the community benefit plan and overseeing the hospital's community benefit programs. The following represents the board for FY25:

Executive Committee

Chairman: Gary E. Cripe, Esq., Lawyer

Vice Chairman: Philip Feghali, American Business Bank

President and CEO: Kelly M. Linden, Casa Colina Hospital & Centers for Healthcare

Secretary: Terrance Johnson, Inland Regional Center

Treasurer: Tom Reh

Past Chairman: Randy Blackman, Haaker Equipment Company

Chief of Medical Staff: Michael Bien, MD, Nephrologist

Directors-at-Large

Steven C. Bast, MD, Orthopedic Surgery

Veronica Diaz Cutler, Esq., Cutler Legal

Bruce Pasqua, Nevell Group, Inc.

Cathy Watrous, Kaiser Permanente

Daniel Wilson, MD, PhD, Western University of Health Sciences

Richard Young, MD, Neurosurgeon

Directors Emeriti

Samuel P. Crowe, Lawyer

Stephen Graeber, Hub International, Inc.

Mary Lou Jensen, Community Member

Steve Norin, Morgan Stanley

Caring for Our Community

Casa Colina Hospital and Centers for Healthcare has always been a place of extraordinary hope. For the thousands we serve each year, we are often the last stop on the road to recovery, providing a continuum of rehabilitation services unmatched in our region. For others needing specialized medical-surgical care, we're the first step toward a healthier life. For all our patients and families, our services offer hope for increased independence, functionality, and vitality.

Casa Colina's impact in the community is felt in many ways, from providing financial assistance to under- or uninsured patients and offering prevention and awareness programs to keep the community healthy, to providing education and training to current and future healthcare professionals. Additionally, Casa Colina invests in the community to increase access to healthcare services and improve health.

Service Area

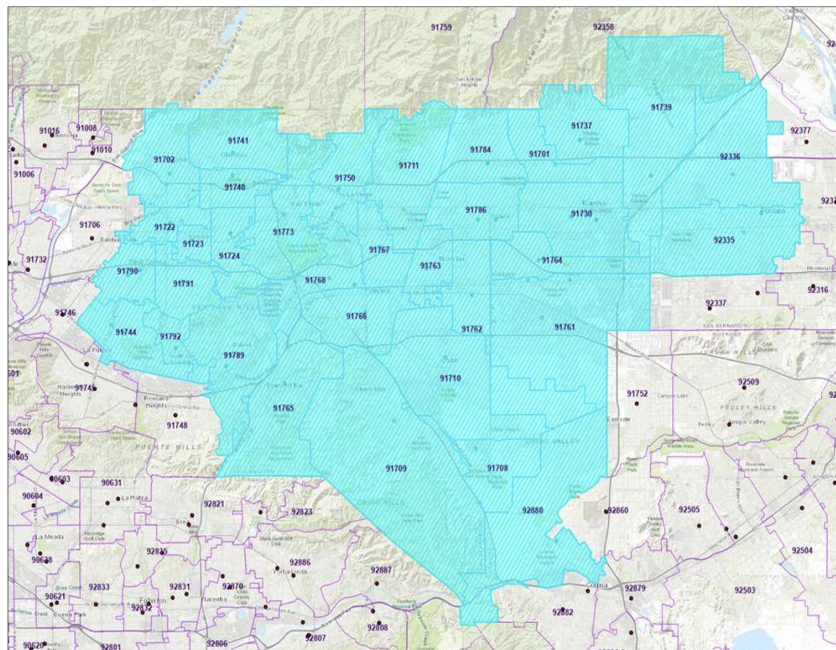
Historically, Casa Colina has defined the community it serves as persons with or at risk of disability. These are people who can benefit from medical and rehabilitation interventions to prevent, remediate, or delay progression of disabling conditions and their impact on function, independence, and quality of life.

Casa Colina Hospital (CCH) is located at 255 E. Bonita Ave, Pomona, CA 91767. The hospital defined its primary services area as including 34 ZIP Code Tabulation Areas (ZCTA) located within Los Angeles County Service Planning Area 3 (San Gabriel Valley), Los Angeles County and San Bernardino County.

