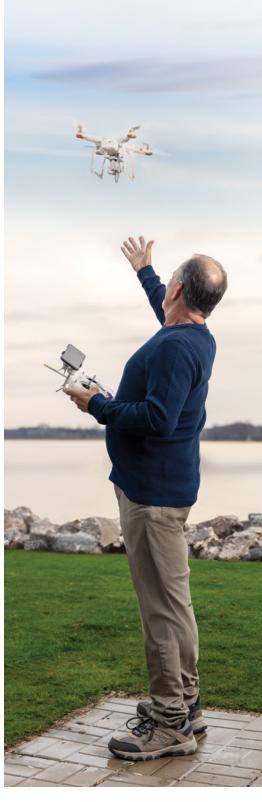
STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA

# keystone 2025









**The Power** of Possibility

At Casa Colina, a commitment to innovative rehabilitation empowers individuals to overcome adversity and redefine what's achievable.

### BOARD OF DIRECTORS

Casa Colina, Inc. and Affiliates

Our Board of Directors provides a special kind of leadership. Their responsible oversight and forward thinking enable Casa Colina to continue to grow in dynamic ways and evolve into one of the country's top medical and rehabilitation facilities. They comprise physicians, community leaders, and previous patients.

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#### from the Chairman



Gary E.Cripe, Esq. Chairman, Board of Directors

At Casa Colina Hospital and Centers for Healthcare, our mission and privilege are to provide a patient-centered continuum of rehabilitative care that helps individuals with neurologic and orthopedic conditions lead better, more rewarding lives. And though we've been doing it for almost 90 years, our eye toward the future is sharper than ever.

As medical science advances, Casa Colina remains dedicated to best practices in rehabilitation care, offering patients navigating neurologic conditions like stroke, brain injury, and spinal cord injury more recovery options than ever before. This commitment to providing outstanding expert care is aided by the support of our community and the spirit of philanthropy. Through the generous donations of donors and sponsors, we enhance our facilities and provide crucial programs such as our Free and Subsidized Care program, Outdoor Adventures and Wheelchair Sports, and our Children's Services Center. These contributions provide essential medical and rehabilitative care to individuals recovering from life-altering injuries and illnesses—care that restores independence, renews hope, and transforms lives.

At the Casa Colina Research Institute, every day we're exploring novel therapeutic interventions to help patients undergoing rehabilitation maximize function and independence as they reintegrate into their homes and communities. In our renowned acute, residential, and outpatient rehabilitation settings, we're employing state-of-the-art technology to achieve positive, lasting results. And in our support groups, fitness programs, and adaptive recreation programs, we're teaching our patients that there is no limit to what they can achieve following a disabling injury or illness.

What often resonates deeply with Casa Colina patients and their families is the unique environment we've created. Our campus distinguishes itself with a well-maintained tranquility reminiscent of a five-star resort, complete with soothing fountains, beautiful landscaping, and a serene spiritual garden that allows our patients and their families to focus entirely on healing and recovery.

The stories found in the following pages demonstrate our two-part critical care recipe: rehabilitation expertise and access to cutting-edge technology. At Casa Colina, our goal is to always ensure both, while honoring our patients' dignity, diversity, and individuality.

On behalf of our Board of Directors—whose unwavering support and deep loyalty to Casa Colina's mission are invaluable—I want to acknowledge the dedicated clinicians, doctors, and support staff who provide exceptional care, as well as the patients and their families, our regional community, and our generous donors and sponsors. Your collective dedication and support are the forces that drive our mission each day. As we look forward and onward, we are inspired by your commitment.

Thank you for trusting in our continuum of care.

Sincerely,

#### from the CEO



Kelly M. Linden
President and CEO

Since 1936, Casa Colina Hospital and Centers for Healthcare has been at the forefront of treating life's most disabling conditions. In a time where acute-care advances have given patients greater chances to survive and thrive, our care model has also evolved to ensure the best possible rehabilitation results.

Spending time every day in our hospital, I can tell you: We are achieving amazing outcomes and improving lives. The exceptional care our devoted staff provides for our patients has never been stronger. This remarkable care, consistently delivered through their steadfast dedication, is directly responsible for the outstanding accolades and prestigious rankings our hospital continues to earn.

In fall 2024, the Commission on Accreditation of Rehabilitation Facilities (CARF) recognized both Casa Colina Hospital and our Transitional Living Center (TLC) with accreditations for their specialty Brain Injury program. Just months later, in the winter of 2025, Casa Colina Hospital received additional specialty accreditations for its Spinal Cord Injury and Stroke Programs.

Like previous nods from the Centers for Medicare and Medicaid Services and the Joint Commission, recognitions from nationally regarded regulatory bodies underscore our commitment to exceeding the gold standard for rehabilitation. It's a bottom-line acknowledgement of the hard work of our clinicians and doctors, who strive to deliver unparalleled care to each patient we serve.

That value hasn't gone unnoticed. Casa Colina Hospital was recently recognized with the Healthgrades 2025 Outstanding Patient Experience Award—our sixth consecutive year—placing us in the top 10% for patient experience based on surveys from Hospital Consumer Assessment of Healthcare Providers and Systems. We're one of just two hospitals in Los Angeles County to receive it six years in a row. We have also been recognized with a Medicare five-star rating for cleanliness. These distinctions reflect our dedication to providing exceptional patient care and cultivating a better healthcare journey.

As much as our staff deserves recognition, they aren't motivated by accolades. At Casa Colina, we're never done looking forward. In the coming months, we have plans for expansion to help even more patients. This includes adding an outpatient satellite center in Monrovia, California, and on our Pomona campus, developing a new Sports Field for athletes and a Mobility Park for patients and clients with physical disabilities, including wheelchair users.

We remain dedicated to meeting the unique needs of those with disabling conditions by empowering them to achieve their maximum potential.

I look forward to continuing our quest of hope and healing.

With Appreciation

Kell Mitch

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CASACOLINA.ORG

KEYSTONE 2025







## unwavering MISSION

## Casa Colina Hospital and Centers for Healthcare offers a trusted pathway for patients with life-changing neurologic conditions.

Individuals and families navigating traumatic injury or illness are faced with countless difficult decisions. As they move from acute care into the next phase of healing, many need timely, high-quality rehabilitation.

At Casa Colina, we specialize in maximizing outcomes for these very patients and families. Our award-winning, continuum-based therapeutic approach consistently leads to better outcomes and higher patient satisfaction. We are committed to paving a confident path forward for each patient's physical, mental, and emotional health.

In addition to spotless facilities, award-winning care, and modern technology, Casa Colina offers its patients something greater: the promise of empathy and dignity across their care journey. We're also home to a dedicated research institute that explores leading-edge therapies for neurologic conditions, and clinical residency programs that ensure we're training the next generation of talented doctors and therapists.

"We're not in the business of providing cookie-cutter, standardized rehabilitation," says David Patterson, MD, Medical Director of Rehabilitation at Casa Colina. "Whether it's our focus on helping patients and families adjust upon admission, our patient centered approach to care, or our personalized therapy plans—everything we do is designed to achieve the most positive outcome for each patient, regardless of prognosis."

Achieving that positive outcome is truly our focus and goal. We strive to connect our patients with the critical services that will maximize their recoveries. We know, as medicine advances, expertise and technology can sometimes mean the difference between a good outcome and a great one.

