



Community Benefit Report

**Annual Report and Plan for Community Benefit
Casa Colina Hospital and Center for Healthcare
Fiscal Year 2022 (April 1, 2021 – March 31, 2022)**

Submitted to:
Department of Health Care Access and Information
Accounting and Reporting Systems Section
Sacramento, California

Table of Contents

About Casa Colina Hospital and Centers for Healthcare	3
Mission, Vision and Values	4
Inpatient Hospital Services	4
Outpatient and Other Services	5
Awards and Recognitions.....	7
Growth and Progress	7
Governance	8
Caring for our Community	9
Community Benefit Activities to Address Priority Health Needs	11
Financial Summary of Community Benefit	19
Community Health Needs Assessment Summary	20
Community Benefit Implementation Plan FY2023	22
Evaluation of Impact	24
Needs the Hospital Will Not Address.....	24
Community Benefit Contact	25

About Casa Colina Hospital and Centers for Healthcare

History

Casa Colina Hospital and Centers for Healthcare is a nonprofit, freestanding, community-governed organization based in Pomona, California. Founded in 1936, Casa Colina's original focus was on treatment for children recovering from polio and other disabling diseases. In the decades that followed, Casa Colina has expanded its continuum of care to include a state-of-the-art hospital, residential rehabilitation and long-term care beds, as well as a broad range of outpatient services that includes physician specialty clinics, physical therapy, occupational therapy, speech therapy, neuropsychology, diagnostic imaging, children's services, and an outdoor recreation program for people with illnesses and disabilities. Casa Colina's 85-year legacy of hope and healing has helped tens of thousands with disabilities to maximize their health and independence and return to the highest-possible level of function.

Legacy of Healing

In 1936, Frances Eleanor "Mother" Smith founded Casa Colina in response to the polio outbreak. In a hacienda-style house in Chino, California, she created a place to care for children with polio and teach them how to regain their mobility, functionality, and self-esteem. In the process, Casa Colina developed groundbreaking physical therapy modalities for polio patients. After Dr. Jonas Salk developed a polio vaccine in the early 1950s, Casa Colina broadened its services to care for patients of all ages with physical injuries, illnesses, and disabilities.

Casa Colina Hospital and Centers for Healthcare has grown into a network of integrated services. The hospital operates under the corporate umbrella of Casa Colina, Inc. (CCI). The hospital provides services through its acute rehabilitation unit, medical-surgical unit, intensive care unit, surgical suites, outpatient therapy center, physician specialty clinics, satellite outpatient clinic in Azusa, and a pediatric outpatient clinic. Other Casa Colina entities extend the continuum of care and include the Transitional Living Center; long-term residential care facilities in Apple Valley, Lucerne Valley, and Pomona; a diagnostic imaging center; and an adaptive sports and recreation program.

Mission, Vision, and Values

Mission

Optimize medical recovery and rehabilitation outcomes for all patients in a safe environment that respects their dignity, diversity, and individuality.

Vision

Leading and defining excellence in specialized medical, surgical, and rehabilitative care.

Values

Apply clinical excellence, education, and research to enhance quality of life in the communities we serve, with a commitment to compassion, collaboration, and integrity

Inpatient Hospital Services

Accredited by the Joint Commission, Casa Colina Hospital offers inpatient medical, surgical, and rehabilitative services. To ensure optimal treatment for every patient, Casa Colina has developed proven clinical pathways for individuals recovering from disabling neurological and orthopedic conditions. Our renowned programs for brain injury, spinal cord injury, orthopedics, and stroke combine innovative treatment methods with advanced equipment to achieve outcomes well above the national average.

Our specialized inpatient rehabilitation programs have earned national recognition for excellence in addressing neurological and orthopedic conditions, with a continuum of medical, surgical, and rehabilitative care for patients recovering from brain injury, stroke, spinal cord injury, and orthopedic injury and disease. With experienced, multidisciplinary care teams, we are able to tailor each rehabilitation program to the unique needs of the patient.

Acute Rehabilitation Wing

Casa Colina provides inpatient rehabilitation services in a state-of-the-art 68-bed Acute Rehabilitation Wing, treating a wide range of neurological and orthopedic conditions, including brain injury, spinal cord injury, stroke, respiratory disorders, multiple trauma, wounds, and burns. Patient care is supervised by a physician specializing in physical medicine and rehabilitation. The Acute Rehabilitation Wing offers innovative technology and equipment that

includes spacious, well-appointed therapy gyms, outdoor therapy gardens, aquatic therapy, and an assistive technology center. This program is accredited by the Commission on Accreditation of Rehabilitation facilities (CARF).

