STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA CENTERS FOR REHABILITATION

# 2007





# Dear Supporters of Casa Colina

t has been my pleasure to support Casa Colina and serve on the Board of Directors for many years. I join our management and staff in feeling pride in our new campus with its state-of-the-art hospital, medical, imaging and therapy facilities. I am even more proud of Casa Colina's continued success in maintaining



and improving the quality of its specialty medical rehabilitation services in all areas of its continuum of care.

This will be my second stint as Chairman of the Board of Directors. I take this post with humility because I recognize how great the effort has been by so many people over decades – and

especially over the last six years. They are the reason why Casa Colina is now able to help so many people in such a wonderful environment. They have ensured that our patients receive the kind of care and compassion that yields positive results.

Along the way, we have had extraordinary leadership, a flexible and dedicated staff, a visionary Board, and a sharp focus on getting the job done. We have earned the confidence of our medical community, which is evident by its referrals and membership in our staff and clinics.

We have received recognition from so many in the business and political worlds. And we have had support from you as well as other individuals in our community.

Yet our job is not done. Individuals will continue to have health and rehabilitation needs. The demand for Casa Colina to fulfill these needs will increase and health care in our country will continue to change. Although these are all great challenges, the permanence of your support will help us remain steadfast in meeting them. With you on our team, we will keep this Center of Excellence thriving and serving the people of our community.

On behalf of the Board of Directors, please accept my thanks and gratitude. The fact that you value the rehabilitation that Casa Colina provides, and understand how important it can be to the life of a child, a mother, a father, or any loved one faced with an injury or disability, means so much. This is what guides us in the task of developing a new Casa Colina to serve us all in this next century.



Samuel P. Crowe, Esq. Chairman, Board of Directors, Casa Colina, Inc.

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Cover photo: The Behee Family reflects on a proud moment after Jarod was awarded the Purple Heart in a formal military ceremony at Casa Colina in November 2005.



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### Medical and Rehabilitation Services of Casa Colina

Hospital-based programs for the treatment of conditions that include

- Amputation
- Arthritis
- Audiology/Hearing Disorders
- ◆ Autism Spectrum Related Disorders (ASRD)
- Balance Disorders
- Brain Injury
- Burns
- Congenital Deformity
- Developmental Delay
- ◆ Fibromyalgia
- Hand Injury
- Infectious Disease
- LymphedemaMovement Disorders
- Multiple Sclerosis
- Multiple Trauma
- Neurological Disease
- Orthopedic Injury
- Osteoporosis
- Parkinson's Disease
- Pulmonary Disease
- Spasticity
- Spinal Cord Injury
- Stroke
- Urinary Dysfunction
- Work-related Injury
- Wounds

Casa Colina Centers for Rehabilitation includes

- Casa Colina
   Hospital/Inpatient Services
- ◆ Dr. S. Jerome & Judith D. Tamkin Outpatient Center
- Laband Transitional Living Center
- A. Gary Anderson Family Children's Services Center
- Helen A. Kellner Adult Day Health Care Center
- Rancho Piño Verde
- Casa Colina at Apple Valley
- Padua Village
- Outdoor Adventures

Also located on the Casa Colina campus

- Kittell Imaging Center
- ◆ Casa Colina Surgery Center
- ◆ LDR Neurosurgery Group

# A message from the CEO

### The first priority at Casa Colina is our patients.

It is for the patients we are treating now – and those who will come to Casa Colina in the future - that we have built a new hospital and a new campus. They are why we have gathered a staff of outstanding therapists, nurses and physicians to sit knee-to-knee with the person in need who may one day be your mother, father, spouse, grandparent, son or daughter.

We understand the power of medical rehabilitation to make people's lives better, whether it's helping a 70-year-old grandparent or a 20-year-old Iraqi War veteran return to



home and family and begin living again after a brain injury, stroke, or spinal cord injury; or a teenage athlete recovering from a sports injury so that he can safely continue with his favorite sport; or a person with MS making the best use of her energy and strength.

These are examples of what rehabilitation is about. It is a special

task that Casa Colina has taken on as its mission.

On behalf of the thousands of patients we serve, and myself personally, we all have a great appreciation for the value that you have for our efforts to help so many people. Your support has nourished the mission of Casa Colina, since it began in 1936. It has allowed us to meet challenges head on and keep the quality of care to our patients as our first priority.

The health care environment has been in a constant state of change for several decades and there is a tremendous upsurge of new health care needs headed our way as baby boomers reach the ages of higher medical and rehabilitation demands. As an independent, non-profit organization, we cannot control those outside forces. Yet we can control the 20 acres of our Pomona campus and our other sites across Southern California. In those places, we can maintain the quality of care, individualized attention and rehabilitation expertise that makes Casa Colina truly unique. With your continued support, we are committed to do just that and more.

Jehin Luco

Felice L. Loverso. Ph.D.









(From top to bottom)

Ribbon cutting, pictured from left, Dr. Felice Loverso, President & CEO of Casa Colina; U.S. Rep. David Dreier of Glendora; Robert Duncan, 2005 Chairman of Casa Colina Inc. Board of Directors; and Gloria Negrete-McLeod, a member of the Assembly.

A United States Air Force Honor Guard presents a formal pledge of allegiance and flag ceremony.

Dr. Felice Loverso describes the planning involved in creating the new Casa Colina Hospital and campus specialty centers.

Casa Colina's Board of Directors, pictured in front of the new hospital entrance, enjoys a proud moment.

Stiltwalkers and jugglers entertained guests of all ages.

(Next page)



# HE GRANDEUR OF CASA COLINA'S GRAND OPENING.



or the past five years, Casa Colina's Board of Directors the background as a hint of the catered buffet to come. and staff couldn't wait to show the world their new 68-bed rehabilitation hospital and 20-acre renovated campus. On the evening of October 14, 2005, they finally had that

chance with a grand opening celebrating the hospital's completion. As the invited guests drove up the new palm tree-lined driveway, they could see how Casa Colina had been completely transformed, not only for this special night, but for years to come.

Casa Colina rolled out the red carpet for the 1,600 attendees in every possible way – as staff members, jugglers, magicians, a stilt walker and a live band greeted the guests. The carefully orchestrated grand opening commenced with a social hour when

Just before dusk, the formal dedication and ribboncutting ceremony took place with numerous dignitaries in the audience – state and local government representatives,

> local, regional and nationally-renowned physicians, rehabilitation professionals, and a variety of hospital and rehabilitation association executives. Casa Colina's donors, neighbors and supporters, as well as the vendors involved in the new hospital's architectural design and building process, were also in attendance.

The audience was also filled with many inspiring individuals who overcame injuries and other debilitating conditions through weeks and months of inpatient and outpatient medical and rehabilitative care at Casa Colina.

President & CEO everyone had the opportunity to mingle, sample gourmet Seeing their faces in the crowd served as a reminder A red carpet was rolled out as Casa Colina Centers for Rehabilitation hors d'oeuvres, and take a tour of the new hospital. of what a difference care, compassion and perseverance 1,600 guests were welcomed to the new hospital and campus. Adding to the excitement, a large white tent loomed in can make. 2 ◆ casacolina.org casacolina.org ◆ 3



# How a hero deserves to be treated.

very night on the news we hear of U.S. soldiers injured in Iraq. They are the brief sound bites that fail to tell the pain and sacrifices that these brave men and women make each day, thousands of miles away.

Staff Sergeant Jarod Behee from San Dimas is one of them. On his first tour in February 2003, he went with the Army's V Corps into Baghdad. A soldier through and through, he volunteered for his second tour of duty in Iraq with the Army National Guard in November 2004, leaving his wife Marissa and young daughter Madison behind.

It was his nature to volunteer. So, on the morning of May 25, 2005, he offered to join a lieutenant colonel's personal security detail in Bayji.

When they arrived, Jarod was assigned to take a position on the roof of the police station to provide maximum security for the lieutenant colonel and the building.

A quiet morning of small talk was suddenly interrupted by a crack of gunfire. Jarod was hit in the head by a bullet. Though he was wearing a Kevlar helmet that no doubt saved his life, the bullet's impact crushed his skull, causing an immediate stroke. Miraculously, the bullet entered the helmet's right side and exited the left side without penetrating his head.

