

# START PROGRAM

Intensive Early Intervention Program



**MON - THURS** 9:00 a.m. - 12:00 p.m.



**CASA COLINA**

**CHILDREN'S SERVICES CENTER BUILDING 10**



## Comprehensive Early Intervention for Young Children

The START Program at the Casa Colina Children's Services Center is designed for children under three years of age with a neurodevelopmental disorder or social communication difficulties. This multidisciplinary program seeks to facilitate each child's optimal development in the areas of communication, sensory integration, cognition, motor skills, social interaction, adaptive behaviors, play skills, and self-help skills. This program emphasizes transition planning to support you and your child as you prepare to transition to the school district at the age of 3.

## Personalized, High-Quality Classroom Experience

The classroom features a one-to-one adult-to-child ratio with a maximum of four children per class. Occupational therapists and speech therapists serve as embedded classroom teachers, working alongside early interventionists. This small group setting allows for high-intensity, high-quality, personalized instruction tailored to each child's needs.

## Family Engagement and Skill Generalization

Parents are an integral part of the START Program and are involved every step of the way. Besides classroom instruction, the program offers parent education/training on parent-chosen topics, in-home sessions and community outings to reinforce behavior strategies, implement developmental goals, and help children generalize newly learned skills to real-world environments.

*This program is funded by regional center, insurance or cash pay.  
HP1738, 805, 1FS.*

## PROGRAM HIGHLIGHTS

START participants will work with their instructors and parents/caretakers on developing the following:

- Safe and trusting relationships, following the DIRFloortime model
- Peer interactions
- Social understanding
- Imitation skills
- Expanding on play and social skills
- Emotional regulation and impulse control
- Development of language using multimodal communication
- Perceptual motor skills
- Attention and problem solving skills

Staffed by a speech therapist, occupational therapist, and early interventionists. Consultations with our family resource specialist or pediatric neurologist are also available.



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Children's Services