Medical-Surgical Wing/ICU

Casa Colina Hospital provides a range of inpatient medical-surgical services and is home to three spacious surgical suites with the most advanced surgical technology, a GI procedure room, a six-bed Intensive Care Unit, and 25 private medical-surgical beds, all of which have telemetry capabilities. Here, the region's top surgeons perform highly specialized surgical procedures using minimally invasive robotic technology for improved outcomes.

Outpatient and Other Services

Casa Colina offers outpatient services to treat a variety of orthopedic and neurological



conditions. Casa Colina also offers specialty programs for spine and back pain, audiology, sports medicine, adaptive driver training, exoskeleton/robotic assistive technology, lymphedema, Ehlers-Danlos Syndromes, and treatment for balance and vestibular issues. Our therapists hold specialty certifications in neurology, orthopedics, pediatrics, and other specialized care.

Outpatient Center

Casa Colina Hospital's Outpatient Center offers physician-directed care to diagnose and treat injuries and illnesses. Services offered include physician specialty clinics, diagnostic imaging center, physical therapy, occupational therapy, speech-language pathology, and neuropsychology and psychology services. A variety of interdisciplinary therapy services are provided for people with functional impairments due to neurological or orthopedic conditions. Certified hand therapy, adaptive fitness programs, and aquatic therapy are also provided. This program is also CARF accredited.

Children's Services Center

Casa Colina Hospital offers programs for children, ages newborn to 18 years, with disabilities or developmental disorders. Renowned pediatric neurologist and autism specialist Dr. Margaret Bauman provides assessments for children with cognitive and physical delays and guides their treatment process. Physical, occupational, and speech therapists and early intervention

specialists offer services across seven areas of development: gross motor skills, fine motor skills, expressive language skills, receptive language, cognitive skills, socialization, and self-help.

Azusa Center

Casa Colina Hospital's Azusa Center treats patients with orthopedic and neurological conditions. The Azusa Center offers physical and occupational therapies, speech-language pathology, certified hand therapy, sports medicine, and more. This program is CARF accredited.

Physician Specialty Clinics

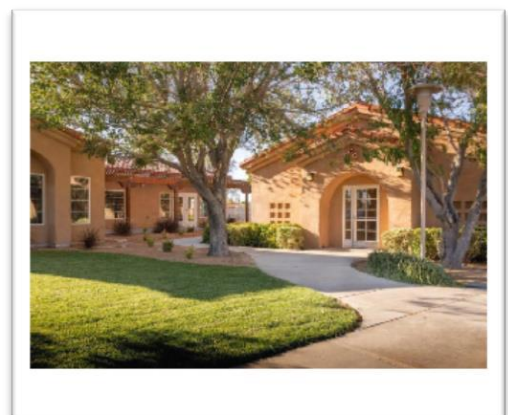
Casa Colina Hospital's physician specialty clinics offer more than 30 medical specialists in one location. Our physicians collaborate with experienced therapy teams to provide a range of medical services, including treatment for Multiple Sclerosis, Ehlers-Danlos Syndromes, and Parkinson's disease, as well as Cardiology, Geriatrics, and Limb Preservation/Wound Care services. Our Physical Medicine & Rehabilitation (PM&R) physicians enhance and restore functional ability and quality of life for people with physical impairments and disabilities. Our Infectious Disease physicians specialize in treating acute and chronic infections of known/unknown etiologies. During the COVID-19 pandemic, they worked to ensure the safety of our patients, staff, and community.

Outdoor Adventures

The Outdoor Adventures program provides adaptive recreation experiences to individuals with a wide range of disabilities. This therapeutic program emphasizes ability over disability and encourages participants to experience physical and emotional success.

Residential Rehabilitation and Day Treatment

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), Casa Colina's Transitional Living Center (TLC) is a 46-bed short-term residential rehabilitation facility that offers a bridge between acute rehabilitation and home. TLC residents experience significant gains in physical and cognitive abilities through rigorous daily therapy. In addition to residential rehabilitation, the TLC offers day treatment and home and community services.



Long-Term Residential Care

Casa Colina's satellite locations in Apple Valley and Lucerne Valley provide structured or semi-independent living programs to meet the unique needs of individuals with traumatic brain

injury. Our Padua Village Residential Program in Pomona provides long-term residential services for adults with developmental disabilities.

Research Institute

The Casa Colina Research Institute (CCRI) conducts translational and clinical research to measure the impact of rehabilitation treatments, identify new interventions, and improve patient outcomes. CCRI collaborates with leading scientists and researchers at academic institutions, including the California Institute of Technology, Harvard Medical School, UCLA, and USC, as well as local universities and innovative technology companies.