Another soldier rushed to his aid with a medical bag. Despite the chaos of battle, his comrades responded like a well-oiled machine. By the time another soldier ran up two flights of stairs with a stretcher, the other had

quickly bandaged his wounds. Medics had been alerted. A helicopter was en route to meet them.

"Every member of our team that could be spared was on the roof," a fellow soldier recalls, "I remember providing security as they moved him downstairs and into the back of a humvee. Initially Jarod was unconscious, but he awoke while we moved him. The ride back was very hectic and wild. My roommate, who was gunning the humvee, held his hand the entire time, telling him to hang on and to squeeze his hand. After all that happened, he responded to commands. We took Staff Sergeant Behee directly to the medics, who had just enough time to change his dressings before the helicopter came."

He was airlifted to a hospital at Camp Speicher, 42 miles north of Baghdad where doctors repaired a blood clot in his head. Then he was transferred to another military hospital at Camp Anaconda, 60 miles north near Takrit, where he received an emergency surgery on his skull (a left craniotomy), before being transferred to



Jarod in the Intensive Care Unit at National Naval Medical Center in Bethesda, Maryland.

Landstuhl Regional Medical Center in Germany.

Marissa made the difficult decision to stay stateside and wait for her husband's return. "We called every three hours to check on him,"

she recalls. His doctors had to perform another craniotomy on his right side to remove a large piece of bone because of the swelling of his brain. After five days, he was stabilized and ready to return on a Medi-vac flight to Walter Reed Army Medical Center in Washington, D.C.

### Back on American soil.

Army doctors assessed his injuries and determined them to be too severe to treat at their facility. So, after a few hours, Jarod Behee was transferred to his fifth hospital in a week - the National Naval Medical Center in Maryland because it was better equipped for head injuries. When Marissa finally saw Jarod again, she found he was severely disfigured by his injuries.



Marissa shaving her husband at NNMC Intensive Care Unit in June 2005.

A month later, Marissa is still by Jarod's side at NNMC.



Madison taking a nap with her dad at the Palo Alto VA Hospital in California.

*Jarod* arriving

at Casa Colina.

He's excited to be

in Pomona, only

minutes away

from his family

in San Dimas.



Madison's preschool, Sonrise Christian School, providing a hero's welcome home to Jarod on his first day at Casa Colina.



Jarod with
Dr. Loverso and
daughter Madison,
during the Sonrise
Christian School's
welcome home
ceremony.

He was placed on a respirator to help him breath and given medication to stabilize him. They put him in a medically induced coma for five weeks in order to give his body and brain a chance to heal.

After seven weeks, he was transferred to a VA hospital in Palo Alto, California. "We were six hours away from home. I was living out of a hotel. Our daughter was living with my parents," his wife recounts.

"He was in rough shape," Marissa recalls, "He couldn't walk. He couldn't talk. He couldn't even hold his head up. He was almost completely paralyzed on his left side."

Three months passed and his condition was slowly improving. However, the VA doctors thought he would never walk again, unless perhaps with the use of a walker. "He was on his way to a nursing facility," recalls Marissa, "I knew it could turn into a permanent situation because there was no chance to improve in that environment. I couldn't let that happen."

There were many people in Jarod's surrounding communities who were also pulling for him.

One of Madison's preschool teachers enlisted 200 volunteers at three fundraising car washes in Covina, San Dimas and Azusa. Despite drizzly weather, they earned \$6,000. Her efforts inspired the National Insurance Crime Bureau in Glendora to raise \$8,000 through a golf tournament. At Glendora High School, where Jarod and Marissa met, students put on a fashion show called "Runway to Recovery." Their daughter's preschool, Sonrise Christian School, offered them free tuition for a year.

Marissa created a web site to keep their loved ones, friends and soldiers up-to-date about Jarod. She posted, 'If anybody can give us any information about a good rehab facility to help him, please let us know.' She received numerous responses from friends in the area, suggesting they look at Casa Colina. So for the first time since he arrived stateside, Marissa left Jarod's side, entrusting his parents to keep a watchful eye on him. She traveled to Pomona to take a tour of Casa Colina's new acute rehabilitation hospital, Transitional Living Center and campus. She noticed a difference right away – from the individualized care provided by Casa Colina's therapists to its innovative new facilities and equipment. This is what she wanted for her husband. She immediately made the arrangements for him to be admitted.

### Home sweet home.

When Jarod first arrived at Casa Colina Hospital in October 2005, there was a huge welcoming committee of young children from his daughter's preschool. They organized a welcome reception with a large sign painted by the children.

It was a big day. During Jarod's first evaluation, his occupational therapist realized there was active movement in his arm. "It was weak, but it was there," Marissa recalls, "It just gave us a light at the end of the tunnel – a sense that there was a chance of recovery."

His hard work in the military prepared him well for long days of therapy. His daily schedule at Casa Colina Hospital included the following:

7:00 a.m. Occupational therapy for dressing, bathing, self-feeding, and more

8:00 a.m. Rest, medicine, and other nursing care

9:00 a.m. Activity with family – activities given by

therapist to work on during family visits

 $10:00\ a.m.$  Physical therapy for transfers training,

standing, and ambulation

11:00 a.m. Rest

Noon Lunch in room, garden courtyard or

day room

1:00 p.m. Rest

2:00 p.m. Speech therapy

3:00 p.m. Family time

5:00 p.m. Dinner

Three hours of therapy six days a week, and seven hours of nursing each day made an enormous difference. "Here we had improvements in the first week. There was such an effort to help Jarod get better. Just the caring and the passion that all the nurses and therapists have," Marissa fondly recalls, "It was such a breath of fresh air. They said, 'He can't do this now, but he will be able to later,' instead of 'He can't do this, he can't do that..."

In November, Dr. Felice Loverso, President and CEO of Casa Colina, arranged for Marissa and her daughter to move into one of Casa Colina's wheelchair-accessible homes located right next to the campus, so they could be closer to Jarod during his treatment and reconnect as a family during this challenging time. "He felt it was important for the family to stay together," Marissa recounts, "Once Jarod was cleared from the hospital for

Jarod enjoying his dinner with wife Marissa at Casa Colina's acute rehabilitation hospital.

Left to right:
It's time to get
moving again.
Jarod receives
inpatient therapy
at Casa Colina
Hospital's new
inpatient therapy
gym. Jarod using
the treadmill at the
Tamkin Outpatient
Center during his
outpatient therapy.

Receiving more outpatient therapy, guided by therapist, George Kopiloff, PT.



Left to right:
Jarod was often
pumping iron one
hour in physical
therapy and
working on his
balance skills
the next.

Receiving outpatient speech therapy with Sara Burkett, Speech Pathologist.



Preparing Jarod for returning home with occupational therapy in the Activities-of-Daily-Living Suite with Sheila Mendon, OT.















The long-awaited Purple Heart Ceremony with Color Guard at Casa Colina in November 2005.

Dr. Loverso
welcoming those
in attendance at
the Purple Heart
Ceremony —
attendees included
area politicians,
board members,
physicians, Jarod's
therapists, friends
and family.

Left to right:
Casa Colina
Board member
April Morris,
Annette Crowe,
and Samuel Crowe,
2006 Chairman
of the Casa Colina
Board of Directors.

Jarod standing at attention, assisted by his physical therapist, Jamie Aguirre, as Sgt. Major of the Army, Kenneth O. Preston presents the Purple Heart.

Marissa and Jarod reflecting upon the significance of the ceremony.

Jarod with
Casa Colina's
President & CEO,
Dr. Loverso, after
the ceremony.

a couple of hours, he could come home for a meal and some much needed family time."

Many soldiers receive a Purple Heart for their injuries while they're still in their hospital bed. Marissa requested that it to be awarded to him later. "I didn't want them to pin it to his pillow," she admits. On November 30th, Jarod proudly stood up with the assistance of a therapist and a walker to receive his Purple Heart award in a ceremony in the courtyard outside of Casa Colina Hospital. "I knew he'd get better," recalls Marissa, "He deserved to have it presented to him properly." He did, indeed.