In this issue of *Keystone*, we introduce three former Casa Colina patients whose unique journeys through our care continuum have taught them about perseverance—and about themselves. Supported by ground-breaking therapeutic techniques and expert clinical staff, Cheyenne (p. 4), Tom (p. 6), and Janet (p. 8) each overcame a life-changing injury or illness to emerge with a newfound sense of self.

"Neurologic rehabilitation is rapidly evolving, and a key element of Casa Colina's highly effective program is our strategic adoption of the latest technology," says Dr. Patterson. "And we offer it all in a healing environment guided by talented therapists and researchers who understand how to get the greatest functional gains out of patients.

"From my perspective, this tailored approach enables us to elevate the patient experience and create superior outcomes."



Cheyenne Smith's radiant smile and phoenix tattoo tell a powerful story of resilience. After a challenging stroke, her determination and Casa Colina's expert care helped her rise, embodying true strength and spirit.

# a phoenix

While traumatic illness doesn't often affect the young, Casa Colina Hospital and Centers for Healthcare offers clinical expertise and technology to rehabilitate people of all ages.

Before her life changed, Lancaster, California resident Cheyenne Smith was a typical, fun-loving 26-year-old with a busy life. A behavioral aide at an adult day healthcare clinic, in her free time she loved comics, music, video games, and hanging out with her dogs, Sasha and Jeremiah. Family and friends knew her as a hilarious character—sharp and engaged.

On March 9, 2024, Cheyenne was at home with a girlfriend when she suffered a right basal ganglia stroke—a rare form of hemorrhagic stroke even for older adults. Unable to speak or move the right side of her body, Cheyenne was immediately entered into intensive care at a local medical center, where she remained for a week, intubated and sedated.

While Cheyenne lay in an induced coma, the situation hit her parents, Jim and Terra, hard. How does a young woman like Cheyenne suffer a disabling and life-threatening stroke?

"We were shocked," says her father, Jim. "We were just trying to get answers. Why did this happen?"

Still recovering from the brain-bleed, Cheyenne was transferred to USC Keck School of Medicine, where she stayed for another two weeks. Doctors would contemplate how multiple pre-existing health factors—including Type I diabetes and a recent bout with viral meningitis—might have contributed to weakened blood vessels, which could increase stroke risk for a person of any age.

Whatever the cause, Jim and Terra knew their daughter would need comprehensive rehabilitation.

"We had heard of Casa Colina's program for stroke treatment," says Terra. "And we thought it represented a good chance to improve Cheyenne's recovery."

They would soon learn the strength of Casa Colina's clinical expertise. The objective was to provide Cheyenne treatment to improve feeding and swallowing due to her recent tracheotomy, in addition to vigorous physical and occupational therapy to help her relearn to walk and regain limb strength. But, upon Cheyenne's intake, the team felt there could be something else potentially critical at play.

Between leaving USC and arriving at Casa Colina, Cheyenne spent several weeks at a long-term acute care facility who had tried but failed to wean her cleanly from her breathing tube. Immediately upon her admission, Casa Colina's speech-language pathology team, in concert with its respiratory therapists and ear, nose, and throat specialists, quickly identified that Cheyenne may have a "stridor"—an upper airway obstruction left by tracheotomy scar tissue that produces a distinct respiratory sound. Left untreated, stridors can result in respiratory failure upon tube removal. This difference in care alone may have saved Cheyenne's life. And it did not go unnoticed by her family.

"They knew by just listening to the breathing, which I was super impressed with because stridors are apparently rare," says Jim.

After returning to USC Keck School of Medicine for surgical intervention to address the stridor, Cheyenne was readmitted to Casa Colina and got straight to work. Led by board-certified physical medicine and rehabilitation (PM&R) physicians, Casa Colina's multidisciplinary therapy team immediately created a personalized rehabilitation schedule that included three daily hours of physical and speech therapies, as well as occupational therapy to support Cheyenne with activities of daily living.

Soon, Cheyenne began to improve physically, cognitively, and with routine activities. She benefitted from tools like BlazePod, an innovative, portable device that uses visual cues to stimulate physical and cognitive reaction. Her therapists also connected her with state-of-the-art stroke treatment technologies like Bioness electrical stimulation for foot drop, which works to awaken muscle activity after adverse neurological events.

Despite the formidable odds, Cheyenne brought a natural positivity into her treatment plan, surprising doctors and therapists alike with a solidly can-do attitude.

"Many patients get frustrated by the challenge," says Marie Yeseta, PT, DPT, NCS, a physical therapist who worked with Cheyenne during her three-month stay in Casa Colina's Acute Rehabilitation Unit. "But Cheyenne had a close, supersupportive family and a willingness to work hard. And she was funny!"

Yeseta and the physical therapy team helped Cheyenne relearn to walk using classic therapy techniques along with cutting-edge technology like the Bioness Vector Gait & Safety System, a ceiling-supported harness that provides customized gait training for patients with neurological conditions.

Cheyenne also experienced arm spasticity—characterized by abnormal muscle tightness—which hindered her movement. Her physical and occupational therapists treated this with periodic Botox injections followed by gradually stretching her arm with a cast and splint, aiming to restore range of motion and daily task performance.

Through the ordeal, Cheyenne continued to have difficulty with communication. Despite these challenges, her mother says Cheyenne handled her rehabilitation with levity and grace.

"We didn't have the speech piece, but cognitively, she was still there," recalls Terra. "Her sense of humor was and is still amazing!"

Patients who experience this type of stroke often experience verbal apraxia—a condition that negatively impacts the individual's ability to plan and execute the movements necessary for producing speech sounds. Cheyenne was also experiencing a condition known as dysarthria, or weakness of the muscles used to produce speech.



"Her language and understanding are intact. Evidence suggests she knows what she wants to say. It's just a matter of getting it to come out from a motor standpoint," says Hannah Gallaher, MS, CCC-SLP, the speech therapist who helped to identify Cheyenne's life-threatening stridor. Gallaher worked with Cheyenne to communicate using iPads and other alternative communication devices.

Thanks to Cheyenne's hard work, family support, and Casa Colina's expert clinicians, Cheyenne is now able to speak, write, and walk, but continues receiving outpatient therapy to further improve speech and mobility. The journey has been long but rewarding, and Cheyenne even got a tattoo to commemorate her struggles and successes—the image of a phoenix, rising from the ashes. Inspired by her exemplary resilience and attitude, Casa Colina inpatient therapy staff recently created a departmental t-shirt featuring that same image.

Anyone who spends time with Cheyenne knows she is just beginning to rise.

We didn't have the speech piece, but cognitively, she was still there. Her sense of humor was and is still amazing!"

## embracing recovery

When Rancho Cucamonga, California resident **Tom Gutzwiller** went to work early one sunny morning in fall 2010, it was a typical day. Then tragedy struck.

The longtime superintendent of a large construction company, the then 53-year-old, along with his wife, LaVonne, had already raised three grown children and was hatching plans for retirement, entertaining the prospect of grandkids, and anticipating the spoils of a life well lived.

"I got a call at work, about 2:30," says LaVonne, then an escrow officer by trade. "They told me Tom had been in a serious accident."

She guickly met up with her two sons, and together they rushed to the Riverside University Health System Trauma Center in Moreno Valley.

"On the way, the doctor on the phone continued to ask how close we were," LaVonne recalls. "It was then she explained he had actually been struck and run over by a semi-truck." Tom's situation was clearly life-threatening.