Awards and Recognitions

Casa Colina was the recipient of a number of awards and accolades in FY2022:

- Accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) for inpatient and outpatient rehabilitation programs
- Healthgrades Outstanding Patient Experience Award
- Healthgrades 100 Best Hospitals for Spine Surgery
- Healthgrades Joint Replacement Excellence Award
- Healthgrades Five-Star Recipient for Spinal Fusion Surgery
- Healthgrades Five-Star Recipient for Back Surgery
- Healthgrades Five-Star Recipient for Total Hip Replacement
- Healthgrades Five-Star Recipient for Total Knee Replacement

Growth and Progress

To increase valued interactions with our community, Casa Colina is creating a new state-of-the-art Education Center on our Pomona campus. Casa Colina's previous meeting facility, the Tamkin Education Center, was turned into treatment space in 2020 to meet growing demand for patient care. Casa Colina broke ground in January 2022 on the 4,000-square-foot building.

Casa Colina launched its new Ear, Nose & Throat (ENT) /Otolaryngology Program in early 2022. The program offers comprehensive diagnostics and treatment for conditions of the ears, nose, throat, sinuses, and larynx. Casa Colina's licensed audiologists and speech-language pathologists have partnered with ENT physicians from Keck Medicine of USC to treat these

conditions, as well as vocal and swallowing disorders.

The John. P. Previti Memorial Spiritual Garden opened in November 2021. The garden provides a quiet place to reflect and rejuvenate.

To enhance our therapeutic services for children, the Casa Colina Services Center is completing a multi-sensory Interactive Musical Playground. Supported by generous contributions from granting agencies, community nonprofit organizations, and private donors, the project will feature large sonic flowers, a musical water harp, a musical staircase, and other interactive elements that children can use to create fun, therapeutic outdoor musical experiences.

Governance

The Board of Directors' strategic oversight and forward thinking enable Casa Colina Hospital to continue to grow in dynamic ways and evolve into one of the country's top medical, surgical, and rehabilitation facilities.

Executive Committee

Randy Blackman, Chairman

Gary Cripe, Vice Chairman

Felice L. Loverso, PhD, President and CEO

Terrance Johnson, Secretary

Stephen Graeber, Treasurer

Steve Norin, Past Chairman

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Linda Liau, MD, PhD, MBA

Devorah Lieberman, PhD

Nancy Nightingale

Bruce Pasqua

Thomas Reh

Jose L. Rodriguez, MD

Cathy Watrous

Kiana Webb

Daniel Wilson, MD, PhD

Caring for Our Community

Casa Colina Hospital and Centers for Healthcare has always been a place of extraordinary hope. For the thousands we serve each year, we are often the last stop on the road to recovery, providing a continuum of rehabilitation services unmatched in our region. For others needing specialized medical-surgical care, we provide an integral step toward a healthier life. For all our patients and families, our services offer the possibility of increased independence, functionality, and vitality. It is critical that we live up to our reputation—to provide the exceptional care for which we are known, locally and nationally.

Casa Colina's impact in the community is demonstrated in many ways, from providing financial assistance to under- or uninsured patients, to offering prevention and awareness programs to keep the community healthy, and providing education and training to current and future healthcare professionals. Additionally, Casa Colina invests in the community to increase access to healthcare services and improve health.

Service Area

Historically, Casa Colina has defined the community it serves as persons with or at risk of disability. These are persons who can benefit from medical, surgical, and rehabilitation interventions to prevent, remediate, or delay progression of disabling conditions and their impact on function, independence, and quality of life.

Casa Colina Hospital is located at 255 E. Bonita Ave, Pomona, CA 91767. The service area encompasses 31 ZIP Codes representing 15 cities in two counties (Los Angeles and San Bernardino). Casa Colina tracks ZIP Codes of origin for all patient admissions. Since the hospital attracts patients regionally and nationally, the service area was determined from the ZIP Codes that reflect a majority of patient admissions from the local geographic area. In Los Angeles County, the hospital is located in Service Planning Area (SPA) 3.

Casa Colina Hospital Service Area

Place	ZIP Code	County	Place	ZIP Code	County
Chino	91708	San Bernardino	Ontario	91764	San Bernardino
Chino	91710	San Bernardino	Pomona	91766	Los Angeles
Chino Hills	91709	San Bernardino	Pomona	91767	Los Angeles
Claremont	91711	Los Angeles	Pomona	91768	Los Angeles
Covina	91722	Los Angeles	Rancho Cucamonga	91701	San Bernardino

Place	ZIP Code	County	Place	ZIP Code	County
Covina	91723	Los Angeles	Rancho Cucamonga	91730	San Bernardino
Covina	91724	Los Angeles	Rancho Cucamonga	91737	San Bernardino
Diamond Bar	91765	Los Angeles	Rancho Cucamonga	91739	San Bernardino
Glendora	91740	Los Angeles	San Dimas	91773	Los Angeles
Glendora	91741	Los Angeles	Upland	91784	San Bernardino
La Verne	91750	Los Angeles	Upland	91786	San Bernardino
Montclair	91763	San Bernardino	Walnut	91789	Los Angeles
Ontario	91758	San Bernardino	West Covina	91790	Los Angeles
Ontario	91761	San Bernardino	West Covina	91791	Los Angeles
Ontario	91762	San Bernardino	West Covina	91792	Los Angeles
Ontario	91764	San Bernardino			