"I've never seen a Purple Heart ceremony like this one," commented Kenneth O.Preston, Sergeant Major of the Army. Family members, friends, military personnel and members of the press were all on hand to see him receive his medal.

### The care he needed.

In December, Jarod was transferred to Casa Colina's Transitional Living Center (TLC) for five to six hours of intensive therapy each day to improve his physical, occupational (activities of daily living) and language skills – many of the simple tasks we take for granted that can be so difficult to re-learn after a severe head injury.

His physical therapy focused on his balance, coordination and ability to move around a home environment and eventually the Casa Colina campus. Speech therapy worked on his ability to concentrate and communicate with others, as well as his logic and reasoning skills. Occupational therapy addressed his fine motor and cognitive skills and his ability to be more independent. With each session and each passing day at TLC, Jarod made remarkable progress. Yet, he was only on the brink of a major breakthrough.

Jarod was due for his seventh surgery, a cranioplasty that used two acrylic plates to repair the shape of his head, in January 2006. "At the VA hospital, the doctors thought this would just be a cosmetic surgery," Marissa recalls, "Dr. Patterson (Casa Colina Hospital's Medical Director) said most people make a big leap in their recovery after that surgery. So that's what we were banking on."

The operation was a complete success. Before his surgery, he could walk with quite a bit of assistance and had very little movement in his left arm. When he was in the Intensive Care Unit after his surgery, they put a tray table over him that had a little drawer. Much to Marissa's

amazement, he reached over with his left arm and opened it. "It was the first time in seven months that I saw him use his left arm and hand or move his arm at all," she recalls, "That was quite amazing." Within two weeks of the surgery, Jarod met one of his biggest goals by walking without any assistance.

In May, Jarod continued his therapy sessions at Casa Colina's Tamkin Outpatient Center. He received more occupational, physical and speech therapy two or three days each week. Many of these sessions were designed to help prepare him for life in the military or civilian world again – working on a computer, using hand-eye coordination, making financial transactions, and much to Marissa's delight, even cooking.

Since he no longer needed a wheelchair, the Behee family moved into another Casa Colina home near campus, so the wheelchair-accessible home could be occupied by another family that needed it.

### So he can help others.

They were also thinking of important ways they could help others in their situation. "We're starting a foundation called 'Heroes with Head Injuries' for head-injured soldiers and their families," Marissa explains, "According to studies done at Walter Reed Army Medical Center in Washington, D.C., 67% of injuries coming out of Iraq right now have some degree of head injury. So where are they going? What are they doing with them? Most of them are pretty severe because of the type of warfare going on in Iraq that involves Improvised Explosive Devices. That's why we're setting up this foundation to offer any kind of financial, educational support or resources we can provide. We've been down that path. We know what worked for us."

"I tell every family member of an injured soldier I see to check out Casa Colina. These are people that want to help you be your best. You don't find that in very many places," Marissa explains, "For everything that Casa Colina has done for us, we'd love to share it with other people. And let them know there is a place out there that cares"

Today, Jarod continues to make progress on his own by working out at Casa Colina's gyms and participating in additional cognitive programs to help his recovery. In recent tests, he's completely normal in three areas of cognition, and doctors remain optimistic that

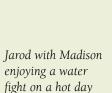
he'll make even more progress in the months to come. He would like to be a soldier again. He would like to go snowboarding again. One thing is certain: he is getting back to his old self again.

Though he's a man of few words right now, he didn't hesitate to say, "The miracle continues and it always will as long as there's a place like Casa Colina."

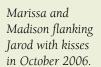
Casa Colina is privileged to provide medical and rehabilitation services to active military personnel injured in Iraq and Afghanistan as well as retired military personnel from all over the United States.

Jarod with one of his doctors, Scott Lederhaus, M.D., board-certified neurologist whose office is located on Casa Colina's campus.





in September 2006.







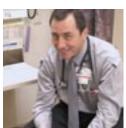


# CASA COLINA'S PHYSICIAN SPECIALTY CENTERS

# **ARE SHAPING** THE FUTURE OF **HEALTHCARE** IN THE U.S.















In 2001, Casa Colina opened the first of many physician specialty centers – the Arthritis Center. It became the blueprint for an innovative new model of care for patients, physicians and hospitals.

Now, there was a physician specialist, rehabilitation staff and many healthcare resources devoted just to patients diagnosed with this disabling disease. Now, there was a team that understood the complexities of arthritis, fibromylagia and other rheumatologic disorders, and every treatment option available that might help.

Patients and their loved ones would no longer have to drive to Los Angeles or San Diego to receive the specialized care they needed. They could find the answers to their questions about this disease – and the appropriate course of treatment - right here on Casa Colina's 20-acre Pomona campus. More importantly, they could have hope because they found a physician-led team with the expertise to treat their disease.

Primary care physicians now had a referral resource they could trust, based on Casa Colina's long-standing reputation for providing rehabilitation services and its ability to attract outstanding physician specialists.

The success of this one physician specialty center soon spread. Within a few months, Casa Colina opened the Movement Disorders Center, the Multiple Scleroris Center, Wound Care Center, and the Audiology Center.

The physicians and their clinical teams reached out to the community with free health seminars and screenings, raising awareness about a wide variety of diseases and conditions, and in turn, helping more people.

### Taking a closer look at this new model of care.

In 2005, UniHealth Foundation awarded Casa Colina a three-year grant titled "Specialist Physicians in the Rehabilitation Continuum" to help it grow its existing physician specialty centers and introduce new centers to the community. It also provided for research support for the University of La Verne's Center for Health & Aging to evaluate the innovative model of care and how it will impact the hospital physicians and patients.

### Why physician specialty centers are needed.

There are so many reasons. People with disabling illnesses or conditions and people at risk of disability often have difficulty getting this type of highly specialized medical care. In some instances, it is a lack of awareness. They may not realize there is a physician who specializes in their condition. In other instances, it is a lack of resources. They may not have access to a specialized physician within their health

maintenance organization or insurance company's network of doctors, or they may have to travel great distances to find one.

Another big issue is ensuring the supply of physician specialists. The area surrounding Casa Colina has fewer specialists compared with urban centers, and the number is going down. Research shows that over 25% of physician specialists in our region reported it was "very" or "somewhat" likely that they would leave the geographic region in the next five years; and just over 50% said they would not recommend a new specialist move to this area.

Why do so many physician specialists want to leave our community? Ironically, despite a rapidly growing population, these doctors are often finding it difficult to get enough patient referrals on their own. They also believe the current healthcare environment is interfering with their ability to offer good care. Due to an increase in managed care and contract limitations, they lack the freedom to prescribe medications to meet patients' needs, make clinical decisions, and fully serve patients with disabilities.

Continued next page











ith the desire to put the patients' needs first, Casa Colina has attracted a roster of physician specialists who are leaders in their fields. These doctors oversee unique and innovative outpatient medical programs that include:

Arthritis & Fibromyalgia – Antony Hou, M.D., boardcertified Internal Medicine with sub-specialty in Rheumatology

Audiology & Hearing - Roger E. Murken, M.D., boardcertified Otolaryngology

Foot & Ankle - Michelle Ward, M.D., board-certified Orthopedic Surgery

General Rehabilitation - Shashank Arya, M.D., board-certified Physical Medicine and Rehabilitation; David Patterson, M.D., board-certified Physical Medicine and Rehabilitation; Yong I. Lee, M.D., board-certified Physical Medicine and Rehabilitation; Kevin Lawrence, M.D., board-eligible Physical Medicine and Rehabilitation

Infectious Disease - Dan Gluckstein, M.D., board-certified Internal Medicine with sub-specialty in Infectious Disease; Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease; Luong (Mike) Ly, M.D., board-certified Internal Medicine with sub-specialty in Infectious Disease; John Mourani, M.D., board-certified Internal Medicine with sub-specialty in Infectious Disease

Kidney Disease & Hypertension Center - Michael H. Bien, M.D., board-certified Internal Medicine with sub-specialty in Nephrology

Movement Disorders - Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; June-Chih Liu, M.D., board-certified Neurologist