Casa Colina Hospital Service Area

Place	ZIP Code	County	Place	ZIP Code	County
Azusa	91702	Los Angeles	Ontario	91761	San Bernardino
Chino	91708	San Bernardino	Ontario	91762	San Bernardino
Chino	91710	San Bernardino	Ontario	91764	San Bernardino
Chino Hills	91709	San Bernardino	Pomona	91766	Los Angeles
Claremont	91711	Los Angeles	Pomona	91767	Los Angeles
Corona	92880	Riverside	Pomona	91768	Los Angeles
Covina	91722	Los Angeles	Rancho Cucamonga	91701	San Bernardino
Covina	91723	Los Angeles	Rancho Cucamonga	91730	San Bernardino
Covina	91724	Los Angeles	Rancho Cucamonga	91737	San Bernardino
Diamond Bar	91765	Los Angeles	Rancho Cucamonga	91739	San Bernardino
Fontana	92335	San Bernardino	San Dimas	91773	Los Angeles
Fontana	92336	San Bernardino	Upland	91784	San Bernardino
Glendora	91740	Los Angeles	Upland	91786	San Bernardino
Glendora	91741	Los Angeles	Walnut	91789	Los Angeles
La Puente	91744	Los Angeles	West Covina	91790	Los Angeles
La Verne	91750	Los Angeles	West Covina	91791	Los Angeles
Montclair	91763	San Bernardino	West Covina	91792	Los Angeles

Service Area Map



Community Snapshot

Casa Colina conducted its most recent Community Health Needs Assessment (CHNA) in FY24. The population of the hospital service area is 1,660,878 people. Children and youth, ages 0-17, make up 23.6% of the population; 63.6% are adults, and 12.7% of the population are seniors, ages 65 and older. Over half (53.9%) of the population in the service area are Hispanic or Latino residents, and 20.5% are non-Hispanic White residents. 16.8% are Asian residents, 5.3% are Black or African-American residents, and 2.7% of the population are multiracial (two or more races) residents; 0.3% of the area population are a race and ethnicity not listed, 0.3% are American Indian or Alaskan Native residents, and 0.2% are Native Hawaiian or Pacific Islander residents. The service area has a lower percentage of White residents, Black or African American residents, and multiracial residents, and a higher percentage of Asian residents, than Los Angeles County and San Bernardino County.

In the service area, 49.7% of the population, ages 5 and older, speak only English in the home, while 34.8% of the population speak Spanish in the home. 12.4% speak an Asian or Pacific Islander language, 1.9% speak another Indo-European language, and 1.2% speak some other language in the home. The median household income for the hospital service area is \$89,969. The average high school graduation rate in the service area is 83.3%, which does not meet the Healthy People 2030 objective for high school graduation (90.7%). 92.3% of the residents in the service area have health insurance.

Vulnerable Populations

- In the service area, 10.2% of the residents are at or below 100% of the federal poverty level (FPL), and 26.5% of the population are considered low income, living at or below 200% of FPL.
- 4% of the civilian population, 18 years and older, are veterans.
- In Los Angeles County Service Planning Area 3 (SPA 3), which represents the San Gabriel Valley area, 2.6% of the adult population identify as gay, lesbian, or homosexual.
- From February 2022 to January 2023, there was a 7.5% increase in the total count of people experiencing homelessness in LA County SPA 3, excluding Pasadena. In that same period, San Bernardino County experienced a 25.9% increase in persons experiencing homelessness.
- 9.6% of the service area population has a disability. Among children under the age of 18, the rate is 3.1%. Among adults, ages 18 to 64, 7.3% have a disability. Among service area seniors, ages 65 and older, 33.7% have a disability. In the service area, 2.9% of the population under age 18 have cognitive disabilities. Among the adult population, ages 18 to 64, 3% have a cognitive disability and 3.3% have an ambulatory disability. Among adults, ages 65 and older, 22.5% have an ambulatory disability and 12.4% have a hearing disability.

- The service area has inadequate access to clean air and safe drinking water as demonstrated by a California Healthy Places Index score of 7.4% for a clean environment.

Community Health Needs Assessment Summary

Casa Colina approved its most recent CHNA in February 2024. The CHNA is a primary tool used by Casa Colina to determine its community benefit plan, which outlines how it will give back to the community in the form of healthcare and other community services to address unmet community health needs. The assessment incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area.

The report includes benchmark comparison data that measure the data findings as compared to Healthy People 2030 objectives. Healthy People 2030 is a national initiative to improve the public's health by providing measurable objectives that are applicable at national, state, and local levels.

Casa Colina conducted targeted interviews to gather information and opinions from people who represent the broad interests of the community served by the hospital. Fourteen (14) interviews were completed in August and September 2023. Leaders and/or representatives of medically underserved, low-income, and minority populations, as well as local health or other departments or agencies that have current data or other information relevant to the health needs of the community, were represented in the sample. Input was obtained from the Los Angeles County Department of Public Health.