Community Snapshot

Casa Colina conducted its most recent Community Health Needs Assessment (CHNA) in 2021. The population of the service area is 1,268,987 persons. Children and youth, ages 0-19, make up 26.2% of the population; 35.2% are ages 20-44; 25.9% are ages 45-64; and 12.7% of the population are seniors, ages 65 and older. In the service area, 55.1% of the population are White/Caucasian and 51.1% are Hispanic or Latino. Asian/Pacific Islanders make up 19.8% of the population in the service area, and Blacks/African Americans are 6.5% of the population. In the service area, 48.6% of the population over age 5 speaks English only; 29.9% of the population speaks Spanish in the home; 10.7% speak an Asian/Pacific Islander language; and 3.4% speak an Indo-European language.

In the service area, 19.9% of the residents live below 150% of the federal poverty level (FPL), and 28.9% of the population are considered low income, living below 200% of FPL. The median household income for the hospital service area is \$80,803, which is higher than the median for Los Angeles County (\$68,093) and California (\$75,277). The average high school graduation rate in the service area is 83.8%, which does not meet the Healthy People 2030 objective for high school graduation (90.7%).

90.5% of the residents in the service area have some form of health insurance, and a majority of residents (87.6%) in the service area have a source of healthcare.

Community Benefit Activities to Address Priority Health Needs

Activities and Accomplishments in FY2022 (April 1, 2021 to March 31, 2022)

A community benefit service promotes health and healing and is focused on addressing the identified unmet health needs in our community. For a program or service to be considered a community benefit, it must improve access to healthcare, enhance the health of the community, advance medical or healthcare knowledge, or reduce the burden of government or other nonprofit community efforts.

In FY2022, Casa Colina Hospital engaged in activities and programs that addressed the priority health needs identified in the 2022-2024 Implementation Strategy. Casa Colina has committed to community benefit efforts that address access to healthcare and preventive practices, chronic diseases, disabilities, and senior health. Due to COVID-19, some of our annually supported programs and events were postponed or cancelled. Other programs were transferred from in-person events to virtual meetings to allow for social distancing. Activities and programs that highlight Casa Colina's commitment to the community are detailed below.

Access to Care and Preventive Practices

Access to care is a key determinant of health that provides preventive measures and disease management, reducing the likelihood of hospitalizations and emergency room admissions. Routine healthcare includes screenings, check-ups, and counseling to prevent illness, disease, or other health problems. Individuals who receive services in a timely manner have a greater opportunity to prevent or detect disease during earlier, treatable stages. Access to care also includes insurance coverage, physician access and availability, and affordability of specialty health services.

Response to Need

- Casa Colina provided financial assistance for uninsured/underinsured and low-income residents. Following our Financial Assistance Policy, the hospital provided discounted and free healthcare to qualified individuals. To address healthcare access issues, the hospital also offered information and enrollment assistance in low-cost insurance programs.
- Licensed audiologists certified by the American Speech & Hearing Association conducted free hearing screenings and hearing aid fitting for individuals in the community.
- Casa Colina partnered with community organizations and provided presentations and educational sessions through virtual platforms. Casa Colina provided health information and access to resources for more than 1,000 persons.

- At the annual Tour de Foothills, 1,600 community members learned about healthy living activities.
- Casa Colina provided funds and in-kind services to other nonprofit organizations that address access to care and preventive care in the community.

Chronic Diseases

Chronic diseases are long-term medical conditions that tend to progressively worsen overtime. Chronic diseases are major causes of disability and death. Chronic diseases are also the major causes of premature adult deaths.

Response to Need

- Casa Colina supported healthcare providers and allied health professionals to obtain training in the care of patients with disabilities and chronic diseases. This was accomplished by offering professional educational programs for physicians, nurses, occupational and physical therapists, speech-language pathologists, and neuropsychologists. Advanced residency training was offered in physical medicine and rehabilitation, physical therapy, and occupational therapy.
- Casa Colina provided community health education support groups for persons with Ehlers-Danlos Syndrome, acquired brain injury, and aphasia, as well as their caregivers.
- Casa Colina provided a lecture on *The Impact of COVID on Families and People with Intellectual Disability* to 150 community members.
- Community webinars were provided on joint replacement surgery, spine and back pain, limb preservation, Ehlers-Danlos Syndromes, and more.
- Casa Colina provided funds and in-kind services to other nonprofit organizations that address chronic disease prevention and treatment in the community.