Multiple Sclerosis - Richard Shubin, M.D., board-certified Neurologist with sub-specialty in Sleep Medicine; June-Chih Liu, M.D., board-certified Neurologist

Neurology/Orthopedics & Pain – Vincent M. Fortanasce, M.D., board-certified Neurologist

Osteoporosis & Bone Density - Antony Hou, M.D., boardcertified Internal Medicine with sub-specialty in Rheumatology

Pain Management – John Sasaki, M.D., board-certified Anesthesiologist with sub-specialty in Pain Management

Plastic & Reconstructive Surgery – Dr. Dev Wali, M.D., board-certified in General Surgery with sub-specialty in

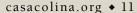
Pulmonary Rehabilitation - Rohinder K. Sandhu, M.D., boardcertified Internal Medicine with sub-specialty in Pulmonology

Sports Medicine – Christopher Chalian, M.D., board-certified Orthopedic Surgery; Michael Marger, M.D., board-eligible Orthopedic Surgery

Urinary Dysfunction - Aaron Nguyen, M.D., board-certified Urology and Elmer Pineda, M.D., board-certified Urology

Vestibular & Balance Disorders – Lucy Shih, M.D., boardcertified Otolaryngology

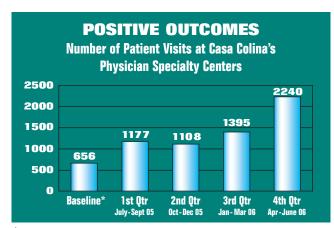
Wound Care & Hyperbaric Medicine – Kerry Gott, M.D., board-eligible Internal Medicine with sub-specialty in Infectious Disease



### Inspiring a better way.

While most healthcare organizations are looking for ways to cut costs, Casa Colina is showing the world it is possible to deliver more specialized services to its patients, especially those at risk for disability, while maintaining financial stability. It is possible to attract top-notch specialists to our non-urban location and provide them both job satisfaction and a steady flow of patients. Casa Colina is proving that a rehabilitation hospital, with its skilled therapists, is an ideal environment for a physician specialist to build a practice and provide good medicine.

Furthermore, it is possible to offer a complete continuum of care without sacrificing quality of care. More importantly, there are plans to demonstrate that this can be done at similar hospital settings virtually anywhere. So, in the next two years, Casa Colina, UniHealth Foundation and the University of LaVerne will continue to look at the overall success of



\*"Baseline" represents the six month average prior to starting the study

Casa Colina's physician specialty centers and share its

model with other healthcare providers across the state and the nation. As the graph on this page shows, we – the community, patients, and physicians – have every reason to remain optimistic.







# A Place Where There's a Singular Focus on Multiple Sclerosis

hen Montclair resident Kim Davis was diagnosed with multiple sclerosis (MS) in 2004, she needed to find a physician who truly understood this complex disease, which affects the brain and spinal cord. After all, the symptoms of multiple sclerosis vary widely in severity and frequency, depending on the type of MS. She wanted to know more – much more about the disease that would affect the rest of her life.

At Casa Colina's Multiple Sclerosis Center, she not only benefited from the expertise of Dr. Richard Shubin, a renowned board-certified neurologist who specializes in MS. She soon discovered that everyone at the Multiple Sclerosis Center had specific training in the treatment of MS.

There was no need for Kim to travel far for this highly specialized care. In fact, she didn't need to go anywhere else – her lab work, physical therapy, and medical consultations were done right at Casa Colina by its MS "Dream Team."

"Everything is available to me – even help with transportation," explains patient Kim Davis, "The staff is wonderful about providing what I need."

Casa Colina searched the country to find the right people for its Multiple Sclerosis Center. It found Dr. Shubin, a USC faculty member and associate professor who has published numerous research articles and been







Far left:
Dr. Richard Shubin, a
board-certified
neurologist with special
training in MS, leads
the clinical staff at
Casa Colina's Multiple
Sclerosis Center.

Top right:
MS patient Kim Davis,
with Casa Colina's
Gail Hartley, an
MS-certified
nurse practitioner.

Bottom right:
Neuro-certified
physical therapist,
Kathy San Martino,
with Glendora
resident and MS
patient Robert Stevens,
using Casa Colina's
Neurocom™ balance
diagnostics equipment.

involved in over 30 clinical trials. It also recruited his nurse practitioner Gail Hartley, an MS-certified nurse who helped develop the MS Comprehensive Care Center at USC.

Dr. Shubin is joined by his associate, Dr. June-Chih Liu, a board-certified neurologist who also specializes in the treatment of patients with other movement disorders, such as Parkinson's disease.

Kathy San Martino, a neuro-certified physical therapist and certified specialist in MS, moved to Southern California from New England to work at Casa Colina. She evaluates patients with the doctors, looking for all the ways they might benefit from Casa Colina's wide range of medical and rehabilitation services. Once a plan is in place, she may also provide these patients with physical therapy.

Some patients require specialized tests for balance, hearing or diagnostic imaging, while others need wheelchair fitting, physical therapy or occupational therapy. Casa Colina also offers MS patients aquatic therapy in a cool-water pool as well as an adaptive driver program to help ensure they are safe behind the wheel. There's even the opportunity for some patients to benefit from the newest breakthroughs in treatments by participating in clinical trials.

In this collaborative environment, Dr. Shubin's patients have access to many services that may help their condition. In turn, Casa Colina benefits from Dr. Shubin's expertise

for its other patients. When he is not seeing individuals with MS, he can be found helping Casa Colina patients with traumatic brain injuries, sleep disorders, neuropathy, Parkinson's disease and spinal cord injuries.

"I came here for the opportunity to work in a unique clinical setting that provides coordinated cared for complex patients," adds Dr. Shubin, "The team approach allows us to tailor care on the spot because we work closely together. This integrated environment really helps us provide better patient care."

The Multiple Sclerosis Center works closely with the National MS Society. Each week, Jill Jones, a licensed clinical social worker (LCSW) and field program manager for the Inland Empire region, visits Casa Colina



James French, MS patient from Monrovia, seeks education and counseling at Casa Colina with Jill Jones, LCSW, of the National MS Society.

to meet with patients and provide information, counseling, and resources. Both organizations collaborate to provide a 12-week "Living Well Program" at Casa Colina for its patients with MS.

The Multiple Sclerosis

Center is just one example of how Casa Colina's Physician Specialty Centers provide a convenient one-stop resource for medical and rehabilitative care.

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### **GREETINGS** FROM THE **FOUNDATION BOARD**

After two years as the Chairman of the Foundation Board of Directors, I continue to be amazed by the generous gifts of time and resources from Casa Colina's many friends in the community. Your commitment has enabled us to



meet great challenges, grow, and help so many individuals and their families with the rehabilitation services they need to regain independence

and build lives after devastating injuries.

The need for rehabilitation services increases daily, while the economic pressures in health care continue to impact people's ability to access these life-defining opportunities. You make the difference. Your support – through attending events, making donations, volunteering, remembering Casa Colina in your will, or becoming involved with planned giving – has made it possible for Casa Colina to create a unique place for healing and restoration that is accessible to all. Thank you for your generosity and your true caring about people whose lives are being made so much better by Casa Colina now and in the future.

Stu Noun

Steve Norin Chairman, Board of Directors Casa Colina Foundation

# MEMORIALS

within the last year

Casa Colina would like to recognize the following individuals for their many years of service. We are forever indebted to them for their tireless efforts, enthusiasm, and wonderful ideas that helped make this place what it is today.

Sandra Salgado devoted her entire career to rehabilitation, which began as an occupational therapy assistant in 1994 at USC University Hospital. She was



inspired to become a licensed vocational nurse. After completing her degree, she joined Casa Colina in 1999 where she demonstrated compassion, empathy and a deep understanding of how to work effectively in a fast paced, dynamic environment. She gave herself to her job and was a patient advocate, motivating her co-workers by

always doing the right thing for patients. Sandra's relentless spirit and signature salutation of "Hola, amor" will be missed by everyone at Casa Colina.