Casa Colina Hospital also conducted a survey to gather data and opinions from community residents and persons who represent the community served by the hospital, including underserved residents, community business leaders, past Casa Colina patients living with disabilities, members of Casa Colina's Patient & Family Advocacy Council, and hospital staff. From July 17 to September 25, 2023, 331 useable surveys were received.

Significant Community Needs

Significant needs were identified through a review of secondary health data and validation through stakeholder interviews and community surveys. The identified significant needs included:

- Access to care
- Chronic disease
- Disabilities
- Housing and homelessness
- Mental health
- Overweight and obesity
- Preventive practices (screenings, vaccines)
- Substance use

Prioritization of Health Needs

The identified significant community needs were prioritized with input from the community. The interview respondents ranked access to healthcare, housing and homelessness, mental health, disabilities, and chronic disease as the top five priority needs in the service area. Among community resident surveys, access to care, chronic disease, and preventive care had the highest scores for important and very important needs in the community.

The complete CHNA report and the prioritized health needs can be accessed [here](#). To provide feedback on the CHNA and Implementation Strategy, please contact 909-596-7733, extension 2205.

Community Benefit Activities to Address Priority Health Needs

In FY25, Casa Colina engaged in activities and programs that addressed the priority health needs identified in the FY25-FY27 Implementation Strategy. Casa Colina is committed to community benefit efforts that address access to healthcare and preventive care, chronic diseases, and disabilities. Activities and programs that highlight Casa Colina's commitment to the community are detailed below.

Access to Care and Preventive Care

Response to Need

Financial Aid

Casa Colina provided financial assistance for uninsured and underinsured clients. Following our Financial Assistance Policy, the hospital provided discounted and free healthcare to qualified individuals.

Injury Prevention/ intervention

Throughout the year, Casa Colina Outpatient Therapists conducted free community injury screening clinics in multiple sites for sports and orthopedic injuries for 366 students and other community members who would not otherwise be able to access these services.

Maintenance of Physical and Cognitive Functioning

The hospital provided programs focused on senior injury prevention and maintenance of physical and cognitive functioning. Education sessions dedicated to senior health issues and support groups for seniors and their caregivers were provided.

- Educated seniors on how to access care.
- Participated in community outreach and health fair participation providing education on access to healthcare for seniors.
- Provided a variety of education sessions focused on health, injury prevention, and exercise for seniors.

Community Outreach and Education

Casa Colina collaborated with local educational institutions, nonprofit business organizations, and human services organizations. Casa Colina staff presented educational and interactive events and offered a variety of limb preservation screenings at no cost to the community. In FY25, Casa Colina reached over 21,000 people through involvement in community health outreach efforts.

Chronic Diseases

Response to Need

Community Education and Outreach

Multiple community education sessions reached over 730 people on chronic disease topics:

- Breathe easy
- Developmental disabilities
- Diabetes
- Healthy brain
- Healthy aging
- Healthy eating
- Low vision
- Reducing injuries
- Traumatic brain injuries

Limb Preservation Program

Over time, individuals with diabetes may develop neuropathy and loss of sensation in their lower extremities. With this lack of sensation, blisters and wounds of the feet can quickly become infected and lead to an increased risk of lower-limb amputation. In response to this problem, Casa Colina provides a Limb Preservation Program in partnership with the USC Keck School of Medicine. The goal of the program is to prevent amputations and their adverse health outcomes. Physician and nurse specialists from Casa Colina and USC work with community providers to screen and identify individuals at risk for lower-limb wounds. Culturally sensitive educational materials were given to all participants.

Support Groups

Casa Colina reached 493 people through support groups that provided emotional support and important educational information for individuals, their families, and caregivers. Support groups included

- Acquired Brain Injury (ABI)
- Amyotrophic Lateral Sclerosis (ALS)
- C.L.U.B. Life (Celebrating Life United with Brain Injury)
- EDS (Ehlers-Danlos Syndrome)
- Fibromyalgia
- Parenting special needs children
- Post Polio
- Spinal Cord Injury
- Stroke (motor speech disorders after stroke)

Outpatient Wellness Programs

Completing therapy at Casa Colina is a significant milestone, and we're committed to supporting our patients' long-term health and independence. That's why we offer a range of wellness programs designed specifically for them. These programs seamlessly integrate with their recovery journey, providing continued opportunities to build progress, maintain skills, and foster a healthier lifestyle.

Conversation

This special group is designed to enhance communication skills for people recovering from strokes and brain injuries. Led by a speech-language pathologist, the class focuses on learning strategies to improve interaction and practices daily conversation skills.