Limb Preservation Program

Individuals with diabetes over time may develop neuropathy and loss of sensation in their lower extremities. With this lack of sensation, blisters and wounds of the feet can quickly become infected and lead to increased risk of lower-limb amputation. In response to this problem, and in partnership with Dr. David Armstrong of the USC Keck School of Medicine, Casa Colina launched a Limb Preservation Program in 2021. The goal of the program is to prevent amputations and their adverse health outcomes. The program provides a team of surgical experts, local medical providers, an on-site podiatric surgeon, and wound care specialists. It also features a health literacy component designed to increase awareness about diabetic foot care among high-risk patients and community physicians.

Spine Program

In January 2021, Casa Colina launched its comprehensive Spine Program, which takes a conservative, minimally invasive approach to treating back, neck, and other spine-related problems. The program is a collaboration of multidisciplinary spine experts, including physiatrists, licensed physical therapists, pain management specialists, radiologists, and the area's top neurosurgeons available through the Inland Neurosurgery Institute. Using state-of-the-art equipment and technology, our Spine Program clinicians work together to diagnose and treat injury and disease of the spine and back.

Disabilities

Disability may be defined as one of the following: 1) Limited activity because of physical, mental, or emotional problem(s); 2) Health problem requiring use of special equipment; or 3) Self-perception of being disabled. Community stakeholders identified a number of barriers faced by persons with disabilities who have health issues. These include transportation to services, financial burdens for ongoing care, awareness of and the ability to access community resources, living arrangements, and job opportunities.

Response to Need

Casa Colina is committed to caring for individuals with disabling conditions. Casa Colina offers a comprehensive continuum of care through our Acute Rehabilitation Wing, Medical-Surgical Wing, Outpatient Center, Physician Specialty Clinics, Children's Services Center, Transitional Living Center, long-term residential care, and adaptive recreation program.



- Infants, children, and teens with disabilities received specialized services and programs. These programs helped children improve their social skills and quality of life. The hospital offered support, education, and resources for families and caregivers of children with disabilities.
- Kids Crew is a social skills program designed for children ages 4 to 12, and Teen Scene is a social and life skills program designed for teens and young adults ages 13 and 22. Through these programs, social skills screening was conducted for 25 persons.
- Casa Colina invested in research focused on improving rehabilitation outcomes and overall functioning for individuals living with disabling conditions. In FY2022, CCRI engaged in 16 different grant-funded research projects, including: a Return-to-Work Program for individuals with spinal cord injury in partnership with the Craig H. Nielsen Foundation; a

Virtual Recreation Program for individuals with spinal cord injury to decrease social isolation and improve access to community resources; a cerebellar transcranial direct current stimulator to treat post stroke patients funded by Abilities Central; a Visuomotor prosthetic for paralysis funded by NIH; and “Thalamic Low Intensity Focused Ultrasound Pulsation for Chronic Disorders of Consciousness,” funded by Tiny Blue Dot Foundation.

- Casa Colina held an *Introduction to Adaptive Sports* at the Los Angeles Convention Center for over 100 participants.
- Over 200 participants were introduced to adaptive sports at the Triumph Foundation Sports Camp.
- The SCI Virtual Recreation Program provided classes in Adaptive Yoga and Meditation.
- Practitioners provided two Zoom lectures to 80 parents and teachers about neurodiverse learners.
- A creative arts program served 15 transitional age youth, helping participants with ID/DD to build community and explore creative interests.
- Casa Colina provided funds and in-kind services donated to nonprofit organizations that address disability prevention, care, and treatment.
- Casa Colina held monthly spinal cord injury support groups for patients in our hospital and Transitional Living Center

Outdoor Adventures/Community Fitness Programs

Casa Colina’s Outdoor Adventures program empowered people with disabilities by creating opportunities through challenging and exciting outdoor activities. The community fitness program provided opportunities to participate in pool and land activities. At the Transitional Living Center, Casa Colina provided outdoor excursions for residents as in integral part of their therapeutic experience.

Senior Health

As they age, older adults may deal with health challenges both physical and cognitive. Casa Colina provides services to diagnose and treat seniors to help them regain/maintain their overall function and quality of life.

Response to Need

Casa Colina provided programs focused on senior injury prevention and maintenance of physical and cognitive functioning. We also provided education sessions dedicated to senior health and support groups for seniors and their caregivers.

- Casa Colina’s Senior Evaluation Program is specifically designed to help seniors and their families determine the most appropriate level of assistance required by the aging individual, with the overriding goal of improving the seniors’ overall health and well-being.

