

# Fibromyalgia Support Group for Teens

This free support group is designed specifically for teens from 13 to 18 years of age who have been diagnosed with Fibromyalgia. We will provide personal support as well as education, discussion of how to live with a chronic illness, and general topics related to living with pain and discomfort.

**This group meets on the 4th Tuesday of each month  
from 5:00 to 6:00 p.m.**

Casa Colina Hospital and Centers for Healthcare, Building 1D, Tamkin Education Center, Room C  
255 East Bonita Avenue (at Garey) in Pomona

## PRESENTED BY



**Dianne Whiting, MA, PT**  
Fibromyalgia Management Program

**For more information, please call**

Outpatient Services at 909/596-7733, ext. 3500 or email [dwhiting@casacolina.org](mailto:dwhiting@casacolina.org).



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