Communicating with Aphasia

Sessions encourage social camaraderie while promoting receptive and expressive language skills to enhance daily conversation. The group focuses on individuals who have communication difficulties as a result of a stroke and/or other brain injuries. Speech-language pathologists facilitate the use of specific strategies to address word-finding, initiation in social contexts, and problem-solving communication breakdowns. Access to additional services and resources within the community is also provided.

Diabetes Education

This program is designed for newly diagnosed individuals, their families and caregivers, and anyone seeking greater understanding and support.

Independent Fitness (Pool & Land)

Our Independent Fitness Program is for individuals who want to continue a wellness program independently or with the assistance/supervision of a family member or caregiver. Participants are educated on the safe use of the equipment and assigned appropriate exercises to help them achieve their wellness goals.

Assisted Independent Fitness (Pool & Land)

Our Assisted Fitness Program is for individuals who want to continue a wellness program but are not physically able to participate independently and do not have a caregiver or family member to assist them. A Casa Colina rehabilitation aide assists these individuals, following the exercise program established by the individual's primary physical or occupational therapist while a Casa Colina patient.

No Boundaries

The No Boundaries program is for individuals who have suffered a neurological injury, want to continue making functional gains, and improve their health and wellness after insurance benefits are no longer available. This structured, intensive program is conducted with a licensed therapy staff member.

Parkinson's Wellness

The Parkinson's Wellness Group provided 159 education and exercise encounters to improve mobility and communication among persons with Parkinson's disease.

Parkinson's Disease Paced Wellness

These sessions are adapted to the needs of individuals who have difficulty keeping up with the standard Parkinson's wellness group.



Parkinson's Disease Boxing Circuit

This boxing class is designed to promote high intensity workouts consistent with evidence-based research. Facilitates dynamic balance, arm and leg strength, and cognitive dual tasking.

High-intensity exercise is shown to be neuro-protective and neuro-restorative. This program is designed for individuals with Parkinson's disease who require minimal assistance. It integrates evidence-based aerobic exercise with general wellness activities, power moves, high-level balance, and aerobic exercise.

Disabilities

Response to Need

Expressive Language Skills

Classes promoted expressive language skills by assisting people with communication difficulties because of stroke, including speech impairments such as aphasia, dysphasia, and word finding. Programs facilitated communication opportunities and improved social interaction. 227 clients were assisted.

Professional Education and Training

Casa Colina supports the training of healthcare providers and allied health professionals in the care of individuals with disabilities and chronic conditions. Each year, we offer advanced residency programs in physical rehabilitation, orthopedics, and neurology for occupational and physical therapists, as well as hands-on training in clinical examination, decision-making, and treatment planning. Our hospital also has a Physical Medicine & Rehabilitation (PM&R) residency program, neuropsychology fellowship program and provides ongoing education to hundreds of nurses and other clinical staff yearly, reinforcing best practices in specialized rehabilitation care.

Social Skills and Quality of Life

Infants, children, and teens with disabilities received specialized services and programs. These programs helped children improve their social skills and quality of life. The hospital offered support, education, and resources for families and caregivers of children with disabilities. Casa Colina assisted 33 children through Kids Crew social skills groups, and teens were provided with a social skills training evaluation through Teen Scene. The Good Game Project supported youth recreation development.

Transitional Living Center Semi-independent Housing

Casa Colina provided housing for individuals undergoing neurological recovery at the Transitional Living Center (TLC). The fully furnished residence offered an increased level of semi-independent living for appropriate TLC residents to better prepare them for reintegration into home and community life. The two-bedroom home features ADA-compliant ramps, widened doorways, and accessible bedrooms and restrooms, as well as a kitchen, landscaped yard with raised gardening beds, and convenient direct access to the Casa Colina campus.

Inclusive Sports Events – Beat the Heat

Casa Colina hosted its annual **Beat the Heat Sports Camp**, a three-day event designed to raise community awareness about wheelchair sports and inclusive outdoor recreation. The camp provided individuals with disabilities—including current patients and community members—an opportunity to actively participate in adaptive sports such as wheelchair basketball, rugby, hand cycling, tennis and a host of water sports. By welcoming local residents, families, and athletes of all abilities, the event fostered a spirit of inclusion and encouraged greater community engagement in adaptive sports programs.