- Licensed audiologists certified by the American Speech & Hearing Association conducted free hearing screenings and hearing aid fitting for individuals in the community.
- Casa Colina provided funds and in-kind services to other nonprofit organizations that address senior health in the community.
- Casa Colina's community education series featured educational topics that affect senior health, including seminars in joint replacement, spine/back pain, and limb preservation.

Vestibular Balance Screening

Casa Colina's Vestibular & Balance Program and Audiology Center offer clinically effective ways to help reduce or eliminate vertigo and equilibrium problems. Postural control, center of gravity, motor control, strength and stability are evaluated, as well as internal and external sensory responses.

Subsidized Health Services

The definition for subsidized health services includes clinical programs that are provided despite a financial loss and negative margins remaining after removing charity care, bad debt, and shortfalls from Medi-Cal. In addition, the services meet a community need and, if not offered, would be unavailable in the area or become the responsibility of the government or another nonprofit organization.

Children's Services Center

The Children's Services Center (CSC) offered programs for children from infancy to 18 years old with various disabilities or developmental disorders. Physical, occupational, and speech therapists, as well as early intervention specialists, and a family resource specialist provided these services. Casa Colina provided free or subsidized care for children (infants to teens) at CSC or local schools for treatment of development disabilities, orthopedic injuries, and learning disabilities.

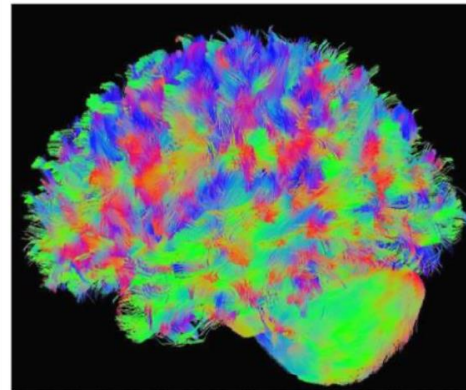
Research

Research Institute

The Casa Colina Research Institute conducts clinical research studies to improve the scientific and clinical care of people with disabilities and discover new findings about disabilities. The

institute supports an independent research program and collaborates with many medical and academic institutions, encouraging and sponsoring research on rehabilitation techniques, efficacy of models of care, outcomes measurement, and health policy.

The Research Institute engages in multi-site research projects, serves as an incubator for young clinical researchers and students, engages in evaluation of programs and innovations, and serves as a site for collaborative medical study.



The Casa Colina Research Institute undertakes studies and investigations that create generalizable knowledge focused on rehabilitation, clinical, and translational research. Data and results from the research projects are presented at national and international conferences and published in peer-reviewed journals that are available to healthcare professionals and the public. Casa Colina maintains its own federally sanctioned Institutional Review Board (IRB) to monitor and oversee the role of human subjects in research projects.

Health Professions Education

Physician Education

Casa Colina's Physical Medicine & Rehabilitation (PM&R) Residency Program is associated with the OPTI-West Medical Education Consortium. The PM&R Residency Program offered training experiences to nine medical residents in the latest rehabilitation therapies and technologies. PM&R residents worked with attending faculty members from Casa Colina's medical staff in treating patients. Attending physicians participating in residency training are board-certified in Physical Medicine & Rehabilitation. Board-certified physicians in other medical disciplines and rehabilitation-related healthcare professionals provided additional teaching and training to PM&R residents.

Nursing Education (RN/LVN)

The hospital served as a training and precept training site for nursing students from area colleges and universities.

Physical Therapy Residency and Physical Therapy Student Training Program (PT/PTA)

Casa Colina's Physical Therapy Residency Programs in Orthopedics and Neurology provided advanced knowledge and skill in a focused clinical environment. Credentialed by the American Physical Therapy Association (APTA), coursework is designed to accelerate a therapist's professional development while allowing them to achieve clinical excellence in all aspects of patient care. Upon completion of the program, clinicians are eligible to apply for the certified specialty examination offered by the APTA.

Occupational Therapy Physical Rehabilitation Fellowship and Student Training Programs (OTR/OTA)

Casa Colina's Occupational Therapy Physical Rehabilitation Fellowship Program provided advanced knowledge and skill in a focused clinical environment. The coursework offered training in clinical examination, decision-making, and treatment skills. This program is also designed to accelerate a therapist's professional development and help them achieve clinical excellence in all aspects of patient care. Rotations were completed for inpatient rehabilitation, transitional living, and outpatient neurology. Upon completion of the program, clinicians can apply for the board certification offered by the American Occupational Therapy Association (AOTA) in Physical Rehabilitation.

Neuropsychology

Casa Colina offers a one-year training in neuropsychological assessment, rehabilitation psychology, and clinical/health psychology within our continuum of medical-surgical and rehabilitative care. Two Postdoctoral Fellowships in Rehabilitation Psychology & Rehabilitation Neuropsychology were also provided.