**Dr. Eugene Boling** was the Program Medical Director at Casa Colina's Arthritis Center since 2004, and new Osteoporosis & Bone Health Program that began in



2006. He distinguished himself as a true innovator, always searching for new ways to help his patients, medical peers and community. Casa Colina is indebted to Dr. Boling for his many contributions, including his encouragement to purchase a state-of-the-art bone densitometer to help prevent or detect osteoporosis. This diagnostic

tool will serve patients in our community for years to come. Dr. Boling's uncompromising dedication to patients will be missed.

Robert Allen Keith, Ph.D. joined the faculty of the Claremont Graduate University where his long and productive academic career began in the 1950's.



This is when he also started volunteering as a clinical psychologist at Casa Colina when it was still located in Chino. His interest soon turned to the organization and effectiveness of rehabilitation. As a result, he became a pioneer in the study of outcomes. In the Research Department he developed at Casa Colina, he mentored generations

of graduate students, joining the two focal points of his career. Dr. Keith will be missed by all who strive to understand the power of rehabilitation and its ability to change lives. In his memory, Casa Colina has dedicated the medical library in its new hospital as the Robert A. Keith Medical and Research Library.

Robert Lewis was a successful race-horse owner, and one of Casa Colina's most loyal philanthropists. He helped launch Casa Colina's Padua Village Golf Classic



24 years ago to help support housing and care for developmentally disabled individuals. Despite his busy career as founder and owner of Foothill Beverage Company, he always found time to support and attend this event, which continues to experience outstanding growth thanks to his numerous contributions. At this year's tournament,

Casa Colina introduced The Bob Lewis Cup as a way to pay tribute to his

Peter F. Drucker was born in 1909 in Vienna, Austria. Through a life of study, observation and critical thinking, he was known throughout the world as "the



father of modern business management." But on his 90th birthday, he described his life work more simply: "I looked at people, not at machines or buildings." He was the author of 32 books, consultant to governments and major corporations, and a treasured professor at Claremont Graduate School since 1971, where the management

school is now named after him. He was also a good friend of Casa Colina, lending his notoriety, observations and wit as the keynote speaker at Casa Colina's Business and Professional Leader's Forum in 1989, which helped raise funds to support Casa Colina's programs.



Casa Colina Foundation gratefully acknowledges the following individuals, foundations and corporations for their support. Their generosity has helped Casa Colina expand its services and develop important new Centers of Excellence to meet our community's present and future needs. The following gifts were received between April 2005 and June 2006.

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Georgia R. McManigal

Mary O. Mocharnuk

Anna Newton

Mari Omri

D.J. Raya

Leilani St John

Ed Tuchscherer

**Edward Wade** 

**Tributes** 

Ed Jahn

Gordon L. Anderson

Harriett Savedra, Truste

Marguerite B. Wedeen

Dr. Chalian & Dr. Lilley

Lawrence P. Wedeen

Assunta De Angelis

Guests at wedding of

Sarah Belanger & Ray Lantz

Mario De Angelis

Ray A. Lantz

Elaine E. Harper

Bob & Beverly Lewis Gino Roncelli

Andrew Lim Stan Lim

Mary Lynn McCoy Mr. and Mrs. Ted Arque

My clients at Freedom Financial Ray A. Lantz

Don Parker and all others helped by Casa Colina Mr. and Mrs. Donald F. Parker

William J. Burke

Nessim Yahya Mr. and Mrs. Fred Nureddine

We strive to keep accurate records. If there is an error or omission, please contact the Foundation office at 909/596-7733, ext. 2209.

# riven by a Promise and a Purpose

### Our Mission

Casa Colina will provide individuals the opportunity to maximize their medical recovery and rehabilitation potential efficiently in an environment that recognizes their uniqueness, dignity and self-esteem.

### Our Vision

Strategically repositioning ourselves at the forefront of the post-acute continuum by becoming the center of excellence in the provision of services to persons who can benefit from rehabilitation care.

### Our Values

It is our commitment to enhance the dignity and quality of life of every person we serve.

## Gifts of Time and Talent.

It is said that the heart is happiest when serving others. This is what more than 550 Casa Colina volunteers have already discovered, in more ways than we can count, during the last year. They help brighten many patients' days. They tackle administrative tasks with a smile. They work tirelessly to assist our medical and rehabilitation professionals.

In fact, last year was the biggest year on record for volunteers at Casa Colina. Altogether, they contributed a total net value of more than \$173,000 in services to our patients and their families. The entire Casa Colina campus benefited from their time, energy, and talent, including Casa Colina Hospital, Children's Services, Adult Day Health Care Center, Outpatient Services, the Transitional Living Center, Casa Colina Foundation, and Outdoor Adventures.



Left to right: First "500 Club" honorees include Bram VanWyk. Bruce Hoxsey, Iris Nola, Peter Papa, and Richard Glasgow.

Our volunteers come from all walks of life. They are students exploring careers in health care and perhaps discovering for the first time how rewarding it can be to help those in need. They are retirees who bring a lifetime of experience to their positions and want to give back to their community. They are "career volunteers" who have become a part of the backbone of the departments they serve.

One thing is certain: they all deserve our deepest gratitude. This is why Casa Colina hosted a Volunteer Recognition Dinner in April 2006. It was a special evening that gave us the opportunity to recognize all volunteers, and especially those who contributed 500 or more hours in the last year by honoring them as the first members of the "500 Club." We are grateful to all the volunteers who have shown they have a soul of service and a heart of gold.

### Grants Turn Possibilities Into Realities.

What if physically challenged children had a playground designed for their needs? What if a residential center could serve more individuals with brain injury? What if new exercise equipment could help quadriplegics? It's called "paying it forward" - think of an idea and put it into action

Casa Colina is grateful to the generous foundations that not only believed in this principle, but also shared its mission to help patients reach their rehabilitation potential

As a result, Children's Services youngsters can benefit from the specially designed playground that is now completed, thanks to Ludwick Family Foundation's grant of \$27,300, and \$26,434 donated by families and individuals, including \$10,000 from the Winslow family.

At Casa Colina Apple Valley, more adults with brain injuries can move into this expanded residential center because of a grant from the Weingart Foundation, which contributed \$50,000 and offered another \$50,000 when Casa Colina secures matching donations from other sources.

Casa Colina's neurological gym received \$10,000 toward a leg cycle ergometer for patient and community use from a Christopher Reeve Foundation Quality of Life

grant. It is helping those with spinal-cord injuries and MS maintain their long-term health.

In addition, patients are benefiting from a three-year \$359,027 grant from UniHealth Foundation, which funded a new



project titled "Specialist Physicians in the Rehabilitation Continuum." The project commenced in June 2005 and met its initial goals. After the first year, there was an increase in the number of specialty clinics, physician specialists, patients seen at the clinics, and patients referred from the clinics to outpatient therapies. The program will continue to develop and expand medical services during the second year.

For many years, The Carl E. Wynn Foundation has given Casa Colina a true vote of confidence by providing unrestricted grants (\$2,000 in 2006) to be spent where it can provide the most use.

According to Dr. Felice Loverso, President & CEO of Casa Colina, "The foundations are appreciated not only for the financial assistance, but also because they show that people in the larger community share our vision."



n February 18, 2006, Casa Colina's Tribute to Courage was held at the Pacific Palms Conference Resort in Industry Hills to honor Frank Glankler's progress and to feature special guests, author Trisha Meili and actor Gary Busey, who also overcame serious injuries with dignity and determination.

Frank Glankler, a successful businessman, experienced an unimaginable event that changed his life. He tripped over a small gate in his home, fell, and broke his neck. The damage to his spine left him paralyzed.

Through his tireless commitment to rehabilitation, Frank not only learned how to live with his disability, but how to overcome it. Along the way, he inspired many other patients. Now, he walks independently and continues to run a successful company. This is why Mr. Glankler was chosen to receive Casa Colina's "Tribute to Courage" award.

Trisha Meili wrote of her amazing personal journey of survival and recovery in her best-selling memoir, *I Am the Central Park Jogger: A Story of Hope and Possibility.* Trisha shared her story of how she regained her life and her spirit after this tragic event.

Mr. Busey recovered from a serious head injury after a motorcycle accident, which resulted in the enactment of tougher helmet safety laws. He read a dramatic narration that described Frank Glankler's personal account of his accident and rehabilitation, while including many of his own similar experiences.