Community Education and Outreach

Casa Colina is committed to community education and outreach as a means to raise awareness about the prevention and treatment of disabilities and chronic health conditions. Over the past year, we hosted a **Community Health Education Series** on our campus, offering 14 different seminars covering a

wide range of topics—including neurological conditions, fall prevention, pain management, and healthy aging. These events were open to the public and designed to empower individuals with knowledge to better manage their health. In addition to live events, we provided monthly written health articles published in local magazines and featured on our website, ensuring ongoing access to valuable health information. Select seminar recordings were also shared on Casa Colina's YouTube channel to further disseminate expert insights and extend the reach of our educational efforts across a broader audience. Casa Colina also participated in health and wellness fairs and other community outreach events to connect directly with individuals and families in need of support, education, or resources.

Other Community Benefit Programs

Casa Colina provided additional community benefit services.

Health Professions Education

Definition: education programs for physicians, nurses, nursing students, and other health professionals.

Continuing Medical Education

Casa Colina provided medical education to physicians and other health professionals.

Physical Medicine and Rehabilitation

The Physical Medicine and Rehabilitation (PM&R) Residency Program at Casa Colina Hospital and Centers for Healthcare accepts nine residents into its three-year comprehensive, structured training and educational program. It is associated with the OPTI-West Medical Education Consortium. The PM&R Residency Program offered training experiences in the latest rehabilitation therapies and technologies. Residents worked with attending faculty members from Casa Colina's medical staff in treating patients. Attending physicians participating in the residency training are board-certified in Physical Medicine and Rehabilitation. Board-certified physicians in other medical disciplines and rehabilitation-related healthcare professionals provided additional teaching and training to PM&R residents.

Neuropsychology and Psychology

Casa Colina's Department of Neuropsychology and Psychology is integrated into interdisciplinary treatment teams across the continuum of care. In FY25, seven fellows were engaged in postdoctoral training.

Nursing Education

The hospital served as a training site for nursing students from area colleges and universities. In FY25, 343 nursing students participated in clinical training at Casa Colina.

Physical Therapy Residency Programs

Casa Colina's Physical Therapy Residency Programs in Orthopedics and Neurology provided advanced knowledge and skill in a focused clinical environment. Credentialed by the American Physical Therapy Association (APTA), coursework is designed to accelerate a therapist's professional development while allowing them to achieve clinical excellence in all aspects of

patient care. Upon completion of the program, clinicians are eligible to apply for the certified specialty examination offered by APTA.

In FY25, 40 Western University Doctor of Physical Therapy students were provided practicum experience by Casa Colina practitioners.

Occupational Therapy Physical Rehabilitation Fellowship Program

Casa Colina's Occupational Therapy Physical Rehabilitation Fellowship Program provided advanced knowledge and skill in a focused clinical environment. The coursework offered training in clinical examination, decision-making, and treatment skills. It is designed to accelerate a therapist's professional development and help them achieve clinical excellence in all aspects of patient care. Rotations were completed for inpatient rehabilitation, transitional living, and outpatient neurology. Upon completion of the program, clinicians can apply for the board certification offered by the American Occupational Therapy Association (AOTA) in Physical Rehabilitation in three years (versus five years).

In FY25, the hospital provided precepted education for health professions students, including:

- Health Care Administration Human Resources students
- Physical Therapists and Physical Therapy Assistants
- Occupational Therapists and Occupational Therapy Assistants
- Speech Language Pathology students

Casa Colina provided lectures for health professionals and students, including:

- Education on wheelchair sports, activities and resources as well as recent technological advancements at Case Manager Society of America.
- Presented new research findings on Casa Colina's new Disorders of Consciousness program at multiple professional organizations.
- Presentation at the Summit on Consciousness.
- The 22nd Neuro Critical Care Society.
- The 27th annual meeting of the Association for the Scientific Study of Consciousness.
- Presented: DoC, a Field in Flux at Western University in Ontario, Canada.
- Presented latest research findings at International Brain Injury Association.
- Webinar on Care Management of Patients with Severe Brain Injury and Anoxia.
- Provided DoC webinars on Resources for Families and Caregivers of persons with DoC, and What Can We Say with Certainty?
- Presented Assessment and Management of DoC at BCI & Neurotechnology Spring School.

- Presented a multidisciplinary, interactive course on Neurobehavioral Assessment for DoC at the ABI 2025 Conference.

Subsidized Health Services

Definition: clinical programs that are provided, despite financial loss. Negative margins remain after removing charity care, bad debt, and shortfalls from Medi-Cal. The services meet a community need and, if not offered, would be unavailable in the area or become the responsibility of the government or another nonprofit organization.