In the ER, he clung to life, having sustained a catastrophic traumatic brain injury (TBI) as well as multiple traumas across his body.

"He was broken from head to toe," savs LaVonne. Tom's face alone told a grim story: both eye sockets crushed, upper and lower jaws shattered, nose broken, and most of his teeth fractured.

With eight bleeds in Tom's brain, doctors focused on controlling the swelling. Upon transfer to intensive care, Tom remained in a week-long coma before awakening. In the

ensuing weeks he received multiple surgeries. Unable to speak coherently, walk, or care for himself, Tom would require comprehensive rehabilitation and medical care.

The Gutzwillers were offered several rehabilitation choices, including Casa Colina Hospital and Centers for Healthcare. With a comprehensive continuum of brain injury care spanning inpatient and residential to outpatient and longterm care, and with proximity to Tom and LaVonne's home, Casa Colina was the clear choice.

When Tom was assessed in Casa Colina's Acute Rehabilitation Unit, it began to dawn on his family just how long his road to recovery would be. In addition to needing to relearn to walk, Tom had major cognitive deficits, with large amounts of both short- and long-term memory simply gone. He didn't know where he lived or what year it was. Except for the names of immediate family, he answered few of the doctor's questions correctly.

But Casa Colina's physical medicine and rehabilitation (PM&R) physicians, including Tom's doctor, David Patterson, MD, would offer them hope, assuring the family there was a clear upside to be pursued though rehabilitation.

Casa Colina's multidisciplinary team got to work immediately. As part of his three hours of intensive therapy per day, Tom worked on mobility, activities of daily living (ADLs), and cognitive skills, such as memory and problemsolving. Before his injury, Tom had prided himself on his strength and dexterity. Now, in the hospital's ADL training room, Tom struggled to do basic everyday tasks.

But with family support, Tom persevered, progressing through acute rehabilitation until being transferred to Casa Colina's Transitional Living Center (TLC), where he underwent more physical, occupational, and speech therapy, as well as neuropsychology, five hours daily for the next two months. Upon discharge, Tom received these services in the TLC's Day Treatment program for another two years, with ongoing support from Casa Colina's outpatient therapy services, all the while steadily improving.

Like many patients with TBI, Tom struggled with mental health concerns throughout his recovery. Before the accident, he had managed 100 construction employees.



Years after a devastating TBI, Tom Gutzwiller and his wife LaVonne enjoy the peaceful lake life in Minnesota. Thanks to Casa Colina, Tom found a confident path forward, embracing grandkids, hiking, and fishing.

Now he was dependent on others for everyday tasks people take for granted. He felt helpless.

Thankfully, Casa Colina's Neuropsychology Department—an integral part of its rehabilitation continuum—offered a buffer for his struggles throughout his rehabilitation. Tom came under the care of Casa Colina neuropsychologist Elizabeth Cisneros, PhD, who helped the Gutzwillers process Now, years later, Tom and LaVonne are recovery veterans. the difficult emotions that can accompany TBI.

"A brain injury impacts all aspects of patient life, not to mention the ripple effect it has on their spouse, children, and other family," says Cisneros. "It alters every part of their life, multiple times, over many years of recovery."

As he continued to gain confidence from ongoing neuropsychological services, Tom found another lifechanging resource in Casa Colina's Outpatient Therapy Center: a state-of-the-art driving simulator that helps patients relearn to drive after illness and injury. Tom credits the technology with helping him earn back his licensea huge step toward personal independence that reconnected him with his pre-injury identity.

"Mobility means everything," says Jake Hazen, MA, OTRL, CDRS, an outpatient occupational therapist and head of Casa Colina's Adaptive Driver Program. "Relearning to drive helps patients like Tom to reclaim their lives. Helping them get to work, the gym, doctor's appointments—it's hugely meaningful to their recoveries."

They understand TBI rehabilitation is a lifelong process. They've traded their Southern California lifestyle for lakeside living in smalltown Minnesota, where Tom currently enjoys a serene, dialed-down life of grandkids, hiking, fishing, and the occasional drive with LaVonne. They still travel to California a few times a year to check in with Drs. Cisneros and Patterson. They say Casa Colina will always be a second home.

"It can be hard for families dealing with TBI." says LaVonne. "I hope our story gives people hope—you can still have a great life after a brain injury."

A brain injury impacts all aspects of patient life, not to mention the ripple effect it has on their spouse, children, and other family."

66

She was doing really well, so, we started doing more Ekso sessions, integrating longer walks and a lot of sharp turns."

## forward & ONVAIO



## Janet Wu's inspiring journey toward relearning to walk started at Casa Colina nearly 20 years ago.

It continues today with the help of innovative technology and dedicated clinical experts.

Back in 2002, Janet was busy carving her path in life—and doing so with impressive flair. The Duarte, California-born resident had recently received both bachelor's and master's degrees from the renowned Massachusetts Institute of Technology, where in her extracurricular time she played for the school's MIT Engineers women's ice hockey team.

After completing her graduate work, Janet returned to California and found employment at one of the world's most prestigious engineering institutes. There, Janet was a jack of all trades and had a promising career in aerospace research—a valued young employee with huge upside. A few years passed and her work responsibilities grew.

In May 2006, Janet was struck by a sudden, severe decline in energy. She assumed it was work-related stress and pressed on, the fatigue becoming more debilitating each passing day.

One day, Janet began to experience paralysis in her legs. Her mental judgment had become so clouded that she

didn't even think to contact emergency services. Living alone, Janet realized in hindsight that it was her mom who checked on her out of concern. She found Janet crawling on the floor.

"I honestly don't remember anything," she says, "My logic made no sense at the time. My mom called 911."

She was admitted to Huntington Hospital in nearby Pasadena, where she stayed in the intensive care unit (ICU) for over a week. It was there Janet's diagnosis was confirmed: transverse myelitis, an inflammatory spinal cord disorder that disrupts central nervous system activity, leading to pain, fatigue, numbness, and weakness in the limbs. While some with the condition recover fully, others experience lasting neurological deficits, including permanent paralysis.

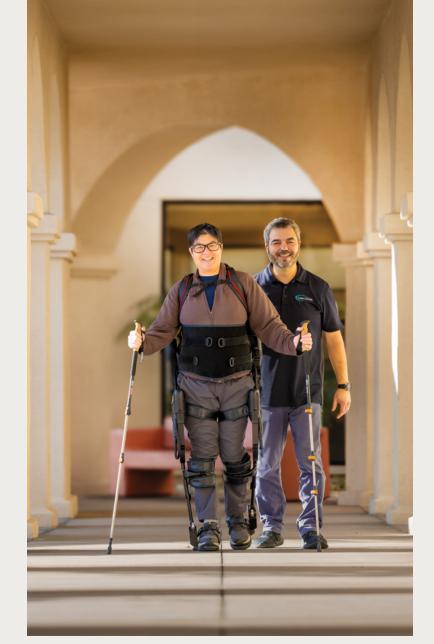
Janet's prognosis was unfavorable. Given the extensive nerve damage to Janet's thoracic spine, doctors diagnosed her with a "T-10 incomplete" spinal cord injury. The extent of Janet's recovery—and her future mobility—would largely depend on access to timely, comprehensive rehabilitation.