Speech-Language Pathology (ST/SLPA)

Casa Colina's Speech-Language Pathology training program allows students to integrate and apply their theoretical knowledge gained in academic training to real-world cases. The program focuses on developing and refining clinical skills consistent with the defined scope of practice.

Applied Exercise Science/Athletic Training Students

Casa Colina provided training for students from Azusa Pacific University and the University of La Verne in outpatient orthopedic services.

Fellowship Training Support

Casa Colina provided funding for advanced medical fellowship training in Neurosurgery, Limb Preservation, and Otolaryngology.

Community Benefit Operations

In FY2022, community benefit operations such as the direct and indirect costs associated with assigned staff, community benefit planning, tracking, reporting, and evaluation and operations included the following:

- Community benefit staff salary, benefits, and expenses
- Administrative support for community benefit
- Community benefit consultants

Community Building Activities

Casa Colina Hospital participated in activities that support community assets by offering the expertise and resources. These activities address the root causes of health problems or the determinants of health, such as education, homelessness, poverty, and the environment.

Economic Development

The hospital participated in many local and regional economic development activities in the community by working with organizations that addressed social determinants of health and community education. In addition to supporting economic development through a commitment of leadership and time, the hospital donated funds to support development initiatives.

Workforce Development

- Sponsored 95 students from San Dimas High School for a day of Careers in Health Care
- California State University Fullerton (CSUF) presentation: Career Tips for New Graduates
- 50 college students from the University of La Verne participated in education about occupational therapy as a profession
- Casa Colina partitioners discussed outpatient therapy with students from the National Student Speech Language Hearing Association (NSSLHA)

Financial Summary of Community Benefit

Casa Colina Hospital's financial summary of community benefit for FY2022 (April 1, 2021 to March 31, 2022) is summarized in the table below. The Hospital's community benefit cost complies with Internal Revenue Service instructions for Form 990 Schedule H. Costs are based on Casa Colina's overall cost-to-charge ratio.

Community Benefit Categories	Net Benefit
Charity Care/Financial Assistance ¹	\$176,013
Unpaid Costs of Medi-Cal ²	\$2,018,329
Education and Research ³	\$1,467,937
Other for the Broader Community ⁴	\$992,898
Total Quantifiable Community Benefit	\$4,655,177

¹ Financial Assistance includes traditional charity care write-offs to eligible patients at reduced or no cost based on the individual patient's financial situation. Financial Assistance or Charity Care does not include costs for patients who had commercial insurance, but could not afford their out-of-pocket costs.

² Unpaid costs of public programs include the difference between costs to provide a service and the rate at which the hospital is reimbursed. The methodology for calculating shortfalls in Medicare and Medi-Cal is based on the Medicare allowable cost-to-charge ratio and the hospital's cost-to-charge ratio.

³ Costs related to the health professions education programs and medical research that the hospital sponsors.

⁴ Includes programs such as community health education, screenings, support groups, clinics, support services and community benefit operations.

Community Health Needs Assessment Summary

Casa Colina approved its most recent Community Health Needs Assessment (CHNA) in March 2021 as required by state and federal law. The CHNA is a primary tool used by Casa Colina to determine its community benefit plan, which outlines how it will give back to the community in the form of healthcare and other community services to address unmet community health needs. The assessment incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area.

Casa Colina conducted targeted interviews to gather information and opinions from persons who represent the broad interests of the community served by the hospital. Ten interviews were completed in December 2020 and January 2021. Community leaders and/or representatives of medically underserved, low-income, and minority populations were represented in the sample, as well as local health or other departments or agencies that have current data or other information relevant to the health needs of the community. Input was obtained from the Los Angeles County Department of Public Health.

Casa Colina Hospital also conducted a survey to gather data and opinions from community residents; representatives from organizations that serve the medically underserved, uninsured, low-income, and minority populations; community business leaders; former Casa Colina patients; members of Casa Colina's Patient Family Advocacy Council; and hospital staff. Available in an electronic format, the survey link was distributed over the course of three months (November 2020 to January 2021), and a total of 418 persons responded to the survey.

Identified Priority Health Needs

Casa Colina identified significant community health needs from secondary data using the size of the problem (relative portion of population afflicted by the problem) and the seriousness of the problem (impact at individual, family, and community levels). To determine size or seriousness of the problem, health need indicators identified in the secondary data were measured against benchmark data: specifically, county/state rates and/or Healthy People 2020 objectives. Health indicators that performed poorly against one or more of these benchmarks met the criterion to be considered a health need.

Based on the most recent CHNA, the following priority health needs were identified:

- Access to healthcare, including community health insurance coverage rates, sources of medical care (e.g., doctor's office, community clinic, urgent care), availability of health

providers, re-hospitalization rates, and delays in care.