Children's Services Center

The Children's Services Center offered programs for children from infancy to 23 years of age with acquired or developmental disorders. A pediatric neurologist oversees the program. Physical, occupational, and speech-language pathologists, as well as early intervention specialists, provided a host of specialized services and programs to meet the needs of this population.

Research

The Casa Colina Research Institute conducts basic, translational, and clinical research, striving to rapidly transform scientific advances into improved patient care and outcomes. Research at Casa Colina is a collaboration of doctors, scientists, and other rehabilitation professionals. These projects support the mission, vision, and values of Casa Colina. Our current research studies focus on improving the lives of individuals with disabilities, with a particular emphasis on patients with neurological conditions.



This includes outcomes-based research projects that measure the impact of medical rehabilitation as well as clinical studies that aim to identify biomarkers of recovery and novel interventions for conditions and impairments treated.

Clinical Research is essential to developing new effective therapeutic interventions for individuals with medical rehabilitation needs. At the Casa Colina Research Institute, we focus on the major diagnoses at Casa Colina to investigate new interventions and support evidence-based clinical practices for the treatment of disabilities caused by a stroke, traumatic brain injury, spinal cord injury, and other neurologic conditions and movement disorders.

The Casa Colina Research Institute's clinical research projects include studies related to:

- Brain Injury
- Disorders of Consciousness
- Spinal Cord Injury
- Stroke
- Assistive Technologies

In FY25, the Casa Colina Research Institute achieved significant milestones in advancing and sharing knowledge in rehabilitation science. The team submitted 14 manuscripts to peer-reviewed journals and delivered 27 oral and poster presentations at 12 conferences around the world. These efforts allowed Casa Colina's research to reach thousands of clinicians and scientists globally, helping to elevate the visibility of our clinical expertise and commitment to evidence-based care.

Cash and In-Kind Donations

Definition: funds and in-kind services donated to community groups and nonprofit organizations.

Monetary contributions and donations of staff time and expertise were made to nonprofit organizations that support community benefit efforts and address significant health needs in the community. In FY25 Casa Colina supported nonprofit organizations with cash and in-kind donations that furthered the hospital's mission and aligned with the community health needs identified through the CHNA.

Community Benefit Operations

Definition: direct and indirect costs associated with assigned staff, community health needs assessments, community benefit planning, tracking, reporting, evaluating, and operations.

In FY25, community benefit operations included:

- Community benefit staff salary, benefits, and expenses
- Administrative support for community benefit
- Community benefit consultants

Community Building Activities

Definition: activities that support community assets by offering the expertise and resources of the hospital organization. These activities may address the root causes of health problems or the determinants of health, such as education, homelessness, poverty, and the environment.

Economic Development

Casa Colina actively participated in several local and regional initiatives aimed at promoting health, community engagement, and economic development. This included involvement in the **Health in Pomona** initiative, as well as active participation in **Pomona Chamber of Commerce** and **Rotary Club** activities. Additionally, Casa Colina contributed to broader regional efforts through its engagement with the **San Gabriel Valley Economic Development initiatives**, reinforcing our commitment to both community health and regional growth.

Advocacy for Community Health Improvement and Safety

Casa Colina remained actively engaged in advocacy efforts at both the state and national levels to advance disability awareness and access to rehabilitation services, including leadership roles with the American Medical Rehabilitation Providers Association (AMRPA) and the FAIR Fund and Hospital Association of Southern California (HASC), direct engagement with congressional and senate leaders to champion the needs of individuals requiring rehabilitative care

Workforce Development

735 students from local high schools and colleges participated in career days, health career fairs, and learned about the next steps for education and potential workforce opportunities in healthcare.

Financial Summary of Community Benefit

Casa Colina Hospital's financial summary of community benefit for FY25 (April 1, 2024, to March 31, 2025) is summarized in the table below. Casa Colina Hospital's community benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H. Costs are based on Casa Colina's overall cost-to-charge ratio. Appendix 1 lists the community benefit programs by category.

Financial Assistance and Means-Tested Government Programs	Vulnerable Populations	Broader Community	Total
Traditional Charity Care	53,741		53,741
Medi-Cal Shortfall	5,290,465		5,290,465
Other Means-Tested Government Programs (Indigent Care)			
Sum Financial Assistance and Means-Tested Government Programs	5,344,206		5,344,206
Other Benefits			
Community Health Improvement Services	270,044		270,044
Community Benefit Operations		87,012	87,012
Health Professions Education		5,945,069	5,945,069
Subsidized Health Services	883,379		883,379
Research	575,136		575,136
Cash and In-Kind Contributions	99,723		99,723
Other Community Benefit		14,726	14,726
Total Other Benefits	1,828,282	6,046,807	7,875,089
Community Benefit Spending			
Total Community Benefit*	7,172,488	6,046,807	13,219,295
Medicare (non-IRS)	0		0
Total Community Benefit with Medicare	7,172,488	6,046,807	13,219,295

*Sum of Financial Assistance, Means-Tested Government Programs and Other Benefits

Community Benefit Plan

Casa Colina Hospital will implement activities and programs to address the priority health needs in our service area identified in the FY24 CHNA and detailed in the FY25-FY27 Implementation Strategy.