"At that point, I didn't know if I was going to get worse or better, other than being told—you might be in a wheelchair the rest of your life," says Janet.

Luckily, Janet's neurologist knew of a great rehabilitation option in Casa Colina Hospital and Centers for Healthcare.

Upon her arrival at Casa Colina's Transitional Living Center—a short-term residential rehabilitation center for neurologic injury and illness—Janet immediately felt a sense of confidence and purpose.

"Their first goal was to get me back to being independent using assisted devices—able to take care of myself and live alone with minimal help.



Nearly two decades after a spinal cord injury, Janet Wu continues her incredible journey of relearning to walk with the help of the innovative Exoskeleton and the dedicated support of Casa Colina PTA Ruben Sanchez, seen here practicing "the column slalom."

At the TLC, Janet underwent five daily hours of physical, occupational, and neuropsychology therapies that would help her overcome the months-long paralysis that kept her from walking.

She loved the TLC's rigid structure and well-rounded therapy approach—likening it to a "recovery boot camp." She also appreciated the TLC's public excursions—trips to the park or the grocery store helped patients like Janet to build confidence in their mobility and independence.

Three months later, the young woman who'd arrived at Casa Colina on a gurney left its TLC using a walker.

Following her departure from TLC, Janet spent the next 15 years going to outpatient therapy through a different provider that was closer to home. Throughout much of this period, she felt her therapy had reached a plateau, merely maintaining her current level of functionality.

She was then introduced to Casa Colina's Assisted Fitness Program.

Casa Colina physical therapy assistant (PTA) Ruben Sanchez started the Assisted Fitness Program in 2008 to help such patients stay active in their recovery after discharge. And it was there that Janet made her most remarkable progress thanks to a fascinating piece of technology: the Exoskeleton (Ekso) assistive walking device.

"When she came to me, she was limited to the walker, mostly just for household ambulation," recalls Sanchez. Janet's arms and legs would tire quickly using that tool. So, Sanchez suggested she work with the Ekso—one of three wearable robotic devices that Casa Colina uses to help people walk by supporting the legs, core, and hips. Sanchez soon noticed Janet's response to the Ekso exceeded typical expectations.

"She was doing really well," says Sanchez. "So, we started doing more Ekso sessions, integrating longer walks and a lot of sharp turns." Both recall fondly their sessions navigating Casa Colina's famous hallway of Early Californian architectural columns outside the Outpatient Center.

"We called them column slaloms," Janet says with a smile.

Janet began feeling stronger and started using trekking poles in place of the walker—not just in her household, but the community. Janet's on-campus Ekso sessions grew from 20 minutes to 30, eventually reaching an hour and enabling her to set new, unanticipated mobility goals.

Sanchez was even able to work Janet's beloved dog into therapy. Koko von Sasquatch joined the pair for on-campus sessions to ensure Janet could handle her husky's strength and exuberance on walks.

As Janet's confidence grew, she began participating in Casa Colina's Outdoor Adventures and Wheelchair Sports—an adaptive recreation program helping those with disabling injuries try wheelchair sports like rugby and tennis, as well as adaptive snow skiing, rock-climbing, and more.

"Janet is a great example of reintegrating into society using this wonderful vehicle of activity and recreation," says Lisa Hilborn, MA, CAPE, Director of Outdoor Adventures and Recreational Therapy. "She's brave enough to face every aspect of it and intelligent enough to figure out how to modify her environment in order to achieve success."

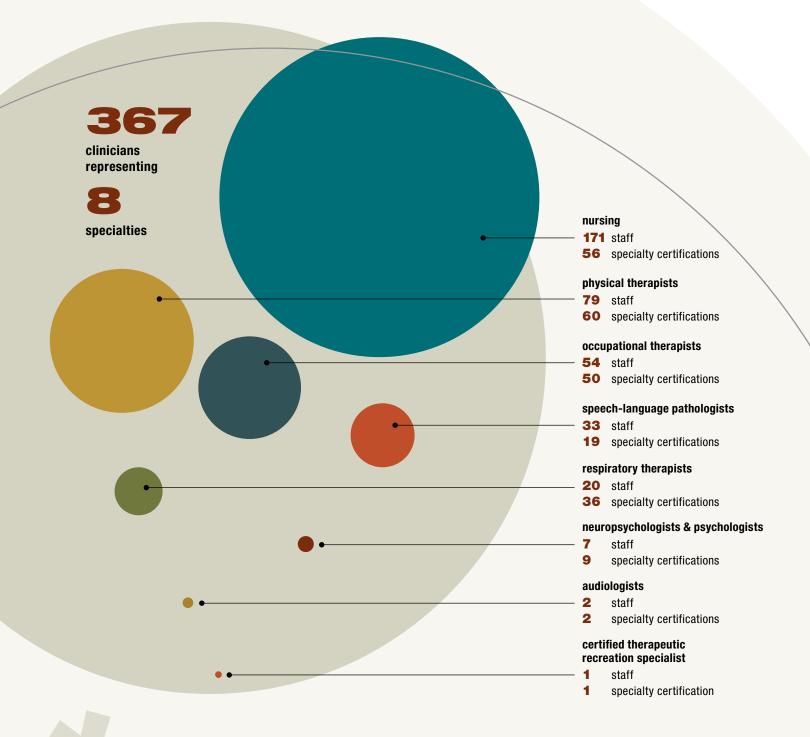
Still a devoted patient of the Assisted Fitness Program, Janet continues to pursue her next steps. And we're with her all the way.

## specialized skills, superior outcomes

At the heart of Casa Colina Hospital and Centers for Healthcare is an extraordinary team, a dedicated family of 367 clinicians, 733 support staff, and 240 doctors representing 36 medical specialties. Their unwavering commitment to patient care has not only garnered prestigious accolades but also fostered a legacy of healing excellence. With a collective tenure spanning decades, 17% of our staff have been employed at Casa Colina for more than ten years.

These graphics represent the impressive number of our core clinicians who have earned specialty certifications in their disciplines. To explore the breadth of our staff's expertise, please visit casacolina.org/staffcertifications.

1,340
employees in the Casa Colina Family



240

physicians representing

medical specialties

#### **DEFINITIONS**

A **physiatrist**, also known as a doctor of Physical Medicine and Rehabilitation (PM&R), is a physician specialist who diagnoses and treats conditions that affect physical function and movement.

A **registered nurse** provides direct patient care, works collaboratively with other healthcare providers, and provides patient education and support.

A **physical therapist** diagnoses and treats patients who have medical problems or injuries that limit their abilities to move or function in their daily lives.

An **occupational therapist** helps individuals develop, recover, or maintain the skills needed for daily living and work.

A **speech-language pathologist** diagnoses and treats communication and swallowing disorders.

A **neuropsychologist** is a psychologist who specializes in how brain injuries and conditions affect behavior, mood, and thinking skills.

A **respiratory therapist** assesses, diagnoses, and treats patients with lung and breathing disorders.

An audiologist diagnoses, manages, and treats hearing and balance disorders.

A **certified therapeutic recreation specialist** uses recreational activities to help individuals improve their physical, mental, and emotional well-being.



The Monrovia satellite will provide a much-needed expansion of our specialized services within the greater LA region.

FOCUS ON

multidisciplinary **NEW MONROVIA SATELLITE CENTER** 

#### With an eye toward the future of rehabilitation,

Casa Colina Hospital and Centers for Healthcare will expand its outpatient therapy services into Monrovia, California, offering its renowned therapeutic programs farther west to help meet increasing demand in the greater Los Angeles region.