More than 450 guests attended Casa Colina's Tribute to Courage. Thanks to Platinum Sponsors Empire Companies, James P. Previti Family Foundation and Frontier Homebuilders, Inc., this event raised \$282,675 for Casa Colina, which is dedicated to providing care to individuals, regardless of their ability to pay.

Above: Frank Glankler, recipient of the "Tribute to Courage" award, surrounded by his closest friends, family and Casa Colina therapists who applauded his remarkable progress.







Left to right: Actor Gary Busey performs a moving monologue, playing the role of Frank Glankler. Trisha Meili shares her remarkable story and uplifting spirit. Dr. Loverso receives a heartfelt gag gift from Mr. Glankler – PVC pipe and duct tape – two of the unlikely but highly effective tools used by Casa Colina's therapists to help him walk again.



Pictured from left to right: Conference presenters included Emily Rubin, Anne Trecker, Eustacia Cutler, Dr. Margaret Bauman, Cindy Sendor and Gerald Newport.

# Fifth Annual Trends in Autism Conference

Parents, educators, therapists and physicians gathered at the San Gabriel Hilton on March 11 and 12, 2006, to hear about the latest findings regarding autism from experts across the United States, including world-renowned pediatric neurologist Margaret Bauman, M.D., and author Gerald Newport, whose life inspired a new feature film, *Mozart and the Whale*, starring Josh Hartnett.

In keeping with its goal to educate people about autism and provide help and support for families affected by this condition, this year's event offered CME units (Continuing Medical Education) to physicians who attended and continuing education credits for many other professionals. The Sixth Annual Trends in Autism Conference will be held on the campus of Harvey Mudd College on March 10 and 11, 2007.



Dr. Margaret Bauman, a renowned pediatric neurologist who treats youngsters with autism at Casa Colina Children's Services.



Participants flocked from all over Southern California to attend this annual event that provides parents, caregivers and healthcare professionals with greater insight and updates about autism.



The Padua Village Golf Classic was held on April, 24, 2006, at the Pacific Palms Conference Resort in Industry Hills while Red Hill Country Club, the long-time location for this event, underwent renovations. Ben Howland, David Flores, Jim Hill, Alex O'Brien, T.I. Simers and Alex Solis

and 148 players enjoyed a day on the greens to help raise \$394,982 for Casa Colina and its Padua Village – special homes for developmentally disabled adults.

Golfers began the day with a special brunch, hosted by T.J. Simers and his daughter Tracy, host of "Simers Says" on XTRA SPORTS 570. After play, golfers were treated to the Armstrong Garden Party. The evening's events included a tribute to the late Bob Lewis, an introduction of The Bob Lewis Cup, a new award created in his honor, as well as entertaining talk between Bill Dwyre (LA Times Sports Editor and Event Co-Chairman), Jim Hill (veteran Channel 2 sportscaster), and Ben Howland (UCLA Bruins Basketball Head Coach).

The success of this tournament was made possible by

Founding Sponsors, the Robert and Beverly Lewis Foundation, and Presenting Sponsors, Hidden Villa Ranch and SEI Investments.



Bottom left: Jim Hill, CBS Channel 2 Sports Director. Bottom right:

Bottom right: Ben Howland, UCLA Bruins Basketball Head Coach.









The Casa Colina Golf Classic was held on November 14, 2005, at South Hills Country Club in West Covina. The sunny weather set the tone for a great day on the greens for more than 150 golfers.

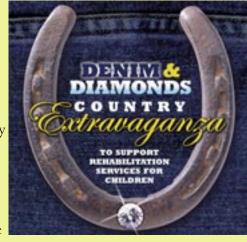
The evening program opened with a personal thank you to Casa Colina and the Outdoor Adventures program by James Brown "JB," past anchor of NFL Fox Sports, through a pre-recorded video. This was followed by a live auction with bidding on a football autographed by the entire Fox NFL Sunday crew including James Brown, Terry Bradshaw, Howie Long and Jimmie Johnson. The event raised \$264,925 for Casa Colina and its Outdoor Adventures program, which will make activities and trips more affordable for individuals with disabilities. Casa Colina is indebted once again to George Langley and Foothill Independent Bank for their generous support as

the Presenting Sponsor of this tournament.



Top, left to right:
Karen Langley, pictured
with husband George
Langley, Casa Colina Board
Member and President of
Foothill Independent Bank.
Middle, left to right:
Event Chairman and
Casa Colina Board Member
Bill Haaker of Haaker
Equipment Company with
Don Cullen, top bidder
for the live auction's
purebred puppy.

Bottom, from left to right: Robert Duncan, 2005 Casa Colina Chairman of the Board, with Christian Okoye, former Kansas City Chiefs Running Back. On Friday,
September 29,
2006, more than
175 people
attended Casa
Colina's Denim &
Diamonds Country
Extravaganza for
Casa's kids at the
Puddingstone
Hilltop Resort in
San Dimas, Where



everything about the evening had a country flavor – from the western barbeque dinner to the live music. While some people kicked up their boots line dancing, others tried mechanical bull riding. One lucky winner, Trayce Lyngle, received a beautiful white gold diamond pendant from a special drawing.

Funds were raised through tickets, live and silent auctions, and generous contributions by event sponsors, including the Presenting sponsor, Patton Sales Corporation. Gold Rush sponsors included Don and Marilyn Driftmier and San Manuel Band of Mission Indians; Rancher sponsors were American Business Bank, Casa Colina Surgery Center, Morongo Band of Mission Indians, Questar Engineering and Shernoff, Bardart & Darras, LLP. Casa Colina Foundation is also very grateful for the donations made by Puddingstone Hilltop Resort and Armstrong Garden Centers.

This event raised \$101,000 in support of Casa Colina Children's Services.



A mixture of country and rock was provided by the Silverados Bottom:

Guests enjoyed many "country" festivities including line dancing.







# The healing powers of water.

As it turns out, a dip in the pool can do more than just offer relief from a hot summer day. It's also the ideal environment for rehabilitation. Doctors and therapists have found that aquatic therapy is one of the best ways to regain conditioning after an illness, operation or sports injury, as well as manage the symptoms of rheumatologic disorders, such as arthritis and fibromyalgia

"You don't need to know how to swim," assures Suzi Johnson, a licensed physical therapist certified in aquatic rehabilitation, "This program could help anyone who finds exercise and movement on dry land painful."

Much care and planning has gone into Casa Colina's Aquatic Therapy Center to create a safe environment for individuals to start a no-impact or low-impact exercise program.

The facility was designed by members of the American Physical Therapy Association. It is the only one its kind in this area to offer a

warm-water (94 degrees) therapeutic pool to promote relaxation and a cool-water (84 degrees) therapeutic pool to prevent overheating, which is particularly important for athletes and patients with MS. The pools are equipped with a hydraulic lift that holds a sling, chair or stretcher to assist anyone who needs help entering or exiting the water. Dressing rooms and showers are located adjacent to the pools.

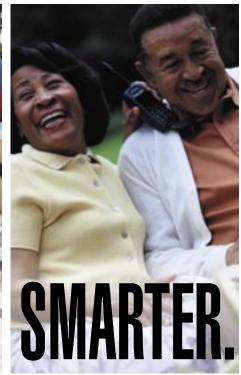
The aquatic rehabilitation therapists rely on a variety of aquatic weights and exercise aids as they guide their patients through gentle exercises that take advantage of the water's resistance. In the process, they see remarkable gains in strength, stamina and balance.

"The buoyancy of water is one of the most enjoyable ways to reach your rehabilitation goals," adds Johnson, "Water is the ultimate antistress environment. Many of our patients return for our supervised pool program once they've completed their therapy."

The Aquatic Therapy Center offers individualized treatments, group therapy and caregiver training. For more information and a free brochure, call 909/596-7733. Ext. 3500.







ll you have to do is participate in Casa Colina's growing Community Wellness & Education Series. "We offer a variety of low-cost or free health

seminars, screenings and clinics during the day and evening, based on what we feel is most needed by our community," states Dianne Whiting, physical therapist and clinical coordinator of the program.