Significant Health Needs the Hospital Intends to Address

Casa Colina intends to take action to address the following significant health needs:

- Access to healthcare
- Chronic diseases
- Disabilities
- Preventive care

The following priority health need objectives will be undertaken in FY26 and continue through FY27.

Access to Healthcare and Preventive Care

Objective: Increase access to the most appropriate level of healthcare and improve community health through preventive practices.

Strategies

1. Provide financial assistance for healthcare services consistent with Casa Colina's financial assistance policy.
2. Provide free health information, screenings, and resources at community events.
3. Provide free community sports injury screening clinics in multiple locations.
4. Provide education on healthy aging, prevention, treatment, and wellness through our community education series
5. Provide website and online educational resources for wound care/ limb preservation, brain injury, spinal cord injury, and stroke.
6. Provide programs for injury prevention and maintaining physical and cognitive functioning (i.e. Healthy cooking kitchen education series for those with diabetes).
7. Provide seniors with specialized fitness programs to engage in after discharge from Therapy.
8. Provide specialized evaluation services (i.e. for patients with concussion, brain injury, spinal cord injury and stroke)

9. Communicate to area residents how to access healthcare services through established communication methods and social media.

Impact

The anticipated impact of these actions will be to:

- Provide financial assistance to qualified patients.
- Increase availability and access to healthcare, screenings, and preventive care services.
- Prevent injury and improve health and well-being.

Chronic Diseases

Objective: Reduce the impact of chronic diseases for individuals who have short- and long-term disabilities and increase focus on prevention, education, and treatment.

Strategies

1. Provide access to specialized gyms and aquatic exercise programs through the community fitness program.
2. Provide education on pain management, disease prevention, treatment, and wellness.
3. Provide support groups for individuals with chronic diseases (stroke, brain injury, Parkinson's disease, and Ehlers-Danlos Syndrome, etc.) and their families.
4. Provide programs for disability awareness, technology, community resources, and specific skill acquisition for overall better health.
5. Increase the number of healthcare providers and allied health professionals who obtain training in the care of patients with chronic long-term disabilities and diseases.
6. Implement research focused on improving outcomes and overall function for individuals living with disabling conditions.

Impact

The anticipated impact of these actions will be to:

- Increase access to wellness and treatment resources.
- Increase compliance with treatment and prevention recommendations.
- Maintain health and wellness of persons with long-term disabilities.
- Develop new therapeutic treatment methods for those living with long-term disabilities.

Disabilities

Objective: Reduce the impact of disability on health and quality of life and increase the ability to live productive lives.

Strategies

1. Provide independent and assisted wellness and fitness programs for people with disabilities.
2. Provide health education focused on disability prevention and treatment topics.
3. Provide support groups for individuals with disabilities, their families, and caregivers.
4. Provide comprehensive support programs for people with disabilities.
5. Increase community collaboration to provide support and resources for persons with disabilities and their caregivers.
6. Offer a continuum of medical and rehabilitative care, including but not limited to acute rehabilitation, long-term residential rehabilitation, children's outpatient services, adult outpatient rehabilitation services, physician specialty clinics, and outdoor recreational services.
7. Educate and train healthcare providers and allied health professionals to focus on disability care.
8. Recruit and train a complement of medical providers to provide services for people with disabilities in one central location.
9. Conduct research and create new novel treatments for people with disabilities.
10. Advocate on a national and regional level for persons with disabilities.
11. Provide programs for kids to increase social skills and quality of life (such as our Kids' Crew, Teen Scene, and Adventure Club programs).
12. Educate high school and college students and provide professional opportunities to increase awareness and learning in the rehabilitation field.

Impact

The anticipated impact of these actions will be to:

- Increase availability and access to health education, support groups, and health programs focused on persons with disabilities, their families, and caregivers.
- Maintain health and wellness of persons with disabilities.
- Increase the number of healthcare providers and allied health professionals who obtain training in the care of patients with disabilities.
- Increase awareness of issues facing disabled persons through advocacy efforts.