Opening year end 2025 at 245 West Foothill Boulevard, the Casa Colina Physical Therapy & Rehabilitation Center at Monrovia will address a growing regional need for comprehensive physical, occupational, and speech therapy services for patients in the nearby cities of Arcadia, Duarte, Temple City, Baldwin Park, Pasadena, South Pasadena, Alhambra, and Rosemead.

This free-standing, hospital-licensed, 7,200-square-foot center will offer state-of-the-art rehabilitation overseen by multidisciplinary teams to address both orthopedic and neurological conditions, with a concentrated focus on its nationally renowned neurorehabilitation services. The new location will not only help to ease demand at Casa Colina's existing outpatient centers in Pomona and Azusa but will also enable many current patients to access specialized rehabilitation services closer to home.

Casa Colina leadership is also exploring the value of providing additional specialty services at the Monrovia location, including hand therapy and lymphedema treatment, among other possibilities. Further analysis in the coming year will help them

to determine which programs can best meet the local population's unique rehabilitation needs.

Among planned improvements to the facility before opening, Casa Colina will invest \$1,225,000 in specialized rehabilitation equipment and other physical plant upgrades. With ample parking, the facility expects to serve up to 27,000 patient visits annually. To welcome the community, Casa Colina will host a ribbon-cutting event around the time of opening.

"Much like the opening of the Casa Colina Physical Therapy & Rehabilitation Center at Azusa in 2009, the Monrovia satellite will provide a much-needed expansion of our specialized services within the greater LA region," says Kelly Linden, Casa Colina President and CEO. "In addition to five-star orthopedic care, the center will offer our trademark neurologic rehabilitation services, helping individuals in these communities who have been affected by stroke, brain injury, spinal cord injury, and other conditions."

Renovations to the center are currently underway. For more information and updates, check out www.casacolina.org/Monrovia.



## medicaldiscovery



3 Colored diffusion tensor imaging (DTI) magnetic resonance imaging (MRI) scan showing white matter fibers in the brain.

**In today's healthcare landscape**, advancing medical science is a multi-team effort. Clinical research is essential to developing new effective therapeutic interventions for individuals with medical rehabilitation needs. But that research requires collaboration.

Thanks to the amazing support of corporate, foundation, and government granting organizations, the Casa Colina Research Institute (CCRI) is able to conduct leading-edge medical research and discover new interventions for disabling neurologic conditions that will benefit patients not only at Casa Colina but around the world.

In 2024, CCRI received generous funding for the following projects and more:

#### Safety and Efficacy of Thalamic Focused Ultrasound Stimulation for Promoting Recovery After Severe Traumatic Brain Injury

Acquired brain trauma is the second most prevalent disability in the U.S., estimated to affect 13.5 million. It is not only devastating for patients and their loved ones, but also imposes extremely high costs on society, estimated at \$76.5 billion annually. Unfortunately, there is a notable lack of treatment options to improve outcomes within this patient population.

To address this challenge, the U.S. Department of Defense has

awarded CCRI and its partners a four-year, \$2 million grant to study the use of a new neurorestoration technique to treat individuals with severe brain injury, including those with Disorders of Consciousness such as coma and vegetative state. Led by Caroline Schnakers, PhD, this team of researchers is pioneering an experimental intervention for severe brain injury that requires no surgery and can be done at the bedside: Thalamic Focused Ultrasound Stimulation (tFUS). The study explores the degree to which tFUS can modulate brain function and enhance recovery of consciousness in DOC patients.

The project is a multi-institutional collaboration between the CCRI, UCLA, Harvard/Spaulding Rehabilitation Network, and Massachusetts General Hospital.

## Limb Preservation Program Receives Continuation Funding

For individuals with diabetes or peripheral artery disease, common foot conditions such as ulcers, blisters, or other open wounds can become infected or heal poorly, causing otherwise avoidable complications. In drastic circumstances, this may result in amputation of the foot or lower leg. To address this concern,

Casa Colina launched its dedicated Limb Preservation Program in 2021 with the help of a three-year grant from the UniHealth Foundation.

Now, thanks to the continuing support of UniHealth, the program has been awarded an additional three years' of funding at \$300,000 per year. The overarching goal of the program remains the same: to prevent lower limb amputations in the surrounding region. While early funding was used to build out program capacity, this latest round will support the hiring of nurse navigators to follow patients in the community, connecting them with resources and disseminating robust educational materials to prevent adverse outcomes. Learn more at casacolina.org/LimbPreservation.

## Towards Genetic Tailored Treatment in Patients With Brain Injury

For patients who survive a severe brain injury, recovery can be challenging, with only about one in four showing cognitive and behavioral improvement over time. Many patients face significant long-term impacts, and families often bear emotional, physical, and financial hardships. This research seeks to address a critical question: Can genetic factors help us predict and improve recovery outcomes for these patients?

CCRI researchers have previously found that certain DNA markers—like the brain-derived neurotrophic factor (BDNF) gene—may influence recovery after brain injury. In particular, patients carrying a specific version of this gene tend to experience more difficulty with recovery. Our study aims to see if a special, non-invasive therapy called transcutaneous auricular vagus nerve stimulation (taVNS) can help these patients overcome this challenge.

The goal of this research is to enable clinicians to develop rehabilitation plans tailored to a patient's unique genetic makeup, helping them achieve their best possible recovery. An additional long-term goal is to build a database of genetic and brain-related markers to help doctors better understand each patient's potential recovery path, enabling families and healthcare providers to make more informed treatment plans.

#### Bedside Telerehabilitation Early After CNS Injury

Neurological injuries like stroke, traumatic brain injury (TBI), and spinal cord injury (SCI) are major causes of disability around the world. Generally, higher doses of rehabilitation therapy are associated with reduced disability when treating these conditions. However, many patients do not receive early, concentrated rehabilitation due to documented inequities such as care access, transportation, and more.

Prior studies have demonstrated that telerehabilitation is an effective way to deliver rehabilitative care and improve outcomes after central nervous system (CNS) injury. However, most of these telerehabilitation studies have been performed after hospital discharge. Supported by funding from TRCare, Inc., this study aims to extend this work by introducing telerehabilitation at the bedside for patients within Casa Colina Hospital's inpatient rehabilitation facility. CCRI researchers will measure issues and effects of telerehabilitation began during the inpatient admission period, with the hypothesis that earlier telerehabilitation will contribute to improved functional outcomes for those with stroke, TBI, and SCI.

#### **Publications & Presentations**

In addition to conducting dozens of research projects each year, Casa Colina medical scientists regularly publish their findings in leading, peer-reviewed journals and share their expertise at national and international conferences.



#### **Ongoing Research Projects at CCRI**

- > Comparing Different Rehabilitation Exercise Strategies for Improving Arm Recovery After Stroke
- > Investigating Brain Changes Following Non-Invasive Vagus Nerve Stimulation After Stroke
- Genetic Influences on the Consciousness and Functional Outcome of Patients With Severe Acquired Brain Injury
- Cognitive Neural Prosthetics for Clinical Applications
- Sleep for Stroke Management and Recovery Trial (Sleep SMART)
- > Effects of Global Brain Health on Sensorimotor Recovery After Stroke
- Distribution of Ocular Diagnoses and Surgical Complications in Ehlers-Danlos Syndrome
- > Functional Ultrasound Imaging for Monitoring Activity in Awake Infants
- > Peer Support in Patients With Diabetic Foot Ulceration
- > Home Use of Brain Computer Interface in Patients With Severe Acquired Brain Injury: A Preliminary Study

To learn more about these projects, and the many other research studies taking place at Casa Colina, visit casacolina.org/research.



casacolina.org/ResearchPubs.

