



Bridge Builders

A therapist-facilitated group
to help kids/adolescents build social connections
through leisure and engaging lessons.

Led by staff from the Occupational Therapy and
Speech Therapy teams at the Casa Colina Children's Services Center.

The group will cycle through age groups of 4-6 years old, 6-9 years old, & 10+ years old

**8 WEEK
SESSION**

TUESDAYS
3:30 - 5:30 P.M.

BUILDING 10
CASA COLINA
Children's Services Center

SKILL FOCUSES

Social Referencing	Safety in a Group	Life Skills
Noticing the things that make everyone unique.	Following the group guidelines to keep your body safe.	Engaging learning opportunities.
Positive Social Experiences	Self-Advocacy	
Interactions with others that feel good for everyone.	Personal preferences & choices.	

Bridge Builders is made for children and adolescents with neuro-based diagnoses with medical involvement (for example, cerebral palsy, TBI, genetic syndromes, etc.). We offer a variety of social connection groups at Casa Colina, which each focus on different goals through their own activities/curriculum. Therapists will evaluate which group may be the best fit for your child!

This group aims to accommodate children with additional needs, but all participants will need to safely move around (e.g. wheelchair, crutches, walking, etc.) and participate in group activities. We require an absence of aggression (towards self or others), unsafe behaviors, and self-stimulatory behaviors that inhibit group interactions.

If Interested, please email BridgeBuilders@cascolina.org

* Group participation must be insurance-funded or cash pay.