Several times throughout the year, one of Casa Colina's

physician specialists will conduct an informative community seminar. Future seminars will include topics such as osteoporosis, sports medicine, Alzheimer's, wound care for diabetics, and pain management.

The Community Wellness & Education Series is designed to

serve people of all ages and stages of life. For example, Casa Colina offers a Nutrition Basics for Healthy Eating class for weight-conscious adults; a Prenatal Exercise Program for pregnant women; a Knee Injury

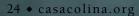
Prevention Program for athletes; and an After-School Activities Program for children with autism and other related diagnoses.

Community members may also take advantage of free hearing and sports injury screenings, which are held

throughout the year. Plus, Casa Colina offers a variety of support groups for people with brain injuries, fibromyalgia, speech difficulties, or those who have loved ones with Alzheimer's or dementia. All activities are conducted by therapists, physicians, neuropsychologists, and other clinical professionals.

To learn more or request information and

a calendar of our upcoming events, call 909/596-7733, Ext. 3008.



### **Casa Colina Hospital**

Casa Colina Hospital celebrated its one-year anniversary on March 9, 2006. Dr. Felice Loverso, President & CEO of Casa Colina, marked the occasion by helping to serve free meals and desserts to the staff, patients, patients' family members, and other visitors on campus.

The hospital also celebrated passing its recent JCAHO survey, a voluntary review by the Joint Commission on Accreditation of Healthcare Organizations that occurs every three years. Casa Colina has a long history of accreditations by this organization that works so hard to ensure all hospitals provide safe, high-quality care, treatment and services.

With these goals in mind, Casa Colina Hospital was pleased to open its new medical lab in the fall of 2006. This fully computerized lab provides seamless operation throughout the entire campus, thereby enabling all clinical centers and staff to order tests for patients, and access their test results via computer. It also features state-of-the-art equipment which can perform testing in chemistry, hematology, coagulation, urinalysis, and blood gases. The new lab hastens test results so that Casa Colina can deliver optimal care as quickly as possible for all of its inpatients and outpatients.

### **Tamkin Outpatient Center**

Casa Colina's medical and therapy staff has been working hard to develop many specialized programs unique to the region. As a result, the Tamkin Outpatient Center has added some exciting new services and programs for the community during the past year. The Wheelchair & Seating Program provides custom fitting for individuals requiring the long-term use of a wheelchair and orthopedic seating, and thereby providing greater comfort and relief from pressure ulcers. Lymphedema Services help to reduce the pain and inflammation associated with primary and secondary lymphedema. The Osteoporosis & Bone Health Center is devoted to diagnosing and treating osteoporosis using state-of-the-art imaging equipment with all results read by a board-certified rheumatologist. And the Urinary Dysfunction Center continues to thrive through community outreach and education.

A new Community Wellness & Education Series has also been developed which includes low-cost preventative and wellness programs, such as prenatal exercise and knee injury prevention for athletes, as well as free sports injury screenings and audiology screenings.

### **Laband Transitional Living Center**

The Commission on Accreditation of Rehabilitation Facilities (CARF) has once again accredited Casa Colina's Transitional Living Center (TLC), which provides 24-hour inpatient care and day treatment for individuals who have suffered a traumatic

brain injury, spinal cord injury or other neurological trauma. Every three years, this organization provides a thorough and objective review of TLC's services and procedures to ensure it remains in compliance with the high standards required for a CARF accreditation.

TLC was commended for many areas, including its ability to provide neuropsychological assessments for all persons served, its systems to manage clients with behavioral issues, and its exemplary practice in the coordination of care. TLC was also commended for uniting four other Southern California facilities to collect outcome data for analysis and comparison against national standards.

According to one CARF surveyor, "In comparison with other national providers of renown reputation, Casa Colina's TLC excels in this specialized area of care. You are doing a wonderful job."

### A. Gary Anderson Family Children's Services Center

At the request of parents seeking a year-round program for their children after the successful Summer Day Camp, Children's Services has launched a new Social Skills Training program called "Kids Crew" for children 4 to 8 years of age. The 8-week sessions meet on Thursdays from 3 to 5 pm. Kids Crew is also vendored through the Regional Center.

Three staff members are now certified in providing training via the Interactive Metronome, an exciting tool to enhance timing, sequencing and memory skills of children and adults. The Interactive Metronome program has contributed to some incredible gains with Casa's kids, especially those who usually do not initiate conversation with other people. The program typically runs for 10 to 12 sessions.

Two occupational therapists recently became SIPT-certified (Sensory Integration and Praxis Test), which further promotes Casa Colina's ability to provide excellent care for children with sensory processing deficits in need of sensory integration assessments and treatment.

A climbing wall and many other gym makeover items are being put to good use thanks to last year's fundraising efforts.

### **Kittell Imaging Center**

This new state-of-the-art diagnostic imaging facility, adjacent to Casa Colina Hospital, has continued to thrive since it opened in 2005. Operating under separate licensure, it offers inpatients and outpatients convenient access to the most advanced imaging equipment available with same-day results on all tests performed before 4:00 p.m. Clinical staff has special training and expertise in musculoskeletal imaging.

In addition to a wide array of digital imaging equipment, the Kittell Imaging Center offers a Special Procedures Suite for interventional radiology procedures, such as angiograms,

### ◆ News from the Centers

myelograms, arthrograms, dialysis shunts, medi ports and more. As a result, this modern facility offers more options for physicians to detect, diagnose and treat illnesses and injuries with fewer repeated tests.

### **Casa Colina Surgery Center**

The Casa Colina Surgery Center has met its goals for its first year in operation. This physician-owned facility, located next to Casa Colina Hospital, has fulfilled its promise to provide a broad range of surgical procedures, including orthopedic and neurosurgery, gastroenterology, general surgery and pain management. It offers state-of-the-art equipment, three large operating rooms, and two specialty procedure rooms with a GI laboratory. With 16 beds, the pre-op and post-op recovery area features natural lighting and a soothing atmosphere to provide patients with a more relaxing experience.

### **Helen A. Kellner Adult Day Health Care Center**

The Adult Day Health Care Center continues to thrive in its new building. The year has brought new, energetic staff members who provide adults requiring extra supervision the chance to develop their cognitive and memory skills, while giving their caregivers the time needed to maintain their jobs and care for other family members.

### Casa Colina at Apple Valley & Rancho Piño Verde

Casa Colina at Apple Valley completed its 11-bed expansion in September 2006. This second phase of construction is architecturally consistent with its early California mission style. This expansion brings the total number of long-term residential beds serving the brain-injured population to 65 for Casa Colina's long-term residential program. Apple Valley has added a number of new employees to staff the expansion.

Residents at both Apple Valley and Rancho Piño Verde had an active summer with outings to the Aquarium of the Pacific, Hollywood, Huntington Beach, and the Queen Mary as well as a deep-sea fishing trip. They also enjoyed BBQ's, swimming, and fishing at the Lucerne Valley facility. Some of the residents are once again attending Victor Valley Community College.

### **Outdoor Adventures**

Casa Colina's Outdoor Adventures program has provided exciting adventures for hundreds of people with disabilities. An exciting new program, Junior Adventurers, provides participants between the ages of 10 and 18 years old with the opportunity to kayak, sail, surf and jet ski. Many of these junior adventurers have gone on to participate in other activities offered by Outdoor Adventures. In 2007, this program is expected to expand to welcome further participation and encourage children with special challenges

to develop healthy recreational lifestyles.

The 12th Annual Land Meets Sea Camp was held in Long Beach this past August. Nahu G., a happy camper reported, "When I was out there water-skiing, I forgot that I had a disability!" This is exactly why over 90 participants came from all over the United States to experience a variety of adaptive sport and recreational activities, such as water-skiing, wheelchair basketball, power soccer, jet-skiing, over-the-line softball, hand cycling, wheelchair tennis, quad rugby, sailing, kayaking, deep sea fishing, fencing, and hot-air balloon rides. With the help of over 100 volunteers, this event gave people with disabilities an opportunity to explore their recreational options in a safe and positive atmosphere.