## community compassion

As a community nonprofit, Casa Colina
Hospital and Centers for Healthcare is
committed to improving the vitality of our
region and expanding access to our lifechanging services. With help from our
generous donors, in fiscal year 2024
Casa Colina was privileged to serve
26,652 patients while providing a record
\$9.512 million\* in total quantifiable
community benefits.

We owe so much of that success to the individuals, families, businesses, and foundations who support our mission, year in and year out. From free clinical screenings to health education, research, training, and care subsidies, our services are an extension of your kindness. Your ongoing support enables us to pave new paths forward in clinical excellence, helping uplift our community's most vulnerable and train the next generation of clinical experts.

The result is true impact, as you'll see.

\*Includes Casa Colina Hospital and Centers for Healthcare and affiliates

The complete text of the Casa Colina Community Benefits Report for FY2024 is available at casacolina.org/communitybenefitsreport.

IN FY24, YOUR DONATIONS TO THE CASA COLINA FOUNDATION HELPED TO PROVIDE:

17.1<sub>k</sub>

PERSONS WITH ACCESS TO FREE COMMUNITY HEALTH EFFORTS, INCLUDING EDUCATION SEMINARS, WELLNESS FAIRS, AND MORE.

400

INDIVIDUALS WHO RECEIVED HEALTH EDUCATION ON CHRONIC DISEASES SUCH AS STROKE, PERIPHERAL ARTERY DISEASE, DIABETES, AND PARKINSON'S DISEASE.

397

FREE HEALTHCARE SCREENINGS, INCLUDING FOR SPORTS INJURIES, HEARING, AND FOOT HEALTH. \$231,958

IN SUPPORT OF INDIVIDUALS RECOVERING FROM TRAUMATIC AND ACQUIRED INJURY TO PARTICIPATE IN OUR OUTDOOR ADVENTURES AND WHEELCHAIR SPORTS PROGRAM, ENABLING SKILL AND CONFIDENCE BUILDING.

\$896,209

TOWARD IMPORTANT THERAPEUTIC SERVICES FOR CHILDREN WITH DEVELOPMENTAL DISABILITIES.

664

INDIVIDUALS WITH ACCESS TO PEER SUPPORT GROUPS THAT PROVIDED EMOTIONAL SUPPORT AND EDUCATIONAL INFORMATION FOR PATIENTS, FAMILIES, AND CAREGIVERS. 389

LOCAL COLLEGE AND UNIVERSITY
STUDENTS WITH EDUCATION,
INTERNSHIPS, AND HANDS-ON
EXPERIENCE IN NURSING; PHYSICAL,
OCCUPATIONAL, AND SPEECH
THERAPIES; NEUROPSYCHOLOGY;
AND HEALTH ADMINISTRATION.

#### **WAYS TO GIVE**

Interested in helping Casa
Colina's patients and families, but
not sure how you can contribute?
There are plenty of ways to have
a meaningful, positive impact on
patient outcomes:

- > One Time Gift
- > Pledges up to 5 years
- > Appreciated Securities
- > Donations from a Retirement Account
- > Donor Advised Funds
- > Endowed Funds

For more information on giving to Casa Colina, contact the Casa Colina Foundation at foundation@casacolina.org or 909/596-7733, ext. 2260.

To view a list of our donors for fiscal year 2025, please visit casacolina.org/giving-support/donor-recognition.



The Huunat Interactive Musical Playground is a dream come true for our Children's Services Center."

Full of interactive musical experiences for pediatric patients, the Huunat Interactive Musical Playground features unique, custom-designed elements such as magical pebbles, illuminated musical flowers, and a musical staircase. All of these components are interconnected through customizable software to create an engaging environment where children can participate in therapy through play and music, fostering their development in speech, motor, and social skills. Casa Colina's pediatric therapists use the playground's web-based application to instantly modify game modes and sound libraries, tailoring the experience to each child's evolving needs.

Made possible by a generous grant from the San Manuel Band of Mission Indians and gifts from other community partners, the Musical Playground is set to transform therapy for children who have or are at risk for acquired or developmental delays.

"The Huunat Interactive Musical
Playground is a dream come true for our
Children's Services Center," said event
speaker Michele Alaniz, BCP, OTR/L, a
board-certified occupational therapist and
director of the center. "This playground
empowers our therapists with a dynamic
and customizable tool that enhances
the effectiveness of our therapies while
making them more personalized for our
young patients."













Casa Colina's Children's Services Center unveils a first-of-its-kind therapeutic playground that brings musical magic to children with disabilities. Music was in the air August 8, 2024 at the official unveiling of the Huunat Interactive Musical Playground at Casa Colina's Children's Services Center.

Community leaders, donors, creators, and Casa Colina staff attended the ribbon-cutting ceremony, which served as a symbol of the power of community collaboration and underscored Casa Colina's commitment to improving the lives of children with disabilities.

CASACOLINA.ORG

KEYSTONE 2025

## charity that heals

Daniel Skenderian, PhD, knows a lot about what it takes to heal. It's why, even as an employee, he gives of himself.

Dr. Skenderian joined Casa Colina Hospital and Centers for Healthcare in 1982 as a full-time psychologist for its Stroke Program, having just finished graduate training at the University of North Texas. Over the next few decades, the former Peace Corps volunteer and avid fly fisherman kept a local private practice but continued his part-time affiliation with Casa Colina. He joined the staff full-time in 2015.

During that time one thing remained consistent—Skenderian's wholehearted belief in the mission of Casa Colina and his generous financial support of its programs and services.

From beloved programs like Outdoor Adventures and Children's Services to popular events like the Drive-in Movie Night fundraiser and Beat the Heat sports camp, there isn't a corner of Casa Colina Dr. Skenderian hasn't touched with his generosity. He and his wife donated a bench to the spiritual garden. He's even purchased full tables at the annual Tribute to Courage Gala, inviting former patients and fellow staff to celebrate some of Casa Colina's most memorable and inspiring recovery stories.

"This is not just a job—it's a career for me," says the longtime Claremont resident. "I think donating brings it to a higher level."

Currently one of Casa Colina's Clinical and Rehabilitation Psychologists, Dr. Skenderian works with patients who have often recently experienced the most traumatic events of their lives. An integral part of Casa Colina's comprehensive rehabilitation services, he brings his expertise to bear on a multidisciplinary team of doctors, nurses, therapists, neuropsychologists, and more.

"When patients come into our facility, they often come in with grave physical injury or catastrophic illness," he says. "But that's only half of it. The other half is how they're responding to it. So, my role is to help them adapt to their current situation."

Skenderian recalls a married couple who were both hit by a car, each sustaining severe injuries. Following acute care, they entered Casa Colina Hospital together for inpatient rehabilitation. Casting a pall over an already miserable experience, the sixweek period overlapped with their 20th wedding anniversary.

