

# EARLY START PROGRAM



**9:00 a.m. – 11:30 p.m.**  
(Tuesday, Thursday, or Fridays)



**CASA COLINA**  
**CHILDREN'S SERVICES CENTER BUILDING 10**



## Experience the Power of Early Learning **TOGETHER**

Early Start parents discover the benefits of early learning through shared experiences with their child. Parents actively participate alongside their child, working closely with skilled clinicians and child therapy instructors. With daily routines like snack, circle time, guided play, and group activities, children develop essential social, communication, and motor skills.

*(This class includes heavy parent participation in the classroom, which helps with generalization, carry-over, etc.)*

## Preparing Children for a Regular Classroom Environment

This program helps young children build the skills needed for a successful transition to a classroom environment. Through familiar preschool routines, children gain confidence, learn to follow directions, and practice positive peer interactions. Parents support their child's learning every step of the way, fostering growth both in and out of class.

## Clinician-Supported & Goal-Focused

Families benefit from ongoing guidance and support from a multidisciplinary team that may include occupational therapists, physical therapists, speech-language pathologists, or assistants. Clinicians track each child's progress using standardized assessments and parent input, helping to set and achieve meaningful goals. Parents receive expert strategies they can apply at home and in everyday settings.

## PROGRAM HIGHLIGHTS

EARLY START children and their parents will work with instructors on developing the following:

- Attention and problem solving skills
- Emotional regulation and impulse control
- Expanding play and social skills
- Fine and gross motor skills
- Imitation skills
- Music and art interests
- Preschool readiness skills
- Self-help skills
- Taking turns and sharing

Staffed by child therapy instructors and supported by occupational therapists, physical therapists, and/or speech-language pathologists. Consultations with our family resource specialist or pediatric neurologist are also available.



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**Children's Services**

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