### **Padua Village**

It has been an exciting year of changes at all of the Padua Village homes. After a year of planning, the Malmquist Home has moved from Claremont to the Casa Colina campus, thanks to tremendous efforts by the staff. Padua Village has beautiful murals in the new exercise rooms at the Hillsdale and Woodbend homes, which will help motivate the residents in their many athletic endeavors.

Most residents participated in the 2006 Special Olympics. Throughout the summer, residents enjoyed weekend swimming as well as Outdoor Adventures program activities that included rock climbing, Land Meets Sea Sports Camp, and a trip to Hawaii. With the help of Ability First, residents once again look forward to participating in the LA Marathon in March 2007.

### **Rancho Rehabilitation Center**

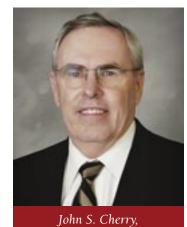
Rancho Rehabilitation Center has added a certified hand therapist to help patients recover from a variety of hand injuries or diseases. This highly specialized care includes custom splinting, manual therapy techniques and developing therapeutic exercise plans.

Located at Rancho San Antonio Medical Center in Rancho Cucamonga, Rancho Rehabilitation Center offers comprehensive rehabilitation services, such as neurological and orthopedic rehabilitation, sports medicine, industrial medicine, vestibular and balance, wound care and hand therapy for individuals living in the Inland Empire. It is owned by San Antonio Community Hospital and managed by Casa Colina Centers for Rehabilitation, serving as a successful model for what can be achieved when healthcare providers work together to benefit the community.

# The Scope of Casa Colina's Operational Performance

asa Colina has once again performed extremely well from an operational standpoint over the past two years. This financial success was due to several factors, including the continued growth of medical staff and referral sources, which, in turn, has led to near full capacity at Casa Colina's inpatient hospital, outpatient services, and residential programs.

The organization's financial performance from operations, excluding the Foundation, has exceeded expectations.



Vice President Finance/

Chief Financial Officer

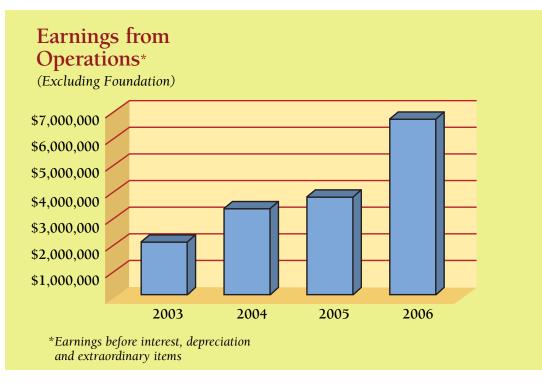
Casa Colina's operations were profitable for four consecutive years, excluding depreciation, interest and extraordinary items.

Overall, the equity and capital resources remain strong. During 2006, the financial support received from fundraising efforts was lower than anticipated, especially in the areas of grants and planned giving. This can be attributed

to the emphasis placed on the recent campus renovation project.

Yet Casa Colina has continued to maintain important community benefits, including charity care, during this time. The Board of Directors remains steadfast in its desire to put patient care first.

In summary, Casa Colina is financially strong. Its leadership has a sound strategy in place to meet the challenges and obligations that are a part of this organization's rapid development. Casa Colina is pursuing its mission by developing new programs, focusing on the efficiency and effectiveness of all services, and ensuring more individuals have access to rehabilitation.



### Casa Colina **Balance Sheets** (Unaudited/Consolidated) March 31, 2006 and 2005 2006 2005 Assets Current assets \$13,431,000 \$13,914,000 54,934,000 Investments 59,206,000 Assets limited as to use 24,220,000 23,853,000 59,393,000 Property and equipment 61,264,000 Other assets 2,340,000 2,589,000 \$160,461,000 **Total Assets** \$154,683,000 Liabilities and Net Assets Current liabilities \$8,192,000 \$11,876,000 Long-term debt and other liabilities 63,215,000 58,743,000 Unrestricted and restricted net assets 89,054,000 84,064,000 **Total Liabilities and Net Assets** \$160,461,000 \$154,683,000

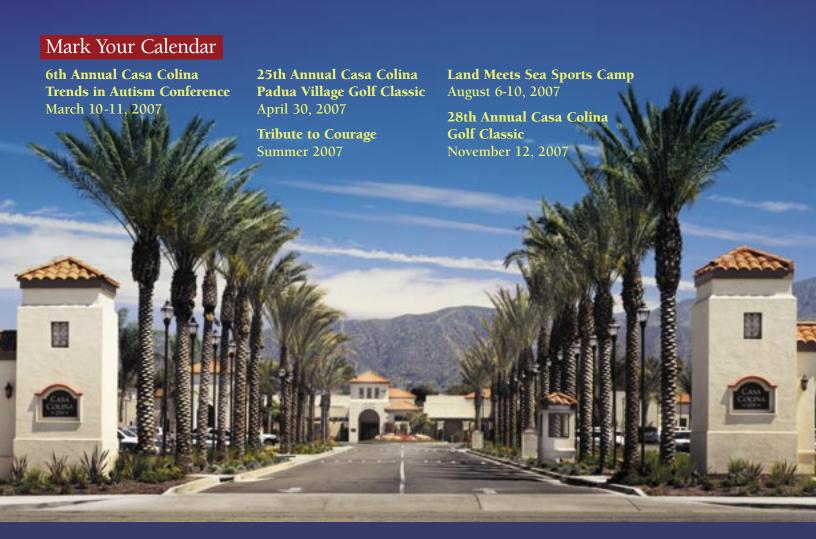
# Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues	2006	2005
Gross patient and other services	\$65,539,000	\$49,844,000
Other operating revenue and transfers from Foundation	1,904,000	1,859,000
Total Revenues	67,443,000	51,703,000
Deductions		
Contractuals/uncompensated care	23,910,000	16,980,000
Bad debts	617,000	238,000
Total Deductions	24,527,000	17,218,000
Revenue Less Deductions	42,916,000	34,485,000
Operating Expenses		
Salaries and benefits	26,629,000	23,124,000
Other expenses	9,676,000	7,662,000
<b>Total Operating Expenses</b>	36,305,000	30,786,000
Net Income from Operations		
Prior to Depreciation, Interest and Extraordinary Items	\$6,611,000	\$3,699,000

Note: Interest, depreciation and write-downs of the old hospital building and various other buildings was \$2,793,000 in fiscal year 2005

# Casa Colina Foundation and Subsidiary Changes in Net Assets (Unaudited)

Revenues	2006	2005
Investments and other	\$4,026,000	\$3,737,000
Donations and special events	2,600,000	5,108,000
Total Revenues	6,626,000	8,845,000
Expenses and Transfers		
Salaries and benefits	1,176,000	1,466,000
Other expenses, transfers to affiliates and restricted funds	6,743,000	6,996,000
Total Expenses and Transfers	7,919,000	8,462,000
Foundation Revenues Over/Under Expenses and Transfers	[1,293,000]	383,000
Net unrealized gains on marketable securities	3,938,000	249,000
Net assets released from restrictions used for capital additions	600,000	1,012,000
Total Change in Net Assets	\$3,245,000	\$1,644,000



### Casa Colina Centers for Rehabilitation

255 East Bonita Avenue P.O. Box 6001, Pomona, CA 91769-6001 909/596-7733 or toll-free 800/926-5462 TDD-TTY-Q 909/596-3646 www.casacolina.org

Acute Hospital – Ext. 3000

Adult Day Health Care – Ext. 4400

### How to Reach Us

Children's Services – Ext. 4200 Corporate Offices – Ext. 2300 Foundation – Ext. 2209 Human Resources – Ext. 2150 Outdoor Adventures – Ext. 2216 Outpatient Services – Ext. 3500 Padua Village – Ext. 4400 Transitional Living – Ext. 4100 Kittell Imaging Center 909/450-0393

Casa Colina Surgery Center 909/593-3550

LDR Neurosurgery Group 909/450-0369

Rancho Piño Verde 760/248-6245

Casa Colina at Apple Valley 760/247-7711



255 East Bonita Avenue P.O. Box 6001 Pomona, CA 91769-6001

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