Rather than let a healing opportunity pass, Casa Colina's inpatient occupational therapy team stepped into action. The clinicians brought the celebration to them, setting up a candlelight dinner on campus with elegant white tablecloths and gentle music, all set in front of an outdoor fireplace and catered by a local restaurant.

For Dr. Skenderian, his giving fuels this unique brand of healing: the magical care experience that Casa Colina provides its patients. He could give anywhere, but stories like this one make Casa Colina his number one charity of choice.

"That's the stuff that heals," he muses. "That's why I give."



#### **IN MEMORIAM**



Frank Alvarez
Former patient,
longtime Board
member, and a true
friend to our institution,
Frank Alvarez passed
away August 6, 2024

at the age of 89,

surrounded by family and loved ones. Frank was well known on campus by Casa Colina staff—always good natured, smiling, and armed with a great sense of humor. His affiliation with Casa Colina began long ago as a pediatric patient in 1949. Following his treatment, Frank would become a Casa Colina volunteer and eventually a Board member, so he could give back to the hospital that helped him and so many others to achieve their best quality of life. Frank's contributions to Casa Colina will forever be part of our legacy, and we extend our sympathies to his family.



#### Dan Wilson MD, PhD

Dr. Dan Wilson, a cherished member of our Board, passed away peacefully at home on April 24, 2025 at the age of 69 with his wife and daughter

by his side. His distinguished career spanned academic medicine, research, and healthcare leadership, culminating in his role as President and University Professor at Western University of Health Sciences. Despite his many national and international accolades, Dr. Wilson remained grounded and devoted to serving others. We were fortunate to have Dr. Wilson's insightful guidance and unwavering commitment on our Board. His dedication to Casa Colina's mission and his genuine care for our patients were deeply valued. We mourn the loss of Dan and extend our heartfelt condolences to his family and friends. His remarkable life and contributions will be long remembered.



## growthprogress



### CASA COLINA PARTNERS WITH WOUND CARE ADVANTAGE

Casa Colina Hospital and Centers for Healthcare is taking a significant step forward in its commitment to wound care and limb preservation by partnering with Wound Care Advantage (WCA), a leading provider of comprehensive wound care management services. This collaboration brings together the expertise of both organizations to address the growing need for specialized wound care in our region.

Through its partnership with WCA, Casa Colina's Wound Care and Hyperbaric Medicine Center will further enhance its services by leveraging WCA's expertise in regulatory compliance, staff education and training, operations, and ongoing clinical support. Patients will continue to benefit from advanced treatments, including debridement, negative pressure wound therapy, and personalized wound care plans. The center also offers hyperbaric oxygen therapy and surgical care when necessary.

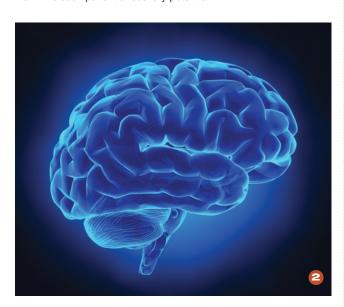
By combining leading technologies with a team of highly skilled specialists, Casa Colina is dedicated to providing comprehensive and compassionate care for individuals facing the challenges of chronic wounds.

### 2 NEW CENTER OFFERS HOPE FOR PATIENTS WITH DISORDERS OF CONSCIOUSNESS

This fall we will see the launch of the Casa Colina Center for Disorders of Consciousness (C³DoC), a specialized hospital-based program for individuals with impaired awareness following a severe brain injury. Led by Caroline Schnakers, PhD, Assistant Director of the Casa Colina Research Institute, this initiative will provide support for patients and families navigating the challenges of Unresponsive Wakefulness Syndrome or Minimally Conscious State.

C³DoC will be one of the few care models nationwide, and the only one in Southern California, providing this level of innovative care. Our expert team, including physicians, researchers, therapists, and nurses, will use a combination of targeted assessments and advanced treatments to maximize arousal, alertness, and response consistency with the overall goal of helping patients regain consciousness and significantly improve their quality of life.

With a strong commitment to providing compassionate care and support to both patients and their families, the C<sup>3</sup>DoC program will combine the best medical practices with cutting-edge research to maximize each patient's recovery potential.



#### **3** CARF GRANTS SPECIALTY ACCREDITATIONS TO CASA COLINA

The Commission on Accreditation of Rehabilitation Facilities (CARF) has awarded accreditations to Casa Colina Hospital for its Inpatient Rehabilitation Program, as well as its Brain Injury, Spinal Cord Injury, and Stroke Specialty Programs. Casa Colina's Transitional Living Center has also received accreditation for its Brain Injury Specialty Program. These distinctions demonstrate Casa Colina's dedication to providing a comprehensive, high-quality continuum of care for individuals with complex neurologic conditions.

Casa Colina achieved these accreditations through a rigorous process that included comprehensive reviews of our operations, documentation, and service delivery, along with extensive interviews with patients, staff, and community stakeholders.

CARF accreditation is considered a mark of excellence in rehabilitation and signifies that Casa Colina has met rigorous international standards for quality.



Accredited Specialty Programs: Brain Injury Spinal Cord Injury

#### 4 MOBILITY PARK

We're thrilled to announce the development of a new Mobility Park on our Pomona campus, just east of the Transitional Living Center. This new outdoor amenity will be specifically designed for Casa Colina patients and clients who use wheelchairs and others with physical disabilities. The facility will offer a multi-purpose court for wheelchair sports like basketball, tennis, and rugby, and feature diverse surfaces such as curbs and cutouts to help our patients and clients enhance wheelchair mobility skills. The park will also cultivate a safe and welcoming environment for individuals to engage in physical activity, build social connections, and bolster a positive sense of self. For sponsorship opportunities, please call 909/596-7733, ext. 2260.

#### 5 PHILANTHROPY LEADERSHIP COUNCIL



Casa Colina is proud to introduce the Philanthropy Leadership Council (PLC), a group of dedicated donors, grateful patients, business and community leaders, and Casa Colina board members who are passionate about supporting our mission through philanthropy. The PLC was created to build awareness, strengthen

community relationships, and inspire giving that advances patient care and innovation. Council members serve as ambassadors, helping to share Casa Colina's story and engage others in supporting our vision.

Members meet quarterly to gain behind-the-scenes access to our programs, connect with clinical and administrative leaders, and see how philanthropy directly impacts the care we provide. By offering insights, identifying new supporters, and helping shape fundraising efforts, the PLC plays a vital role in expanding our reach and improving our patients' lives. The inclusion of board members ensures strong alignment with our organizational goals and adds valuable leadership to the Council's efforts. Together, the PLC helps ensure that philanthropy remains a driving force behind Casa Colina's continued growth and excellence in care.

## G CASA COLINA EXPANDS WITH NEW AUDIOLOGY CENTER – PROJECTED OPENING FALL 2025

Casa Colina is excited to announce the development of a second audiology center in Rancho Cucamonga in 2025. Located within San Antonio Regional Hospital's Center for Aging, this new facility will bring a comprehensive range of hearing and balance services to residents of Rancho Cucamonga, Upland, Fontana, and surrounding communities.

The 1600 square foot satellite center will feature an audiology booth/testing room, a VNG/exam room and a hearing aid lab. Our experienced audiologists will offer a full spectrum of services, including quick and easy hearing screenings to identify potential concerns, and comprehensive testing to diagnose hearing loss, auditory issues, and balance problems. We will also provide personalized consultations to find the proper hearing aids to fit your needs.