Evaluation of the Plan's Effectiveness

Community views were solicited through the CHNA process. Community stakeholders provided input on community health needs impacting the community, prioritization of the needs, and resources to address the needs. Appendix 2 identifies the community groups and local officials that were consulted.

Casa Colina Hospital will monitor and evaluate the programs and activities outlined above as they impact people with disabilities and their wellness, productivity, and physical activity. The hospital has implemented a system to track strategy implementation. The Casa Colina reporting process includes the collection and documentation of program measures and collaborative efforts to address health needs. An evaluation of the impact of Casa Colina's actions to address these significant health needs will be reported in the next scheduled CHNA.

Needs the Hospital Will Not Address

Taking existing hospital and community resources into consideration, Casa Colina Hospital is choosing not to address the other significant health needs identified in the CHNA: housing and homelessness, mental health, overweight and obesity, and substance use. Casa Colina cannot address all the health needs present in the community, but it will concentrate on those priority health needs that it can most effectively address given its areas of focus and expertise.

Contact Information

Casa Colina Hospital and Centers for Healthcare
255 East Bonita Avenue
Pomona, CA 91767

Web Address

<https://www.casacolina.org>

Community Benefit Contact

Bonnie Baker Scudder
Chief Planning and Development Officer
909/596-7733, ext. 2205
bscudder@casacolina.org

Appendix 1: Categorization of Community Benefit Programs

Medical Care Services
Charity care
Medi-Cal shortfall
Other Benefits for Vulnerable Populations
Audiology screenings
Cash and in-kind donations to organizations serving vulnerable populations
Children's Services, Subsidized Health Service
Community outreach, health education, and screenings on chronic diseases, disabilities, preventive care, and healthy living for people with disabilities and their families
Education sessions focused on improved health, chronic disease, injury prevention and exercise for seniors
Health classes to support expressive language skills
Inclusive and adaptive sports events
Independent and assisted wellness and fitness programs for people with disabilities
Injury prevention clinics and sports medicine clinics
Limb Preservation Program
Parkinson's Wellness Group
Senior injury prevention
Social skills evaluation and training for children and teens
Specialized services for infants, children and teens with disabilities
Support groups for people with acquired brain injury, Ehlers-Danlos Syndrome, fibromyalgia, and motor speech disorders after stroke
Support, education, and resources for families and caregivers of children with disabilities
Vision and health screenings for seniors
Other Benefits for the Broader Community
Community benefit operations
Health Research, Education and Training Programs
Continuing Medical Education on adaptive sports, DoC, neuro-diagnoses, and rehabilitation medicine
Health Care Administration students
Nursing students
Occupational Therapists and Occupational Therapy Assistants
Occupational Therapy Physical Rehabilitation Fellowship Program
Physical Medicine and Rehabilitation Residency Program
Physical Therapists and Physical Therapy Assistants
Physical Therapy in Orthopedics and Neurology Residency Program
Podiatry, Laryngology and Neurorestoration Fellowships

Rehabilitation Neuropsychology and Psychology Fellowship
Research Institute and research presentations
Speech Language Pathology students
Nonquantifiable Benefits
Economic development
Health advocacy for community health and safety
Workforce development, student career days and health career fairs

Appendix 2: Community Stakeholders

Name	Title	Organization
Jose Escobar, MSN, RN, PHN	Regional Health Officer	Service Planning Area (SPA) 3 - San Gabriel Valley, Los Angeles County Public Health
Hal Hargrave	President and Chief Executive Officer	The Perfect Step
Nena Hernandez	Director of Community Engagement and Strategic Partnerships	Fairplex
Dan Hughes	Community member	Limb Preservation Collaborative
Joanne Lichtman	Former patient, Casa Colina	Community member
Audrey Morabito	Vice President and Chief Financial Officer	Pilgrim Place
Abigail Pascua	Chief Executive Officer	Aging Next
Kelly M. Piper, RN	Operations Manager	Mountain View Urgent Care
Victor Preciado	Councilmember	City of Pomona California
Evelyn Scott, RN, MSN, MPH	Inpatient Diabetes Coordinator	Pomona Valley Hospital Medical Center
Andrew Skinner	Founder	Triumph Foundation
Jennifer Stark	Councilmember	City of Claremont California
Cathy Watrous, RN	Stroke Coordinator/ Board of Directors	Kaiser Permanente, Ontario California/ Casa Colina Hospital and Centers for Healthcare
Armando Yanez	Patient Family Advisory Committee	Casa Colina Hospital and Centers for Healthcare