- Health status and chronic disease, including overall health status; senior health indicators; and rates of chronic conditions such as diabetes, heart disease, high blood pressure, cancer, and COPD.
- Overweight and obesity, including community overweight and obesity rates, fast food consumption, soda and other sugary beverage consumption, access to and affordability of fresh produce, and physical activity.
- Prevention practices, including children's immunization rates, flu and pneumonia vaccination rates, and primary care accessibility.

The complete CHNA report and the prioritized health needs can be accessed [here](#). We welcome feedback on the Community Health Needs Assessment and Implementation Strategy. Please contact Casa Colina's Community Benefit Coordinator at 909-596-7733, extension 2231.

Community Benefit Implementation Plan FY2023

Casa Colina Hospital continues to implement activities and programs to address the priority health needs in our service area. Given the current unprecedented situation due to COVID-19, Casa Colina anticipates some plans may be modified due to urgent community needs.

Significant Needs the Hospital Intends to Address

As a result of the 2021 Community Health Needs Assessment, Casa Colina chose to address the following health needs through a commitment of community benefit programs and charitable resources: access to healthcare, chronic diseases, disabilities, preventive healthcare, and senior health. This plan spans the time period of FY2022 - FY2024.

Health Need: Access to Healthcare and Preventive Care

Goal

Increase access to the most appropriate level of healthcare and improve community health through preventive practices.

Strategies

1. Provide financial assistance for healthcare services consistent with Casa Colina's financial assistance policy.
2. Provide free health information, screenings, and resources at community events.
3. Provide free community sports injury screening clinics.
4. Offer free audiology screenings.
5. Communicate to service area residents how to access healthcare services through established communication methods and social media.

Health Need: Chronic Diseases

Goal

Reduce the impact of chronic diseases for individuals who have short- and long-term disabilities and increase the focus on prevention, education, and treatment.

Strategies

1. Provide access to specialized gyms and aquatic exercise programs through the community fitness program.
2. Provide education on pain management, disease prevention, treatment, and wellness.
3. Provide support groups for individuals with chronic diseases and their families.

4. Provide programs for pain management, injury prevention, disability awareness, technology, community resources, and specific skill acquisition for overall better health.
5. Increase the number of healthcare providers and allied health professionals who obtain training in the care of patients with chronic diseases.
6. Implement research focused on improving outcomes and overall function for individuals living with disabling conditions.

Health Need: Disabilities

Goal

Reduce the impact of disability on health and quality of life and increase the ability to live productive lives.

Strategies

1. Provide independent and assisted wellness and fitness programs for people with disabilities.
2. Provide health education focused on disability prevention and treatment topics.
3. Provide support groups for individuals with disabilities and their families and caregivers.
4. Provide comprehensive support programs for persons with disabilities.
5. Offer a continuum of rehabilitation care, including but not limited to acute rehabilitation, long-term residential care, children's outpatient services, adult outpatient services, physician specialty clinics, and outdoor recreational services.
6. Educate and train healthcare providers and allied health professionals to focus on disability care.
7. Provide patient navigation services for individual's post-discharge with specific diagnoses (i.e., spine patients).
8. Recruit and train a compliment of medical providers to provide services for people with disabilities in one central location.
9. Advocate on a national and regional level for persons with disabilities.
10. Provide programs for kids to increase social skills and quality of life (Kids' Crew, Teen Scene, and Adventure Club).

Health Need: Senior Health

Goal

Assist seniors with mild-to-moderate impairments to maintain or improve their overall health and quality of life.

Strategies

1. Provide education on healthy aging, prevention, treatment, and wellness.

2. Provide support groups for seniors and their families and caregivers
3. Provide programs for injury prevention and maintaining physical and cognitive functioning (i.e., vestibular balance screening).
4. Provide seniors with opportunities for specialized fitness programs.
5. Provide specialized evaluation services that give seniors and their families a comprehensive look at the aging process and make recommendations for regaining function and maintaining health.
6. Offer free audiology screening.

Evaluation of Impact

Casa Colina Hospital will monitor and evaluate the programs and activities outlined above as they impact people with disabilities and their wellness, productivity, and physical activity. The hospital has implemented a system to track strategy implementation. The Casa Colina reporting process includes the collection and documentation of program measures and collaborative efforts to address health needs.

Needs the Hospital Will Not Address

Taking existing hospital and community resources into consideration, Casa Colina Hospital is choosing not to address overweight and obesity as identified in the CHNA. Casa Colina cannot address all the health needs present in the community, but it will concentrate on those priority health needs that it can most effectively address given its areas of focus and expertise. Casa Colina will continue to look for opportunities to address community needs and provide assistance where we can make a meaningful contribution.

Community Benefit Contact

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