#### SPORTS FIELD

Casa Colina is expanding its sports medicine and rehabilitation offerings with the development of a new Sports Field. This state-of-the-art facility will provide athletes of all levels with access to advanced training and rehabilitation resources.

The Sports Field will feature a multi-purpose sports court, training zones, and specialized equipment designed to enhance athletic performance and facilitate injury recovery. It will offer a space for individualized training programs, group fitness classes, and sports-specific skill development.

This complex will be located adjacent to The Coliseum Sports Medicine and Orthopedics Center at Casa Colina. This strategic location will allow for close collaboration between physicians and therapists, ensuring that athletes receive comprehensive and coordinated care. The Sports Field will be a key component of Casa Colina's commitment to supporting athletes in achieving their peak performance and returning to their sport safely. For sponsorship opportunities, please call 909/596-7733, ext. 2260.



#### OUR MISSION

OPTIMIZE MEDICAL
RECOVERY AND
REHABILITATION OUTCOMES
FOR ALL PATIENTS IN A
SAFE ENVIRONMENT
THAT RESPECTS THEIR
DIGNITY, DIVERSITY, AND
INDIVIDUALITY.

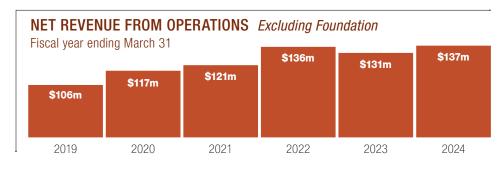
#### OUR VISION

LEADING AND DEFINING EXCELLENCE IN SPECIALIZED MEDICAL, SURGICAL, AND REHABILITATIVE CARE.

#### OUR VALUES

APPLY CLINICAL
EXCELLENCE, EDUCATION,
AND RESEARCH TO
ENHANCE QUALITY
OF LIFE IN THE
COMMUNITIES WE SERVE,
WITH A COMMITMENT
TO COMPASSION,
COLLABORATION,
AND INTEGRITY.

#### Casa Colina's operational performance



#### BALANCE SHEETS Consolidated/Unaudited

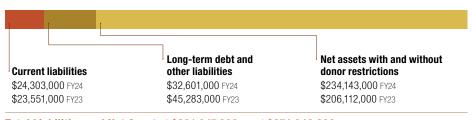
March 31, 2024 and 2023

#### **ASSETS**



**Total Assets | \$291,047,000** FY24 | **\$274,946,000** FY23

#### LIABILITIES AND NET ASSETS



Total Liabilities and Net Assets | \$291,047,000  ${\mbox{\sc FY24}}$  | \$274,946,000  ${\mbox{\sc FY23}}$ 

#### **OPERATING ENTITIES\* FINANCIAL PERFORMANCE** Unaudited

Fiscal year ending March 31

**REVENUES** 

| Net patient<br>services revenues<br>\$129,391,000 FY24<br>\$124,456,000 FY23 | Other operating revenue \$5,238,000 FY24 \$3,143,000 FY23 | Uncompensated care and community benefits \$2,807,000 FY24 \$3,694,000 FY23 |
|--|---|---|
|--|---|---|

**Total Revenues** | \$137,436,000 FY24 \$131,293,000 FY23

Salaries and benefits Other expenses \$79,929,000 FY24 \$39,064,000 FY24 \$75,135,000 FY23

**OPERATING EXPENSES** 

**Total Operating** | \$118,993,000 FY24 **Expenses** \$112,059,000 FY23

Net Income from Operations Prior to Depreciation, Interest, and Amortization | \$18,443,000 FY24 \$19,234,000 FY23

\*Excludes Foundation

#### Specialized care, close to home



Casa Colina opened its doors in 1938 in Chino, California as an inpatient treatment center for children rehabilitating from polio. Since then, its staff, with the support of the Casa Colina Board of Directors, has continually expanded services to meet the growing needs of the community and beyond, serving more than 25,000 patients annually.

## Casa Colina offers the following medical, surgical, and rehabilitative services:

- » Acute care hospital with 68 rehabilitation beds, six intensive care unit beds, 25 private medical beds, three operating rooms, and a gastroenterology procedure room; accredited by the Joint Commission and the Commission on Accreditation of Rehabilitation Facilities
- Transitional Living Center with 58 residential rehabilitation beds, day treatment program, and advanced day treatment program; accredited by the Commission on Accreditation of Rehabilitation Facilities
- Long-term residential facilities in Apple Valley and Lucerne
   Valley with 85 shared beds for people with brain injuries;
   12 beds in Claremont for adults with developmental delay;
   licensed by the Department of Social Services
- » Outpatient rehabilitation centers in Pomona and Azusa
- » Physician clinics with over 30 medical specialties
- » Hyperbaric medicine, wound care, and limb preservation

- » Diagnostic imaging
- » Audiology
- » Children's outpatient services
- » Research institute
- » Laboratory
- » Support groups
- » Wellness and fitness programs
- » Community and professional education programs
- Outdoor Adventures recreational therapy and wheelchair sports program

#### Also on the Pomona campus:

- » Casa Colina Ambulatory Surgery Center
- » Medical office building with Garey Orthopedics, Pomona Dialysis and Vascular Center, San Antonio Pharmacy
- » Inland Neurosurgery Institute

To learn more about Casa Colina's continuum of care, visit casacolina.org or scan the QR code.



#### **CONTACT US**

CASA COLINA HOSPITAL AND **CENTERS FOR HEALTHCARE** 255 East Bonita Avenue P.O. Box 6001 Pomona, CA 91769-6001 909/596-7733 TDD-TTY-Q 909/596-3646 Email: care@casacolina.org casacolina.org

Casa Colina Hospital – Ext. 3000 Children's Services – Ext. 4200 Corporate Offices – Ext. 2300 Diagnostic Imaging - Ext. 4541 Patient Accounting - Ext. 5558 Foundation – Ext. 2232 Human Resources - Ext. 2154 Laboratory – Ext. 3150 Outdoor Adventures – Ext. 4165 Outpatient Center – Ext. 3500 Padua Village - 909/626-4799 Physician Clinics – Ext. 3800 Research Institute - Ext. 2220 Transitional Living Center – Ext. 4100 Wound Care & Hyperbaric Medicine - Ext. 3611

CASA COLINA AZUSA CENTER 910 East Alosta Avenue Azusa, CA 91702-2709

626/334-8735

PIÑO VERDE

CASA COLINA AT APPLE VALLEY 22200 Highway 18 Apple Valley, CA 92307-3948

760/247-7711 CASA COLINA AT RANCHO

11981 Midway Avenue Lucerne Valley, CA 92356-7517 760/248-6245

Learn how to support Casa Colina's latest fundraising efforts by calling 909/596-7733, ext. 2260 or visiting casacolina.org/give.



**FUNDRAISING EVENTS** 2025 / 2026

#### CSC Night at the Drive-In

Saturday, July 26, 2025 Casa Colina Main Parking Lot, Pomona

**ODA Golf Classic in Memory of Bill Haaker** 

Monday, October 13, 2025 South Hills Country Club, West Covina

#### Tribute to Courage Gala

Saturday, March 14, 2026 Sheraton Fairplex Suites & Conference Center, Pomona

For information, call 909/596-7733, ext. 2237, email events@casacolina.org, or visit casacolina.org/FundraisingEvents.









